South Florida Ostomy and Tube Feeding/HPN Support Group

Meets at Delvecchio's at the Weston Town Center on the third Tuesday of the month from August through May, at 6:00 p.m.

August 20, 2019 – “Hurricane Preparedness for Ostomates and Tubies” presented by: Tasha Titus, Special Needs Shelter (SpNS) Coordinator, Public Health Preparedness & Response, Florida Department of Health in Broward County and Kim Schnitzius, hurricane survivor and CERT member, general hurricane preparedness, Weston Fire Chief – Chief Todd Draizin

September 17, 2019 – “Accepting My New Body and Feeling Good About Me” presented by Dr. Janolyn Gregg, Psychologist

October 15, 2019 – “Dealing with Embarrassing Situations” presented by Ana Restrepo, BSN, RN, CWON University of Miami Hospital and Amanda Lee from 11 Health will be introducing the Smart Bag.

November 19, 2019 - “Getting Organized with All of Our Medical Supplies” by Jennifer Alman, Owner of Organize and Systemize LLC

December 17, 2019 - “Advocating for Yourself in the Medical World” Presented by Jill Wolfson who grew up learning to advocate for her mother.

January 21, 2020 – “Best Food Choices for Ostomates and Tubies” Presented by Cleveland Clinic Dietitians

February 18, 2020 - “Relationships and Dating for Ostomates and Tubies” Discussion lead by Dr. Mary Ann Meli, Psychologist and a Bag Buddy!!

March 17, 2020 – “Traveling with an Ostomy and/or Tube” Discussion lead by: Linda Gravenstein, Disabilities Travel Expert from Nutrishare

April 21, 2020 – “Exercising for Ostomates and Tubies” Discussion lead by

May 19, 2020 – “Managing Pain without Medications” Discussion lead by Live Well Chiropractors

The South Florida Ostomy and Tube Feeding/HPN Support Group is an affiliated support group of the United Ostomy Associations of America and The Oley Foundation. The group caters to individuals with ostomies and/or tube or intravenous feeding and their caretakers.

All meetings are free of charge. Food is sponsored by Comfort Medical Supply Company and Delvecchio’s. Please contact Lynn Wolfson for more information at lewolf1815@aol.com or 954-562-7417