

### MRTA Holds 49th Annual Unit President Summit

Missouri - The Missouri Retired Teachers Association and Public School Personnel (MRTA) recently concluded its 49th Annual Unit President Summit with resounding success. Nearly 190 MRTA leaders convened over two days of enlightening discussions, empowering sessions, and memorable moments.



The first day of the summit featured esteemed speakers such as keynote speaker Dr. Margie

Vandeven, President Maureen Hacker, MRTA Legislative Chair Randy McClain, and Executive Director Maria Walden. A panel of regional vice presidents, including Mark Cook, Sherry Brandes, Martha Schatz, and Marilyn Skipper, shared invaluable insights. Karen Miller, MRTF President, also addressed the attendees.



Dr. Vandeven was honored as the first recipient of the MRTA H.E.A.R.T. (Honoring, Empowering, Advocating, Respecting, Teaching) award, recognizing her dedication to Missouri's public schools.

Additionally, the summit acknowledged retiring board member Linda Lueckenhoff for her exemplary leadership and contributions.

The president's reception concluded with a lively pie auction and featured captivating music by The Mankin Brothers.

The second day offered engaging breakout sessions covering various topics such as crafting memorable unit meetings, leadership training, member recruitment strategies, and navigating MRTA responsibilities with love and leadership.

Special thanks were extended to all speakers, attendees, volunteers, and staff who put this event together including Sarah Hoeller, Paige Holtmeyer, Ryan Mankin, and Morgan Piening, for their dedication and hard work in making the summit a success. The contributions of Mark Cook, Beth Morris, Carolyn Hairston, John Cauwenbergh, Wendy Bernier, and Sherry Rouner were also highlighted.

MRTA expressed gratitude to everyone who supported the event through donations, purchases, and participation, emphasizing their continued commitment to education advocacy.



Maria Walden MRTA Executive Director and Richard Phillips MRTA Retirement Education Chair enjoy a pie Maria purchased during the pie auction.



Attendees were treated to the musical talents of Ryan and Aaron Mankin, along with their back up singers, Rosina Palmer and Wendy Bernier.



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Missouri Teacher of the Year Greg Kester was a wonderful keynote speaker and was introduced by Mike Jarvis, MRTA Retirement Education Committee Chair from Region 11.





Region 12 Vice President Mark Cook (pictured left) did a hilarious and amazing job auctioneering our pie raffle as Sherry Rouner (pictured right) brought the pies around to entice bidders!



### Message from MRTA President Maureen Hacker



March is known for its windy and changeable weather. For MRTA, it is the month we welcome new and veteran leaders to a MRTA Unit President Summit meeting designed to renew and energize. It is an opportunity to recognize and appreciate the time and effort and dedication our members give to

our organization. It is a time for networking and sharing and learning.



March might be changeable but MRTA and its members continue steadily to demonstrate support of public education and the security of our retirees.

It is my hope that the MRTA leaders who attended the President Summit 2024 will "spring into action" in their units and regions in the coming months, continuing to keep MRTA a vibrant, growing organization.

### **46th MRTA Annual Meeting & Award Banquet**

September 17 and 18, 2024
"We are Family"
"When you belong to MRTA, you are part of our Family."

President Maureen Hacker is inviting all members of the MRTA Family to attend the 46th Annual Meeting and Award Banquet scheduled for September 17 and 18, 2024. Our MRTA Family gathering will be at the Chateau on the Lake in Branson, Missouri. The agenda includes Delegates Business Meeting; Units of Excellence Awards; General Sessions and Small Group Meetings; and the Awards Banquet to recognize our fourteen Regional Distinguished Retirees and Missouri's Distinguished Retiree. Additional information about speakers, topics, and the Delegates Business Meeting will be finalized later this spring.



MRTA President Maureen Hacker remarked, "We look forward to the upcoming Annual Meeting in September 2024, it's a momentous occasion for our education employees.

It's a time to reconnect with old friends, reminisce about shared experiences, and celebrate the bonds that have grown stronger over the years. This gathering is not just about meetings and agendas; it's about laughter, wisdom, and the joy of camaraderie. Let's embrace this opportunity to savor the richness of our MRTA family and create cherished memories that will last a lifetime."



Early Registration is \$50 and includes a goody bag for all attendees. Registrations received after August 30th will be \$75.

To reserve your room at the Chateau on the Lake, <u>click this link</u>. The room rate is \$159.65 per night. The cut-off date to reserve your room is Friday, August 16th. For additional information about the Chateau on the Lake, please go to their website: www.chateauonthelake.com.

Please mark your calendars and plan to join the MRTA Family Gathering on September 17 and 18, 2024.

**Get to Know our MRTA Region 3 Family!** 

By Jane Callis, MRTA Region 3 Vice President

Where is MRTA Region 3? Region 3 is located in the northeast section of Missouri and includes the fourteen counties of Ralls, Monroe, Macon, Linn, Sullivan, Putnam, Schuyler, Scotland, Clark, Lewis, Marion, Shelby, Knox, Adair. We are mainly a rural farming area with a few industries made up of small communities and schools. Schools are the hub of our communities and often **the largest employer.** Education is a vital part of our communities. In addition to our public schools, colleges in our region are Truman State University and A.T. Still University Osteopathic Medical School in Kirksville, MO; Hannibal LaGrange University in Hannibal, MO; and Culver-Stockton College in Canton, MO.





Region 3 MRTA members attended MRTA Legislative Day.

Our Region 3 local MRTA Units, KARSP (Kirksville Area Retired School Personnel), Lewis County Association of Retired Teachers & School Personnel, Linn County Retired Teachers & Public School Personnel, Macon County Retired Teachers & School Personnel, Marion-Ralls Retired School Personnel, Monroe-Shelby Retired School Personnel, Scotland County Retired Teachers & School Personnel, Sullivan County Retired Teachers & School Personnel keep busy advocating for public schools and helping by contacting our legislators on bills affecting our public schools and our pension system. We are also busy supporting and showing our appreciation to area teachers and staff during Teacher

Appreciation Week and American Education Week by taking treats to the school personnel.

Other activities that some units are involved in are: giving a scholarship to a graduating senior, contributing to the Buddy Pack Program, giving a donation for a library book to a classroom or library in memory of a deceased member's school. KARSP gave a donation to LaPlata School, a neighboring school, after their fire, and also to a member in the community who lost everything in a tornado.



The units take the \$500 Classroom Grant and Maggie Elder PEERS Grant applications to public schools and encourage the personnel to apply for needed supplies that are not in their budget. Unit members show their support to the grant winners and congratulating them by attending the grant presentations.



Books are donated to schools in honor of deceased members.

The following is a list of the public schools districts in each county and a \* notation of schools who have received a \$500 Classroom Grant and/or \$500 Maggie Elder PEERS grant since 2015. As you can see most schools have received grants!

### **Adair County**

\*Kirksville R-III \*Adair Co. R-II (Brashear) \*Adair Co. R-I (Novinger)

### **Clark County**

Clark Co. R-I (Kahoka)

### **Knox County**

Knox Co. R-I (Edina)

### **Linn County**

Meadville R-IV
\*Brookfield R-III
Bucklin R-II
Linn Co. R-I (Purdin)

### **Lewis County**

Canton R-V \*Lewis Co. C-I (Lewistown)

### **Macon County**

\*Macon Co. R-I (Macon)

LaPlata R-II

Bevier C-IV

Atlanta C-III

\*Macon Co. R-IV (New Cambria)

## Callao C-8 Marion County

### **Putnam County**

\*Putnam Co. R-I (Unionville)

### **Ralls County**

\*Ralls Co.R-II (Center)

### **Schuyler County**

\*Schuyler Co. R-I (Queen City)

### **Scotland County**

\*Scotland Co. R-I (Memphis)

### **Shelby County**

\*North Shelby (Shelbyville)
\*Shelby Co. IV (Shelbina)

### **Sullivan County**

\*Milan C-II \*Green City R-I Newtown-Harris R-III

In addition to all the important ways our schools benefit our communities and students, the economic impact is also so important. Our region is very rural compared to some other MRTA regions. Schools are vital the economy of rural areas of the state and Region 3 is no different. Over \$3 billion goes into our region every year just from PSRS/PEERS retirees.

County	PSRS Retirees	PSRS Benefits Paid	PEERS Retirees	PEERS Benefits Paid	Total Retirees	Total Benefits Paid	Population	Sq Miles	Pop/Sq. Mile
Adair	303	\$11,666,064.00	136	\$1,230,717.00	439	\$12,896,781.00	25,314	569	44.0
Clark	56	\$2,169,947.00	51	\$383,608.00	107	\$2,553,555.00	6,634	512	13.0
Knox	50	\$1,831,719.00	37	\$256,570.00	87	\$2,088,289.00	3,744	507	7.4
Lewis	93	\$3,404,868.00	59	\$508,046.00	152	\$3,912,914.00	10,032	511	20.0
Linn	171	\$7,161,426.00	104	\$987,675.00	275	\$8,149,101.00	11,874	621	19.0
Macon	224	\$8,381,683.00	139	\$1,103,919.00	363	\$9,485,602.00	15,209	812	19.0
Marion	325	\$13,379,130.00	210	\$1,567,057.00	535	\$14,946,187.00	28,525	444	64.0
Monroe	119	\$4,620,163.00	65	\$583,525.00	184	\$5,203,688.00	8,666	670	13.0
Putnam	70	\$2,730,359.00	38	\$339,878.00	108	\$3,070,237.00	4,681	520	9.0
Ralls	134	\$5,401,544.00	99	\$897,169.00	233	\$6,298,713.00	10,355	484	21.0
Schuyler	40	\$1,584,583.00	28	\$176,281.00	68	\$1,760,864.00	4,032	308	13.0
Scotland	60	\$2,320,768.00	32	\$256,749.00	92	\$2,577,517.00	4,716	439	11.0
Shelby	107	\$4,557,980.00	50	\$561,453.00	157	\$5,119,433.00	6,103	502	12.0
Sullivan	60	\$2,226,895.00	56	\$345,723.00	116	\$2,572,618.00	5,999	652	9.2
TOTAL	59,577	\$2,735,108,369.75	34,184	\$348,523,228.45	93,761	\$3,083,631,598.20	145,884	7,551	20

In 2020 Carolee Hall from Brookfield, MO, Region 3, was recognized as MRTA Distinguished Retiree-a well deserved honor for this very talented,

hardworking, and friendly lady who is and has been a great mentor to many.



Our Region 3 Annual Meetings are fun times for the Region members to gather with old friends, meet new ones, and to get more information about MRTA. Our 2023 Region 3 Annual Meeting was held in Macon, MO and we were honored to have a special member



of the Macon County MRTA Unit present - 100 year old Edith Harrington, a retired nurse, who is an active, alert, smart, and beautiful lady who comes to the local MRTA meetings. A personal THANK YOU to all our members in Region 3 who are dedicated to public education.

### MRTA Strategic Plan Report Unveiled

The Missouri Retired Teachers Association and Public School Personnel (MRTA) Board of Directors approved the MRTA Strategic Plan Report at their March 18th meeting. "This is a plan for our association's continued success," said MRTA Board President Maureen Hacker. "It has been an extremely valuable process. This plan gives us a formal framework for evaluating our progress and helps us understand the best ways to adjust course, as necessary. It will be of great benefit to us as an organization, and to our membership."

The report includes the summaries, objectives, goals, focus areas, and key performance indicators of the six MRTA Strategic Plan Subcommittees: Membership; Engagement, Communication, Collaboration; Advocacy; Community Impact; Internal Structure; and Leadership.

While the plan is complete, the work is only just beginning. The group now sets their sights on rethinking what is possible and implementing plans to reach goals, meet priorities, and measure success against the framework they have created. While the work done forms a foundation for the decisions and priorities going forward, ongoing assessment will be conducted in order to make any mid-course adjustments needed to stay on track.



"Over the years, MRTA has achieved great success advocating for our retirees," said MRTA Executive Director Maria Walden. "But

we must continue to expand and grow our efforts to educate, inform, and advocate, especially in the face of the current political landscape and recent trends in public opinion that frame our public schools in a negative light. We have the opportunity to use this strategic plan to build on our strengths. It will help us grow and engage our membership, communicate and connect with both current members and new audiences, and guide us as we create new alliances. All these things will help us move forward to achieve our goals and ultimately fulfill our core purpose to promote and protect our public school retirees, our active teachers, our public school personnel, our communities, and the over 900,000 children who attend our public schools."

The Strategic Plan Report can be found here or by scanning the QR Code:

# From the Desk of Maria Walden MRTA Executive Director

As we usher in the vibrant energy and warmth of spring, it is my pleasure to share with you the latest developments and exciting opportunities within MRTA. This March, our theme is "Spring into Action – Advocacy for Quality Education and Peace of Mind in Retirement" and indeed, it encapsulates the spirit of renewal, growth, and the boundless potential that lies ahead for each of us.

### The Power of Our Members:

First and foremost, I want to express my sincere gratitude to each member of the MRTA family. Your dedication, passion, and unwavering support form the foundation of our public school community. Together, we are a force for positive change, advocating for the rights and well-being of active and retired educators across Missouri. Your active involvement is the heartbeat of our association, and as we "spring into action," let us harness this collective power to propel our mission forward.

#### **Unit President Summit:**

This spring, we held the 49th Unit Presidents Summit—an event that holds immense importance in our commitment to empowering local leadership. The Unit President Summit serves as a dynamic platform for our unit leaders to come together, share best practices, and collaboratively envision the future of MRTA at the grassroots level.

During the Summit, we delved into strategic discussions, addressed challenges, and explored innovative solutions that will strengthen the bonds within our units, regions and state. This collaborative exchange of ideas is crucial for fostering a sense of unity and ensuring that our local units continue to be vibrant, responsive, and effective advocates for retired education personnel in their communities.

### The Strategic Imperative:

In line with our commitment to transparency and continuous improvement, I am delighted to report that the MRTA Strategic Plan is taking shape. This comprehensive roadmap, crafted through thoughtful analysis and input from our members and Board, will guide our actions over the coming years. It is a testament to our dedication to ensuring that the MRTA remains adaptive and responsive to the evolving needs of our retirees.

As we "spring into action," let us leverage the power of our collective wisdom, energy, and passion to propel our association to new heights. Together, we can create a future where every retired education employee in Missouri not only thrives in retirement but actively contributes to the betterment of our communities.

Thank you for your commitment to MRTA, and I look forward to the exciting journey ahead as we embrace the spirit of spring and the possibilities it brings.

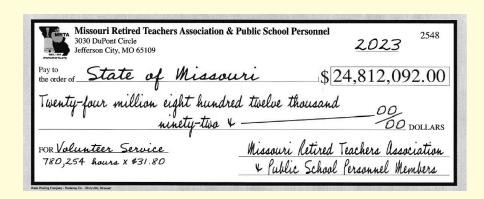




### MRTA Members Donate Almost \$25 Million in Community Service to Missouri Local Communities

The Missouri Retired Teachers Association and Public School Personnel (MRTA) Community Service Chair, Marlin Kinman presented a check representing \$24,812,092 in community service hours donated in 2023 to Missouri's citizens at its annual Unit President Summit in Columbia, Missouri on March 19-20, 2024. MRTA members reported volunteering 780,254 hours back to their communities during 2023. Washington D.C.'s Independent Sector places a value of \$31.80 per hour for community service volunteers. In addition to hours of service, members also reported donating 223,629 food items and cash donations exceeding \$1,110,905 to food pantries and food banks within their local communities. Marlin Kinman, MRTA Community Service Committee Chair, is responsible for compiling and coordinating the volunteer efforts.

Community Service plays an important role in the activities of MRTA's 108 local units and its nearly 30,000 members across the state of Missouri. As statewide community service projects, members participate in the Community Hunger Action Program and the Ronald McDonald Tab Top Collection Program. Members also donate their time working at soup kitchens, senior centers, visiting patients in hospitals and nursing home



residents, mentoring students, at local churches and charity events.

Our units' dedication to community service has left a profound impact on the lives of individuals and families across our communities. Through our collective efforts, we have not only donated over \$35,500 to various charitable causes but have also made a significant investment in the education of our youth by providing over \$45,600 in scholarships in the year 2023 alone. These contributions have helped support essential services, uplift those in need, and empower deserving students to pursue their educational dreams.

MRTA, organized in 1960, is a grassroots not-for-profit association representing nearly 30,000 retired educators and staff, working exclusively for retired school personnel. MRTA members strive to uphold and improve the integrity, value, and mission of our public schools, so that all school personnel may live healthy, vital lives and be secure economically, socially, and professionally in retirement. Our core purpose is to promote and protect public education resulting in a financially secure retirement (pension).

"Our teachers, administrators, and public education employees play a vital role in the success of our students and school districts," said Maria Walden, Executive Director. "Our public school educators and school personnel are the heart of our local communities, including our retirees. Our members understand the importance of our local communities and donate time, money and talent."

Teaching is one of the few professions that truly shapes the future of every child. As former educators, our members understand how important it is to support our state's pension systems, public education system, our local communities, and especially the nearly 900,000 children who attend our schools.

### MRTA IPS Chair Linda Lueckenhoff Retires from Position

During the Unit President Summit MRTA President Maureen Hacker honored Linda Lueckenhoff, who has been an integral part of our team, serving with dedication as Chair of the Informative and Protective Services (IPS) committee, on her retirement. Linda's contributions to our organization have been invaluable, and we extend our heartfelt gratitude for her years of commitment and service.

In light of Linda's retirement, the MRTA Internal Structure Committee and the Board of Directors are taking this opportunity to thoroughly review the core purpose of the committee. As we navigate this transition, we are considering whether adjustments are needed to align the committee with our memberships' needs and goals.



(r-l) Maria Walden MRTA Executive Director, Linda Lueckenhoff MRTA IPS Chair, and Maureen Hacker MRTA President.

The IPS committee plays a role in ensuring the flow of information and fraudulent protective measures for our members. This evaluation aims to analyze the effectiveness and value of IPS and its ability to serve our members and leaders optimally or whether our partnerships with other organizations provide a similar more robust service.

We welcome input and suggestions from our members during this process. If you have thoughts or recommendations regarding the future direction of IPS, please feel free to share them with us by April 1st. We express our gratitude to Linda for her outstanding service, and we are confident that the legacy she leaves behind will continue to shape the positive impact within the MRTA.

### Do you know anyone retiring this spring?

If you know any teachers or educational personnel retiring this spring, why not give them the gift of MRTA membership?

MRTA is the best investment to protect your largest asset in retirement, your pension!



Missouri Retired	Teachers Association and P	ublic School Personnel Member	ship Form		
☐ Annual MRTA Membership or join via auto renewal at MRTA ☐ New Membership	<b>_</b> ' '	Associate Membership(Anyone who is not currently drawing a public school retirement benefit.)			
☐ Renewal of Membership	☐ Retired Support Staff ☐ IAI	M INTERESTED IN AUTOMATIC ANNUAL MEMBERSHI	P DUES RENEWAL		
		(Association dues are not tax deductible)	Save <sup>\$</sup> 5 a year		
Name		Birth Date			
, , , , , , , , , , , , , , , , , , , ,		Phone ()			
School District Retired From		Local MRTA Unit (if known)			
Make check payable to: MRTA	Pay by Credit/Debit Card: Visa	☐ MasterCard ☐ Discover	You may join MRTA securely online at		
3030 DuPont Circle Jefferson City, MO 65109	Card Number		www.mrta.org or call the office at		
	Name on Card	Exp. Date	1-877-366-6782		

### MRTA Golf Tournament & Silent Auction: Swing for a Cause!

By Sherry Rouner and Gale "Hap" Hairston, MRTA Co-Golf Ambassadors

As Co-Golf Ambassadors for the Missouri Retired Teachers Association, it brings us immense joy to announce the much-anticipated 3rd Annual Golf Tournament and Silent Auction! Set against the picturesque backdrop of Eagle Knoll, mark your calendars for **June 20, 2024**, as we gather for a day of camaraderie, competition, and charity.

Why a golf tournament and silent auction, you may ask? The answer lies in the heart of our association's mission. At MRTA, we strive to support our retired teachers in various ways, including keeping dues low and providing crucial resources during times of financial need. Hosting events like these enables us to fulfill these objectives while fostering a sense of community among our members. "For perspective, the total amount raised in the first two years of the golf tournament is financially equivalent to adding 1,000 new members," said Sherry Rouner.

By participating in our golf tournament and silent auction, you're not just enjoying a day on the greens or bidding on fabulous items; you're making a meaningful contribution to the well-being of our active and retired educators. Your generosity directly impacts our ability to offer services that support our vision and mission, and other vital resources to those who have dedicated their lives to shaping the future.

We understand that not everyone may be able to join us on the course, but there are still plenty of ways to get involved. Whether you choose to donate items for our silent auction, spread the word among your units, attend the luncheon, or simply make a monetary contribution, every little bit counts. Together, we can make a difference in the lives of our fellow educators. Please reach out to your local business and asking for their assistance. "Every swing, every bid, and every donation is a testament to the unwavering support we have for our retired and active teachers. Let's tee up for a cause and drive change one stroke at a time," said Hap Hairston.

This year, our silent auction will again take on a virtual format, ensuring accessibility to all members regardless of location. Stay tuned for further details on how you can participate and bid on an array of exciting items from the comfort of your own home.

Save the date, rally your fellow golf enthusiasts, and let's make this year's tournament and silent auction the most successful yet! Together, we can continue to support our retired teachers and ensure they thrive in their well-deserved retirement.









# 2024 MRTA Golf Tournament

June 20th Eagle Knoll Golf Course Hartsburg, MO

SPONSORSHIP Levels

Registration Deadline, Friday, June 14, 2024

Sponsorships support the Vision and Mission of Missouri Retired Teachers Association.

All proceeds will support our advocacy efforts for Missouri's retired teachers and education personnel.

Please call 1-877-366-MRTA for more information.



### **MASTERS: \$5,000**

- Organizations value teachers, public schools and their commitment to Missouri's children
- Allows 12 players in the tournament
- Masters Sponsorship will have a recognition banner (with MRTA/Company Name) displayed at clubhouse, listed on all correspondence, posters and flyers

### GOLD: \$3,000

- Allows 8 players in the tournament
- Sponsorship sign will be placed in highly visible area near the clubhouse, verbal recognitions at tournament and sponsorship listing in tournament brochure

### SILVER: \$2,000

- Allows 6 players in the tournament
- Sponsorship sign will be placed in highly visible area near the clubhouse, verbal recognitions at tournament and sponsorship listing in tournament brochure

### **PLATINUM: \$4,000**

- Organizations value teachers, public schools and their commitment to Missouri's children
- Allows 10 players in the tournament
- Sponsorship sign will be placed in highly visible area near the clubhouse, verbal recognitions at tournament and sponsorship listing in tournament brochure

### **BRONZE: \$1,000**

- Allows 4 players in the tournament
- Sponsorship sign will be placed in highly visible area near the clubhouse, verbal recognitions at tournament and sponsorship listing in tournament brochure



### OTHER SPONSORSHIP OPPORTUNITIES

(These levels do not include any golf fees)

Meal Sponsorship: \$2,000

Sponsorship includes verbal recognitions at tournament and sponsorship listing in tournament brochure and signage in meal area.

### **Course Refreshment Sponsor: \$1,000**

Sponsorship includes verbal recognitions at tournament and sponsorship listing in tournament brochure and signage in meal area.

### Hole Sponsorship: \$250

Sponsorship includes verbal recognitions at tournament and sponsorship listing in tournament brochure and a sign on a hole.

### Hole-in-One Sponsorship - \$250



Door Prizes
Lunch for Golfers
2 Free Drink
Passes
Silent Auction
Raffle



June 20th Eagle Knoll Golf Course Hartsburg, MO

# GOLF Hartsburg, MO FUNDRAISER

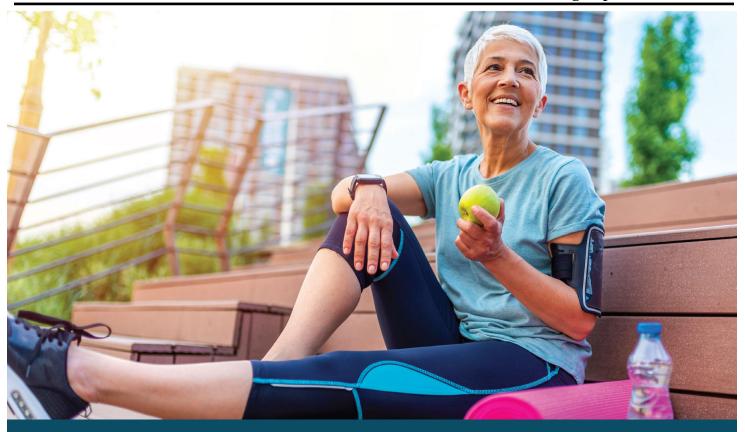
### **SPONSORSHIP FORM**

### Supporting the Missouri Retired Teachers Association Vision and Mission

All proceeds will support the mission and vision of MRTA advocating for Missouri's retired teachers, administrators, and education personnel. Please call 1-877-366-MRTA for more information.

### **Sponsor Information**

Contact Person:	Phone:	
Email <u>:</u>	Company	
Address:		
Indicate Sponsorship Level (circle *Also includes golf team(s)	one or more). See reverse for sponsorship level details.	
	*Masters - \$5,000	
	*Platinum - \$4,000	
	*Gold - \$3,000	
	*Silver - \$2.000	
	*Bronze - \$1,000	
	Meal Sponsor - \$2,000	
	Course Refreshment Sponsor - \$1,000	
	Hole Sponsor - \$250	
	Hole-In-One Sponsor - \$250	
Please make checks payable to Mail to: MRTA 3030 DuPont Circle If you want to pay by credit card Credit Card Number:	cle, Jefferson City, MO 65109.	
	me on Credit Card:	



## LIVE LIFE, UNINTERRUPTED.

### **CONSIDER ADDITIONAL INSURANCE COVERAGE**

As your life changes, consider some of these benefits and discounts from MRTA & AMBA:

- · Dental & Vision Plans
- · Long-Term Care & Home Health Care
- Emergency Ground and Air Transportation Coverage
- Cancer, Heart, Stroke, Accident, and Disability Insurance
- · Medicare Solutions
- Final Expenses Whole Life & Guaranteed Acceptance Life Insurance
- · Tax-Deferred Asset Protection
- · Hearing Benefits
- Hospital Stay Coverage
- · Discounts on Travel, Dining & more

1.877.556.4582

### myambabenefits.info/mrta

Missouri Retired Teachers Association and Public School Personnel





Charity is Good for your Heart!
Charity can boost both mental and physical health. Research shows that

Charity can boost both mental and physical health. Research shows that those who volunteer live longer and have happier lives. Charitable giving delivers a host of benefits to the body and brain. So, whether you give your time or money, you can experience:

- Lower blood pressure
- Lower stress levels
- · Less anxiety and depression
- Increased self-esteem

The health benefits of giving include the brain secretes "feel good" chemicals such as – serotonin, dopamine and oxytocin.

So, according to science- charity and giving are good for you and good for your heart! So be good to your heart and buy or sell some MRTF Raffle Tickets. The prizes are \$5,000, \$3,000, \$1,000, and \$1,000.



MRTA raffle tickets are \$10 each or \$50 for 6 tickets. The drawing is April 15, and the raffle is the largest fundraiser for the MRTF Grant Program for Missouri public school employees. You received some tickets in the mail and there are some you can use or copy here in this newsletter.

If you want that warm and fuzzy feeling you get from helping others, that is good for you and your heart, help us with the Raffle now – buy OR sell some MRTF Raffle tickets.



MRTF Raffle

\$5,000 prize \$3,000 Prize

2-\$1,000 Prizes

Tickets are \$10 each or 6 for \$50

Drawing will be held April 15, 2024

All proceeds benefit the MRTF Classroom Grant Fund.

Please make checks payable to MRTF. MRTF - 3030 DuPont Circle, Jefferson City, MO 65109

Must be 18 to participate. Need not be present to win. Prize winners are only eligible to receive one raffle prize per person, excluding Winning Wednesday prizes.

### MRTF Raffle Ticket \$10 ea. or 6/\$50

Name\_\_\_\_

Address\_

Phone\_

Please return by April 10, 2024

Make checks payable to MRTF

3030 DuPont Circle, Jefferson

City, MO 65109

Ticket sold by:



MRTF Raffle \$5,000 prize

\$3,000 Prize 2- \$1,000 Prizes

Tickets are \$10 each or 6 for \$50

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Name\_\_\_\_

Address\_

Phone\_\_\_

Please return by April 10, 2024

Make checks payable to MRTF

3030 DuPont Circle, Jefferson

City, MO 65109

Ticket sold by:



MRTF Raffle \$5,000 prize \$3,000 Prize

2- \$1,000 Prizes

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All proceeds benefit the MRTF Classroom Grant Fund.

Please make checks payable to MRTF. MRTF - 3030 DuPont Circle, Jefferson City, MO 65109

Must be 18 to participate. Need not be present to win. Prize winners are only eligible to receive one raffle prize per person, excluding Winning Wednesday prizes.

### MRTF Raffle Ticket \$10 ea. or 6/\$50

Name

Name\_\_\_\_

Address

Phone

Please return by April 10, 2024

Make checks payable to MRTF

3030 DuPont Circle, Jefferson

City, MO 65109

Ticket sold by:

### MRIJE

MRTF Raffle \$5,000 prize \$3,000 Prize

2- \$1,000 Prizes

Tickets are \$10 each or 6 for \$50

Drawing will be held April 15, 2024

All proceeds benefit the MRTF Classroom Grant Fund.

Please make checks payable to MRTF. MRTF - 3030 DuPont Circle, Jefferson City, MO 65109

Must be 18 to participate. Need not be present to win. Prize winners are only eligible to receive one raffle prize per person, excluding Winning Wednesday prizes.

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City, MO 65109

Ticket sold by: