



**The Oley Foundation**  
*presents*  
**Dallas Regional Conference**

**February 9, 2019**  
**9:30 am – 4:30 pm**

**Southern Methodist University**  
**Hughes-Trigg Student Center**  
**3140 Dyer Street**  
**Dallas, Texas 75275**



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## Agenda

9:30 a.m.      **Introduction**

9:40 a.m.      **A Consumer's Story**

*Lauren Reimer, Blogger, Photographer and ThriveRx Advocate; Fayetteville, Arkansas*

10:00 a.m.      **Intestinal Rehabilitation and Transplantation: Working Together to Change the Lives of Children and Adults with Intestinal Failure**

*David Mercer, MD, PhD, FRCS(c), FACS; University of Nebraska Medical Center*

10:30 a.m.      **Managing Your Hydration While on HPEN**

*Darlene Kelly, MD, PhD; Science and Medicine Advisor, Oley Foundation*

11:00 a.m.      **Break**

11:15 a.m.      **Severe Gastroparesis is now Curable**

*Richard McCallum, MD, FACP, FRACP (AUST), FACG, AGAF; Texas Tech University Health Sciences Center*

11:45 a.m.      **Questions for the morning panel**

12:15 p.m.      **Lunch and Networking**

1:30 p.m. – 3:00 p.m.      **Session I: Choose (2) 45 minute round tables**

- **Blenderized Tube Feedings (1:30pm & 2:15pm)**

*Lisa Epp, RDN, LD*

- **Too Fast or Too Slow: Foods to Regulate the Gut (1:30pm & 2:15pm)**

*Gabriela Gardner, RD-AP, CNSC, LD; Stephanie Torres*

- **Strategies to Decrease the Risk of CVC Infections (2:15pm)**  
*Lloydette Ziemann, RN, BS, CRNI*
- **Controlling Diarrhea in Various Types of Chronic Intestinal Failure (1:15pm)**  
*Darlene Kelly, MD, PhD*

3:00 p.m.      **Break – Oley Raffle**

3:20 p.m. – 4:50 p.m.      **Session II: Choose (2) 45 minute round tables**

- **What You Eat Matters: Working with Your Dietitian (3:20pm & 4:05pm)**  
*Carol Ireton-Jones, PhD, RN, LD, CNSC, FASPEN, FAND*
- **Rumination Syndrome: The Commonest Cause of Vomiting in Patients Referred to a Gastroenterologist (3:20pm)**  
*Richard McCallum, MD, FACP, FRACP (AUST), FACG, AGAF*
- **Lipid Management: Choosing the Right Path (3:20pm & 4:05pm)**  
*Nandini Channabasappa, MD*
- **Traveling with TSA Support (3:20pm & 4:05pm)**  
*Linda Gravenstein, Michael Medwar, Ann Weaver, TSA Agents*

4:50 p.m.      **Adjourn**

## **Our Speakers**

### **Nandini Channabasappa, MD**

**Director of the Intestinal Rehabilitation Program, UT Southwestern Medical Center and Children's Health of Dallas  
Dallas, Texas**

Nandini Channabasappa, MD was born in India and is a graduate of Vanderbilt University. She completed her medical degree from the University of the West Indies. She completed her residency at Wayne State University/Children's Hospital of Michigan and completed her training at UT Southwestern Medical Center with a fellowship in pediatric gastroenterology here in Dallas.

Dr. Channabasappa has 15 years of experience in pediatric gastroenterology, with a special interest in Intestinal Failure and Short bowel syndrome. She is the director of the Intestinal Rehabilitation Program at UT Southwestern Medical Center and Children's Health of Dallas.

Dr. Channabasappa is a member of the North American Society of Pediatric Gastroenterology, Hepatology and Nutrition, and is board certified by the American Academy of Pediatrics in general pediatrics and pediatric gastroenterology. Dr. Channabasappa resides in Dallas, Texas and enjoys traveling and time with her daughter.

### **Lisa Epp, RDN, LD, CNSC**

**Mayo Clinic  
Rochester, Minnesota**

Lisa Epp, RDN, LD, CNSC is a Registered Dietitian Nutritionist and Lead Home Enteral Nutrition Dietitian at Mayo Clinic in Rochester Minnesota and Assistant Professor in Nutrition at Mayo Clinic College of Medicine. She is a member of the Academy of Nutrition and Dietetics, as well as the American Society for Enteral and Parenteral Nutrition. She enjoys speaking at state and national organizations, such as ASPEN's Nutrition Science and Practice Conference,

Academy of Nutrition and Dietetics Food and Nutrition Conference, and the Oley Foundation.

**Gabriela Gardner, RDN-AP, LD, CNSC**  
**Ertan Digestive Disease Center**  
**Memorial Hermann Hospital, Texas Medical Center**  
**Houston, Texas**

Gabriela Gardner is a registered and licensed dietitian graduated from the University of Houston certified as an Advanced Practice Dietitian in Clinical Nutrition by the Academy of Nutrition and Dietetics. She is also Board Certified as a Certified Nutrition Support Clinician. Gabriela is a clinical dietitian for an outpatient digestive disease center with Memorial Hermann Hospital in the Texas Medical Center. Her expertise includes digestive and liver disorders.

She is an active contributor to the professional community of Dietetics and Nutrition Support as a Speaker and Faculty at ASPEN conferences and Digestive Disease Week. Publications include an article on home enteral nutrition in the journal Nutrition in Clinical Practice and she is also the co-author of the book “The Low FODMAP Diet for Beginners”. She is part of the Crohn’s and Colitis Foundation Medical Advisory Council.

Gabriela enjoys contributing to the community by speaking at support groups and participating at patient conferences. On her free time she likes to cook, do yoga, and spend time with family and friends.

**Linda Gravenstein**  
**Nutrishare**  
**Houston, Texas**

Linda is a mother of a grown lifetime HPEN consumer. When she found herself with an empty nest 19 years ago she became an Advocate to be able to share her knowledge of caring for a HPEN consumer. She lives in the Houston, Texas area with her husband, Ray, and Gizmo the wonder dog.

**Carol Ireton-Jones, PhD, RDN, LD, CNSC, FAND, FASPEN**  
**Good Nutrition for Good Living**  
**Carrollton, Texas**

Dr. Carol Ireton-Jones received her PhD and Master's degree in Nutrition from Texas Woman's University. Her undergraduate degree in Nutrition and Dietetics came from Texas Tech University where she also received her clinical training. She developed The Ireton-Jones equations for estimating energy requirements in hospitalized patients and these are widely used nationally and internationally. She was recently presented the Distinguished Nutrition Support Dietitian Services Award from ASPEN in January, 2018.

Dr. Ireton-Jones is a consultant/speaker and in private practice currently managing patients with GI disorders including IBS, gastroparesis and IBD, as well as home parenteral and enteral nutrition patients. She has lectured extensively nationally and internationally on a variety of nutrition topics and authored 4 books and numerous book chapters and peer reviewed papers and received many honors and awards. Balancing both evidence based nutrition with sensible and *practical* applications is her strong point!

**Darlene Kelly, MD, PhD**  
**Oley Foundation**  
**Rochester, Minnesota**

Dr. Kelly was the medical director of Mayo Clinic Rochester's HPN program for 22 years. She served on the Oley Board of Trustees for over ten years, and now serves as Oley's Science and Medicine Advisor. She is also active with the European Society for Nutrition and Metabolism (ESPEN) and worked with their Home Artificial Nutrition (HAN) WorkGroup for 14 years until this summer.. Dr. Kelly has been a valuable contributor at Oley meetings for over 16 years.

**Richard McCallum, MD, FACP, FRACP(AUST), FACG, AGAF**  
**Texas Tech University Health Sciences Center**  
**El Paso, Texas**

Dr. McCallum, a native of Brisbane, Australia, attended the University of Queensland and the Queensland Medical School. His academic appointments

include Director of GI endoscopy and motility at Yale University; The Paul Janssen Professor of Medicine, and Chief of Gastroenterology at University of Virginia and then at Kansas University Medical Center, Professor and Founding Chair of the Department of Medicine at Texas Tech University in El Paso where he is currently Director of GI Research and the Center of Neurogastroenterology and Motility. He was recently appointed an honorary Professor of Medicine at his alma mater, the University of Queensland, Brisbane, Australia.

Dr. McCallum has made major advances in pathophysiology, diagnosis and treatment of gastrointestinal motility disorders and functional bowel problems, specifically gastroparesis, the interactions between the brain and the gut as well as the mechanisms of nausea and vomiting. He pioneered gastric electrophysiology in humans and is the inventor of a gastric pacemaker for treating gastroparesis. He has more than 480 peer-reviewed scientific articles and 130 textbook chapters and edited 15 scientific textbooks. He is also Editor-in-Chief of a new international online Journal – Gastrointestinal Disorders.

**Michael Medwar**  
**Patient Advocate, Coram Nutrition Support Program**  
**Coram/CVS Specialty Infusion Services**  
**Norwood, Massachusetts**

Michael Medwar, from Franklin, Massachusetts, is a nutrition patient advocate for Coram CVS Specialty Infusion Services. He provides general education and support and acts a liaison to the TSA for consumers who travel by air. He was diagnosed with Crohn's disease at age 9 and lived on home TPN for over 17 years. He attended his first Oley conference in the 1980s thanks to his parents (his mother Joan is an Oley Ambassador) and served on the Oley Board of Trustees from 2003-2010. A former newspaper editor, Michael has worked for Coram since 2013.

**David Mercer, MD, PhD, FRCS(c), FACS**  
**University of Nebraska Medical Center**  
**Omaha, Nebraska**

Dr. Mercer was raised in Edmonton, Canada, and attended medical school at the University of Alberta. He received his MD with Distinction in 1994, and during residency received a Ph.D. in Experimental Surgery, completing a thesis entitled

“Development of an Animal Model of Hepatitis C”. He completed residency in June of 2002, and then moved to the University of Nebraska Medical Center to pursue a Fellowship in Solid Organ Transplantation. He returned to UNMC in 2006 as a member of the Division of Transplantation, and is presently Professor of Surgery in the liver and intestine transplant program, and is Director of the Intestinal Rehabilitation Program. He is actively involved in clinical studies in intestinal rehabilitation and transplantation, and in the role of the gut microbiome in short bowel syndrome.

**Lauren Reimer**

**Blogger, Photographer, Advocate with ThriveRx, and HPN consumer  
Fayetteville, Arkansas**

Lauren Reimer-Ethridge is a blogger, photographer, and advocate with the ThriveRx team. She lives in Fayetteville, Arkansas with her husband, Anthony, and puppy dog, Elway. She loves spending time with her little family, friends, and out and about in her community. Lauren spends lots of time communicating with those in the online chronic illness community as well. She often shares tips and tricks on her blog for the general chronic illness community, but more specifically the HPN and tube fed population. Lauren has spent most of the last 13 years on HPN due to Chronic Intestinal Pseudo-Obstruction. She also has experience with feeding tubes that she uses to vent her stomach and intestine.

Lauren has been involved with the Oley Foundation for the past several years. She attended her first annual conference in 2016 and was blown away by the amazing community! She finds that Oley is great at connecting a rare group of humans who all have something huge in common, and for that she is beyond grateful.

**Stephanie Torres**

**Nutrition Consumer Advocate, ThriveRx  
Bellingham, Washington**

Stephanie Torres was diagnosed with gastroparesis and intestinal dysmotility at the age of 28 in 2008. She began enteral feeds a few years later and in 2013 was placed on TPN. Despite the challenges that come with this life she continued to study and certified health coach, holds annual awareness and fundraising campaigns and is going on 5 years as a consumer advocate for ThriveRx. She enjoys creating easy to digest meals, cuddling with her dogs and traveling.

**Ann Weaver**  
**Senior Consumer Advocate, ThriveRx**  
**Naperville, Illinois**

Ann Weaver is the Senior Nutrition Advocate for ThriveRx and author of a resources for individuals and families managing nutrition support; including two books for children on TPN, education, transition and travel tool kits. Ann has presented at Oley, ASPEN, and AGMD. She is the parent of a 24-year-old who has been dependent on nutrition support his entire life. Ann is the Illinois state leader for NORD and former Oley regional coordinator. She is a recipient of the Oley Lenore Heaphey Grassroots Education Award, as well as the Lyn Howard Nutrition Support Consumer Advocacy Award from ASPEN.

**Lloydette Zieman, RN, BS, CRNI**  
**Nutrition Nurse Navigator**  
**ThriveRx**

Lloydette Zieman is a Nutrition Nurse Navigator for Thrive RX. With over 35 years of nursing experience, she has enjoyed a nursing career spanning a variety of nursing environments, including infusion therapy and vascular access, clinical pharmacy support, critical care, travel nursing, home care, and home infusion services. Prior to her current position, Lloydette has held positions as an Infusion Clinical Nurse Specialist, Regional Infusion Educator, Pharmacy Nurse Consultant, and Adjunct Faculty.

She holds national certification in Infusion Nursing. Lloydette has served on regulatory committees for advanced infusion practice for state boards of nursing and has presented both locally and nationally on evidence-based practice related to infusion therapy and vascular access support.

## **A Special Thank You To**

*Our Speakers for taking time out of their busy schedules to share their expertise with us.*

*Our co-sponsors for generously supporting this regional conference.*

*SBS Cure Project for their generous support of travel grants to this regional conference.*

*Southern Methodist University event management staff and catering.*

*To all our attendees, thank you for coming and we hope to see you at another Oley conference. Safe travels!*

*Find us at...*

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