

## Research Proves Oley Helps

Independent NIH-funded research shows that contact with the Oley Foundation:

- lowers the incidence of catheter-related sepsis<sup>1</sup>
- reduces reactive depression<sup>1</sup>
- significantly improves quality of life<sup>1</sup>
- gives members the tools and confidence they need to manage their therapy<sup>2</sup>
- enables members to achieve normalcy in their lives.<sup>2</sup>

<sup>1</sup>Home Parenteral Nutrition: Does Affiliation with a National Support and Education Organization Affect Outcomes? Smith, et. al., JPEN 2002;26(3): 159-163.

<sup>2</sup>A Qualitative Study of the Perceived Value of Membership in The Oley Foundation by Home Parenteral and Enteral Nutrition Consumers. Chopy, et al. JPEN 2014; online 17 March 2014, DOI: 10.1177/0148607114527134.



*"Before Oley, I used to live in the hospital. Now I haven't had to stay there for years!"*

—Sean, soccer player and 16-year-old HPN patient

## Join the Oley Family

Sign up today at [www.oley.org](http://www.oley.org) or by calling (518) 262-5079/(800) 776-6539.

Membership and Oley services are **FREE of CHARGE** for consumers and their family members; they are free for professionals as well, if the newsletter is delivered electronically.

## Support Our Work!

Support for the Oley Foundation comes from families, friends, clinicians, and corporations involved with home IV nutrition and/or tube feeding. Donations are tax deductible and are accepted online or at the address below.

The Oley Foundation is a national, independent, 501(c)(3) not-for-profit organization. A copy of the Foundation's latest New York State Report is available at [www.charitiesnys.com](http://www.charitiesnys.com).

*"The Oley Foundation is a great resource for our patients."*

— Mary, MN, RN, ACNS-BC  
San Diego Medical Center



*Help along the way*

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*Information from the Oley Foundation helped Rick get back to traveling, hiking, skiing and white-water rafting.*



*Help along the way*

**The Oley Foundation strives to enrich the lives of those living with home intravenous nutrition and tube feeding through education, advocacy, and networking.**



*"Through Oley you can find answers to your medical problems, and meet peers who understand your challenges."*

—Roy, on HPN 26 years

## The Oley Foundation

Founded in 1983 by Lyn Howard, MD, and her patient Clarence “Oley” Oldenburg, the Oley Foundation helps people dependent upon

- **home parenteral nutrition** (HPN, IV nutrition), where solutions are infused by IV directly into the bloodstream, and
- **home enteral nutrition** (HEN, tube feeding), where formula is delivered by tube into the stomach or intestinal tract.

Issues with the digestive system, such as the inability to swallow, a motility disorder, or a shortened intestine, prevent HPN/HEN consumers from sustaining themselves through normal eating, making long-term home IV nutrition or tube feeding necessary for survival.



**Check out our website!**

*“Connecting with Oley was like finding a home we didn't know we had....It was such a relief to find solutions to tube troubles, and reassuring to read profiles of older children enjoying active lifestyles.*

*“The Oley Foundation helped us gain confidence in ourselves as caregivers and assurance in knowing that we are not alone if we need help, supplies, or advice.”*

—Mary & Nathan, parents of Natalie, on HEN since 2009



*“A long journey is made easier with Oley because you are with someone who has been there before.”*

—Don, on HPN since 1975

## Information and Support

The Oley Foundation provides its 15,000+ members with critical information on topics such as medical advances, research, and health insurance. The Foundation is also a source of support, helping consumers on home IV nutrition and tube feeding overcome challenges, such as their inability to eat and altered body image. All Oley programs are offered **FREE of CHARGE** to consumers and their families.

### Oley Foundation Programs

- **LifelineLetter:** a bimonthly newsletter with articles about medical advances, personal experiences, and more
- **Information Clearinghouse:** a resource designed for answering questions about home IV nutrition and tube feeding through a toll-free hotline, website, online education program, and DVD/video library
- **Consumer Networking:** a source of peer support that includes an online chat forum, and the ability to call or email experienced consumers and caregivers
- **Conferences:** an opportunity for consumers, clinicians, providers, and industry representatives to share information and support
- **Ambassador Network:** a grassroots network of 60+ volunteer consumers and caregivers in the US, Australia, Canada, New Zealand, Norway, Poland, and the UK

### Need supplies or have extra to donate?

Learn more about Oley's exchange program at [www.oley.org](http://www.oley.org), or by contacting us at [oleyequipment@aol.com](mailto:oleyequipment@aol.com), (866) 454-7351.

