



ANNUAL REPORT

• Spring 2018 •

APSA's 14th Annual Meeting will take place at the Fairmont Hotel in Chicago, IL

This April, hundreds of physician-scientists and physician-scientists trainees will come together in Chicago, IL for the AAP/ASCI/APSA Joint Annual Meeting.

Two major themes for this year's talks are "Aging and Health Living" and "Human Genetics and Healthy Longevity." This year's APSA Lasker Award Winner Lecture will be given by **Sir Peter Ratcliffe, FRS**, who will be speaking on the elucidation of cellular oxygen sensing pathways and its implications for medicine. Additionally, APSA members have put together a number of helpful events for trainees. The **Resilience Workshop** will have essential, but often unspoken, tips for successfully negotiating first jobs, navigating the career path with significant others, and conquering challenges along the way. The **Alternative Careers Panel** will feature physician-scientists who have experienced roles in the FDA, NASA, the US House of Representatives and more. They will discuss their paths to success, either planned or unplanned! The **Critical and Social Perspectives on**

Ageing Panel will call on scholars in anthropology, history, and bioethics to critically consider the annual meeting theme of healthy longevity through a discussion of the complexities of aging in different cultural and historical contexts. The **Residency Luncheon** will allow trainees the opportunity to meet with residency directors from over 16 residency programs from around the country. These are just a few examples of the various lectures, workshops, and networking opportunities that will be at the Annual Meeting. Be sure to follow the event on social media and post your own updates using the hashtag #APSA18!

#APSA18 HIGHLIGHTS

- Welcome reception at the Mid America Club
- APSA Research Pathway Directors Meeting
- Policy and Advocacy Panel
- Breakfast with physician-scientist mentors

SAVE THE DATE:

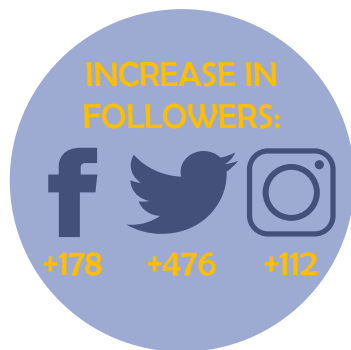
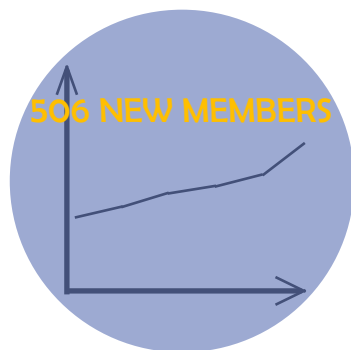
September 29, 2018	South Regional Meeting	Houston, TX
October 13-14, 2018	South Atlantic Regional Meeting	Charlottesville, VA
October 20, 2018	Midwest Regional Meeting	St. Louis, MO
November 10-11, 2018	Southeast Regional Meeting	Nashville, TN
December 1, 2018	West Regional Meeting	Davis, CA
April 5-7, 2019	2019 Annual Meeting	Chicago, IL
TBD	Northeast Regional Meeting	TBD

This is the first edition of the APSA Annual Report, designed to keep our members informed and highlight the work of our committees. We hope you find this document educational, and we always welcome new ideas for future editions. Editors: Hanna Erickson, Vice President Sarah Groover, Vice-Chair, PR

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YEAR AT A GLANCE



Clinical Continuity Survey identifies helpful resources for physician-scientist trainees

APSA Memberships Committee performed a survey to detail the types of activities available to help students retain their clinical knowledge during the PhD phase of their training.

The structure of dual-degree training programs typically results in a separation of the first and second halves of medical training by 3-5 years that are devoted to PhD work. This poses a particular problem of how to retain clinical knowledge during this time period. Last year, our Membership Committee performed a preliminary survey of Institutional Representatives to identify programs with plans in place for their students, and to determine the types of activities in these plans. 51 programs responded to the request for information, and **78%** of MD/PhD programs represented have some form of clinical continuity plan. A majority of these programs made this a mandatory part of training. Clinical continuity

activities include beginning **M3 clerkships** before the PhD (8%), providing **clinical activities** during the PhD (59%), and offering a **re-entry program** within the year before M3 starts (35%), or a combination of these strategies (51%). We are currently planning a future study to reach more programs and ultimately publish our results.

TOP CLINICAL ACTIVITIES

- Continuity clinic
- Shadowing preceptors
- Working at free clinics
- Longitudinal M3 clerkships

TOP RE-ENTRY PROGRAMS

- Clinical refresher activities
- Transitional workshops
- Re-joining M2 activities
- Informal M3 clerkships in family medicine/internal medicine

New APSA resolutions policy provides members the opportunity to influence APSA operations

The APSA Board of Directors has recently approved a resolutions process to provide a mechanism for grassroots membership to have a formal input to the Executive Council and Board of Directors.

Recognizing the need for a formal process to assess the needs of our membership, our Policy Committee implemented a new resolutions process this year. With this, Institutional Representatives are able to submit resolutions (“asks”) that they would like the organization to adopt. These resolutions then go through two rounds of voting: first Institutional Representatives vote following the Annual Meeting then the Board of Directors votes on those passed by the Institutional Representatives. Adopted resolutions are then referred to the appropriate Standing Committee for implementation. The first set of resolutions are out for discussion, but keep an eye out next winter for the call for resolutions!

Undergrad Mentorship Program sees huge growth

New matching algorithm pairs undergraduates with mentors.

Our Undergraduate Mentorship Program was established in 2014 to connect aspiring physician-scientist trainees with trainees in medical and graduate school. This year we saw a huge growth in undergraduate participation in the program, from 169 in 2016-2017 to **396 in 2017-2018!** This posed a problem for our Membership Committee of how to pair up mentors with this large number of mentees based on common interests and experiences. Thanks in particular to the work of **Brandon Fox** and **Muhammad Shamim**, we established a new algorithm this year to facilitate this matching going forward. Another new addition to the mentorship program is monthly prompts to help guide discussions between mentor and mentee pairs. This was added based on feedback from Institutional Representatives who recognized the need for more structure to help the mentorship pairs maintain a lively discussion throughout the program. **Applications for the 2018-2019 Undergraduate Mentorship Program will be available in Fall 2018.**

INTERACTIVE // SESSIONS

Interactive sessions are a way to virtually connect physician-scientist trainees with experts to discuss relevant issues.

PAST SESSIONS

- Sep/Oct [Residency Applications](#)
- Nov/Dec [Q&A with Dr. Dianna Willewicz](#)
- Jan/Feb [Grant Writing](#)
- Mar/Apr [Current Public Policy](#)

FUTURE SESSIONS

- May/Jun [MSTP Applications](#)
- Jul/Aug [Diversity](#)
- Sep/Oct [Residency and PTSPs](#)
- Nov/Dec [Physician-Scientist Spotlight](#)

Look for announcements in your email for exact dates and times, and information on how to join the meeting!

2017-2018 REGIONAL MEETING STATS

- 5 REGIONAL MEETINGS
- 709 TOTAL ATTENDEES
- 48% MD/PHD TRAINEES
- 44% UNDERGRADUATES

MIDWEST

UNIVERSITY OF IOWA
CARVER COLLEGE OF MEDICINE
IOWA CITY, IA
JANUARY 13, 2018



NORTHEAST

UNIVERSITY OF ROCHESTER
SCHOOL OF MEDICINE
ROCHESTER, NY
OCTOBER 7, 2017




WEST

U OF CALIFORNIA IRVINE
SCHOOL OF MEDICINE
IRVINE, CA
DECEMBER 2, 2017



SOUTH

UNIVERSITY OF TEXAS
HEALTH SCIENCE CENTER
SAN ANTONIO, TX
JANUARY 20, 2018



SOUTHEAST

EMORY UNIVERSITY
SCHOOL OF MEDICINE
ATLANTA, GA
NOVEMBER 18-19, 2017



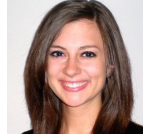
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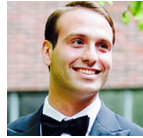
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 MAYO CLINIC



Co-Chair, Events
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 OHIO STATE UNIVERSITY



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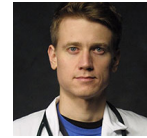
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Co-Chair, Policy
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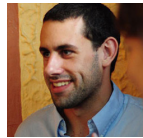
Chair, Public Relations
Vadim Yerokhin
 OKLAHOMA STATE UNIVERSITY



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Tim Kennell Jr
 UNIVERSITY OF ALABAMA AT BIRMINGHAM



Member-at-large
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 MAYO CLINIC



Co-Member-at-large,
 Social Sciences &
 Humanities
Joshua Franklin
 UNIVERSITY OF PENNSYLVANIA



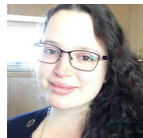
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Siyu Shi
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www.physicianscientists.org
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SERVE ON A
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 COMMITTEE**

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 REPRESENTATIVE**

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**LOCAL
 CHAPTER**

- Events
- Fundraising
- Memberships
- Partnerships
- Policy
- Public Relations
- Technology
- Ad Hoc Committees

Serve as a liaison between the APSA Executive Council and physician-scientist trainees at your institution, and have a vote in APSA elections

Join one of APSA's 30+ active local chapters or start one at your institution using our Local Chapter in a Box resource. Funding opportunities are available!