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ARTHRITIS TO ARTHROPLASTIES



FEBRUARY 15 - 17, 2019

KIMPTON HOTEL PALOMAR IN PHOENIX, AZ

Physician Assistants in Orthopaedic Surgery  
PO Box 10781  
Glendale AZ 85318

Register online:  
[www.paos.org/cme](http://www.paos.org/cme)



## COURSE DESCRIPTION

Arthritis to Arthroplasties in Arizona: Is an advanced course for physician assistants who treat arthritis of the extremities and spine in adults and children. This course teaches the principles and techniques for management of extremity arthritis and current concepts in surgical and non- surgical management.

## COURSE LEARNING OBJECTIVES

Upon Conclusion of this program, participants should be able to:

- Examine and apply basic scientific information and technical skills in arthroplasty
- Update knowledge regarding current evaluation and treatment of arthritis of the upper and lower extremities and spine.
- Review current practice management including proper coding, reimbursement, and state/national healthcare trends.
- Develop new clinical and technical skills to improve delivery of healthcare to patients with upper and/or lower extremities and spine arthritis.

## INTENDED AUDIENCE

Physician assistants and allied health professionals who practice general or specialized orthopaedics.

## CREDIT

This program is provided by Physician Assistants in Orthopaedic Surgery. This program was planned in accordance with AAPA's CME Standards for Live Programs and Commercial Support of Live Programs.

This program is not yet approved for CME credit. Conference organizers plan to request **19 AAPA Category I CME credits** from the PA Review Panel. The total number of approved credits is yet to be determined.



## GRANTS & EXHIBITS

At the time publishing, a complete list of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

## DATE & LOCATION

February 15-17, 2019  
Kimpton Hotel Palomar  
2 East Jefferson St  
Phoenix, AZ 85004  
(602) 253-6633

## PROGRAM FACULTY

**Course Chairman:** Karla Frick, MPAS, PA-C

**Course Co-Directors:** Randy Pape, PA-C

**Guest Faculty:**

Joshua Abrams, DO - DISC  
Daman Adamany, MD - The CORE Institute  
C. Dain Allred, MD - Steward Health Care  
Arash Araghi, DO - The CORE Institute  
Sarah Bolander, PA-C - Midwestern University, Cactus Pediatric Orthopaedics  
Kevin Cantrell, PA-C - Mayo Clinic  
Tom Carter, MD - Steward Health Care  
Anikar Chhabra, MD - Mayo Clinic  
Amalia de Comas, MD - The CORE Institute  
Don Dulle, PA-C - Mayo Clinic  
Colin Goggins, MD - Banner Children's  
Amber Herrick, MS, PA-C - Midwestern University  
Amy Ingersoll, PA-C - OrthoArizona  
Paul Jacob, DO - Oklahoma Joint Replacement  
David Jacofsky, MD - The CORE Institute  
Clifford Jones, MD - The CORE Institute  
Ky Kobayashi, MD - Colorado Center of Orthopaedic Excellence  
Kevin Paisley, MD - Alaska Hand-Elbow-Shoulder Surgical Specialists  
Bill Thompson, MD - Valley Pain Consultants  
John Tokish, MD - Mayo Clinic  
Justin Wilcox, PA-C - Mayo Clinic  
Anthony Yeung, MD - DISC

## REGISTRATION

To register online, visit [www.PAOS.org/cme](http://www.PAOS.org/cme). The registration includes tuition, electronic course syllabus, continental breakfasts, break refreshments, lunch, welcome reception, and access to an online Self Assessment module to accompany meeting worth 5 hours of AAPA Self Assessment Credit.

## FEES

### PAOS Member

Before 1/15/2019 - \$675

After 1/15/2019 - \$775

### Non-Member

Before 1/15/2019 - \$825

After 1/15/2019 - \$925

## FACULTY DISCLOSURE

The American Academy of Physician Assistants (AAPA) has implemented a process to identify and resolve conflicts of interest that may exist which might affect the independence and fair balance of educational activity. All planning committee members, authors, and speakers were required to disclose relevant financial relationships with any commercial interest providing support for this program. Potential conflicts of interest were resolved and documented by one or more of the following methods: 1) Altering the individuals relationships, 2) Conducting an independent validation of the individual's presentation content. Individuals who refuse to or otherwise failed to disclose potential conflicts or interest to the AAPA were disqualified from participation in planning or implementing this CME activity.

## CANCELLATION POLICY

The planners and sponsors reserve the right to cancel this function without penalty. The total amount of liability of the planners and suppliers will be limited to a refund of the registration fee. Your registration acknowledges acceptance of the provisions.

## REFUND POLICY

Refund will be subject to a non-refundable \$75 processing fee. Requests for refunds must be received in writing to the PAOS office by February 1, 2019. **NO REFUNDS WILL BE ISSUED AFTER FEBRUARY 1, 2019.** Refunds will not be made for no-shows.

PAOS is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant, such as airfare or hotel or penalties are the responsibility of the registrant.

## HOTEL ACCOMODATIONS

A special discounted room block has been arranged at the **Kimpton Hotel Palomar**.

**Room Rates:** \$199 for either single or double room plus applicable taxes.

Go to: <https://paos.org/events> to make reservations or call hotel's reservation line at (877) 488-1908 and mention group name of "Physician Assistants in Orthopedic Surgery." Space is limited at the group rate. Please make your room reservation early. Reservations made after January 14, 2019 or after the group block is filled are not guaranteed and will likely be at the hotel's prevailing rates.

## Transportation

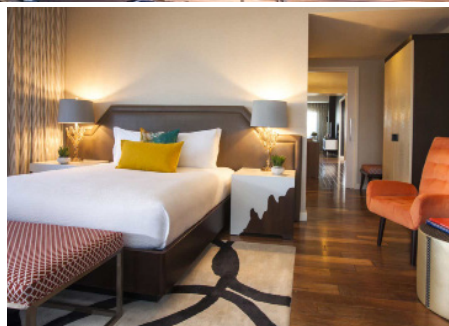
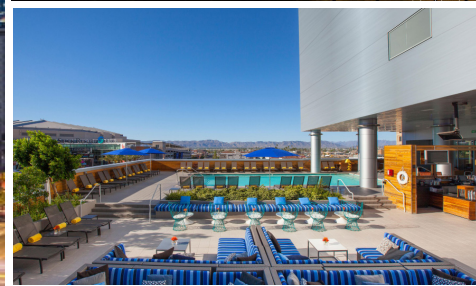
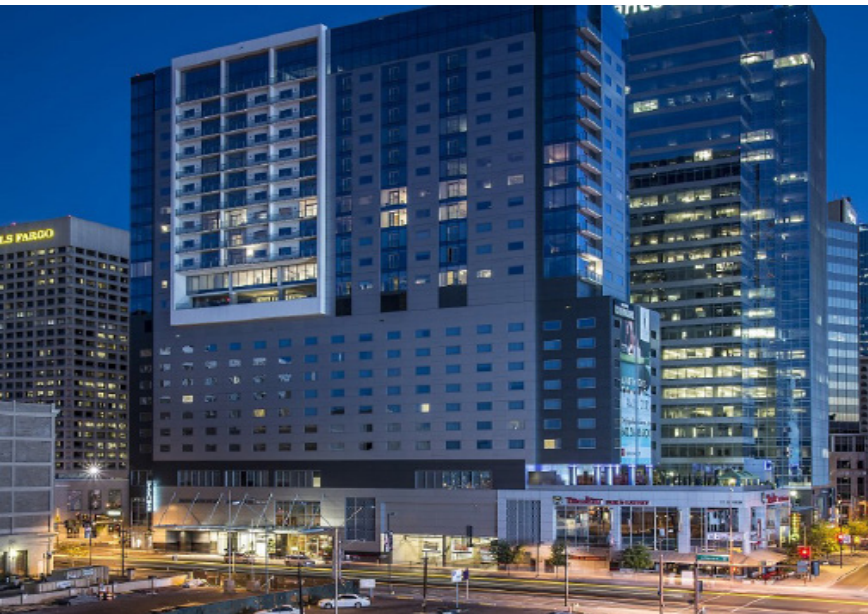
**Airport:** Sky Harbor International Airport is 3.5 miles east of the hotel.

**Taxi:** Approximate rate from Sky Harbor International is \$25 one way.

**Ride Share:** Uber and Lyft are both available from Sky Harbor International.

**Light Rail:** From Sky Harbor International is under \$5.

**Parking:** Self-parking is available for \$25/night, valet parking is \$33/night.



Kimpton Hotel  
Palomar

**THURSDAY – FEBRUARY 14, 2019**

4pm – 8pm                      Attendee Registration/Check In  
Exhibitor Check In & Set Up

**FRIDAY – FEBRUARY 15, 2019**

6:30am – 5:00pm              Registration/Check In  
6:00 – 7:00am                      **BREAKFAST**  
6:50 – 7:00am                      Opening Remarks  
7:00 – 7:30am                      Unicompartamental Knee Arthritis in the Younger Patient -  
Anikar Chhabra, MD  
7:30 – 8:00am                      Patellofemoral Replacement - Indications and Techniques -  
Anikar Chhabra, MD  
8:00 – 8:30am                      Hand and Wrist Arthritis - Current Treatment Options -  
Daman Adamany, MD  
8:30 – 9:00am                      Distal Radius Fracture Treatment - Daman Adamany, MD  
9:00 – 9:30am                      Endoscopic Spine - Anthony Yeung, MD  
9:30 – 10:00am                      Break/Exhibits  
10:00 – 10:30am                      Current Hip Fracture Treatment Options - Clifford Jones, MD  
10:30 – 11:00am                      Orthopedic Joint Trauma - Clifford Jones, MD  
11:00 – 11:30am                      Pitfalls of Shoulder Arthroplasty - Arash Aragi, DO  
11:30 am – 12:00pm                      The Painful Total Shoulder - Arash Aragi, DO  
12:00 – 1:30pm                      **LUNCH (provided)**  
1:30 – 2:00pm                      Meniscal Treatment Options - Dain Allred, MD  
2:00 – 2:30pm                      Current Concepts and Techniques in Treating Spinal  
Conditions - Joshua Abrams, DO  
2:30 – 3:00pm                      Initial Evaluation and Non-Operative Management of the  
Arthritic Shoulder - Kevin Cantwell, PA-C  
3:00 – 3:30pm                      Break/Exhibits  
3:30 – 4:00pm                      Reverse Vs Total Shoulder Arthroplasty - Kevin Paisley, MD  
4:00 – 4:30pm                      Topic TBD – Kevin Paisley, MD  
4:30 – 5:00pm                      Superior Capsular Reconstruction – JohnTokish, MD  
5:00 – 5:30pm                      Clinical Examination of the Unstable Shoulder  
John Tokish, MD  
5:30 – 7:30pm                      **WELCOME RECEPTION IN EXHIBIT HALL**

**SATURDAY – FEBRUARY 16, 2019**

7:30 – 8:00am	<b>BREAKFAST</b>
8:00 – 8:30am	Advancements in Joint Replacements - Paul Jacob, DO
8:30 – 9:00am	Robotics and Total Joint Replacements - Paul Jacob, DO
9:00 – 9:30am	Pediatric Hip Displaysia - Sarah Bolander, PA-C
9:30 – 10:00am	Break/Exhibits - Passport winners announced
10:00 – 10:30am	Perthes and SCFE in the Pediatric Patient -Colin Goggins, MD
10:30 – 11:00am	Endoprosthetic Reconstruction for Limb Salvage - Amalia de Comas, MD
11:00 – 11:30am	Periprosthetic Fractures - Amalia de Comas, MD
11:30am – 12:00pm	<b>LUNCH (provided)</b>
1:00 – 1:30pm	Scapholunate Ligament Injuries - Ky Kobayashi, MD
1:30 – 2:00pm	TBD
2:00 – 3:00pm	Articular Cartilage Treatment Options - Tom Carter, MD
3:00 – 3:30pm	<b>Break/Exhibits</b>
3:30 – 4:00pm	Biologics and Their Place in Orthopedics - Don Dulles, PA-C
4:00 – 4:30pm	Biologics and Their Use in the Surgical Patient -Don Dulles, PA-C
4:30 – 5:00pm	Hip Arthroscopy - Justin Wilcox, PA-C
5:00 – 5:30pm	Robotic Direct Anterior Total Hip Arthroplasty - Justin Wilcox, PA-C

**SUNDAY – FEBRUARY 17, 2019**

7:30 – 8:00am	<b>BREAKFAST</b>
8:00 – 8:30am	Evaluation of the Painful TKA - David Jacofsky, MD
8:30 – 9:00am	Evaluation of the Painful THA - David Jacofsky, MD
9:00 – 9:15am	<b>Break/Exhibits</b>
9:15 – 9:45am	Revision THA with Bone Loss - David Jcofsky, MD
9:45 – 11:00am	Opioid Prescribing - Lessons From a Pain Medicine Specialist - Bill Thompson, MD
11:00 – 11:30am	Heel Pain: Expanding the Differential Diagnosis to Include Seronegative Spondyloarthropathies - Amber Herrick, PA-C
11:30 am – 12:00pm	BMI Reduction Prior to TJA - Amy Ingersoll, PA-C
12:00pm	<b>Meeting Adjourns</b>

### REGISTRATION FORM

Name	Title				
Address					
City	State	Zip			
Email					

<b>REGISTRATION FEES</b>	Before 1/06/19	After 1/06/19
- PAOS Member	\$675	\$775
- Non-Member	\$825	\$925
- PA Student – Member	\$100	\$125
- PA Student – Non-Member	\$150	\$200
<b>TOTAL</b>		

### PAYMENT INFORMATION

\$ <input style="width: 100%;" type="text"/>	<p><b>Make Checks Payable to:</b>          PAOS          PO Box 10781          Glendale AZ 85318</p>
Credit Card #	Exp. Date

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 Signature