

Eileen Kennedy-Moore, PhD

Author, Psychologist, Speaker

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EileenKennedyMoore.com | DrFriendtastic.com (for kids)

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Current Occupation

- 04/2006 – present **Clinical Psychologist** in private practice, Princeton, NJ, working with adults, children, and families
NJ license # 35SI00425400 (NY license # 015356, inactive)
- 06/1999 – present **Author and Speaker** focusing on parenting, child development, and social and emotional learning
- 08/2011 – present **Blogger** at Psychology Today: [Growing Friendships](#), on children's feelings & friendships
Over 4.9 million views
- 04/2022 – present **Online course creator** at [Open Door for Parents](#): Live and recorded webinars for parents and kids about parenting and children's feelings and friendships
- 01/2023 – present **Podcast creator** at [Kids Ask Dr. Friendtastic](#): Weekly, 5-minute episodes providing answers to children's questions about making and keeping friends

Books

- Kennedy-Moore, E. & McLaughlin, C. (2023). *Growing Feelings: A Kids' Guide to Dealing with Emotions about Friends and Other Kids*. Hillsboro, OR: Beyond Words (for children ages 6-12)
- Kennedy-Moore, E. & Furman, M. (2022). *Moody Moody Cars*. Washington DC: Magination Press (for children 4-8)
Video book trailer: https://www.youtube.com/watch?v=IRF9MrsOp7A&ab_channel=EileenKennedy-Moore%2CPhD
- Kennedy-Moore, E. & Carey, T. (2019). *What's My Child Thinking? Practical Child Psychology for Modern Parents, Ages 3-7*. New York, NY: Dorling Kindersley. (for parents)
- Kennedy-Moore, E. (2019). *Kid Confidence: Help Your Child Make Friends, Build Resilience, and Develop Real Self-Esteem*. Oakland, CA: New Harbinger. (for parents).
Kirkus starred review. [Translations](#): Chinese, Dutch.
- Kennedy-Moore, E. & McLaughlin, C. (2017). *Growing Friendships: A Kids' Guide to Making & Keeping Friends*. Hillsboro, OR: Beyond Words / Simon & Schuster (for children ages 6-12)
[Translations](#): Korean, Turkish. Video book trailer: www.youtube.com/watch?v=Zgf2cf-gCp8
- Kennedy-Moore, E. & Lowenthal M. S. (2011). *Smart Parenting for Smart Kids: Nurturing Your Child's True Potential*. San Francisco, CA: Jossey-Bass / Wiley. (for parents)
[Translations](#): Bulgarian, Chinese, Korean, Spanish, Vietnamese.
- Kennedy-Moore, E. (2005). *What About Me? 12 Ways to Get Your Parents' Attention Without Hitting Your Sister*. Seattle, WA: Parenting Press/Chicago Review Press. (for children ages 3-6)
Video book trailer: www.youtube.com/watch?v=nGwRZfKJkco
- Elman, N. M. & Kennedy-Moore, E. (2003). *The Unwritten Rules of Friendship: Simple Strategies to Help Your Child Make Friends*. New York: Little, Brown. (for parents)
[Translations](#): Estonian, Chinese (People's Republic), Chinese (Taiwan), Korean, Portuguese.
- Kennedy-Moore, E., & Watson, J. C. (1999). *Expressing Emotion: Myths, Realities, and Therapeutic Strategies*. New York: Guilford Press. (for mental health professionals)

Videos

The Great Courses / Wondrium: Professor for *Raising Emotionally and Socially Healthy Kids* (2014).

Series of 12 x 30-minute, practical, research-based audio/video lectures

<http://www.thegreatcourses.com/courses/raising-emotionally-and-socially-healthy-kids.html>

Quick Friendship Tips to Help Your Child (2021). Series of 11 x 2-minute videos for parents.

<https://EileenKennedyMoore.com/video-tips/dr-friendtastic/>

Open Door for Parents (2022-2023). Series of 24 x 2-min. videos for parents about children's feelings and friendships.

<https://EileenKennedyMoore.com/video-tips/open-door-videos/>

Media & Speaking Experience

Featured [television](#) guest expert on *Live with Kelly & Ryan*, *Good Day Philadelphia*, and *The TODAY Show*.

Interviewed on dozens of high-arbitron & nationally syndicated radio shows plus numerous podcasts.

Featured many times in major [print & online](#) media, including *The New York Times*, *The Washington Post*, CNN.com.

Media appearances: <https://EileenKennedyMoore.com/child-development-psychologist/>

Former Advisory Board member for *Parents* magazine (10/2012 – 04/2022)

Former blogger for *PBS Parents* (07/2015 – 09/2017) and *US News & World Report* (04/2017 – 09/2018)

Presented at numerous conferences, corporations, and schools, including The American Montessori Society, Learning and the Brain, BYJU's, Common Ground, Social Thinking. Topics include: 5 Friendship Skills Every Child Needs to Learn, Friendship in the Digital Age, Teaching Kindness, Kid Confidence, The Emotional Side of Parenting.

Past venues: <https://EileenKennedyMoore.com/upcoming-and-past-events/>

Sample topics: <https://EileenKennedyMoore.com/speaking/>

Education

Ph.D. Stony Brook University (S.U.N.Y.), Clinical Psychology (APA-approved program)
Internship (APA-approved program): East Orange VA Medical Center, NJ

Dissertation: *Causal Explanations for Daily Mood* (APA research award)

M.A. Stony Brook University (S.U.N.Y.), Clinical Psychology

B.A. Northwestern University, Psychology

Professional Affiliations

American Psychological Association

Fellow, Division 42: Psychologists in Independent Practice

Fellow, Division 46: Society for Media Psychology and Technology

New Jersey Psychological Association

Mercer County Psychological Association

New Jersey Association of Cognitive-Behavioral Therapists

American Society for Journalists and Authors

Authors Guild

Society of Children's Book Writers and Illustrators

Academic Articles

Kennedy-Moore, E. & Ducharme, E. (2017). How to promote your practice through community presentations. In S. Walfish, J. E. Barnett, & J. Zimmerman (Eds.), *Handbook of Private Practice: Keys to Success for Mental Health Practitioners*. New York: Oxford University Press. (pp. 358-368).

Kennedy-Moore, E & Watson, J. C. (2001). How and when does emotional expression help? *Review of General Psychology*, 5(3), 187-212.

Alloy, L. B., Fedderly, S. S., Kennedy-Moore, E., & Cohan, C. L. (1998). Dysphoria & social interaction: An integration of behavioral confirmation & interpersonal perspectives. *Journal of Personality & Social Psychology*, 74(6), 1566-79.

Stone, A. A., Kennedy-Moore, E., & Neale, J. M. (1995). Association between daily coping and end-of-day mood. *Health Psychology*, 14, 341-349.

Stone, A. A., Neale, J. M., Cox, D. S., Napoli, A., Valdimarsdottir, H., & Kennedy-Moore, E. (1994). Daily events are associated with a secretory immune response to an oral antigen in humans. *Health Psychology*, 13, 440-446.

Kennedy-Moore, E., Greenberg, M., Newman, M., & Stone, A. A. (1992). The relationship between daily events, day of the week, and mood: The mood measure may matter. *Motivation and Emotion*, 16(2), 143-155.

Stone, A. A., Kennedy-Moore, E., Newman, M. G., Greenberg, M. A., & Neale, J. M. (1992). Conceptual and methodological issues in current coping assessments. In B. N. Carpenter (Ed.), *Personal Coping: Theory, Research and Application* (pp. 15-29). Westport, CT: Praeger Publishers.

Stone, A. A., Greenberg, M. A., Kennedy-Moore, E., & Newman, M. G. (1991). Self-report, situation-oriented coping questionnaires: What are they measuring? *Journal of Personality & Social Psychology*, 61, 648-658.

Stone, A. A., & Kennedy-Moore, E. (1991). Assessing situational coping: Conceptual and methodological considerations. In H. Friedman (Ed.), *Stress, coping, and hostility* (pp. 203-214). Washington, D.C.: American Psychological Association Press.