**Conversation starters**

- why you are on home parenteral nutrition (or HPN). (This would be a great video!)
- the most positive benefit you have received because of PN.
- what you want people to know about IV nutrition or your routines. Are there misconceptions you’d like to address?
- ask, “What would you like to know about HPN that you have been uncomfortable or afraid asking?”
- a negative experience you have encountered because of HPN, and how it could have been more positive. What should have happened? (This would be a good topic for a blog or a letter.)
- a positive experience you have encountered because of HPN, and what made it positive

*adapted with permission from FeedingTubeAwareness.com, 2011*

**Did you know**

- that without parenteral (PN) and/or enteral (EN) nutrition, some people would not be able to survive? PN is infused intravenously through a catheter into the bloodstream, while EN formula goes through a tube into a person’s stomach or intestines.
- that people can administer PN and EN at home (called “homePEN”)?
- that people on homePEN can work, travel, go to school, raise families?
- that homePEN is prescribed for people who’ve had cancer, AIDS, or strokes, as well as people with intestinal disorders, such as Crohn’s, colitis, Gastroparesis, and so on?

**The Oley Foundation (www.oley.org)**

- is a national, independent, non-profit organization
- provides information and psychosocial support to homePEN consumers
- helps homePEN consumers live fuller, richer lives
- has over 17,000 members
- publishes a newsletter, coordinates a peer support network, offers online educational modules, sponsors conferences, and more
- offers all of its programs FREE to homePEN consumers/caregivers

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