

## Meet the Speakers

**Blenderized Tube Feedings: Hands on Learning with Registered Dietitians and Patients**  
**Wednesday, April 27, 2022 | 1:00 p.m. - 2:30 p.m. EST**

Generously sponsored by



*James, 8 years old*



*Lauren and James*

### **Lauren Agzgian, MSN, CRNP, CPNP-AC** **Mom and Caregiver**

James is an 8 year old boy that was diagnosed at the age of 2 with a rare genetic disorder, called Floating Harbor Syndrome. With his genetic testing, we discovered he has a urea cycle disorder that was not picked up on newborn screening, called Argininosuccinic Aciduria Lyase Syndrome (ASA Lyase). He has struggled since infancy with severe GERD and feeding intolerance. He had a G-tube placed when he was 3 years old, after a year of NG tube feedings. His metabolic syndrome does require him to receive a specialized formula of essential amino acids, and he received this in a mixture with water and Pediasure. After many tweaks in his regimen, we struggled to get James to tolerate his feedings, largely because of the large volume that he was required to receive. Thankfully, working as a nurse practitioner in General Surgery has its perks. I had experience with children receiving a blenderized diet, but never truly considered it for my son until I had a conversation with my dietician, Robin Cook, that created a massive improvement in James' care. Robin really helped me to consider an alternative option to how James was fed, which ultimately led to a positive life change for James and for us. It was in collaboration with his dietician that we were able to manipulate the recipes that I created in the recipe builder to ensure they were truly appropriate for James. I am happy to say that we were very successful, and I am excited to share my and James' experience with the blenderized diet.

### **Robin Cook, MS, RD, CSP, LDN** **Pediatric Surgical/Trauma Dietitian** **Children's Hospital of Philadelphia (CHOP)** **Philadelphia, Pennsylvania**

Robin Cook is one of the Pediatric Surgical/Trauma Dietitians at Children's Hospital of Philadelphia (CHOP) in Philadelphia, PA. Robin has more than 15 years of experience in the field of pediatric surgical and trauma nutrition including extensive knowledge in both parenteral and enteral nutrition support. In her role at CHOP, she uses advanced counseling and clinical skills in the management of complex pediatric surgical patients, including those with congenital surgical anomalies and those who have suffered traumatic injury.

Robin develops original, comprehensive nutrition support plans, provides formal presentations at meetings of professional organizations and teaching rounds, and participates in the education of dietetic interns, surgical/trauma fellows, and medical and surgical residents.

Robin has authored and published numerous abstracts and peer reviewed journal articles and participates in research studies pertaining to pediatric surgical nutrition. She is winner of the 2020 Department of Clinical Nutrition Innovator Excellence Award relating to her work in creating the blenderized tube feeding recipe builder.





**Lisa Epp, RDN, CNSC, LD**  
**Advanced Practice I Dietitian**  
**Mayo Clinic**  
**Assistant Professor in Nutrition**  
**Mayo College of Medicine and Science**  
**Rochester, Minnesota**

Lisa Epp, RDN, LD, CNSC is an Advanced Practice dietitian at Mayo Clinic in Rochester, Minnesota, and Assistant Professor in Nutrition at Mayo College of Medicine and Science. She is a member of the American Society for Enteral and Parenteral Nutrition (ASPEN), and currently co-chairs ASPEN's enteral committee. She enjoys speaking at meetings of state and national organizations, such as ASPEN's Nutrition Science and Practice Conference, Academy of Nutrition and Dietetics Food and Nutrition Conference, and the Oley Foundation.