Al’s Long Trail Hike
June 17 - July 19, 2019
A journey to inspire and raise awareness for enteral and parenteral individuals
The beginning. North Hoosac Road, Mass
Split Rock
Fire Tower at the top of Glastonbury Mt
Mile 24.7
Morning view from tower
Sherburne Pass
Pete, me, Nancy & Hank
Mile 103.9
Rolston Rest Shelter. Where do we go from here?
Mile 108.9
Mt. Carmel
View from the true top of Cape Lookoff Mt.
Mile 125.5
Morning sun
Part way up Worth Mt
Top of Middlebury Snowbowl
Mile 132.3
Middlebury Gap
Roz, Me, Aaron, Musket & Eric
Mile 133.7
Snack time at Boyce Shelter
Mile 136.8
Snack time again
Mt. Abraham (4016 ft) with Freefallin
Mile 153.7
A very muddy trail through the fog
Camels Hump from Molly Stark’s Balcony
Mile 163.9
Top of Burnt Rock Mt.
Mile 169.6
A mossy glen

Ladder Ravine
Mile 170.0
The trail towards Camels Hump
Resupply at Notch Rd
Mile 184.1
Mt. Mansfield

Bolton Ski Area
Mile 191.4
Mt.’s Mayo and Mansfield, Madonna Peak from the shelter
Dinner with the black flys
The trail heading up Mt. Mansfield
The top of Mt. Mansfield
Mile 204.2
Sterling Pond with the Lost Boys
Mile 210.4
About to get very wet
Morning View of Madonna Peak
The top of Whiteface Mt. 
Mile 214.6
A great view of Mt. Mansfield, Stowe ski area, Madonna Peak and Smugglers Notch ski area
Resupply and a new hiking parter (Barbie) at Rt 15
Mile 221.6
Lockwood Pond
Jay Peak from Chet’s Lookout
The top of Jay Peak
Mile 261.0
Carleton Mt.
Mile 271.5

Snack Time
Trails End sign
Fire Tower at the Top of Stratton Mt.
Mile 40.7
Top of Styles Peak
Mile 63.5
Always follow your heart!
Griffith Lake
Mile 67.0
The view from Baker Peak
Mile 69.7
Surprise visitors
Marissa & Asher
Bear Mt Lookout
Mile 83.4
Top of Killington Peak
Tears of happiness
Mile 100.1
Hank, Nancy & Annette at Pico Camp
The End at Rt 4
Annette, Me, Lauren, John, Nancy & Hank
Mile 105.7
The End
Thank you all for being here and supporting The Oley Foundation