Emergency Preparedness for Individuals Requiring TPN

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DISCLOSURES

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TOPICS

• What is a disaster?
• What disasters am I vulnerable to?
• How can I prepare my family?
• How can I prepare my TPN family member?
WHAT IS A DISASTER?

• Affects large geographic area
• Life, health, and environment endangered
• Overwhelmed response groups
• Loss of power, communication, and other utilities damaged

Have you been directly affected by a disaster?
WHAT MAKES ME VULNERABLE?

• No supplies at home
• Don’t know what’s going on or what to do
• Didn’t discuss with family what to do
• Can’t speak with loved ones
• No supply of fresh water
• No electricity

HOW CAN I PREPARE MY FAMILY?

• Emergency kit
• Food and water for 3 days
• Up to date emergency forms at home and school/child care
• Extra medications
• Cash
• Pet supplies

FAMILY EMERGENCY COMMUNICATION PLAN

• Family name
• Address
• Family member names/contact information
• School and/or child care name, address, contact information
• Work address, contact information
• ICE contact information
• Out-of-town contact
• Emergency meeting places
  – Indoor
  – Neighborhood
  – Out-of-neighborhood
  – Out of town
• Important numbers
• COPIES FOR ALL FAMILY MEMBERS
• From ready.gov/prepare
HOW CAN I PREPARE MY TPN FAMILY MEMBER?

- Ensure you have up to date Emergency Information Form from your doctor
- Need secondary source of electricity
  - Ensure power company aware
- Additional line care supplies
- Alternate appropriate IV solution (stable at room temperature)
TALKING TO CHILDREN POST-DISASTER

- Speak openly and honestly
- Provide reassurance
- Ask what information he/she needs
- Ask about how they are coping
- Don’t tell them how they should feel
- Provide simple explanations
- Use open-ended questions
- Focus on the child; limit your personal experiences
- Don’t use “at least”

ROADBLOCKS TO SUCCESS
RESOURCES

• American Red Cross
  - http://www.redcross.org/prepare/location/home-family/disabilities

• Oley Foundation
  - www.oley.org/emergencyprepared

RESOURCES

• Department of Homeland Security
  - https://www.ready.gov/make-a-plan
  - https://www.fema.gov/media-library-data/1501681929535-41b06db2566a70a863290fafd475a2a2/Family_Communication_Plan_Fillable_Card_508.pdf

• National Association of Pediatric Nurse Practitioners

EMERGENCY INFORMATION FORM

REFERENCES


