Working TOGETHER to Build a Culture of UNDERSTANDING

April 24-26, 2019
Columbus, Ohio
Quest Conference Center
2019 Ohio Psychological Association Convention: 
Working Together to Build a Culture of Understanding

As we prepare for the annual convention, I am most excited about the opportunities for community in OPA. Our theme this year is “Working Together to Build a Culture of Understanding.” We have tracks related to the Opioid Crisis/Substance Abuse Treatment, Civil Discourse, Early Career Psychologists, and Child-Focus. The range of programs and presenters at convention is always impressive. This year, programs range from big picture (e.g., system-wide suicide prevention) to more specific (e.g., pediatric chronic pain treatment). A wide range of issues are addressed, including use of client’s faith in our practice and therapist self-care; specific populations are covered, including African American men, LGBTQ+, and clients from child to older adult. We offer more than 55 hours of programming, with 13 Ethics CEs!

Just attending the workshops, we will come away with greater understanding. However, some of the most rewarding opportunities to work together, listen and speak to our differences, come in the in-between moments and community events.

Assemblies: Wednesday and Thursday mornings at 8:00, OPA leaders and members come together to discuss a critical issue chosen by the members ahead of time. Last spring, we discussed the Opioid Crisis and heard from members working in the prison system, the VA, university counseling centers, in integrated care, and in private practice about their perspectives on the issue. That Assembly has led to the Opioid Crisis becoming one major focus of OPA’s Strategic Plan, and this year a CE Track is dedicated to the concern. Thursday’s lunch workshop will provide a system-wide perspective on the issue. These Assemblies allow us to hear each other from all our differing perspectives and work together to make a difference. I look forward to seeing where this year’s spring Assemblies take us.

Opportunities to Contribute: This year, we have a new feature: in the lunch/keynote room, OPA committees will have tables where you can learn about what OPA is doing and see how you might get involved. I encourage you to go and meet the leaders there and learn about some of the incredible work being done. We are always looking for new committee members and hope to engage you in service/leadership that fits your interest.

Community Milestones: Each year, we have events at convention that mark where we have come as individuals and as an association:
(1) Wednesday lunch will feature the swearing-in ceremony for newly licensed psychologists,
(2) Friday morning’s poster session will demonstrate the scholarly and scientific work of students, and
(3) Friday’s lunch will include the State of the Association address and OPA Awards. These events allow us to celebrate together what we have accomplished, welcome new psychologists, and honor each other’s work. Please join us for these important community moments.

If you were to ask me how to get more engaged or how to feel more included in OPA, I would encourage you to come to these events and join a committee. If you simply need to recharge and rest in a welcoming space, I would advise you to come to some of these events and enjoy the OPA community. I look forward to seeing you all there. Please feel free to introduce yourself to any OPA leader, as we would love to welcome you and connect more.

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For more information, visit ohpsych.org/2019CONVENTION
**Convention Schedule-At-A-Glance**

### Wednesday, April 24

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>9 - 10:00 a.m.</td>
<td>Keynote Address: Welcome to the New Age: How to Prepare for the Future of Psychology Practice*</td>
</tr>
<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 1 – Effective Alternatives to Opioids in the Management of Chronic Non-Cancer Pain</td>
</tr>
<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Newly Licensed Swearing-In Ceremony</td>
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<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 4 – Promoting Civil Discourse and Conflict Resolution*</td>
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<tr>
<td>5:30 - 6:30 p.m.</td>
<td>OPA Welcome Networking Reception (no CE)</td>
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### Thursday, April 25

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>9 - 10:00 a.m.</td>
<td>Workshop 7 – The Many Roles of Psychologists at the VA</td>
</tr>
<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 10 – The Behavioral Health Professional’s Role in the Assessment and Treatment of Pediatric Chronic Pain.</td>
</tr>
<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Luncheon CE Program: A Comprehensive Health System Response to Addiction</td>
</tr>
<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 13 – The Impact of Hospitalization on Cognition in Older Adults: Assessment, Treatment, and Psychological Support</td>
</tr>
<tr>
<td>5:45 - 6:45 p.m.</td>
<td>Evening CE Program: Ultimate Concerns: Engaging Clients’ Faith as a Framework for Meaning Making in Therapy</td>
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### Friday, April 26

<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>8 a.m. - Noon</td>
<td>Poster Session (no CE)</td>
</tr>
<tr>
<td>9 - 10:00 a.m.</td>
<td>Workshop 16 – Addressing patient ambivalence about medication assisted treatment for substance use disorders</td>
</tr>
<tr>
<td>10:15 a.m. - 12:15 p.m.</td>
<td>Workshop 19 – An Overview of a Community-Based Response to the Opioid Epidemic in Ohio: How Mental Health Professionals Fit in</td>
</tr>
<tr>
<td>12:15 - 2:15 p.m.</td>
<td>Awards Luncheon and Annual State of the Association (no CE)</td>
</tr>
<tr>
<td>2:15 - 5:30 p.m.</td>
<td>Workshop 22 – Health and Behavior Assessment and Intervention: A practical guide for Workers Compensation and Other Applications</td>
</tr>
</tbody>
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**NOTES:**
- A * symbol indicates that a workshop meets the ethics requirement.
- All workshops listed above are offered for counselor / social worker / marriage & family therapist continuing education credit EXCEPT for the following: 3, 7, 14, 22 and 23.
As a result of this workshop, attendees will be able to: 1) Explain the difference between contested and uncontested marketplace, 2) Describe an example of marketplace disruption involving technology, and 3) Predict one way for (your) psychology practice to disrupt the current marketplace and move into uncontested waters.

Jared L. Skillings, PhD, ABPP is chief of professional practice for the American Psychological Association. He leads the association’s efforts to promote the practice of psychology and advocates for practicing psychologists through federal and state legislative advocacy, legal and regulatory initiatives and public education. Skillings’ prior experience includes leadership roles within large group practice settings and complex integrated health systems. He served as chief of psychology at Spectrum Health System in Grand Rapids where he led behavioral health strategy, program and talent development, clinical access, quality and safety, financial management, and system integration. Under his leadership behavioral health growth rose from five to 57 providers (including 31 psychologists), and psychology integration with many medical services. Skillings facilitated full medical staff privileges for psychologists and physician status for employment contracting and benefits. In 2015 Skillings became the first early-career psychologist in the U.S. to be triple board-certified by the American Board of Professional Psychology in clinical psychology, clinical health psychology and behavioral and cognitive psychology. He has served as chair or president of four independent psychology governance organizations, including 2018 president of the Michigan Psychological Association; 2017-18 chair of the ABPP Council of Presidents of Psychology Specialty Academies; 2017 chair of the APA’s Board of Professional Affairs; and 2016 president of the American Academy of Clinical Health Psychology.

O P A A S S E M B L Y (No CE)
Join OPA leadership, members and convention attendees at our annual in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. Assemblies will be held during the convention on Wednesday and Thursday mornings at 8 a.m. This is a FREE event.

KEYNOTE ADDRESS:
Welcome to the New Age: How to Prepare for the Future of Psychology Practice
Presenter: Jared L. Skillings, PhD, ABPP
CE Credits: 1.0 Ethics
Learning Level: All

This TED talk-style presentation will explore a single question: Is the current state of (your) psychology practice where it should be to prepare for the future? Through examples from other industries, best practices in leadership science, and a healthy dose of humor, we will present an innovative strategy for envisioning and creating future success for psychology practice.

As a result of this workshop, attendees will be able to: 1) Explain the difference between contested and uncontested marketplace, 2) Describe an example of marketplace disruption involving technology, and 3) Predict one way for (your) psychology practice to disrupt the current marketplace and move into uncontested waters.

Cynthia Van Keuren, PsyD is a 2003 graduate of Xavier University. Dr. Van Keuren completed a 2 year residency at the Cleveland Clinic’s Chronic Pain Rehabilitation Program. She then worked for 10 years in the pain management center at the Cleveland VA where she developed a CARF accredited intensive outpatient program for the management of chronic pain. Dr. Van Keuren was also involved in weekly lectures to VA providers in rural communities to promote the biopsychosocial management of chronic pain.

Lindsey LaVeck, PhD is a postdoctoral resident at the Cleveland VA. She is a graduate of Cleveland State University. Her health psychology focus has
largely included rehabilitation and pain management. She currently works as part of an interdisciplinary team focused on low opioid reliance models of pain management including collaboration with a CARF accredited intensive outpatient program for pain management, conducting evaluations for procedures and surgeries to improve outcomes, and utilizing biofeedback techniques.

Laura Roush, PhD, ABPP is a 2008 graduate from the University of Cincinnati. She completed health psychology-focused clinical psychology internship and residency programs at the Cleveland VA Medical Center, where she has worked as a health psychologist since 2009. She worked for six years in the Pain Management Center, then moved to the interdisciplinary Polytrauma and Neurology clinics in 2015 to focus on headaches, mTBI, and biofeedback. She is also the Program Coordinator of the Clinical Health Psychology Postdoctoral Residency Program, Cleveland VA SCAN-ECHO Diabetes psychologist, and the psychology representative on the hospital’s Diabetes Advisory Board.

WORKSHOP #2:
System-Wide Suicide Prevention for PreK-12, Higher Education, and Community Practice

Presenter: Katharine Hahn Oh, PhD
Co-Presenters: Tracy M. Dawyduk, PsyD
Erich Merkle, PhD, EdS, NCSP
CE Credits: 2.0
Learning Level: Beginner

As a result of this workshop, attendees will be able to: 1) Compare and contrast the Jed Campus and Zero Suicide prevention approaches, 2) Discuss specific populations who are at higher risk for suicide (LGBTQ+ and Veterans), including reasons for the higher risk, 3) Describe two ways that therapists can partner with schools, universities, or larger systems to help prevent suicide, and 4) List two evidence-based treatments that target suicide risk.

Katharine Hahn Oh, PhD is Director of the Counseling Center at Cleveland State University. She initiated and leads the Suicide Prevention Task Force at CSU and recently received the Garrett Lee Smith Campus Suicide Prevention grant. Her previous work environments include inpatient psychiatric hospital and intimate partner violence shelter. Her clinical and professional interests include interpersonal trauma, LGBTQ+ issues, and Asian and African American concerns, as well as leadership development and organizational change.

Tracy M. Dawyduk, PsyD a staff psychologist with the Ohio Department of Mental Health and Addictions Services, works at a state psychiatric hospital and leads their suicide prevention efforts. She is a leader in the Zero Suicide Initiative. A proponent of evidenced-based treatment, she utilizes CAMS and AMSR in her clinical work, and received training in CBT for Suicide through The Beck Institute. As an EDC faculty member, Dr. Dawyduk trains professionals across the U.S. in Assessing and Managing Suicide Risk. She is involved in local suicide prevention coalitions and International Clinician Survivors Support.

Erich Merkle, PhD, EdS, NCSP is a consulting central office school psychologist for a large, urban public school district in Ohio. In his multifaceted role, he oversees individual child risk assessment for child maltreatment, suicide, and threat assessment crisis situations in addition to supporting educational civil rights compliance, clinically complex cases, professional development, and consulting on a diversity of psychoeducational topics. Dr. Merkle is the Past President of the Ohio School Psychologists Association (OSPA) in 2014-15 and President-Elect of the Ohio Psychological Association for 2018-19.

WORKSHOP #3:
Coaching Psychologist:
The Ethics of Offering Coaching as a Component of Practice

Presenter: Justin Dewberry, PsyD
Co-Presenters: Robin Graff-Reed, PhD
CE Credits: 2.0 Ethics
Learning Level: Intermediate

Coaching in business settings, and specifically for executives and leaders, is a global phenomena representing a multi-billion industry. Yet, the industry itself is highly unregulated and highly variable in terms of the competence and quality of the professionals. For psychologists this represents an opportunity to demonstrate a distinct competitive advantage as ethical, evidenced based practitioners who have a deep understanding of human behavior and human systems. By reflecting on the ethical considerations outlined in this presentation, a psychologist will be well positioned to thoughtfully consider the inclusion of coaching in their practice.

As a result of this workshop, attendees will be able to: 1) Explain executive/leadership coaching and how it differs from therapy, 2) Outline at least 4 ethical dynamics to consider when offering coaching as a component of their practice, 3) Identify at least 2 sources of ethical guidelines pertaining to coaching and its practice, and 4) Describe the benefits and limitations for a licensed psychologist to obtain additional coaching certification.

Justin A. Dewberry, PsyD earned his doctorate in Clinical Psychology from Regent University in Virginia Beach, VA and is a licensed psychologist in Ohio. He has been with the VHA National Center for Organization Development since 2011. He is the National Program Manager for the NCOD OD Professional Affiliate Network. He is a member of the Society for Consulting Psychology and the OD Network. Justin is interested in leadership development, executive coaching, executive team development, change management, and organizational healing.

Robin Graff-Reed, PhD serves as the Acting Director, Change Management Coordination, Chief Medical Office (CMO), OEHRM and is primary lead for the coordination of change management activities for OEHRM. She received her PhD in clinical psychology from...
Miami University of Oxford, Ohio. Prior to joining OEHRM, she worked for VHA’s National Center for Organization Development, serving as the Director of OD Training and Supervisory Psychologist. While at NCOD she participated in a variety of workplace interventions including organizational assessments, change management initiatives, work group facilitations, executive coaching, and leadership development.

**WEDNESDAY LUNCHEON PROGRAM:**
Microaggression Awareness with LGBTQ Clients

**Presenter:** Jim Broyles, PhD
**Co-Presenters:** David Galik, MEd

**CE Credits:** 1.0 Ethics
**Learning Level:** All

Microaggressions are negative, derogatory, or hostile messages sent to an individual or group which intend to communicate the recipient is of lesser value based on their membership in a marginalized group. They are often unintentional, based on underlying negative belief or assumption, and communicate an inferior status compared to the majority group. LGBTQ individuals are often recipients of such messages, even in the psychotherapeutic setting. Such messages can be damaging to individuals on a psychological as well as biological level. Within the therapeutic setting, microaggressions can damage the therapist-client relationship, thereby limiting the obtainable benefit from treatment. The intention of this workshop is to help the participants better understand, provide support around, or even prevent such negative messages commonly experienced by LGBTQ individuals.

As a result of this workshop, attendees will be able to: 1) Explain the definition of microaggression, 2) Describe three common microaggressions which are commonly experienced by LGBTQ individuals, and 3) List three strategies which help to avoid inadvertently using microaggressions toward an LGBT client.

**Jim Broyles, PhD** has been a psychologist in the Central Ohio area since 1990, where he co-owns a mid-sized private practice. He specializes in working with children, adolescents, and families, as well as LGBTQ youth and individuals. He has served as the chair of OPA’s LGBT subcommittee. He is a past President of OPA and currently serves as the Director of Professional Affairs for the association.

**David Galik** is a licensed professional clinical counselor in private practice working with individuals and couples. His uses a holistic and mindfulness-based approach to deal with trauma, anxiety, depression, sexuality and relationship issues. He incorporates clinical hypnotherapy, EMDR, somatic and Gestalt techniques into his practice. He has had experience working therapeutically in urban environments including an inner city juvenile detention center, a center city agency as a family therapist and as a therapist at an LGBT community center. He also has an interest in spiritual development and is a teacher and master practitioner of several energy healing modalities.

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**WORKSHOP AFTERNoon**

**WORKSHOP #4:**
Promoting Civil Discourse and Conflict Resolution

**Presenter:** James J. Brush, PhD, ABPP
**Co-Presenters:**
  - Denise Driehaus | Jared Skillings, PhD
  - Ralph Skillings, PhD

**CE Credits:** 3.0 Ethics
**Learning Level:** All

The workshop will be an in-vivo exercise in civil discourse and conflict resolution using the approach and techniques promoted by the University Of Arizona National Institute for Civil Discourse. The National Institute for Civil Discourse promotes the use of moderated conversations in communities in order to facilitate civil discussions about issues that touch on strongly held beliefs that often stir strong emotions. Psychologists will experience such a conversation and, by so-doing, will learn the format for conducting similar conversations among members of communities that psychologists are a part of.

As a result of this workshop, attendees will be able to: 1) Describe and master the techniques for conducting a civil discourse community event, 2) Acquire skills in moderating a civil discourse event and managing conflict within such an event, 3) Learn the means for promoting communication among diverse communities, what is perceived as supportive and affirming communication, and how to manage both unintended and deliberate slights and micro-aggressions, 4) Explain the values and feelings underlying the diversity in beliefs and feelings about social issues within and outside of the psychological community, 5) Describe social perspective priorities and the values of those with socially and/or religiously conservative points of view, and 6) Demonstrate the means for promoting conversations among diverse communities.

**James Brush, PhD** is a Child and Adolescent Psychologist working at Walter Reed National Military Medical Center in Bethesda, MD. He had a private practice in Cincinnati for 26 years, during which time he became a trained mediator and was a founding member of the Collaborative Divorce movement in Cincinnati. Dr. Brush has worked abroad in Luanda, Angola and in Ankara, Turkey for the Department of State and worked in Washington, DC for the Department of State prior to joining the Child and Adolescent Program at Walter Reed.

**Denise Driehaus,** County Commissioner & Civility Trainer County Commissioner, is a lifelong resident of Hamilton County and currently serves as Vice President of the Board of County Commissioners. Prior to her service as a Commissioner, Denise served 4 terms in the Ohio House of Representatives as the Representative of the 31st Ohio House District. As a legislator, Denise brought a collaborative and bipartisan approach to pass laws relating to education, job creation, and the opioid crisis. She is a trained Civility Facilitator for the National Institute for Civil Discourse of the University of Arizona. Before entering public service, she owned and managed two small businesses.

**Jared Skillings, PhD, ABPP** is the Inaugural Chief of Professional Practice, American Psychological Association (APA) and is the 22nd psychologist in the U.S. board-certified in 3 specialties. Dr. Skillings complete biography can be viewed on page 2 under the Keynote Address heading.

**Ralph Skillings, PhD** has a private practice in Chillicothe and has been in practice since 1980. He has extensive experience in teaching anger management. He has
done evaluations and treatment with clients through the Bureau of Workers’ Compensation as well as evaluations of individuals in high risk occupations.

WORKSHOP #5:
Practical Application of Suicide Risk Assessment & Intervention Strategies in High Risk & Diverse Populations

Presenter: Josephine Ridley, PhD
CE Credits: 3.0 Ethics
Learning Level: All

Despite national commitment to increasing suicide risk awareness, suicide rates continue to climb. Clinicians struggle with feelings of helplessness in the face of this formidable foe while bombarded with statistics, screening instruments, and prevention approaches. Workshop attendees will practice suicide risk assessment and management strategies for high risk populations including, older white males, veterans, individuals with serious mental illness, and youth 15-25. Specific recommendations for addressing risk in culturally diverse populations such as Hispanics and African Americans will be discussed. Clinicians will become more confident in their ability to assess and intervene with suicidal clients.

As a result of this workshop, attendees will be able to: 1) Screen and assess for suicide risk utilizing psychometrically sound instruments and best practice interview techniques, 2) Practice evidence-based strategies for reducing risk including the creation of safety plans, 3) Discuss specific considerations for assessment and management with high risk populations including youth 15-25 years old, veterans, older white males, and individuals with serious mental illness, and 4) Identify potential barriers and solutions to applying suicide risk assessment and intervention strategies with diverse cultures.

Josephine Ridley, PhD serves as Supervisory Psychologist/Assistant Chief, Psychology for the Cleveland VA Medical Center, adjunct Associate Professor of Psychology at Case Western Reserve University, private practice provider for adolescents, adults and geriatric clients, and has conducted workshops for numerous organizations. She served on the Ohio House Bill 28’s Institutions of Higher Education Suicide Prevention Workgroup. Dr. Ridley is a Master Trainer of Trainers for the Suicide Prevention Resource Center’s Assessing and Managing Suicide Risk Workshop which she has conducted for naval bases, community hospitals, and mental health centers across the country.

WORKSHOP #6:
Assessment of Risk of Violence in Adolescents

Presenter: Daniel L Davis, PhD, ABPP
Co-Presenters: Terrence J. Kukor PhD ABPP
CE Credits: 3.0 Ethics
Learning Level: Intermediate

Youth violence and risk assessment of juveniles is a complex and challenging issue that is confronted by both forensic psychologists who assess youth for courts and other agencies and clinicians who serve seriously troubled youth. It will also address the differences between risk assessment and threat assessments in adolescents. This skills based workshop will cover the most recent research, methods of assessment, reporting as well as legal and ethical requirements.

As a result of this workshop, attendees will be able to: 1) Demonstrate knowledge in the most recent research concerning violence risk in youth, 2) Discuss research-based methodologies for the assessment of violence risk in youth and how to apply these findings to risk assessments, 3) Identify the difference between risk and threat assessment in youth, and 4) Discuss and apply the legal and ethical requirements specific to violence risk in youth.

Daniel L Davis, PhD, ABPP (Forensic) has private practice in Columbus Ohio. He retired as a Senior Forensic Psychologist with the Netcare Forensic Center. He has testified before the Ohio General Assembly on matters pertaining to psychological services and served on various statewide, national and international committees addressing issues of mental health, youth and juvenile corrections. He served as the Clinical Director of the Buckeye Ranch and as the Supervising Psychologist of the Timothy B. Moritz Forensic Unit of the Ohio Department of Mental Health. He also served as the Clinical Director of the Central Ohio Cluster of Mental Health Services of the Ohio Department of Rehabilitation and Correction.

Terry Kukor, PhD, ABPP (Forensic) is the Director of Forensic and Specialized Assessment Services for Netcare Access. He serves as an adjunct professor in the Departments of Psychology at Drexel University and Miami University, and as a member of the Auxiliary Faculty, Department of Psychiatry and Behavioral Health at The Ohio State University. Dr. Kukor has performed a wide variety of forensic evaluations, including criminal responsibility, competence to stand trial, juvenile competency & waiver, violence risk assessment, and threat assessment. He is an approved trainer for the Suicide Prevention Resource Center, and is a threat assessment consultant for Work Trauma Services Inc.
Thursday Morning

OPA ASSEMBLY (No CE)
Join OPA leadership, members and convention attendees at our annual in-person Assembly. This time will be used to discuss timely topics that affect psychology, the field of psychology and OPA. Discussion topics will be solicited from OPA members and convention attendees prior to the convention. Ideas generated from the Assembly will be used by OPA leadership to help guide future education, advocacy and public outreach initiatives. Assemblies will be held during the convention on Wednesday and Thursday mornings at 8 a.m. This is a FREE event.

WORKSHOP #7:
The Many Roles of Psychologists at the VA
Presenter: Kelly Martincin, PhD
Co-Presenters:
   Jesse Burgard, PsyD
   Justin Dewberry, PsyD
CE Credits: 1.0
Learning Level: All
Inspired by the APA’s “How’d you get that job” series, OPA’s Public Sector Interests Committee would like to offer this session which focuses on the roles that psychologists perform within the VA. With an ever shifting reliance on reimbursement, many providers are looking to move towards the public sector. Though the VA has long served as a model for evidence based clinical care, psychologists within the VA system serve many important functions including administrative, research, organizational development, program development, and applied psychology. This presentation will inspire you to consider expanding the use of your psychology training in the service of the public sector.

As a result of this workshop, attendees will be able to: 1) Describe the roles of VA psychologists across multiple domains, including clinical, research, and organizational development, 2) Discuss relevance of VA psychology within broader context of Ohio psychology, 3) Identify recommendations for increasing collaboration between VA and OH psychology community, and 4) Apply guidelines for psychologists who perform, or would like to perform, evaluations and assessments for the VA but do not work for the VA.

Kelly Martincin, PhD is a health psychologist for the Louis Stokes Cleveland VA and currently works for primary care mental health integration at a community based outpatient clinic. Her areas of expertise include neurocognitive disorders and chronic pain, though she has completed training in a wide array of concerns for integrated behavioral health. Dr. Martincin completed her master’s and doctoral degrees at Cleveland State University, trained at the Hampton VAMC in Hampton, Virginia and completed a post-doctoral fellowship in chronic pain at the Cleveland Clinic Foundation. She currently serves as co-chair of the Public Sector Interest committee for OPA.

Justin A. Dewberry, PsyD earned his doctorate in Clinical Psychology from Regent University in Virginia Beach, Virginia and is a licensed psychologist in Ohio. He has been with the VHA National Center for Organization Development since 2011. Currently he is the National Program Manager for the NCOD OD Professional Affiliate Network. He is a member of the Society for Consulting Psychology and the OD Network. Justin is interested in leadership development, executive coaching, executive team development, change management, and organizational healing.

Jesse Burgard, PsyD is a licensed psychologist and director of Mental Health for the Department of Veterans Affairs. He provides programmatic oversight of the eleven VA Medical Center's mental health services; available to over 500,000 military veterans in OH, MI, & IN. His 19-year VA career has included direct service delivery, departmental, and regional administrative roles. He has held various academic teaching appointments and completed a Senior Executive Fellowship in Government. He is active in city, regional, and national advisory and steering committees, including an appointment with the American Hospital Association Psychiatric Substance Abuse section.

WORKSHOP #8:
When Opiates Make the Pain Worse: Hyperalgesia and Non-Pharmacological Approaches to Pain Management
Presenter: Esther Yoder Strahan, PhD
CE Credits: 1.0
Learning Level: Intermediate
Cognitive behavioral therapy for chronic pain, including coaching clients in pain self-management, has been found to be effective for increasing quality of life and function, and it has modest effects on lessening pain. However, patients who are maintained on chronic opiates often experience a worsening of pain that occurs regardless of our best efforts. This effect is called hyperalgesia. Psychologists who understand this phenomenon can incorporate training about it into their treatment of clients with chronic pain. Additionally, obtaining a good view of the complex nature of pain will allow psychologists to be more effective members of the multidisciplinary health care team. The net result is reduced pain and improved quality of life for our clients.

As a result of this workshop, attendees will be able to: 1) Identify basic mechanisms involved in opioid-induced hyperalgesia, and how this relates to our chronic pain patients, 2) Discuss the science behind comprehensive, multidisciplinary chronic pain treatment, 3) Explain the role of the psychologist in treating patients with chronic pain, whether it be in individual settings or as part of a pain team, and 4) Identify evidence-based ways in which CBT for chronic pain can be rolled out to underserved populations.

Esther Yoder Strahan, PhD obtained her doctoral degree in clinical psychology from Purdue University. She did a post-doctoral fellowship at Bowling Green State University, focusing on clinical health psychology. Her clinical and research interests include anxiety, chronic pain, and sleep disorders. She is currently engaged in research with an epidemiologist from Ohio Northern University, examining novel treatments for pain due to functional gut disorders.
WORKSHOP #9:
Navigating Power Dynamics Outside the Therapy Room: A Conversation for Trainees and Early Career Mental Health Professionals

Presenter: Brittany Sommers, PhD
Co-Presenters: Esther Hooley, PhD

CE Credits: 1.0
Learning Level: All

Early Career Mental Health Professionals and trainees encounter challenges as they complete training, move towards independent licensure, and solidify professional skills. One such challenge is the impact of power in training or employment relationships. This presentation seeks to identify common issues that occur due to power differentials and to apply research to understand the impact of power differences on those without power or who hold minority status in a dyad. The presentation will explore how gender, age, ability status, race, and SES intersect with these power differentials. Drawing inspiration from research, personal experience, and gathered qualitative recommendations, the presentation will recognize strategies to empower and self-advocate when faced with a complicated power dynamic.

As a result of this workshop, attendees will be able to: 1) Summarize common issues faced by students and Early Career Mental Health Professionals due to power differentials, 2) Describe research on the impact of power differences on supervisory or employment dynamics, 3) Identify the impact of minority statuses on power dynamics, 4) Discuss the recommendations of psychologists for navigating power differentials, and 5) Utilize strategies to empower and self-advocate when faced with challenging power dynamics.

Brittany Sommers, PhD is a psychologist at Cleveland State University’s Counseling Center and at DeBalzo, Elgudin, Levine, Risen LLC. Her clinical interests include relational concerns, self-injurious behaviors, sexuality, and trauma. She is a member of OPA’s Early Career Committee and is Cleveland Psychological Association’s membership chair.

Esther Hooley holds a MA in mental health counseling and a PhD in counseling psychology. She has over five years of experience as a generalist clinician working in medical clinics, private practice, and university counseling centers. She has many areas of interest including women’s issues, power and privilege, and social justice. She is currently a postdoctoral resident in Columbus, Ohio.

WORKSHOP #10:
The Behavioral Health Professional’s Role in the Assessment and Treatment of Pediatric Chronic Pain

Presenter: Jacqueline N. Warner, PhD
Co-Presenters:
Sara Love, PsyM
Jessica McCarthy, BS

CE Credits: 2.0
Learning Level: Intermediate

One in five children experience recurrent pain during childhood. Our program will cover the psychologist’s role in assessing, diagnosing, and treating pediatric chronic pain. This program will review common pediatric pain conditions, a description of assessment tools, and a review of cognitive-behavioral interventions for the management of pediatric chronic pain. The presentation will also review mental health diagnoses that are commonly co-morbid with pediatric chronic pain and implications for treatment. The program will also discuss diversity considerations in pediatric chronic pain management. Attendees will have the opportunity to apply knowledge gained through the program to a sample clinical case.

As a result of this workshop, attendees will be able to: 1) Describe/explain behavioral health professional’s role in diagnosing, assessing, and treating pediatric chronic pain, 2) Describe the difference between chronic and acute pain, 3) Identify specific cognitive-behavioral strategies/interventions to be utilized by behavioral health professionals for children with chronic pain, 4) Demonstrate knowledge of commonly utilized assessment tools for pediatric pain, and 5) Describe how co-morbid mental health diagnoses can impact treatment for pediatric pain.

Jacqueline N. Warner, PhD is a pediatric psychologist at Dayton Children’s Hospital who specializes in pediatric pain management, functional disorders, chronic medical conditions, and multicultural issues. Before coming to Dayton Children’s Hospital, Dr. Warner completed a pediatric pain fellowship at Cincinnati Children’s Hospital Medical Center. Prior to that, she completed her residency at Vanderbilt University Medical Center in Nashville and received training at Johns Hopkins Medical Center and the Kennedy Krieger Institute in Baltimore, MD. Dr. Warner earned her undergraduate psychology degree at Denison University, her master’s at Loyola University Maryland, and her doctorate at Tennessee State University.

Sarah Love, PsyM is currently a fourth year doctoral student at Wright State University School of Professional Psychology. Sarah received her Bachelor of Arts from Ohio Wesleyan University in 2015. Sarah is a graduate research assistant and interventionist for the Cunningham Lab at Cincinnati Children’s Hospital where she is assisting on studies for youth with functional abdominal pain and systemic lupus erythematosus and providing clinical services to these populations. She previously trained as a practicum student at Dayton Children’s Hospital where she provided pain management interventions to youth in inpatient and outpatient settings.

Jessica McCarthy, BS is currently a third year clinical psychology doctoral student at Wright State University School of Professional Psychology. She earned her undergraduate degree in Health Sciences with a minor in Psychology from Hofstra University. Her clinical interests focus on children with chronic illnesses, pain, neurological disorders, cancer, medical trauma, and emotional disorders. Her current practicum site is at Dayton Children’s Medical Center.
Learning Level: Beginner

Co-Presenters:
Mia Weinberger Biran, PhD
Matthew Capezzuto, PhD
Virginia Fowkes Clark, PhD
Leslie McClure, PsyD

CE Credits: 2.0 Ethics

Learning Level: All

Interacting with health insurance companies can be one of the most challenging and frustrating aspects of a psychologist’s career. Many feel lost when it comes to responding to the ever-changing demands the insurance company places on even the best prepared clinician. The Ohio Psychological Association Insurance Committee was created as a resource to respond to these concerns. The committee works stay aware of the developing and ongoing insurance difficulties faced by psychologists and discover ways of supporting and advocating for psychologist’s insurance related problems. Over the years, the committee has provided support to OPA members with issues such as billing claims, understanding CPT Codes, joining insurance panels, record keeping standards, and resolving complaints. This workshop will provide participants an opportunity to understand the work of the committee, get recommendations on the latest insurance challenges, and get their questions answered. Relevant ethical guidelines will be addressed, including maintenance or records, fees and financial arrangements, waiving copays, conflicts of interest, etc.

As a result of this workshop, attendees will be able to: 1) Answer two insurance related questions they brought to the workshop, 2) Identify 3 key strategies for making their interactions with insurance companies more effective or efficient. 3) Identify two new resources available to them from OPA to help with insurance issues, and 4) List all key elements necessary to meet ethical record keeping requirements.

Jim Broyles, PhD is Director of Professional Affairs of the Ohio Psychological Association. He has been a member of OPA since 2002. He has served as Finance Officer, President, Insurance Committee Chair, Marketing Task Force Chair, LGBT Committee chair and has been a member of numerous committees over the years he’s been involved with OPA. He currently co-chairs OPA’s Leadership Development Academy. Dr. Broyles has a practice in Grove City, Ohio, just south of Columbus, and specializes in working with children, adolescents, families, and LGBT issues.

Mia Weinberger Biran, PhD received her MA degree from Haifa University, Israel, and her PhD degree in clinical psychology from Rutgers University, New Jersey. She served as a faculty member of the psychology department at Miami University, Ohio, and is currently Professor Emeritus at Miami University. Dr. Biran is a certified psychoanalyst and a faculty member at the Cincinnati Psychoanalytic Institute where she teaches and supervise analysts in training. The focus of her work is on anxiety disorders, PTSD, and stress-related disorders.

Matthew Capezzuto, PhD, LISW-S is a clinical psychologist and clinical social worker with more than twenty years of experience in private practice. He is the founder and Executive Director of Allied Behavioral Health Services, Incorporated. He has formally studied health care policy, public administration, and public service management. His clinical interests are primarily in treating public safety personnel, chronic pain sufferers, and forensic populations. He is interested in research on topics related to the psychology of law enforcement, functional capacity of injured workers, and behavioral health care policy.

Virginia Fowkes Clark, PhD is a clinical psychologist who treats clients of all ages with a specialty in the assessment and treatment of children and adolescents. She performs evaluations for gastric bypass surgery, memory problems, child custody, intellectual and achievement assessments, as well as personnel selection and consultation to businesses, government and safety forces. Evaluations performed for documentation of disabilities for schools, college and college entrance exams. She has been the president of Western Reserve Psychological Associates, Inc. for four years.

Leslie McClure, PsyD earned her doctorate in Clinical Psychology from the Chicago School of Professional Psychology. She is the owner and Clinical Director of Kent Psychological Associates. Dr. McClure’s areas of clinical interest include working with individuals with chronic illness or pain and working with the geriatric population. She also conducts cognitive assessments of memory complaints and pre-surgical psychological evaluations for bariatric and chronic pain surgery candidates.

Christine Taylor is the practice administrator for Western Reserve Psychological Associates, Inc. where she has been working for the past twenty years. For sixteen of those years, she was the billing manager handling all patient billing, insurance claims and associated problems. She has been an active member of the OPA Insurance Committee since March 2015 but was behind the scenes apprising committee members of insurance issues for many years prior.

WORKSHOP #12:
Understanding the Intersection between Black Masculinity, Psychopathology, and Mental Health Treatment

Presenter:
Steven D Kniffley Jr., PsyD, MPA, ABPP

Co-Presenters:
Ernest Brown Jr., MA
Bryan Davis, MS

CE Credits: 2.0 Ethics

Learning Level: Beginner

This workshop explores the current theories related to gender and racial identity development and their impact on the formation and expression of Black masculinity. Specifically, this workshop discusses the intersection between Black masculinity development, racial identity, and race-related trauma. This workshop will educate participants about the dual experience of social oppression and cultural identity suppression as the catalyst for the formation of unintegrated Black masculinity, and its subsequent influence on Black male mental health. Lastly, this workshop helps participants develop clinical intervention skills that can be helpful when working with Black males in a clinical setting.
As a result of this workshop, attendees will be able to: 1) Discuss the impact of racial discrimination on the mental health of Black males, 2) Articulate a working understanding of Black masculinity development, 3) Explore a model of Black male psychopathology and treatment based on the interaction of social oppression and cultural identity suppression, and 4) Apply Black male psychopathology and treatment model to case example.

Steven Kniffley Jr., PsyD, MPA, ABPP is Assistant Professor in the School of Professional Psychology at Spalding University and Associate Director of their Center for Behavioral Health. He is a Board Certified clinical psychologist.

Ernest Brown Jr., MA is currently a fifth-year doctoral student in the School of Professional Psychology at Wright State University. He is a recipient of the American Psychological Association Minority Fellowship.

Bryan Davis, MS is currently a fifth-year doctoral student in the School of Professional Psychology at Wright State University. His area of research involves exploring the development of gender identity in males across different cultural backgrounds.

Navdeep Kang, PsyD is a clinical psychologist and the Director of Operations for Behavioral Health for the Cincinnati Region of Mercy Health. He led a diverse, community-facing team in forming the Mercy Health Addiction Treatment Collaborative, a multi-agency treatment-on-demand network of care for addiction medicine services across the southwest Ohio. The Obama Foundation recently selected Dr. Kang for its inaugural Fellowship class (www.obama.org/fellowship), a group of twenty civic innovators from around the world working together with their communities to build better futures. He lives in Kentucky with his wife and four young children.

Thursday Afternoon

WORKSHOP #13: The Impact of Hospitalization on Cognition in Older Adults: Assessment, Treatment, and Psychological Support

Presenter: Mary M. Lewis, PhD, ABPP
CE Credits: 3.0
Learning Level: Intermediate

Older adults are the fastest-growing segment of the population, currently comprising 15% of the U.S. population. They have four times the number of hospitalizations and complications in recovery. This workshop will identify influences on cognitive status during hospitalization for older adults, and the role of extraneous factors on cognitive status performance. Participants will also learn holistic approaches to prevention, identification and treatment of cognitive impairment within medical environments to reduce the impact of stress and potential cognitive impairment in older adults.

Thursday Afternoon

WORKSHOP #14: Now Is The Time for Us: Prioritizing Your Self-Care

Presenter: Cathy McDaniels Wilson, PhD, ABPP
Co-Presenters: Howard R. Fradkin, PhD, LICDC-CS
CE Credits: 3.0 Ethics
Learning Level: Beginner

This program is presented on behalf of the Ohio Psychological Association’s Colleague Assistance Program (OPA-CAP). The OPA-CAP program is based on principles of self-care, prevention, early intervention and psychological care to Ohio psychologists. We seek to create a climate which normalizes self-care and help seeking behavior. Maintaining competence is an ethical necessity for psychological practice, yet many psychologists struggle at some point during their professional careers with
problems that negatively affect their functioning. Despite ethical mandates, psychologists report reluctance to seek help or intervene with a colleague, citing concerns about impact on livelihood, fear of repercussions, “difficult conversations,” and valuing professional autonomy. Participants will work through vignettes and case discussions to identify warning signs of problems, develop strategies for approaching colleagues with concerns, and enhance clinical skills, protective care and wellness. Exquisite self-compassion is a term Dr. Fradkin developed, and the practice of offering oneself exquisite self-compassion is developed using psychodrama techniques. Each participant will receive a worksheet which details the three components of exquisite self-compassion.

Members seeking assistance are encouraged to consult with any current Colleague Assistance Committee member for initial support. Contact information may be found at ohpsych.org/OPACAP.

As a result of this workshop, attendees will be able to: 1) Identify multiple physical, mental, cultural and occupational stressors that pose challenges to maintaining competence and move individuals along the stress-distress-impairment continuum, 2) Articulate multiple methods for approaching a colleague with a concern, including methods for managing difficult conversations, 3) Describe strategies for lowering the threshold for self and colleagues to seek help when needed, 4) Articulate self-care and colleague care strategies for maintaining competence and pursuing optimal functioning, and 5) Offer Ourselves Exquisite Self Compassion, a psychodrama intervention, as a Tool for Self-Care.

Cathy McDaniels Wilson, PhD, ABPP is the Director of University Counseling and Health Services at Capital University in Columbus, Ohio. She maintains a small independent practice in Columbus. She is a former President of the Ohio Psychological Association and currently serves as Chair of The Foundation for Psychology in Ohio and the Ohio Colleague Assistance Program. Dr. McDaniels Wilson additionally serves on Council of Representatives for the state of Ohio and is a Commissioner for APAs Commission on Accreditation. She is Past President of Division 31 and has served the past Chair of the Committee of State Leaders. She has also served as the Liaison from the Board of Professional Affairs to APAs Advisory Committee on Colleague Assistance.

Howard Fradkin, PhD, LICDC-CS has counseled survivors of sexual victimization in individual, couples, group psychotherapy and weekend workshops for 36 years. He has educated professional colleagues on the topic of male survivors of sexual trauma, and has enlightened military personnel and the Veteran’s Administration on the sexual victimization of men in the military. He provides expert consultation and testimony for the Ohio Public Defenders Office in mitigation cases of men who have committed murders who are also male survivors of trauma. In 2015, Howard developed an online training course for rape prevention counselors for the Ohio Alliance for Ending Sexual Violence. He founded Affirmations: A Center for Psychotherapy and Growth, in 1984, and is currently Partner Emeritus, having retired in December of 2018.

Workshop #15:
LGBT Strengths:
Developing Resilience in Practice
Presenter: Michelle Vaughan, PhD
Co-Presenters:
Jason Dedek-Keeler, MBA
CE Credits: 3.0 Ethics
Learning Level: Intermediate

This CE program focuses primarily on the unique stresses and protective factors of sexual and gender minority individuals (specifically, the literature on LGBT-identified individuals). The literature reviewed and recommendations made also include specific considerations for LGBT people of color.

As a result of this workshop, attendees will be able to: 1) Identify the most common LGBT signature strengths found in the literature in psychology, 2) Demonstrate knowledge of specific strategies for identifying LGBT strengths in session, and 3) Identify the relationship between minority stress, strengths and resilience.

Michelle Vaughan, PhD is a Licensed Psychologist and an Associate Professor of Psychology in the School of Professional Psychology at Wright State University. She trains and supervises doctoral students in sex and gender diversity, power/privilege/oppression, consensual non-monogamies, and positive psychology. Her research focuses on the intersections between stigma and strengths in LGBT+ and consensually non-monogamous populations. She is also a member of the Task Force on Consensual Non-Monogamy, Div. 44, American Psychological Association.

Jason Dedek-Keeler, MBA (he/him/his pronouns), is currently a second-year doctoral student in clinical psychology in the School of Professional Psychology (SOPP) at Wright State University. His professional interests including forensic psychology, trauma informed care, geriatric and bereavement issues, and working with LGBT clients with a current focus on working with clients in underserved populations in a community mental health setting. He is also a member of the Task Force on Consensual Non-Monogamy, Div. 44, American Psychological Association.
New This Year: Evening CE Opportunity

Each year, OPA’s Education Committee strives to build new educational and networking opportunities into our annual convention. This year, OPA is proud to pilot an evening continuing education program. Attendees who choose to participate in this session will receive supplemental materials prior to the convention for review, as the on-site session will feature a conversational format as part of our civil discourse mini-track.

**THURSDAY EVENING PROGRAM:** Ultimate Concerns: Engaging Clients’ Faith as a Framework for Meaning Making in Therapy 5:45 - 6:45 p.m.

**Presenter:** Justin Dewberry, PsyD  |  **CE Credits:** 1.0  |  **Learning Level:** All

For a variety of sociohistorical reasons, the role that faith and spirituality play in phenomenological meaning making processes of clients has been underutilized, underappreciated, and unengaged in therapeutic and coaching contexts. For many professional psychologists, they feel they lack adequate training to effectively and competently engage a client’s faith perspective. Yet, with some basic reframing of faith and spiritual topics as conversations of existential meaning making and the utilization of a few quality questionnaires or interview guides, psychologists can competently return to conversations of ultimate concerns of their clients.

As a result of this workshop, attendees will be able to:
1. Utilize at least 2 methods for inquiring about a client’s perspectives on faith and spirituality,
2. Describe how conversations of faith and spirituality are inherently existential conversations of ultimate concerns,
3. Demonstrate how engaging in dialogues about faith and spirituality are similar engaging in all other diversity dialogues, and
4. Prepare an action plan for how to evaluate if faith and spiritual beliefs are outside the normative beliefs for a community of faith.

Justin A. Dewberry, PsyD earned his doctorate in Clinical Psychology from Regent University in Virginia Beach, Virginia and is a licensed psychologist in Ohio. He has been with the VHA National Center for Organization Development since 2011. Currently he is the National Program Manager for the NCOD OD Professional Affiliate Network. He is a member of the Society for Consulting Psychology and the OD Network. Justin is interested in leadership development, executive coaching, executive team development, change management, and organizational healing.
Friday Highlights:

Student Poster Session
8 a.m. - Noon
Attendees are encouraged to attend OPA’s Poster Session being held upstairs in the Columbus Room. Take a few minutes to talk with the students about their research, and don’t forget to cast your ballot for the People’s Choice poster award. Friday’s luncheon will include the presentation of all poster session awards.

ATTENTION STUDENTS: OPA invites undergraduate and graduate students conducting research on psychology-based topics to present poster summaries at the Convention. Posters may report on empirical studies or non-empirical projects. Convention attendees will have the opportunity to vote on these student posters during Friday’s breakfast and morning break. Winners receive special recognition, the chance to publish their research and a cash prize. The deadline to submit a poster application is February 22, 2019.

Annual Awards & State of the Association Luncheon
12:15 p.m.
Join us for a brief recap of OPA’s most recent achievements and challenges, and help us honor individuals whose leadership, support, creativity and dedication have made an impact not only on the association but also the field of psychology.

If you would like to nominate someone for an award, please visit ohpsych.org/awards for a complete list of awards, online submission form and list of past honorees. Nominations are due by March 8, 2019.

WORKSHOP #16:
Addressing Patient Ambivalence about Medication Assisted Treatment for Substance Use Disorders
Presenter: Ashley Braun-Gabelman, PhD
CE Credits: 1.0
Learning Level: All

Medication assisted treatment (MAT) is widely accepted with a strong evidence base for the treatment of opioid and alcohol use disorders, with a growing base of evidence for the treatment of other substances. Yet many patients are ambivalent about starting or continuing to use MAT as a treatment tool. The present session explores the behavioral health professional’s role in helping the patient explore and resolve such ambivalence. Principles of motivational interviewing are used for this purpose and can be effected both in verbal and written formats. The author has developed tools and worksheets to use with patients to help facilitate the therapeutic conversation.

As a result of this workshop, attendees will be able to: 1) Describe the role of medication assisted treatment (MAT) for substance use disorders, 2) Discuss common concerns, questions and misconceptions about MAT, and 3) Apply principles of motivational interviewing to facilitate conversations with patients who are ambivalent about MAT.

Ashley Braun-Gabelman, PhD is a clinical psychologist in Cleveland, Ohio specializing in the treatment of people with substance use and co-occurring disorders. She currently works at University Hospitals Cleveland Medical Center where she leads the psychosocial components of treatment for Addiction Recovery Services. She is an assistant professor at Case Western Reserve University School of Medicine where she teaches and supervises medical students, residents and fellows in addiction medicine and psychiatry. She obtained her PhD at the University of Illinois at Chicago and completed pre-doctoral internship and post-doctoral fellowship at San Francisco VA Medical Center.

WORKSHOP #17:
Addressing Healthcare Inequity through a True Integrated Care Model
Presenter: Elizabeth Harris, PhD
CE Credits: 1.0 Ethics
Learning Level: Beginner

A literature review of research on health inequality over a 43-year period revealed significant disparities for African American children as compared with white counterparts that continues to be unresolved. (Flores, 2010) While many research efforts have been made to identify social determinants of health disparities, there have been no changes in practice parameters or protocols that have produced significant change in the outcomes within the healthcare system. The proposed Minority Health Improvement and Health Disparity Elimination Act (2006) become law, it will be necessary to have evidence-based protocols to address poor health outcome in minority youth.

As a result of this workshop, attendees will be able to: 1) Recognize where ethnic minority healthcare disparities exist in outpatient settings, 2) Apply research findings to the development of new protocols within their own practice with ethnic minority youth, and 3) Create an action plan on how the assess the effectiveness of the protocol.

Elizabeth Harris, PhD is a licensed psychologist in the Division of Child and Adolescent Psychiatry at University Hospitals Cleveland Medical Center and an Assistant Professor at Case Western Reserve University School of Medicine. Her special interests include sociocultural and systemic stressors, ADHD, co-morbid anxiety disorders, disruptive behavior disorders and parent-child relationships. She earned a bachelor’s degree in psychology from the University of Toledo, a master’s in psychology and a doctorate in counseling psychology from Walden University. She completed her psychology training at Northcoast Behavioral Healthcare, University Hospitals Division of Child and Adolescent Psychiatry and in a Cleveland Westside-based private practice. She has engaged in numerous lectures, presentations and publications regarding disruptive behavior disorders in children, social and racial injustices involving minorities students, and gun
violence in schools. She is the current Vice President of Diversity at the Ohio Psychological Association.

WORKSHOP #18: Intersectionality: Addressing Equity in Access and Outcomes in Obesity Treatment
Presenter: Allyson Diggins, PhD
Co-Presenters: Kasey P.S. Goodpaster, PhD
Ninoska D. Peterson, PhD
CE Credits: 1.0 Ethics
Learning Level: Beginner

Obesity and metabolic syndrome are increasingly prevalent in the United States, particularly among economically disadvantaged and racial/ethnic minorities. However, epidemiological studies consistently note that the populations most effected by obesity not only have less access to treatment but also respond poorer to standard treatment modalities. Drawing on intersectionality theory, this program will explore how systems of inequality shape access to and benefit from obesity treatment. Attendees will learn to use an intersectional approach to inform the development and delivery of behavioral interventions for weight loss in an effort to improve equity.

As a result of this workshop, attendees will be able to: 1) Describe obesity rates within marginalized populations and discuss biopsychosocial-cultural factors affecting obesity, 2) Discuss the concept of intersectionality, and its effects on treatment seeking, access to treatment and treatment outcomes among individuals with obesity from marginalized communities, and 3) Demonstrate the utility of an intersectional approach when providing brief targeted behavioral interventions to address obesity/weight management.

Allyson Diggins, PhD is currently a postdoctoral fellow with the Cleveland Clinic’s Bariatric and Metabolic Institute and Mellen Center for Multiple Sclerosis. She received her doctorate in Clinical and Health Psychology from the University of Florida. She completed an Underserved Medical Psychology internship at the University of Florida’s Health Sciences Center. Dr. Diggins is a member of several professional societies including the American Society of Metabolic and Bariatric Surgery, Obesity Society, and Society of Behavioral Medicine. Her research and clinical interests include the interaction between culture and health, behavioral interventions for obesity and predictors of postoperative outcomes following bariatric surgery.

Kasey P.S. Goodpaster, PhD received her doctorate in Counseling Psychology from Purdue University. She completed her internship at St. Vincent Indianapolis Hospital, with a focus on adult health psychology and neuropsychology. Currently, she is a staff psychologist at the Cleveland Clinic Bariatric & Metabolic Institute (BMI), where she serves as training director of the BMI Health Psychology postdoctoral fellowship. She also serves as the rising co-chair of the ASAMBS Integrated Health Clinical Issues and Guidelines Committee. Her clinical and research interests include bariatric surgery evaluation, eating disorders, cognitive behavioral treatment, and infusing body positivity into weight loss treatment.

Nini Peterson, PhD is a staff psychologist with the Cleveland Clinic’s Bariatric & Metabolic Institute. She earned an MS in exercise sport sciences and PhD in clinical and health psychology from the University of Florida. She completed her internship at Rush University Medical Center and a 2-year fellowship in Behavioral Medicine at the University of Virginia. She is a member of several professional societies and an Adjunct Assistant Professor at the Lerner College of Medicine of Case Western Reserve University. Research and clinical interests include bariatric surgery evaluation, eating disorders, cognitive behavioral treatment, and infusing body positivity into weight loss treatment.

WORKSHOP #19: An Overview of a Community-Based Response to the Opioid Epidemic in Ohio: How Mental Health Professionals Fit In
Presenter: Jeremy Schumm, PhD
Co-Presenters: Stacey M. Henry, BA
Alexandra R. Melchiorre, MS
CE Credits: 2.0
Learning Level: All

Ohio is among the top five states with the highest rates of opioid-related overdose deaths. Ohio’s opioid epidemic has unique dynamics which need to be addressed through a community-based approach. This presentation dissects a community-based response to the opioid epidemic and empirically supported interventions. An area of focus is the chronic pain population and non-pharmacological interventions, like CBT & ACT, associated with pain. Further, this presentation looks at the epidemic within a culturally humble framework to address diverse challenges which are currently preventing change—empowering psychologists to answer this call to action and intervene.

As a result of this workshop, attendees will be able to: 1) Describe the prevalence and impact of opioid use in Ohio communities, 2) Define a community-based response to Ohio’s opioid crisis, 3) Discuss current approaches to the opioid epidemic and explain prominent evidence-based and non-pharmacological interventions to chronic and acute pain, and 4) Identify the role of the psychologist in addressing the opioid epidemic and current road blocks to embracing a cultural humble approach to the crisis.

Jeremy Schumm, PhD completed his doctoral degree in clinical psychology at Kent State University. His internship was completed at the Boston Consortium for Clinical Psychology, where he completed rotations in the National Center for Post Traumatic Stress Disorder, Substance Abuse Treatment Services and Causeway Street Outpatient Clinic. Prior to joining Wright State, Dr. Schumm was Associate Director of the Trauma Recovery Center at the Cincinnati VA Medical Center and Associate Professor of Clinical Psychiatry at the University of Cincinnati. He also previously held an
appointment as Instructor of Psychology at Harvard Medical School. With the support of funding through a VA Career Development Award, Dr. Schumm developed and pilot-tested the first integrated couple-based treatment for individuals with co-occurring substance use disorders and PTSD.

Alexandra R. Melchiorre, MS earned a Master of Science in Psychology from Regent University and is currently a doctoral student at Wright State University School of Professional Psychology. She has been an Emergency Medical Responder since 2012 and has a practical application to serving on the front lines of those affected by the opioid crisis. She can share her first-hand experiences with law enforcement and approaches to the crisis though the first-responder lens and a psychology graduate student. She is on the Social Outreach Committee on student government and is pursuing a Doctor of Psychology (PsyD) degree with an emphasis in children and neuropsychology.

Stacey M. Henry, BA earned a Bachelor of Arts (B.A.) in Psychological Science from Miami University. She was her department sole winner of the Undergraduate Summers Scholars Award and pursued research on the perception of Autism Spectrum Disorder (ASD) symptoms and diagnosis disclosure. As a volunteer with Women Helping Women, Stacey completed over 40 hours of trauma informed crisis training with a strong focus on diverse and oppressed populations. She is currently a first-year graduate student in the Wright State University School of Professional Psychology, pursuing a Doctor of Psychology (PsyD) with an emphasis in children and health.

**WORKSHOP #20:**

**Psychology and the Multidisciplinary Team in the Treatment of Eating Disorders**

**Presenter:** Jason McCray, PhD  
**CE Credits:** 2.0  
**Learning Level:** Intermediate

This workshop will discuss the role of the mental health professional on the multidisciplinary treatment team for individuals with eating disorders. How best can we collaborate with dietitians, physicians, exercise physiologists, coaches and out clients will be discussed with a focus on roles/responsibilities and scope of practice. The importance of providing treatment as a team will be discussed as well as strategies for building a team if you are in an under resourced area.

As a result of this workshop, attendees will be able to: 1) Describe the key roles on a multidisciplinary team for the treatment of clients with eating disorders, 2) Plan and implement collaborative treatment approaches with other disciplines to adequately treat clients with eating disorders, and 3) Analyze and describe how best to navigate scope of practice that often arise during the treatment of clients with eating disorders.

Jason McCray, PhD is a licensed clinical psychologist in Columbus, Ohio where he serves as the chief clinical officer of The Center for Balanced Living. The Center is a free standing non-profit organization focused on treatment, education and research relating to eating disorders and the families impacted by them. He became interested in eating disorders and body image while completing his doctorate work at The University of North Dakota where he studied the reactions of men to images of the male muscular ideal. As the father of a young daughter, issues related to body image, prevention and socio-cultural influences are always in the front of his mind. Striving to better understand these issues and how they interface with the burgeoning neurobiological research findings with eating disorder has become the focus of his professional inquiry.

**WORKSHOP #21:**

**Building a Culture of Understanding: What Your Female Minority Colleagues Want You to Know**

**Presenter:** Wanda McEntyre, PhD, ABPP  
**CE Credits:** 2.0 Ethics  
**Learning Level:** Beginner

In today’s climate of divisiveness, it is all the more important that we as behavioral health professionals invite the difficult conversations that keep us from being culturally inclusive. A panel of female psychologists will talk about their experiences as students and professionals in today’s culture. A discussion of understanding and compassion will be facilitated to help all professionals better recognize microaggressions and a lack of tolerance.

As a result of this workshop, attendees will be able to: 1) Discuss differences among groups of women professionals and create a bridge of understanding, 2) Demonstrate strategies for inclusiveness, tolerance, and respect for diversity, and 3) Identify the barriers for women minorities in the profession.

Wanda McEntyre, PhD, ABPP received her doctoral degree in counseling psychology at The Ohio State University in 1985. She joined the Department of Physical Medicine & Rehabilitation, Division of Rehabilitation Psychology October 1990. She is now an assistant professor-clinical at The Ohio State University, as well as the Training Director for the Post-doctoral Fellowship. She served as Chair of the Ohio Psychological Association’s Diversity Committee from October 2010-August 2015. At OSU, she has been a member of the Licensed Professional Health Committee, the Resident Education Committee and the Medical Education Curriculum Committee.

Chikako Inoue Cox, PhD is a clinical psychologist from Japan. She completed her internship specializing in Adolescent psychology and Neuropsychology with NIMH Asian American Psychology Training Center in San Francisco. Her expertise includes: Asian Psychology, Cross-cultural Psychology, Adolescent Psychiatry, Zen meditation, Jungian Sand Play and Zen Hakoniwa therapy, domestic mediation. Since leaving the OSU Counseling Center, she has been volunteering for the Japanese Olympic team as a sports psychologist. She travels with Doctors without Borders as trauma doctor. She is an appointed member of Ohio Governor’s Advisory Council on Asian American Pacific Islanders Health Committee.
La Pearl Logan Winfrey, PhD is a former President of the National Council of Schools and Programs of Professional Psychology and a member of the Committee of Accreditation and Minority Fellowship Training Advisory Council of APA. Her interests include knowledge, skill, and value development in health service psychology and leadership, as well as the integration of cultural competency in higher education, psychology training, and in transtheoretical approaches to psychotherapy. At the School of Professional Psychology at Wright State, she is the first female and second African American Dean of the School and president of the faculty practice group.

Maria Espinola, PsyD is Assistant Professor in the Department of Psychiatry and Behavioral Neuroscience at the University of Cincinnati College of Medicine. Her work focuses on the intersection of multicultural issues, gender, and trauma. She was born and raised in Argentina, South America. She studied psychology at the University of Buenos Aires before immigrating to the U.S. in 2001. She is the chair the Diversity Committee at the Ohio Psychological Association and serves on the Ohio Commission on Minority Health Medical Expert Panel, the Latino Faculty Association Executive Board, and the University of Cincinnati President’s Diversity Council.

Elizabeth Harris, PhD is a licensed psychologist in the Division of Child and Adolescent Psychiatry at University Hospitals Cleveland Medical Center and she is an Assistant Professor at Case Western Reserve University School of Medicine. Her special interests include sociocultural and systemic stressors, ADHD, co-morbid anxiety disorders, disruptive behavior disorders and parent-child relationships. She is involved has engaged in numerous lectures, presentations and publications regarding disruptive behavior disorders in children, social and racial injustices involving minorities students, and gun violence in schools. She is the current Vice President of Diversity at the Ohio Psychological Association.

Friday Afternoon

WORKSHOP #22: Health and Behavior Assessment and Intervention: A practical guide for Workers Compensation and Other Applications

Presenter: David P. Schwartz, PhD
Co-Presenters: Jennifer Lamanna, PsyD
CE Credits: 3.0
Learning Level: All

Behavioral factors are the major drivers of prolonged disability and cost in industrial injuries. Ohio BWC rules that required the addition of a “psychological allowance” to address these factors have been counterproductive. Thanks in part to OPA’s advocacy work, the BWC is now reimbursing for the Health and Behavior codes when behavioral factors interfere with recovery from physical injuries. This workshop reviews the process that led to these changes, a model for assessment and intervention, and tips to navigate and improve the BWC process under this new system. Application to populations other than BWC (i.e. trauma, concussion) are also presented.

As a result of this workshop, attendees will be able to: 1) Summarize the history and rationale for short-term health and behavior interventions in medical settings, 2) Utilize evidence based techniques of assessment and intervention to identify and modify behavioral issues which are interfering with recovery from injury, 3) Utilize the specific rules of the BWC for the use of this approach and be able to educate referral sources and payors as well, and 4) Apply this approach to other populations that can benefit.

David P. Schwartz, PhD earned his doctorate in Clinical and Health Psychology from Vanderbilt University in 1982. He was a postdoctoral fellowship in pain management at the University of Virginia Medical Center, and has been on the medical school faculty at Vanderbilt, Virginia, Rochester, and Cincinnati. He has published and presented extensively in the areas of pain management, health psychology, and industrial injury. He has been in private practice since 1995 specializing in complex medical/psychological injuries. He currently chairs OPA’s Task Force on BWC reform and is the OPA and State Board of Psychology representative to the BWC’s healthcare quality assurance committee.

Jennifer Lamanna, PhD earned her doctorate in Counseling Psychology from Virginia Commonwealth University in 2012. She completed her Internship at Eastern Virginia Medical School and Pediatric Psychology Postdoctoral Fellowship at Akron Children’s Hospital. Since 2013, she has been a staff psychologist at PsyCare in Youngstown, Ohio. She specializes in health psychology and anxiety spectrum disorders. In 2015-2016 she was part of the first OPA Leadership Development Academy, and since has been a member of the OPA BWC Task Force.

WORKSHOP #23: Forensic Applications of the MMPI-A RF
Presenter: Daniel L Davis, PhD, ABPP
CE Credits: 3.0
Learning Level: Intermediate

The MMPI A RF is the recently developed adolescent version of the MMPI 2 RF, one of the most frequently utilized assessment measures in clinical and forensic assessment. As was the case with the MMPI 2 RF, the MMPI-A-RF was developed drawing on the sophisticated statistical and psychometric developments pioneered in the MMPI-2-RF. These advancements have resulted in an instrument that provides more powerful and useful data than the original MMPI-A predecessor. The MMPI-A-RF, as well, has advantages over the original instrument, not the least of which is that it is shorter and much more approachable to adolescent examinees who were often dismayed at the length of the MMPI-A. The MMPI-A-RF, because it is less daunting, is more likely to produce valid and interpretable results. In addition, the MMPI-A-RF allows for the use of specific comparison groups that provide data that is more relevant to the assessment questions posed to the examiner. Lastly, the MMPI-A-RF Interpretive Report distributed by Pearson Assessment, provides annotated interpretations with citations to the MMPI-A-RF literature. This feature of the test provides greater support in forensic use of the test. One of the most common uses for the MMPI-A is in assessments for the
juvenile courts. The landscape of juvenile forensic assessments has dramatically changed since the publication of the original MMPI-A. Today, juvenile courts regularly consider statutorily defined mandated assessments that were either unheard of or vastly different when the original MMPI-A was published. Juvenile courts now regularly consider questions of adjudicative, transfer or waiver to the adult system, juvenile sex offender risk assessment, human trafficking victimization and violence risk assessment. The MMPI-A RF can provide invaluable information for the forensic clinician in the juvenile court setting. This workshop will address how the MMPI-A RF can be effectively utilized in addressing referral questions often encountered in juvenile forensic assessments. This skills-based workshop will focus upon the how the MMPI-A can be applied to specific issues such as competency to stand trial, bindover or waiver to adult court, juvenile sex offender evaluations and risk assessments. Fundamentals of MMPI-A RF interpretation and application will be addressed using various case examples.

As a result of this workshop, attendees will be able to: 1) Discuss and explain MMPI-A RF data in a forensic context such as testimony in juvenile court, 2) Apply MMPI-A RF data to specific forensic questions such as competency to stand trial, bindover or risk assessments, and 3) Apply MMPI-A RF knowledge in response to direct and cross-examination as well as Daubert criteria questions.

Daniel L Davis, PhD, ABPP (Forensic) has private practice in Columbus Ohio. He retired as a Senior Forensic Psychologist with the Netcare Forensic Center. He has testified before the Ohio General Assembly on matters pertaining to psychological services and served on various statewide, national and international committees addressing issues of mental health, youth and juvenile corrections. He served as the Clinical Director of the Buckeye Ranch and as the Supervising Psychologist of the Timothy B. Moritz Forensic Unit of the Ohio Department of Mental Health. He also served as the Clinical Director of the Central Ohio Cluster of Mental Health Services of the Ohio Department of Rehabilitation and Correction.

Workshop #24: Ethical and Legal Practice of Psychology and Other Mental Health Professions
Presenter: Elizabeth Swenson, PhD, JD
Co-Presenters: Richard Ashbrook, PhD
Amy Boland, PhD
Jose Camerino, LISW-S, IMFT-S0
Kay Levine, PhD
Christine Muller-Held, PsyD
Debjani Sinha, PhD
Robert Stinson, PsyD JD

CE Credits: 3.0 Ethics
Leaning Level: Intermediate

This workshop is presented by the OPA Ethics Committee. Through vignettes written for this year’s workshop, participants identify and apply pertinent sections of governing documents (the APA Principles and Code of Conduct, Ohio Psychology Laws, and Rules Governing Psychologists and APA Specialty Guidelines). The vignettes are designed to elucidate the ethical and legal practice of psychology. Particular attention is devoted to areas of practice that pose additional liability and yield frequent conduct complaints to the State Board of Psychology. The panel discussion will seek to include counselors, social workers and marriage & family therapists with vignettes that highlight ethical issues that exist in integrated work settings. The interplay of ethical practice and cultural competence will be discussed.

As a result of this workshop, attendees will be able to: 1) Identify and apply pertinent sections of the APA Ethical Principles of Psychologists and Code of Conduct, supplemented by the NASW and the ACA codes of conduct, to vignettes related to the practice of psychology and other mental health professions, 2) Identify and apply pertinent sections of the Ohio Psychology Laws and Rules Governing Psychologists to vignettes related to the practice of psychology, 3) Identify and apply relevant APA specialty guidelines, and 4) Understand ethical and legal implications related to areas of practice that pose additional liability or yield frequent conduct complaints.

Elizabeth Swenson, PhD, JD is Professor of Psychology at John Carroll University. She earned her BS from Tufts University, MA and PhD from Case Western Reserve University, and JD from Cleveland Marshall College of Law. She teaches professional ethics and forensic psychology to undergraduates. Dr. Swenson is a fellow of the American Psychological Association, the Midwestern Psychological Association and the Phi Beta Kappa Society. She is a peer reviewer and team chair for the Higher Learning Commission of the North Central Association. Currently she is chair of the OPA Ethics Committee and has been a member of the APA Ethics Committee, the APA Ethics Code Revision Task Force and the APA Continuing Professional Education Committee.

Richard Ashbrook, PhD is a professor of psychology at Capital University since 1986, Dr. Ashbrook previously served as department chair, dean of the College, and provost and vice president for Academic and Student Affairs (2010-2016). He earned his BS from the University of Maryland, and his MA and PhD, and MFA from The Ohio State University. He completed his internship at the University of Rochester’s Strong Memorial Hospital, and received post-doctoral training in pediatric and health psychology. Dr. Ashbrook, a licensed psychologist in Ohio and North Carolina, is affiliated with a medical and behavioral health consulting practice that specializes in publicly funded demonstration grants, outsourced services for public, governmental, and nonprofit agencies, and contract forensic, corrections, diagnostic, and disability services.

Amy M. Boland, PhD, NCSP is both a Licensed Psychologist and a Nationally Certified School Psychologist. She worked as a behavior consultant at the Heinzlerling Memorial Foundation for children with Profound and Severe Cognitive Impairments, then as a Service Coordinator for Franklin County Board of Developmental Disabilities, supporting families and children and linking them to needed services within the community. She earned a PhD in School Psychology from The Ohio State University in 2011. Dr. Boland specializes in providing evaluations, counseling, social skills groups, behavior management services, and school consultation for children with developmental disabilities such as Autism Spectrum Disorders, ADHD, Down Syndrome, Anxiety Disorder, and Behavior Disorders. Dr. Boland has been a Lecturer for The Ohio State University, and as the Supervising Psychologist of the Timothy B. Moritz Forensic Unit of the Ohio Department of Mental Health. He served as the Clinical Director of the Central Ohio Cluster of Mental Health Services of the Ohio Department of Rehabilitation and Correction.
University School Psychology program, and was recently appointed to the School Psychology Oral Exam Committee for the Ohio Board of Psychology.

Jose Camerino LISW-S, IMFT-S received his MSW from the University of Southern California. He received his training in child and adolescent psychoanalysis at the Reiss-Davis Child Study Center in Los Angeles and the Cleveland Center for Child Development. He was appointed to the CSWMFT Board in 2005, for a three year term, and has just been reappointed for an additional 3 year term. He is a current member of the Ohio Chapter of the NASW Ethics Committee. He is on the faculty of the School of Medicine Case Western Reserve University UH Cleveland Medical Center Department of Psychiatry where he teaches Family Therapy and supervises psychiatry residents engaged in providing psychotherapy to patients. He also is a Disaster Mental Health volunteer in the Cleveland Chapter of the American Red Cross.

Kay Levine, PhD earned her Special Education/Educational Psychology PhD from the University of Southern California, and trained as a child psychoanalyst-Reiss-Davis Child Study Center, Los Angeles. She lives in Cleveland, Ohio, and is Clinical Assistant Professor, School of Medicine at Case Western Reserve University. She is on OPA’s Ethics Committee and was formerly on the Colleague Assistance Committee, and is an APA member. She is a Disaster Mental Health Supervisor-Cleveland Chapter of the American Red Cross, and holds Ohio and California Psychologist and California Marriage and Family Therapist licenses. She primarily works with couples and individual adults in her private practice.

Christine Muller-Held, PsyD is an Early Career member of the OPA Ethics Committee. She obtained her doctoral degree from Xavier University, and is currently a senior staff psychologist and coordinator of mental health services at University of Cincinnati’s University Health Service. Dr. Muller-Held’s professional interests include ethical and legal issues in professional psychology, collaborative medical and mental health care, and the mental health needs of college and graduate/professional school students. In her personal time, Dr. Muller-Held enjoys reading, cooking and baking, traveling, meandering drives with her husband, and cheering on the New York Yankees.

Debmani Sinha, PhD is a practicing psychologist with a background in neuropsychology. She has a PhD from the University of Cincinnati (UC) and post-doctoral training at UC’s Behavioral Neuropsychology Clinic. Currently Dr. Sinha divides her professional time between her private practice and as Adjunct Associate Professor at the University of Cincinnati. Dr. Sinha offers psychotherapy and neuropsychological assessment services and specializes in psycho-educational evaluations for ADHD and LD for adolescents and adults. Dr. Sinha is past 2-term President of Cincinnati Academy of Professional Psychology and has served as Ethics Chair for CAPO for 10 years. She is currently a member of Ohio Psychological Association’s Ethics Committee.

Bob Stinson, PsyD, JD, LICDC-CS, ABPP is a board-certified forensic psychologist, attorney, and LICDC-CS. He’s listed in the National Register. He’s a Fellow of the American Academy of Forensic Psychology / American Board of Professional Psychology. He’s worked at a state psychiatric hospital, serving on and chairing the ethics committee. He was Chief of Behavioral Health Services for the Ohio Department of Youth Services. Dr. Stinson has lectured across the country in the areas of mental health law and ethics. He’s an Adjunct Professor at OSU in Psychology, Psychiatry, and Law. He’s a past president of COPA and OPA. Dr. Stinson also maintains a law practice.

Early Bird Deadline:
Register for the convention on or before April 3 and save $40!

Legal Services for Psychological Practices
(614) 848-3100
Outside the Columbus area, the Toll Free No. is (888) 527-7529 (KARRLAW)
Fax: (614) 848-3160 | E-Mail: gkarr@karrlaw.com
1328 Oakview Drive | Columbus, Ohio 43235
Get the Most from Your Convention Experience

Use these tips to walk away with a great Convention experience.
1. Sit next to someone you don’t know. While Convention is a great time to connect with old friends, it’s also a wonderful opportunity to meet new people.
2. Ditch the distractions. Turn off your phone and put away your newspaper so you can fully participate in the program.
3. Take notes. Make sure you bring a notebook or tablet so you can write down important take-aways.
4. Open your mind to new ideas. Be willing to hear something new that applies to your work day.
5. Learn outside the workshops. Visit with exhibitors to learn about what they and various OPA committees are offering.

Join The Conversation...

Follow OPA on social media and join the conversation about Convention!

facebook.com/ohypsychassn
@ohypsychassn
linkedin.com/company/ohiopsychological-association
pinterest.com/ohiopsychassn

Tag us in your posts! #OPACON2019 and @ohpsychassn

Convention Location: Quest Conference Center

Quest Conference Center is a premier state of the art meeting facility located at 8405 Pulsar Place, Columbus, Ohio 43282. Quest has an abundance of on-site parking located directly in front and in the back of the facility.

Hotel Information: Hampton Inn

Hampton Inn Columbus Polaris | 8411 Pulsar Place Road | Columbus, Ohio 43240 | 614-885-8400 | $129/night, plus tax

OPA has a room block at the Hampton Inn Columbus Polaris. They offer free high speed internet, free breakfast, a fitness center and pool. To make a reservation call 614-885-8400 and ask for the OPA rate. The reservation deadline is March 25. The Hampton Inn is located just off Interstate 71, directly behind Quest Conference Center within easy walking distance.

Area Attractions

When you need a little fresh air.

Historic Uptown Westerville
Visit shopuptownwesterville.com for more information. Historic uptown Westerville is filled with unique shops and is a must-see visitor destination!

Hoover Reservoir Park
7701 Sunbury Road, Columbus, OH 43081
Hoover Reservoir Park offers a peaceful and serene getaway in Columbus. The park and lake provide guests with a range of recreational activities from picnicking, hiking, boating and fishing.

Otterbein University
7 S. Grove St. Westerville, OH 43081
Otterbein University is a private, co-educational, comprehensive liberal arts institution founded in 1847. The campus makes a great spring walk and many academic buildings feature student artwork.

Polaris Fashion Place
1500 Polaris Parkway, Columbus, OH 43240
This shopping destination features over 180 specialty stores, six anchor stores and the region’s largest indoor children’s soft play area.
Inclusive Packages

**What’s Included...**
Back by popular demand, OPA will continue to offer inclusive registration packages. It’s simple and cost effective... no more extra fees for meals, receptions or special events! See what’s included in each package.

**3-Day Full Convention Package:**
- 3 Continental breakfasts & lunches 2 CE
- 2 OPA Assemblies (8 a.m. Wed. & Thur.)
- 10 sessions 19 CE
- 1 reception
- Poster session admission
- Promo code for OPA Webinars (2 CE)

**2-Day Package:**
(Options vary based on which two days selected.)
- 2 Continental breakfasts & lunches 1-2 CE
- 1 OR 2 OPA Assemblies (8 a.m. Wed. & Thur.)
- 6-7 sessions 12-13 CE
- 1 reception OR 1 reception and poster session admission

1-Day Package:
(Options vary based on which day selected.)
- Continental breakfast & lunch 0-1 CE
- Up to 1 OPA Assembly (8 a.m. Wed. & Thur.)
- 3-4 sessions 6-7 CE
- Evening activity OR poster session admission

**Custom Package Pricing:**
If an inclusive package is not for you, we also offer Custom Package (A la Carte) pricing. With this option, you pay a rate per (1) CE earned. Lunches and receptions may also be added to a custom package for an additional fee. A $40 convenience fee is assessed for the custom package option.

**Policies & Procedures**

**IMPORANT REGISTRATION DATES:**
- **Hotel Reservation Deadline** — March 25
- **Early Bird Deadline** — April 3
- **Registration Deadline** — April 16

**Registration Deadline:** Participants are encouraged to register early. Registration must be received on or before April 16 to guarantee workshop / event selections. Registrations received after this date will be processed on-site, and first selections and/or meals can not be guaranteed.

**Discounts:** Registrations received or postmarked on or before April 3 receive a **$40 Early Bird Discount**. Registrations received or postmarked between April 6 and April 16 receive a **$20 Pre-Registration Discount**. OPA members may use their CE Coupon by entering the Promo Code online or on the paper form. **No discounts maybe used after April 16, 2019.**

**Change Fee:** Any changes in workshop/event selections made after April 18 will be subject to a **$20 change fee.**

**Disclaimers/Cancellation and Refund Policy:** Attendees needing to cancel must do so in writing on or before April 16 and will be subject to a **$30 service charge. ALL CANCELLATIONS WILL BE SUBJECTED TO THIS SERVICE CHARGE.** No refunds will be given for cancellations made after April 16. OPA and sponsors of this event are committed to providing accurate and up-to-date information. However, they are not responsible for event changes, additions or deletions, but will work towards accommodating attendee needs.

**Continuing Education Credit Policies:** Those individuals wanting CE credits must sign and complete the Workshop Evaluation Form and return it to OPA at the end of each workshop as instructed. Guidelines state that a participant may arrive no more than 10 minutes late or leave more than 10 minutes early to receive credit for a program. OPA adheres to all APA Continuing Education Guidelines. No partial credit will be given. The Convention planners will make every effort to ensure that each workshop begins and ends at its designated time.

**Convetion Certificates of Attendance:**
Certificates will list each workshop completed and will be sent to participants following the Convention. Please allow 3 weeks for delivery.

**Continuing Education Credits:** 1) The Ohio Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. The Ohio Psychological Association maintains responsibility for the program and its content. 2) The Ohio Psychological Association is approved by the State of Ohio Counselor, Social Worker and Marriage & Family Therapist Board to offer continuing education to counselors, social workers and marriage and family therapists. (RCS070608 and RTX071703).

**Conflict of Interest Statement:** As an APA-approved sponsor of continuing education, the Ohio Psychological Association (OPA) is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education as is consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct. Information regarding financial support, in-kind support or possible conflicts of interest will be included in promotional materials and can be accessed by contacting the Ohio Psychological Association Central Office.

**Americans with Disabilities Act:** The Quest Conference Center complies with the provisions of ADA. If you need any assistance related to sight, sound or mobility, please contact OPA; so that, we may assist you.

**Photo Consent:** Registration/attendance at OPA events constitutes an agreement by the registrant to OPA for use of the attendee’s image in photographs.

**Special Requests:** Please let us know if you have any special requests, including dietary restrictions or request for a nursing mother’s room.

**Rates & Policies**

**OPA Full Members**
Licensed/Non-Licensed with Doctoral Degree

**OPA Partner Members (No CE)**
Professional without a doctoral degree working in field of Psychology or Individual/Organization who wishes to support/advance the purpose of OPA and the field of psychology in Ohio

**OPA Student Members (No CE)**
High School / College Undergraduate & Graduate levels / Post-doc program under supervision

Students who are not OPA members are encouraged to call us PRIOR to registering to receive a Promo Code for a **FREE year of membership** & member pricing eligibility.

**Non-OPA Members**

**2019 ANNUAL CONVENTION | OHIO PSYCHOLOGICAL ASSOCIATION | 19**
**ATTENDEE INFORMATION:** One registration form per attendee.

<table>
<thead>
<tr>
<th>Name &amp; Degree: (Please print)</th>
<th>License #</th>
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<tr>
<td>Mailing Address:</td>
<td>Social Worker, MFT or Counselor Credit? (See page 19 for CE restrictions)</td>
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<td>Email Address:</td>
<td>Special Dietary Request:</td>
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<td>Are you a speaker?</td>
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<th>WORKSHOP AND SPECIAL EVENT SELECTIONS</th>
<th>Check the boxes next to the sessions/events you want to attend.</th>
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| **Day**                              | **8-9 AM**  
|                                      | No CE          | **9-10 AM**  
|                                      | 1 CE Credit    | **10:15 AM-12:15 PM**  
|                                      | 2 CE Credits   | **LUNCH**  
|                                      | 1 CE          | **2:15-5:30 PM**  
|                                      | 3 CE Credits   | **EVENING ACTIVITY**  
|                                      | Reception      | **DAILY CE**  
| Wed., April 24                      | Assembly       | TOTAL          |
|                                      | (No CE, FREE Event) |                |
|                                      | Yes            | Workshop 1     |
|                                      | No             | Workshop 2     |
|                                      |                | Workshop 3     |
| Thurs. April 25                     | Workshop 7     | Workshop 10    |
|                                      | Yes            | Workshop 11    |
|                                      | No             | Workshop 12    |
| Friday, April 26                    | Workshop 16    | Workshop 19    |
|                                      | Yes            | Workshop 20    |
|                                      | No             | Workshop 21    |

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<th>FEES &amp; PAYMENT INFORMATION: Registration Ends on April 16, 2019</th>
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<td><strong>IMPORTANT NOTICES:</strong> 1) See the back of this page for information on our change fee, cancellation policy and membership levels.</td>
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<tr>
<td>Custom Package Add-Ons:</td>
<td>Wed. Reception $20/Fri. Lunch $30</td>
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<td>OPA-PAC Donation (Optional)</td>
<td>+ $_________</td>
<td>☐ Visa ☐ AMEX ☐ MasterCard</td>
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<tr>
<td>Less OPA CE Coupon (if applicable)</td>
<td>Enter Promo Code:</td>
<td>- $_________</td>
</tr>
<tr>
<td>Less $40 Early Bird Discount (if postmarked by 4/3/19)</td>
<td>- $_________</td>
<td>Completed registration forms can be: mailed to OPA, 395 E. Broad St. #310, Columbus, OH 43215, faxed to 614.224.2059, or visit <a href="http://www.ohpsych.org">www.ohpsych.org</a> to register online with a credit card.</td>
</tr>
<tr>
<td>Less $20 Pre-Registration Discount (if postmarked between 4/4/19 - 4/16/19)</td>
<td>- $_________</td>
<td>Signature</td>
</tr>
</tbody>
</table>

| TOTAL AMOUNT DUE: | $_________ | Signature |

2019 Ohio Psychological Association Annual Convention
REGISTRATION FORM
REGISTRATION DEADLINE IS APRIL 16, 2019
Interested in joining our team?
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  (908) 442-1680
  * For more information or to refer a patient:
    Dwight Thompson
    DThompson@psychbc.com
    614-591-6859 x 472

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Thank you!
Dr. Christina Zampriella, FT, Licensed Clinical Psychologist

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