Fall Snapshots

Fall Licensed Show
11/10-11/18

Hannah Ong & CMA Pop Tartt

Volunteers Mary West & Beth Goldring

Sarah Forster & Tall Tower

Schooley Mill
10/13/18

Diane Yateman & Lunar Illusion

Jennifer Neemann & Golden Safira

Karen Colbert & Lady’s Man

Waredaca
9/1-2/18

Hannah Irons & Proudly Shining

Jessica Katz & Heredero de Mile

Tina Parks with Jack Parks & Mr. Pickles

Fall Show Photos ©Christina Dale

©Vickie Kirkpatrick

Waredaca Photos ©Vickie Kirkpatrick
Dear Members,

Thank you so much for making 2018 a wonderful year! I hope we’ll see you all at the PVDA Annual Dinner on January 12th at the Sheraton in Columbia. Mimi Mack and Linda Speer are planning a great night full of friends, prizes, food, memories, and dancing. If you’re a member of a chapter please be sure to bring along a chapter basket to be raffled off.

Our schooling show committee has set the dates for the 2019 season and they’ll be released shortly. We know how important it is to plan your year and we’d love to be a part of it, again.

We have education opportunities available right now, too. Our Lesson Lottery is open for entries and closes on March 1st. Check out the bios starting on page 13 in this newsletter and get your entry in before it’s too late! PVDA is also running an L Program this year. The sessions are limited to 30 participants, but auditors are also welcome. Get your applications in right away to reserve your spot. L Programs fill quickly! Auditors should register at least one week before the session they wish to attend. Check out page 8 for details.

It’s also time to renew your PVDA Membership! You can use the paper entry in this newsletter or sign in to your account at www.pvda.org and renew immediately online.

Remember, members can always submit calendar items and Classifieds for free to the newsletter. Send them in by the 5th of the month to be included in the next month’s publication.

Do you have suggestions and feedback for us? Send them in by using the contact form on the site

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Camilla Cornwell can take care of your realty needs!

Cell: 301.641.5133
Office: 410.730.3456
camillacornwellrealtor.com
camilla.cornwell@lfn.com

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NANCY KNOWS HORSES
Nancy Bowlus, Associate Broker
The Derr-Bowlus Team, Re/Max Results
7210B Corporate Ct, Frederick, MD 21703
301-698-5005 x5454 office
240-446-6818 cell

BECAUSE EXPERIENCE COUNTS

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www.PVDA.org

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continued on page 4
Building a Barn
by Sarah Lipkowitz

Building a barn can be an expensive endeavor, but whether you have unlimited resources or you are building a barn on a budget; here’s what you need to know in order to design and build a barn that meets your needs.

**Location.** Picking a location for your barn is often more complicated than it appears. Soil, wind, drainage, and other factors will play a huge role in choosing an appropriate site for your barn. If you are still looking for a farm to buy, then you will also need to keep accessibility, neighbors, and water sources in mind.

Even if you plan to put in a concrete floor, soil is important. If you are in a place where the soil is sandy, then preparing a site will be more involved than preparing a site situated on clay or bedrock. It is also wise to think about the direction of the wind. Not only will you want to be sure your house isn’t downwind of the barn, you will also want to make sure your barn is sheltered from high winds if you live in an area where that might be an issue.

That being said, it is generally unwise to build your barn at the bottom of a hill. Drainage is a major issue for many a barn owner and you will want to be sure that there is natural drainage on the site you choose (we’ll get into built-in drainage later). Besides the obvious issue of flooding, erosion can be a costly problem if you choose a location near running water.

If you think there is a chance you might want to expand later on, then you should also choose a location that allows enough space for additions. If you don’t plan ahead for expansion, then you may end up spending a lot more money down the line. You don’t want to feel pressured to downsize or move when things are otherwise going well.

**Layout.** Internal, external, center aisle, shed row, L-shaped, U-shaped, and so many more. These days, you can get just about any type of prefab delivered and assembled. They even sell DIY kits, but what style is best for you?

Shed row stalls are external. Shed row stalls are suitable for horses and are often less expensive structures. They can be constructed into a U-shape, which will allow for a nice courtyard and a more enclosed space. Lighting is also important. You will want lots of natural sunlight to cut down on electrical expenses. To regulate temperature, be sure the building plans take advantage of the morning sunlight and the afternoon shade.

Internal stalls are what you encounter in center aisle barns. If you plan to use the barn as a workshop, storage space, or space for livestock other than horses, then you will likely want a similar type of barn. You will also want to give yourself more room than you think you need. That might mean six stalls even if you only have four horses. The reason? You will probably end up with more horses. In the meantime, extra stalls are good for storage. Storage should also be top of mind. Equestrians need to consider adding feed and tack rooms to the barn and building additional outbuildings for machinery.

continued on page 5
Keep in mind ease-of-use when planning the layout of your barn; it will save you steps in the future.

Equestrians, I know it is convenient and economical to build your stalls around an arena, but it may be worth building two separate structures or dividing the barn and arena into separate wings. Personally, I prefer that my horses have a designated workspace. They spend quite a lot of time outside, but when they are in, I want them to be able to relax in their stalls. It may seem silly, but seeing as horses enjoy a schedule and many are prone to ulcers, I think it is best not to have the stalls overlooking the arena.

**Materials.** Concrete barn or pole barn? A classic dilemma. This is where budget plays a major role. Pole barns are (usually) quicker to build and often much less expensive. Concrete barns are cooler and stand up better to extreme weather conditions making them very popular in places with more extreme weather. Keep in mind that they do make pole barns graded for hurricane force winds nowadays. You may want to consider leaving the concrete out of the stalls. If you lay stall mats on top of packed soil and crushed stone, you should have good drainage and it will be easier on your animals' legs. Do your research on what materials work best in your area and what the prices will be. If you are hiring a contractor, which I strongly recommend that you do if you have no prior experience building barns, then be aware that the availability of materials is often what holds up construction. Add a few months to the anticipated date of completion to be on the safe side.

If you are thrifty, you may be able to repurpose an old dairy barn (that's where my competition horse lives), but beware thrifters; though dairy barns are often sturdy and well-made structures, repurposing them takes a lot more thought then you might imagine. I know a few people who have done it and it was no simple feat. Reach out to an architect and a structural engineer to help you.

**Health And Safety.** There are a number of components that go into building a barn that is safe. There are the more obvious elements, such as grounding the building and water sources and choosing appropriate dimensions and then there are matters such as air circulation. Flooring needs to be appropriate for the animals or equipment so there is no slipping and sliding or preventable wear and tear. Any wash racks need have good drainage so the floors will not become icy and slick. Keep in mind that concrete can become slick when wet so rubber mats may also be necessary.

Ideally, hay should be stored in a separate building, but if hay is to be stored in the same barn as livestock then it needs to be kept away from any electrical and heat sources. The most common cause of hay fires is excessive moisture, which creates heat within the bale. This is often due to excessive moisture when the hay was baled. Be sure the hay is stored in a dry place and that you check frequently for signs of heating. If you open a bale of hay that is moist, remove the hay from the barn immediately! Dimensions for barns vary based on the use and the layout. For horse barns, the recommendation is that aisles should be at the very least 8 feet across and doors should be at least 8 feet tall. You will likely find that this is too small. 10-12 feet for both aisle ways and doorways is a much more comfortable and practical size. Stalls are most comfortable for horses at 12’x12’. If you are building a concrete block barn, then be sure to line the walls with kickboards to prevent injury. Windows need to be barred and/or made of safety glass. Speaking of windows, airflow is also a health concern and can be managed with good design and/or fans. It would be prudent to meet with an architect to go over the best ways to keep both humans and animals safe and healthy.

Don’t Forget! There are a number of features you may consider adding to your barn. Here are a few that won’t break the bank:

- If you have a lot of southern exposure, then solar panels might be a good investment.
- You also may want to consider adding a bathroom, especially if you are running a boarding business.
- A hot water heater will come in handy in the winter. If you already plan to build a bathroom, then be sure any other elements requiring hot water are situated where it will be easiest to connect the line.
- Easy access waste management is important. Consider the location of manure piles to make chores easier and cut down on flies. If you are planning on having manure taken away, then be sure there is, at the very least, a concrete slab and a gravel drive so the waste removal truck won’t get stuck or tear up the property.

I won’t lie to you. Building a barn is likely to be a long and taxing journey. Truthfully, that seems to be the nature of construction. Know that you have plenty of options, plan carefully, and don’t rush. Good things take time.

Sarah Lipkowitz is an equestrian and a Realtor in both Maryland and Palm Beach County, Florida.
**BOARDING**
- Walkersville, MD. 80X200 indoor GGT footing. Heated tackroom w/lockers. 2 H/C heated wash stalls, washer/dryer, fenced outdoor. Outside trainers welcome. Dry lots and private turnout available. Pleasantridgefarm1@comcast.net. 301-676-6874

**EQUIPMENT**
- Vega by Amerigo Dressage Saddle 17” medium tree, wool flocked Excellent condition, one owner $1800.00 Firm Purchased in 2011. Lovely saddle. Sadly outgrown. Please call or text 301-437-1851 Annapolis, MD
- 2005 Sundowner SunLite 777 2-Horse-Bumper Pull Trailer w Tack Room. One owner. Low miles. Good maintenance. Very good condition. Many options including stainless steel sides & nose, door btw tack room and horse area, divider lower partition, etc. $10K. LeslieRaulin@gmail.com. http://www.fredrickdressage.org/trailer.html (301) 788-0134
- Black non-slip dressage saddle pad with sheepskin wither and County logo. Clean and in good condition. $25. County Logic Black leather girth 20” $50. Pikeur Ladies Navy show coat size 10/12 $100. Horseware brown t/o sheet 84” $50. Rhino brown plaid med t/o blanket 72” $75. Amigo brown heavy t/o blanket $100. All clean, in excellent condition and ready for use! Jayne 443-604-7626, hmtngtnfrm@aol.com

**HORSES WANTED**
- Dressage Horse Wanted - 15.2-15.3h - Gelding -1st-2nd Level - sound - sane - no vices- Dotty Chaney - ddchaney@verizon.net, 410-991-4204

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**The Classifieds**

*Post it with PVDA*

The Classifieds is available to PVDA members only, at no charge, as a membership benefit. Classified advertisements (unboxed ads) are accepted by post or e-mail. Items submitted by e-mail are confirmed via e-mail. Type or print your submission and include your 2019 PVDA membership number. (The newsletter will not print any classifieds that are submitted without a membership number.) Classifieds MUST be received by the 5th* of the month preceding publication. Email classifieds@pvda.org. Classifieds are placed on PVDA's website, www.pvda.org. If you do not want your email address included on the website, please omit it from your printed ad submission.

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**Potomac Valley Dressage Association**

**2019 Lesson Lottery**

Name: ____________________________________________
Phone: ____________________________________________ Email: ____________________________________________

PVDA #: * found in your profile at www.pvda.org

Select up to three (3) instructors, indicate order of preference by number 1, 2, 3.

_____ Christine Betz   _____ Janna Dyer
_____ Jaralyn Gibson Finn   _____ Donna Gatchell
_____ Hilary Moore Hebert   _____ Ulla Parker
_____ Barbara Strawson   _____ Marija Trieschman-Dever
_____ Felicitas von Neumann Cosel   _____ Angi Voss

Submit a separate check for each instructor, payable to PVDA. Any non-winning checks will be shredded. Mail check(s), this form, and your signed release to:

PVDA Lesson Lottery
C/O Mimi Mack
11910 Clayton Ct
Monrovia, MD 21770

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Details on Page 13
Chapter News

The Frederick County Catoctin Chapter was invited to visit Hilary Moore Hebert at her beautiful facility, Alsikkan Farm, in Germantown, MD to watch Through the Levels, a series of demo riders ranging from Intro – Grand Prix. Riders demonstrated how the elements of the dressage training scale (rhythm, relaxation, contact, impulsion, straightness, and collection) work in combination to supple and strengthen a horse on its journey up the levels.

Hilary began by introducing her teaching philosophy, methodology, and reasoning. I am a veteran certified school teacher and was very impressed by Hilary’s natural ability to use a variety of teaching strategies to create individualized warm-ups and instructional approaches for each horse and rider pair. At one point we chuckled as she manipulated her body to model why, how, and where a horse’s energy goes when they are not in alignment. She used examples from physics to explain what the dressage pendulum means, and finally showed us how it all works harmoniously on her beautiful Grand Prix horse. Hilary’s fun and lighthearted delivery was entertaining and informative. She laughed at her own “caveman drawings” that she drew with sidewalk chalk on her kickboards. She explained each of the training scale steps methodically, while highlighting instances where they work in tandem rather than isolated entities in a rigid chronological order. Our chapter had the opportunity to observe a variety of training tools - some of which are not seen here very often - which improve a horse’s suppleness, strength, balance, and confidence.

The common thread - no matter the level - was to commit oneself to warming their horse up “in the green zone,” meaning the horse’s mind and body is relaxed, forward, traveling with a soft under-neck, and active hind-legs in proper preparation for entering the “yellow zone” which is the work zone proper where learning takes place. This dressage thing is challenging work! We are allowed to come close to the “red zone,” but get out of there fast because trouble lurks there! If the horse gets tense, nobody is happy!

Hilary graciously fielded questions throughout the day. Respectfully responding in detail and sometimes giving multiple explanations to ensure that concepts were fully understood. One of the auditors asked admiringly, “All of your students have steady hands. How do you teach that?” Hilary smiled humbly, and had to think about that one. She responded, “I don’t know. Maybe it is because they all work out! They have core stability and do not need to rely so much on their hands.” Then she described her own workout regimen and demonstrated some of what she does against the kickboard.

Hilary’s Through the Levels Clinic was information rich, Zen-like, and so encouraging. Her L program certification added another perspective to the mix: How does one earn a higher score with an average horse? We got super pointers through a judge’s eye! Spooks, mistakes, and bobbles were welcomed teachable moments for everyone. How to judge your progress, she quipped, as long as your horse is going better at the end of the session, you are going in the right direction.

Chapter members from Intro to FEI had a variety of tools to take home. We appreciate Hilary’s time and her demo riders’ willingness to put themselves out there to be examined by a bunch of strangers. A big thank you from the Catoctinettes to Hilary Moore Hebert and Alsikkan Farm. We had one more thing to be grateful for this Thanksgiving!
Coming to Delmarva/Mid-Atlantic Area

PVDA is excited to bring the USDF L Education Program to the Delmarva/Mid-Atlantic area for 2019! Developed by the USDF Judges’ Committee, the L Program is not just for those who want to become licensed dressage judges. The program’s intent is to give competitors, trainers, and instructors a broader insight into the evaluative techniques of judging dressage, qualify individuals to officiate at schooling shows, serve as continuing education for licensed judges, and to serve as a prerequisite for entering into the United States Equestrian Federation ‘r’ Judges Training Program.

The L Program is open to both active participants and silent auditors. Participants are those who have met the prerequisites for the program (for Part 1 this is simply that you must be a current USDF member (Group, Participating, Education or Youth, which your PVDA membership covers via a Group membership) and plan on officiating at schooling shows or who would like to become a USEF licensed judge. Auditors are silent and are those who do not plan on judging, but who want more information about evaluating dressage performance. Both participants and auditors can earn USDF University credits.

Participant spots are limited to 30 participants. Please do not delay in sending in your application. These spots fill quickly! The cost, per session, is $400. Silent auditors are welcome at $45 per session and you are asked to register at least one week before the session(s). Prices for both include lunch and USDF University credits. Official forms are available on the PVDA website at www.pvda.org/page/L-Program

Part 1, “A Judge’s Perspective” includes three sessions and is open to all USDF Members.

**Session A: Introduction to Judging & Biomechanics**
- 2 days with Lois Yukins
- March 30-31 at Wyndham Oaks
- 19301 Bucklodge Rd, Boyds, MD 20841

**Session B: Judging Criteria for Gaits, Paces, Movements & Figures**
- with Janet Foy
- April 27-28 at Chesapeake Dressage Institute
- 2630 Mas Que Farm Rd, Annapolis, MD 21403

**Session C: Collective Marks, Basics, & Rider Biomechanics/Equitation**
- with Maryal Barnett
- July 20-21 at Alsikkan Farm
- 23101 Davis Mill Rd, Germantown, MD 20876

You can also reach out to the PVDA Education Chair, Nancy Bowlus with any questions: nancybowlus@gmail.com
Potomac Valley Dressage Association Membership Application 2019

PVDA is a USDF Group Member Organization (GMO) and PVDA members are automatically USDF Group Members. THE PVDA MEMBERSHIP YEAR RUNS FROM JANUARY 1 THROUGH DECEMBER 31.

1 YEAR 2 YEAR I would like to volunteer:

- Junior/Young Rider (up to 21) $45 $75 ☐ Anything
- Adult $60 $100 ☐ Education
- Senior (65 and over) $45 $75 ☐ Newsletter
- Business $90 $150 ☐ Show (General)
- Family (includes 1 add’l) $85 $145 ☐ Show Manager
- Additional Family $20 ea $40 ea ☐ Scribe
- Life Adult ☐ Ride for Life

List Phone: ☐ Yes ☐ No
List Email: ☐ Yes ☐ No

I would like to donate toward:

Year End Trophy Fund:

PVDA Ride for Life:

Mail completed application with check made payable to PVDA to:
Liz Erwin, PVDA Membership
16816 Norbrook Drive
Olney, MD 20832
membership@pvda.org
301.924.5970

* Birthdates are REQUIRED for Jr/YR & Senior Memberships. Login at PVDA.org to update your profile/information.
The PVDA Newsletter is published monthly by the Potomac Valley Dressage Association. The deadline for submissions is the 5th of the month preceding publication.

NEXT ISSUE: February 2019; DEADLINE: January 5; DISTRIBUTION: February 2019

Send materials to the appropriate editor below. Late materials may be published in a subsequent newsletter as deemed appropriate. Editors reserve the right to edit all material. All submissions are subject to editorial approval.

Send your submissions to the appropriate editor:

• Display Ads, Chapter News & Photos: editor@pvda.org
• News/Articles/Flying Changes: editor@pvda.org
• The Classifieds: classifieds@pvda.org (Susan Stone)
• Calendar of Events: calendar@pvda.org (Christina Dale, Calendar Editor)
• Change of Address/Membership Renewal & Information: membership@pvda.org
(Liz Erwin, Membership Coordinator, 16816 Norbrook Drive, Olney, MD 20832; 301-924-5970)
• PVDA Web Site: www.pvda.org

Advertise in the PVDA Newsletter! editor@pvda.org for information

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Publication Deadlines

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Awards (High Scores, Trophies and Ribbons, Trophy Fund, Recognized Rider Awards)
Linda Speer (chair), Michelle Miller, Camilla Cornwell, Lydia Wainwright

Chapters
Liz Erwin and Kyle Peiffer (co-chairs), Christina Dale, Karyn Spertzel, Hannah Ong, Polly Irons

Education
Nancy Bowlus (chair), Mimi Mack

Finance
Carolyn Del Grosso (chair), Camilla Cornwell, Lydia Wainwright

Fundraising/Marketing (Sponsorships)
Mimi Mack (chair), Christina Dale, Vanessa Meeks

Governance
Camilla Cornwell (chair), Executive Committee

Membership
membership@pvda.org
Liz Erwin (chair), Christina Dale

Newsletter (Calendar, Classifieds, Mailing)
network@pvda.org
Christina Dale (chair), Emily Nessel, Liz Erwin, Polly Iron, Karyn Spertzel

Calendar
calendar@pvda.org
Christina Dale

Classifieds
classifieds@pvda.org
Susan Stone

Enews
enews@pvda.org
Christina Dale

Partners and Allies
(Maryland Horse Council, National Liaison, GMOs)
Jocelyn Pearson (chair), Camilla Cornwell, Wendy Emblin

PVDA Library/ Documents
(Arches, Books, Videos)
Claire Lacey (chair), Susan Stone

Publications
(Service Directory, Omnibus, Mailings)

Riders - Jr/YR:
Chairs Polly & Hannah Irons.

Committee: Camilla Cornwell, Hilary Moore Hebert

Adults: Chair Kyle Peiffer. Committee: Liz Erwin, Christina Dale, Hannah Ong, Linda Speer, Karyn Spertzel

Ride for Life
www.pvdarideforlife.org
Chair Sarah Yaroalaski & Pat Artimovich
Committee: Sarah Rogers, Jeannette Bair, Mimi Mack, Lydia Wainwright

Shows
Chair Carolyn Del Grosso. Committee: Linda Speer, Camilla Cornwell, Kyle Peiffer.
Schooling Shows: Chair Lynn Adams.
Committee: Lydia Wainwright, Sarah Yaroalaski, Kyle Peiffer, Wendy Emblin, Christina Dale, Liz Erwin, Camilla Cornwell, Linda Speer (equipment), Julie Gross (southern equipment), Shira Rosenthal (SS treasurer)

Special Events
(Awards Dinner, Expo, Other)
Linda Speer (chair), Christina Dale, Mimi Mack, Lynn Adams

Volunteers
Camilla Cornwell (chair), Ninja Nissen, Sarah Yaroalaski

Website
Christina Dale (chair), Kyle Peiffer, Lynn Adams, Christina Dale, Liz Erwin, Wendy Emblin

New Lower Rates!
By The Board

DECEMBER 2018 PVDA BOARD MEETING #593

ATTENDANCE

Board Members Absent (Excused): Mimi Mack

Members at Large: Ingrid Gentry, Polly Irons

COMMITTEE REPORTS

Awards: We’ve ordered awards for 2019.

Chapters: A proposal was received from the Clarksville Chapter to modify or delete part of the guidelines that restrict chapter membership limits. The guidelines were created in part to keep chapters small enough to prevent a single chapter from branching off and starting their own GMO (as previously happened in Virginia.) Chapters provide local resources to members that may not be well served otherwise. Christina Dale made a motion to clarify the language rather than remove it, allowing for a 20% fluctuation above or below the recommended guidelines. It was seconded by Carolyn Del Grosso. The motion passed 8 in favor and 4 against.

Education: Felicitas von Neumann Cosel is interested in running a symposium on her system. Dressage Today (Practical Horseman) might be interested in promoting it. Perhaps tie into a show weekend? Mimi will reach out to her for more information including a budget and format questions.

Finance: Current balance: PayPal - $9,105.02, General - $14,831.39, Schooling Show Fund - $7,086.60, CDs - $9,557.87, Chapter Funds - $17,008.11 Total = $57,588.99.

Fundraising: Lesson Lottery is live and open until March 1st.

Governance: New board members: Kyle Peiffer, Hannah Ong, Karyn Spertzel, Lydia Wainwright, and Sarah Yaroslaski

Membership: We currently have 574 members.

Newsletter: Please continue to submit articles, classifieds, events, and ads! If there’s something you’d like to see please let us know that as well: newsletter@pvda.org

Riders: Jr/YR - PVDA is proud to sponsor a Dressage 4 Kids TEAM clinic with Olympian Allison Brock this event will proceed the Ride for Life at the PGEC. Auditing open to all! More info to come.

Shows: The fall show and ATC brought in almost $10k in profit. Carolyn is checking with Bettina Longacker about PVDA running their own Adult and Junior Team competitions next fall, since USDF is no longer sponsoring those programs. More information to come!

Schooling Shows: Dates for 2019 have been set. Working on hiring judges and securing managers.

Special Events: Year end award dinner coming up, January 12 at the Sheraton in Columbia. Tickets available, now. After the dinner we will have dancing with a DJ providing music. Encourage sign ups, silent auction donations, and chapter baskets.

Volunteers: Looking into new test books (produce our own?) for volunteer gifts? We also have a large number of drawstring bags and seat cushions available.

Website: New site is up and running! We still plan to release new features and pages as we go but, it’s fully active.

New Business: Polly Irons presented a proposal to PVDA to help with the cost of holding a Youth D4K (Dressage 4 Kids) TEAM Clinic with Allison Brock on the Thursday and Friday prior to the Ride for Life at the PG Equestrian Center. Parents and kids would set up the rings we would need for the show. They would like for our help in paying for the covered arena, catering, and Allison’s dinner on Thursday prior to the Ride for Life at the PG Equestrian Center. Parents and kids would set up the rings we would need for the show. They would like for our help in paying for the covered arena, catering, and Allison’s dinner on Thursday as well as the use of the covered arena for part of the day Friday. Christina Dale made a motion to cover up to $800 for the requested expenses and allow the use of the covered arena on Friday. Sarah Yaroslaski seconded. The motion passed unanimously. Polly will also check with Linda Zang or other judge to offer a fix-a-test to help cover expenses. Auditing is free for all.

By The Board

OFFICERS

President
Christina Dale
Vice President
Wendy Emblin
Chairperson
Camilla Cornwell
Secretary
Lynn Adams
Treasurer
Carolyn Del Grosso

BOARD OF
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Kyle Peiffer
Linda Speer
Liz Erwin
Lydia Wainwright
Lynn Adams
Mimi Mack
Nancy Bowlus
Sarah Yaroslaski
Susan Stone
Wendy Emblin

NEWS:

• The PVDA Newsletter is now available online.

• The next board meeting will be held on January 7, 2019 at 8 p.m. at the Capital Area Equestrian Center.

• Membership Drive: PVDA is always seeking new members. Visit our website at pvda.org to join today.

• The PVDA Newsletter is published monthly. Please submit articles, classifieds, events, and ads to newsletter@pvda.org

• The PVDA website is up and running. Visit pvda.org for the latest news and updates.

• The PVDA newsletter is now available online. Visit our website at pvda.org to read the latest issue.

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• The PVDA newsletter is now available online. Visit our website at pvda.org to read the latest issue.
PVDA Release Form
This form is required to enter a PVDA Schooling Show.

ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY

I [PRINT NAME HERE] ___________________________ (hereafter, “Participant”, which term includes Participant’s parent of legally-appointed Guardian, if minor), freely and voluntarily seek to participate in any or all programs, events and/or activities sanctioned, produced, or sponsored by the Potomac Valley Dressage Association (“PVDA”) that include educational and training programs, youth programs, clinics, performances and/or competitions at any time and at any location. These activities, programs and events will hereafter be referred to as “the Activities”, and the PVDA, together with its directors, sponsors, managers, property owners, officials, organizers, insurers, representatives, assigns and affiliates and their respective directors, officers, members, employees, agents, volunteers, representatives, and designated officials will collectively be referred to as “Event Sponsor”. In consideration of the Event Sponsor allowing Participant to participate in the Activities, Participant agrees as follows:

1. Acknowledgement of Inherent Risks of Equine Activities/Assumption of Risks. Participant acknowledges that there are numerous inherent risks of equine activities, whether preparing for, entering, attending, participating in, or leaving the Event. The inherent risks include those dangers and conditions which are an integral part of equine activities, including, but not limited to: (a) the propensity of an equine to behave in ways that may result in injury, harm or death to persons on or around them; (b) the unpredictability of the equine’s reaction to such things as sounds, sudden movements and unfamiliar objects, persons or other animals; (c) certain hazards such as surface or subsurface conditions; (d) collisions with other animals or objects; (e) the potential of a participant or other Participant to act in a negligent manner that may contribute to injury to the Participant, or others; (f) the breakage or failure of tack or other equipment; and (g) the potential that an equine or animal may cause injury or harm to the rider or other persons or animals in the vicinity. Participant is not relying on Event Sponsor to list within this document all possible inherent risks or all risks of participating in any of the Activities at any location.

2. Waiver and Release of Liability. With full knowledge and appreciation of these and other inherent risks associated with equine activities and the Activities, Participant freely and voluntarily assumes the risks of the equine activities involved in any aspect of them. In this connection, Participant also voluntarily agrees to waive any and all rights to sue and hereby releases the Event Sponsor from all liability, loss, claims, or actions for injury, death, expenses, or damage to person or property resulting from the inherent risks of the Event, or resulting from any action or inaction by the Event Sponsor. This waiver and release is effective even if the injury, death or damage to person or property is caused by, or contributed to by, actions or failure to act of the Event Sponsor and which actions or inactions constitute ordinary negligence. Neither Participant nor Participant’s representatives shall make any claim against, maintain an action against, or recover from the Event Sponsor or its sponsors, directors, officers, members, employees, agents, volunteers, representatives, designated officials, insurers, assigns or other acting on their behalf for injury, loss, damage or death to the Participant, to the Participant’s horse, or to the Participant’s personal property (regardless of ordinary negligence by the Event Sponsor).

3. Governing Law. This agreement shall be governed in accordance with the laws of the State of Maryland.

4. Miscellaneous. This document is intended to be as broad and inclusive as applicable state law permits. If any clause conflicts with applicable law, only that clause will be void but the remainder shall stay in full force and effect.

I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE OF LIABILITY, I UNDERSTAND THAT IT IS A RELEASE OF CLAIMS AND THAT I AM ASSUMING RISKS INHERENT TO MY PARTICIPATION, AND I AGREE TO BE FULLY BOUND BY ITS TERMS

Signature of Participant: __________________________________________ Date __________

Print Name of Participant: __________________________________________ Date of Birth __________

Signature of Horse Owner: __________________________________________ Date __________

Complete below ONLY IF Participant IS UNDER 18 YEARS OF AGE:

Signature of Parent or Legally-Appointed Guardian: __________________________ Date __________

Print Name of Parent or Legally-Appointed Guardian: __________________________

Full Address of Participant and Parent or Guardian Appointed by Law: __________________________________________
PVDA Lesson Lottery Program

The PVDA Lesson Lottery program was piloted in 2015 by beloved Board member, Betty Thorpe, and was fashioned after the popular New England Dressage Association Flextime Program. It gives PVDA members who are Adult Amateurs and Jr/YRs a chance to lesson with one of ten elite instructors in our area.

The list of instructors who have agreed to participate and donate a lesson for this program is below with their biography. The proceeds from this program will go to support other PVDA educational opportunities.

If you are interested in entering the lottery, send in an application with your check(s). The cost to enter the Lottery for Adults is $50 per ticket and for JR/YR is $45. You can apply for up to three instructors and indicate your order of preference, as you can only win a lesson with ONE instructor. Send a separate check for each lesson you apply for made payable to PVDA. If you do not win in the lottery, your check(s) will be destroyed or returned to you.

Applications will be accepted until March 1st, 2019. Matches will be made then, or if there are numerous applications for the same instructor, a name will be drawn out of a hat.

The lessons are to be taken at the trainer’s convenience, but within 12 months. It is up to the winner of the lottery to contact the instructor and set up a time, and it is up to the winner to travel to the instructor for the lesson. Please give these busy professionals plenty of leeway to fit you in to their schedule!

There are two ways you can apply:
1. Online and US Mail
   Submit the form and release located at https://pvda.org/page/Lesson_Lottery

   After submitting the application, you must mail your check(s) payable to PVDA (and release form if not attached) to:

   Mimi Mack
   11910 Clayton Ct
   Monrovia, MD 21770

2. US Mail Only
   To send your application through the mail, simply mail your application, check(s) and release to Mimi at the address above. The downloadable application form and release are available at the web address listed above.

2019 Lesson Lottery Trainers

Christine Betz
Christine is a USDF Gold, Silver, and Bronze Medalist. Christine's scores for these medals were achieved on her Bavarian Warmblood Catus, (1st though Grand Prix).
Christine learned to ride as a child in California where she had the opportunity to observe and learn the western and natural horsemanship techniques of Mexican horsemen or “vaqueros”. As a junior rider she also catch rode in all disciplines for local horsemans. She learned to drive and long line from Susan Harding, a breeder of miniature horses. In Indiana she worked with her parents, breeding and training Arabian horses. While in college she served as head instructor and directed riding development at Red Cedar Center in Fort Wayne, Indiana. In Indiana Christine received instruction from Monte Mendenhall. Monte was a great trainer of Arabian horses in Dressage and airs above ground, as well as the traditional breed divisions of Region 13. Monte’s instruction encouraged and inspired Christine and provided her with her first clients in the business. Additionally, Christine has attended clinics with George Morris during her hunter/jumper training to develop her skills under the best eye in the business.

Upon moving to Maryland, Christine has trained and competed horses successfully in all the sport horse disciplines: hunters, jumpers, eventers and dressage. Also to her credit, Christine served as a Registered Instructor who aided rider and horse development for TRRC (the NARHA premier accredited facility in Howard Co. Maryland). Christine has a BA in Education from Indiana University and is a licensed educator for middle and high school. She taught special needs students in Baltimore, Maryland, as well as Middle and High school students in Indiana. Her experience as an instructor at all ages and levels gives her insight into how to work with each student in an individual manner.

Christine has trained three horses from training level though to Grand Prix. She loves working with horses and riders of all levels and areas of interest.

Christine has trained with Monte Mendenhall, Janna Dyer, Debbie McDonald, and currently trains with Heather Mason and Alfredo Hernandez.

Janna Dyer
Janna is a U.S. Dressage Federation Gold Medalist who has studied with Georg Heyser, Jessica Ransehausen and Robert Dover. She received a USET/Asmis grant to study at Dr. Reiner Klimke’s stable with her horse. Having competed heavily and successfully on several different horses at CDI-W’s at all FEI levels. Since returning from Germany, Janna has trained with her business partner and participated in clinics

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with Olympic Judges Stephen Clarke and Linda Zang as well as Chief rider of the Spanish Riding School Arthur Kottas. Her record includes many prestigious wins. Janna is an experienced and positive instructor, who enjoys teaching at all levels.

Jaralyn Gibson Finn

Jaralyn Gibson Finn is an FEI dressage trainer based in Poolesville, Maryland in the summer and Wellington, Florida in the winters. She has earned her USDF Gold, Silver and Bronze medals, the USDF Gold Bar for Musical Freestyles. She is a USDF “L” judging graduate and is currently in the USEF “r” training program. Jaralyn is ranked on Centerline-Scores.com as a 5* trainer. Jaralyn’s training program centers around using the classical training scale to develop horses and riders of all levels to the best of their ability. She has helped many clients earn their USDF Medals.

Donna Gatchell

Donna Gatchell is a USDF Certified Instructor through Second Level and has been teaching for over 30 years. She began her career as an event rider and trainer and now focuses upon dressage. In 2013, she completed the USDF “L” Program and passed with Distinction. She is an active competitor and is currently competing through Intermediate 1. She is a multiple GAIG and BLM champion with various horses over the last several years. In 2007, she was the Fourth Level winner at Dressage at Devon with a score of 70%. She has received numerous year end awards.

Donna has also received multiple accolades for her work as an instructor. She has been named multiple times for Trainer Of The Year for the Virginia Dressage Association (VADA) as well as Trainer of the Year for VADA’s Northern Virginia Chapter (VADA Nova). Her students have received year end awards at multiple levels from both VADA and VADA Nova over the past few years and she has had her students win and place at the USDF NATIONAL FINALS, the last 4 years.

Donna brings a wealth of knowledge to her teaching and is passionate about learning. She continues to augment her knowledge through regular participation in clinics. Notable trainers with whom she has worked with include Ulf Wiltfang, Bent Jensen, Conrad Schumacher, Jim Kofford and Linda Zang. Donna trains riders and horses from Introductory Level through FEI. She uses the USDF training scale as a foundation for helping horses and riders achieve their goals.

Hilary Moore Hebert

Hilary Moore Hebert is a USDF bronze, silver and gold medalist, and “L” education program graduate. She has served on the board of PVDA and The Dressage Foundation. As the former senior editor of Dressage Today, Hebert worked on training articles with elite coaches and riders—providing her with a wealth of knowledge that she brings back to her students. She is the head trainer at Moore Hebert Dressage at Alskkan Farm in Germantown, Maryland www.mooredressage.com.

Ulla Parker

Ulla Parker is a Danish Native and resides in Hurlock on the Eastern Shore of Maryland. She is a certified Master Bereiter and apprenticed under Master Bereiters Finn Greve and Henrik Gundersen.

She is a USDF Bronze and Silver Medalist and has trained with and worked for top trainers in both Europe and the States including World Equestrian Games competitor Mikala Gundersen and Olympian Lars Petersen. She has ridden in clinics with Lisa Wilcox, Michael Klimke, and Olympians Debbie McDonald and Steffen Peters.

Ulla has very successfully shown horses in the 4, 5, and 6 year old USEF National Young Horse Championship and has many championships at Dressage at Devon. She won the East Coast Selection Trials for 6 year olds in 2012 and qualified to go to the World Championship for Young Horses.

Ulla started her own training business in 2014, “Parker Dressage LLC”, and it has been a huge success. Students from all over Maryland and Delaware are benefiting from Ulla’s huge knowledge and experience in Classical Dressage. By being a Master Bereiter Ulla is one of a very few in the states to hold this degree. Only a few countries in Europe offer this degree and if approved it takes 6 years. It takes commitment, blood, sweat and tears to complete. Ulla graduated in 2006.

Ulla trains on a regular basis with Lars Petersen and she owns a 2016 gelding by Coeur d’Amour/ Rubinstein that she looks forward to put under saddle.

Besides from being very successful herself, Ulla’s students are also very successful. Earning Silver and Bronze Medals, Regional Championships, BLM Championships and top 5 finish at National Championships.

Barbara Strawson

Barbara Strawson is a USDF Gold, Silver, and Bronze Medalist and also has her silver and gold freestyle bars. She has trained and competed horses from USDF Training Level through FEI Grand Prix. For three years Barbara trained in Germany with Nicole Uphoff, four-time Olympic Gold Medallist. Barbara was the assistant trainer at Hilltop Farm for over 10 years. She brings over 20 years of experience to her business, which she began in 2005.

Marija Trieschman-Dever

Marija, a native of Sweden, is a successful Grand Prix rider and trainer and a USDF Gold Medalist. She developed her skills with Gunner Ostergaard and Herbert Rehein, and currently trains with Michael Barisone. Marija’s most recent

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accomplishment is SWB Horse of the Year at the Grand Prix, on her own Count Cookie, an 11 y.o. SWB gelding.

Marija’s expertise is developing adult amateur horse/ rider combinations, many to medal status. As of 2018, Marija has had her hand developing over 25 bronze, silver and gold medalists. Marija brings her enthusiasm and gifts for teaching “feel” and “timing” to every student, from Intro Level to Grand Prix.

Felicitas von Neumann Cosel

Felicitas placed first in her native Germany when completing her “Reitlehrer” (federally certified instructor) certification. She also graduated with the highest score ever awarded up to that time. Felicitas has also served as a USDF examiner for the Instructor’s Certification Program here in the United States. Since 1984, Felicitas has managed First Choice Farm and trained many horses to Grand Prix level.

Angi Voss

Angi Voss is a freelance dressage instructor, ‘r’ Dressage Judge, and active competitor. She has earned her USDF Bronze and Silver Medals, and is a certified Jane Savoie Instructor. She has been fortunate to be in training programs with many classical trainers including Tom Poulin, Sharon and Grant Schneidman, Kathy Connelly and Betsy and Jessie Steiner. She currently trains with Barbara Strawson. Angi enjoys helping riders improve their test scores and has a special interest in teaching fix-a-test rides and clinics. She welcomes riders of all levels. When not riding, she enjoys time with her 5 year old son and husband. She can be reached at vossdressage@msn.com

1 – Christine Betz
2 – Janna Dyer
3 – Jaralyn Gibson Finn
4 – Donna Gatchell
5 – Hilary Moore Hebert
6 – Ulla Parker
7 – Barbara Strawson
8 – Marija Trieschman-Dever
9 – Felicitas von Neumann Cosel
10 – Angie Voss
Lesson Lottery

Register now to participate or audit!

Session A: March 30-31 at Wyndham Oaks
19301 Bucklodge Rd, Boyds, MD 20841

Session B: April 27-28 at CDI
2630 Mas Que Farm Rd, Annapolis, MD 21403

Session C: July 20-21 at Alsikkan Farm
23101 Davis Mill Rd, Germantown, MD 20876

Questions? Email Nancy Bowlus at nancybowlus@gmail.com
pvda.org/page/L-Program

Sign up by March 1, 2019!

- Chance to ride with one of 10 elite trainers
- Apply online or via the form in this newsletter
- Check out the bios for each trainer
- A great gift idea!
- Ride with a new or current trainer with a great discount!

Questions? Email Mimi Mack at mimimack58@comcast.net
pvda.org/page/Lesson_Lottery