If there is mercy in the weather gods, please may it be warmer by the time we are all reading this in print. It's always harder to enjoy our horses in these cold and icy/snowy conditions. Raise your hand if you have ever tried to throw a blanket over a tall horse only to find you are standing on the straps. I am amazed at how our equine friends seem to adapt to cold conditions and act like they feel pretty darn good.

So if you think that the whole world is hibernating in the warmth, you are wrong. Several PVDA committees are humming with activity. First, please JOIN so you can be part of our dressage community. This newsletter is going only to those who join and we don’t send membership reminders.
This Is Your LAST Newsletter If You Haven’t Renewed by February 1, 2010

Renew your PVDA membership NOW for a new year of educational activities, shows, and the monthly newsletter. Renewals received after February 1 may result in an interruption in delivery of your next newsletter.

Go online to the membership section of the PVDA Web site, www.pvda.org, to renew your membership. PVDA accepts online applications and payment.

The 2010 PVDA Membership Form is also in this newsletter on page 22. Mail your check, payable to PVDA, and the completed form to Shari Packard, PVDA Membership Coordinator, 16105 Bond Mill Rd., Laurel, MD 20707.

If you volunteered in 2009, you should have a form that may be used for credit toward your membership (in $10 increments). For more information about these forms contact volunteers@pvda.org.

Last Chance to Sign Up for “Spring Into Showing” Volunteer Training February 20!

The popular volunteer training class “Tea Is for Training,” now called “Spring Into Showing,” is returning February 20, 2010, with a new, expanded format. It will be held at the beautiful Chesapeake Dressage Institute in Annapolis, Md., and will be an all-day event.

We have a wonderful experience planned for our would-be volunteers. All of our popular courses will be back and we will have a luncheon for participants. We will expand the learning experience to include schooling show management.

For more information about our “Spring Into Showing” volunteer training, contact Jan Denno, jdenno@millenicom.com or Pat Artimovich, partimovich@verizon.net. Also see page 10 of this newsletter for more information and the class schedule.

Horse Rescue Groups Are Always Looking for Donations

Any time is a good time to donate your time, money, expertise, or unused tack/farm equipment to the many hardworking horse rescue groups out there. What ever state you live in, you can easily do an online “Google” search and find rescue groups in your area that need donations. There are many deserving groups. Some favorites are Days End Farm Horse Rescue (www.DEFHR.org) in Lisbon, Md., and the Equine Rescue League, Leesburg, Va. (www.EquineRescueLeague.org.) One year the PVDA Chapter that I belong to designated a monthly meeting for members to donate unused blankets, feed tubs, tack, etc., which were all donated to a local group. Many rescue groups also perform outreach programs and large animal rescue training. Most county animal control departments do not have the budget or training to provide these services. As with any charitable non-profit association, be sure to do a little research and make sure your donations are being used in the most helpful way possible—to directly impact horses in need.

Send Us Your PVDA Chapter Updates

Please send your 2010 Chapter updates to Jan Denno at chapters@pvda.org no later than March 15, 2010. Include a list of members, chairs with phone and email, secretary and treasurer (if applicable), meeting information, dues and copy of bylaws (if applicable).

Treasurers and/or Chairs please remember to file your quarterly financial reports. Send to Carolyn Del Grosso, 17913 Cashell Rd., Olney, MD 20832. Forms can be found on the PVDA Web site. Direct questions to Carolyn Del Grosso at carolyn.delgrosso@pvda.org.

Flying Changes continued on next page
**Dancing Horse Challenge Announces Sons of the Wind for 2010**

Nationally renowned Vitor J. Silva and the Sons of the Wind Lusitanos, sponsored by Dover Saddlery will participate in this year’s Dancing Horse Challenge at the Ride for Life™. The Sons of the Wind and Silva are famous for exhilarating airs above the ground and quadrilles, having been featured at the Boston Portuguese Festival, Bear Spot Foundation’s Freestyle “Serious Fun,” and other locations.

The Sons of the Wind School for the Equestrian Arts, based in Merrimac, Massachusetts, was founded by Portuguese trainer Vitor Silva. With its dedication to classical training, the center provides Lusitano school masters developed by Silva to amateur enthusiasts, instructors and competitive riders from around the world.

The PVDA Ride for Life™ Dancing Horse Challenge, a charity memorial to Jill Hassler-Scoop, has become one of the largest equestrian freestyle performances in the Mid-Atlantic Region popular with both the sport horse and non-equestrian communities. The event, which takes place at the Prince George’s Equestrian Center in Upper Marlboro, Maryland, has raised more than $250,000 for Johns Hopkins Avon Foundation Breast Center.

For more information about the PVDA Ride for Life™, including buying tickets, becoming a sponsor or donating to the cause, visit www.pvdarideforlife.org or contact Marne Martin-Tucker at info@pvdarideforlife.org or Equimedia Communications at 978-257-0567 or cathy@equimediacommunications.com.

PVDA Ride for Life™ is a member of the Signature Dressage Series. For more information on the Series, visit www.signaturedressageseries.com.

**USEF National Dressage Championship Needs Volunteers August 6-8 and August 13-15, 2010**

Marsha Montgomery and June Brody are organizing volunteers for the 2010 USEF Festival of Championships which is also the final selection trial for the dressage team for the September World Equestrian Games, Horse Park of Kentucky, Lexington, Ky. Everyone is welcome to volunteer. This show includes the USEF National Grand Prix Championship, Intermediaire Championship, Brentina Cup Championship (riders age 20 to 28), Young Rider Championship (riders age 16 to 21), and the Junior Championship (riders age 14 to 18).

The show will be hosted at the USET Headquarters, 1040 Pottersville Road, Gladstone, New Jersey, August 6-8, Friday through Sunday, and August 13-15, Friday through Sunday. If you are interested contact Marsha at marshamonty@gmail.com or call 908-295-1739 (cell). For the schedule: www.USET.com or 908-234-1251. Spectators are welcome. There is usually a $10 parking fee for spectators.

The following two hotels are 20 miles from the show location: Holiday Inn Select (about $100/night—accepts pets for a fee), Clinton, NJ 908-735-2757 and the Hampton Inn, Clinton, NJ, 908-713-4800 (about $140/night—pet friendly). The Hampton Inn is close to a Cracker Barrel Restaurant. The Raritan Inn Bed and Breakfast, Califon, is 10 miles northwest of the show site: www.RaritanInn.com 908-832-6869 (no pets), rooms about $139 to $279/night. The Fountain Motel, Lebanon, NJ—(10 miles from the show site) is an older, very basic motel and probably one of the least expensive: 908-236-6322. Be sure to check for up-to-date information and reviews on www.TripAdvisor.com. **Submitted by Beth Collier**
Shore Dressage

December seemed to be preoccupied with Santa and his equine reindeer as we had to cancel our December 20 show due to low entries! Too many presents to wrap and cards to send and parties to attend! We’ll know better next year. As a result we’re having our Annual Awards luncheon January 9 at Uno’s Bar & Grill in Salisbury. We had a successful 2009 with many clinics with Kathy Rowse, some successful shows, and stimulating educational meetings.

High Score Winners of the Year:
- Intro Champion—Cynthia Walton/St. George with an average of 71.00%
- Reserve Champion—Cheryl Carpenter/Zeke with an average of 65.52%
- Training Level Champion—Leigh Murray/Canadian Sunset with an average of 63.04%
- First Level and above Champion—Maureen Lawrence/Massaro showing PSG with 61.84%
- Reserve Champion—Cony Needels/Statesman with 60.66%

High Point Standing:
- Champion—Cynthia Walton/Saint George: 54 total pts.
- Reserve Champion—Leigh Murray/Canadian Sunset: 48 total pts.
- 3rd—Cony Needels and Statesman: 45 pts.
- 4th—Maureen Lawrence and Massaro: 32 pts.
- 5th—Cheryl Carpenter and Zeke: 24 pts.

Special Awards:
- Volunteer of the Year—Cynthia Walton
- Webmaster, Co-Chair Advisor, and Show Scribe—Maureen Lawrence
- Treasurer, Scribe, Scorer—Cheryl Carpenter
- Scribe, Coffee Bar Organizer, Crab Feast Helper—Mary Dahlke
- Food Concession for Clinics/Crab Feast—Cony Needels
- Educational Event Hostess—Becky Alexander
- Facility Donation—Melanie Gravenor
- Co Show Manager and Facility Donator for August Educational Event—Jenn Pino
- Co-Show Manager—Kelly Cook
- Paddock Master—Colonel Chris Needels
- Treasurer—Carlene Schiavo
- Scribe, Coffee Bar Organizer—Mary Dahlke
- Facility Donation—Melanie Gravenor
- Co-Show Manager—Kelly Cook
- Paddock Master—Colonel Chris Needels
- Treasurer—Carlene Schiavo
- Scribe, Coffee Bar Organizer—Mary Dahlke

Without all these incredible Shore chapter members as well as those not on the above list, Shore could not have had the successful year that we had! I can’t begin to thank everyone enough for their support and helpfulness. Thank you to all these wonderful people and we’re looking forward to another successful year in 2010!
What PVDA Will Need From Volunteers in the New Year!

By Jan Denno

Every year we try to plan new and imaginative ways to inform our membership of the volunteer opportunities available. One of the most frequent questions is: What jobs do you have open? The reality is that all jobs are open until we find someone to volunteer to do them!

So now you know that you have the power to do any show job you wish. I would like to encourage you to volunteer for our recognized shows. The 45th Annual PVDA Show will take place at Morven Park on May 22 and 23. The Ride for Life Show at Prince George’s County Equestrian Center on June 26 and 27 will benefit Johns Hopkins Breast Center to fight breast cancer. Both shows have the same needs. Please let me know if you can help. Call Jan Denno, 301-888-1314 or e-mail volunteers@PVDA.org.

<table>
<thead>
<tr>
<th>JOB NEED</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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<tbody>
<tr>
<td>1. Help Show Office</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>2. Assist Show Mgr</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>3. Assist Stable Mgr</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>4. Volunteer Coord</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>5. Ring Stewards</td>
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<td>6. Scribes</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>7. Scorers</td>
<td>8 a.m.-6:30 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<td>8. Runners</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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<tr>
<td>9. Awards Table</td>
<td>Set up 10 a.m.-4 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
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Junior/Young Rider Clinics with Roy Toppings
Stonebrook Farm, Clarksville, Maryland • February 14 (snow date 2/21) and March 21, 2010

Two clinics with Roy Toppings will be given at Stonebrook Farm in Clarksville, Md. Each 45 minute private session is subsidized by PVDA. The cost is $40 per lesson and is open to PVDA junior members only.

For information or questions, call Linda Speer at 410-531-6641. To register for a clinic, please make your check payable to PVDA and send proof of membership and negative Coggins with application to:
Linda Speer
6300 Guilford Rd.
Clarksville, MD 21029

APPLICATION—Jr/YR Clinics with Roy Toppings
Check the clinic(s) you want to attend.
☐ Clinic 1: February 14, 2010 • Price $40
☐ Clinic 2: March 21, 2010 • Price $40

Name:
Address:
Phone Number:
Age of Rider:
Level of Rider:
Level of Horse:

Please make your check payable to PVDA and send proof of PVDA membership and negative Coggins to:
Linda Speer, 6300 Guilford Rd., Clarksville, MD 21029
By Jaclyn Sicoli

Many of us have chosen to pursue dressage training because it is mentally stimulating; dressage theory explains how we can positively influence our horses through correct riding. It is important to take time outside of our time in the saddle to consider what we are trying to achieve. Towards this end, here is some food for thought and exercises you can try with your horse to help achieve this riding goal.

According to the dressage training pyramid, straightness should be a focus of your horse’s training after you have mastered the lower levels of the pyramid to some degree. If your program has developed your horse’s rhythm, relaxation, connection, and impulsion, it will be easier to attain proper alignment and balance. But, at all levels, awareness of your horse’s straightness and natural crookedness will help you to achieve better basics.

I often hear from riders that their horse is heavy on the left or right rein. This uneven contact in the reins is usually a result of the horse’s natural crookedness, the fact that they use one side of their body differently then the other side. Whether the horse is strong or weak on a certain hind leg or stiff on one shoulder, you can improve your horse’s sidedness at all levels through training exercises. As with all dressage training, the goal of these exercises is to improve the horse’s balance and symmetry thereby making the horse a better athlete and easier to ride. So, no, it doesn’t help to pull harder on the left rein although we have all tried it!

Here are some exercises you can practice. The most basic exercises to address your horse’s alignment can be practiced at all levels from Training through Grand Prix.

• First, ride a straight line down the quarter line of the arena. Try to feel where your horse’s balance and weight goes. Do the shoulders fall right while the horse continues to hold his head to the left? Does your horse drift to one direction or the other? Practice this straight line several times in both directions until you can stay on quarter line without too much adjusting. According to your horse’s level of training, small adjustments with your leg, seat, and reins can be made to help the horse travel on the straight line. Remember to allow the horse to go straight after each adjustment.

• Practice riding 10 and 20 meter circles with the very same principle in mind. In this case, your horse should be bent uniformly along the body in order to adhere to the curve of the circle that you are riding. Take note whether your horse falls in or out. Does your horse bend on the circle to the right or the left more easily?

• Lastly, try to assess your horse’s alignment while riding shoulder-in down the long side of the arena in both directions. If your horse is ready for this exercise, you will learn a great deal more about their ability to engage and collect on each side. The horse’s ability or lack thereof to perform symmetrical left and right shoulder-in movements allows the rider to get a deeper perspective on the horses alignment. Making the same adjustments to your leg, seat, and rein aids to adjust the balance during the movements can help horse and rider fine tune alignment.

Jaclyn Sicoli is an FEI competitor and USDF “L” graduate.
CEDAR ROWE LUSITANOS
Is proud to bring from Germany
Isabelle von Neumann-Cosel
To present a Two day Mounted Clinic

YOUR CLASSICAL SEAT
April 17 & 18, 2010

- Isabelle is a German Judge and an "A" rated instructor
- An accomplished journalist on riding skills having published many books
  on the subject, including participating in the book "Balance in Movement."

Isabelle will be offering a unique and totally new approach to confirming
your harmony with the horse through your seat. The first day will be
mounted lunging on Cedar Rowe’s experienced lunge horses or your own
for a complete assessment of your present form. The following day will
be a mix of further lunge work or horse/rider instruction.

More information and the registration form may be downloaded from www.cedarowe.com
or contact Linda Denniston at (301) 447-6240 or e-mail CRQHF@aol.com.
Meet Michele Wellman

The Work Is Never Done (But It Is So Much Fun) at Her By Chance Farm

By Betty Thorpe

Michele Wellman joined the PVDA board of directors in December 2009 and is the owner/manager of By Chance Farm on Bessie Clemson Road in Union Bridge, Md. “Mom and I were looking for a farmette for my own horses,” Michele said, starting her story of her boarding stable.

“We looked at a couple places, and then I saw an ad in the Chronicle, by chance, for this farm. So we came to look at it and fell in love,” she explained. That was October 2002. “We found the ad ‘by chance’ and ‘chance’ was with us when we made the purchase work! Had I not looked at the magazine that day, I might never have found it and we wouldn’t be at the place today.” The phrase ‘by chance’ stuck. By Chance is a little bigger than a farmette at 111 acres with room for 28 horses. They have 45 acres to make hay, 14 acres of woods that have trails, and pasture.

With Michele’s background in eventing, there were plans to build a cross country course on the property, but that proved to be more of a challenge than Michele expected. Still, it is possible to hack around the entire farm. By Chance hosted their first PVDA schooling show in 2006, then scheduled two a year after that. The first three shows were managed by boarder Karyn Spertzel, after that Michele took over the management duties. “We had to fight the weather for the last few shows,” Michele observed. “For one show we had standing water in the ring on Friday at noon,” she noted wryly. Michele will manage the 2010 one day licensed PVDA show at Loch Moy.

Michele’s mother who is her partner at By Chance didn’t start out as a horse person. She arranged for Michele to start riding at 7 and then became a typical horse show mom. She did take a few lessons along the way and a year after they bought the farm she got her own horse and trail rides now.

Michele competed in hunter shows and then got her own horse when she was 16. In 1993 she moved to Reddemeade and started eventing. She moved up the levels with her horse until she was competing at Preliminary. She also started teaching group lessons at Reddemeade, a career that continued for 9 years.

Meanwhile, Michele has a demanding day job. She has a career at Northrop Grumman where she started as a mechanical engineer and has progressed to project manager. As she puts it, “I have two full time jobs!”

“When I told Jane (Siegler, former PVDA president who operates Reddemeade) I was thinking of buying a boarding stable, Jane said, ‘Are you crazy?’” Michele laughed. “It has been a lot of work and worry like the mornings when my barn help calls in sick and I have all the horses to feed and 20 stalls to clean before work. That doesn’t happen very often, and we’ve had good luck to have good staff. But the best part is when you can look out and see that you have a place people enjoy to come and horses who are healthy. You know you are doing something right!”
**Name and Hometown:**
Michele Wellman,  
Silver Spring, Maryland

**What was the name and breed of your first horse?**  
Equinox, TB

**How did you get into riding?**  
At 7, I finally convinced my mom to take me for riding lessons.

**What is the best quality in a horse?**  
Personality and heart

**What is your most memorable showing moment?**  
Winning the first level BLMs in 2003 on Derby

**What’s the most important lesson that you learned the hard way?**  
To wait and be patient

**What’s the best advice you ever received?**  
Work hard!

**What do you consider your greatest achievement?**  
Owning my own farm

**What is your greatest regret?**  
Not taking the time to have more fun along the way

**What is your idea of perfect happiness?**  
Sleeping in on a rainy day

**Where do you see yourself in 10 years?**  
Hopefully riding a nice horse!

**What’s the most frequent item on your credit card statement?**  
Smartpaks

**How many text messages do you send/receive each day?**  
About 10

**What three things are most likely to be found in your refrigerator at all times?**  
IBC Root Beer, Bread, Cheese

**What is your least favorite chore around the house?**  
Dusting

**If you weren’t riding for a hobby, what would you be doing?**  
Painting

**Jack Russells, yes or no?**  
Yes, unfortunately!

**What do you most dislike in the horse world?**  
Horses being rushed in training to please clients

**Where is your favorite place to travel?**  
Italy

**What do you value most in your friends?**  
Honesty and sincerity

**What’s your favorite car to drive?**  
My truck

**What is your favorite thing to eat?**  
Ice cream

**Favorite Food?**  
Anything Italian

**TV show?**  
Iron Chef America

**Color?**  
Yellow

**Type of candy?**  
Anything chocolate

**Favorite ice cream flavor?**  
Cookies and Cream

The Friday before the last PVDA show at By Chance Farm, Michele spent 20 hours trying to dry out the rain-soaked ground.
PVDA “Spring Into Showing”
Training Seminar Gets USDF
University Credit
By Pat Artimovich

The PVDA is proud to announce that its training program for show volunteers and show preparation, “Spring Into Showing,” to be held on **February 20, 2010,** in Annapolis, Md., has been approved by the USDF for USDF University credit. The course number is #101748, for a maximum of 1 credit(s). Participants must be current USDF participating, group, or intercollegiate/interscholastic members at the time of the program in order to earn USDF University credit.

As with the PVDA’s popular “Tea Is for Training,” novice or relatively novice volunteers can learn how to perform those skilled show jobs that make it all possible, from the most experienced members that we have. Seminar courses include setting up a dressage ring, scoring, ring steward and bit/equipment checking, serving as a runner, show rules, etiquette and the role of the technical delegate and more! In addition, we are offering training in the role of show manager and (recognized) show secretary, as well as an introduction to designing one’s own musical freestyle with EquiChord, preparation for showing with Felicitas von Neuman-Cosel, FEI level rider and trainer, a veterinary lecture by Dr. Susan Mendes and a nutritional seminar sponsored by Nutrena.

Through the gracious permission of Janet Richardson-Pearson, the event will be held at the lovely and comfortable facilities of the Chesapeake Dressage Institute, on Mas Que Rd. in Annapolis, Md. See CDI’s Web site for the directions, www.chesapeakedressage.com.

Enjoy a lovely spring-themed luncheon and tea in the tradition of the British/Irish isles during the breaks for a nominal charge of $5/person. Sign up for as many courses as you can fit into your schedule. There will be door prizes! There is only a $5 charge for those seeking USDF University credit, so all-in-all, this is a bargain! Well, there is one catch. The participants must take one course for a show job and will be asked to sign a pledge to work in the roles they’ve trained for at one PVDA schooling or licensed show in 2010. For more information, or to register, please contact Jan Denno at 301-888-1314, or e-mail her at jdenno@millenicom.com.

**Spring Into Showing Schedule**

(subject to change)

- **9 a.m.**—Setting Up A Regulation Dressage Ring (CDI Indoor) OR Ring Steward/Bit Check/Runners
- **10 a.m.**—Setting Up A Regulation Dressage Ring (CDI Indoor) OR Ring Steward/Bit Check/Runners
- **11 a.m.**—Scribing OR Show Secretary
- **12 noon**—Luncheon with Speaker Felicitas von Newman-Cosel, “Preparation for Show Season”
- **1 p.m.**—Nutrition Lecture OR Role of TD/Rules and Show Etiquette
- **2 p.m.**—Show Manager OR Nutrition Lecture
- **3 p.m.**—Scoring OR Veterinary Lecture
- **4 p.m.**—Designing Your Musical Freestyle

Ends at approximately 5 p.m.
PVDA Chapters Had a Great 2009 and Organize to Move Forward in 2010

By Jan Denno

A very successful Chapter Challenge, where competitors battled for team victory while fighting the elements, was a great finish to PVDA’s Show season in 2009. But that did not end the chapter activities!

Five chapters created lovely baskets for the fund-raising auction at the Annual Dinner in November. The Catoctin Chapter held an early December tack swap and sale. Many chapters had holiday events such as the Charles County Chapter who had a dinner and a gift swap at Bone Fish Grill in Brandywine, Md.

The PVDA Web site is a great place to read about the chapters and their updates in the new year. Keep sending your latest information to chapters@pvda.org to get your information onto the Web site and in the PVDA Newsletter so that everyone can know what is going on in your chapter. The newsletter will also publish your favorite Chapter photos so send those to newsletter@pvda.org. And don’t forget to check out the Facebook pages for your chapter friends and for PVDA.

Please send me 2010 officer updates or changes and I will make sure your chapter’s contact information gets in the newsletter. For example, the new Bayside team is Anne Thibo and Beth Cohen as co-chairs and Joy St. Landau as treasurer.

If you do not belong to a chapter please contact the one nearest to you to meet and socialize with a great group of dressage enthusiasts. It is fun and it can help motivate you all year long. We can always get more done when we organize! Check the third page of your membership directory of contact information, our award-winning website (www.pvda.org) and/or your monthly newsletter for the latest contact information.

Chapter baskets were auctioned off to raise funds at the 2009 Annual Dinner.

Peace Of Mind Dressage

FEI competitor and USDF “L” Graduate, Jaclyn Sicoli, earned her reputation bringing new competitors to the show ring. Don’t miss this opportunity to learn how to make showing a positive experience for your horse and get the most out of every test.

Dressage Clinic Date: Saturday February 27th
Location: Pleasant Ridge Farm, Walkersville, MD
$65 per 45 min session Contact Jaclyn (609) 651-6526
*includes lunch and demo* www.pomdressage@gmail.com

For Jaclyn’s bio, auditor, and show date info go to: www.pleasantridgepad.com
Horses for Sale
✦ 1) ’09 Trak/QH ches. filly by Citation King Leo, beautiful and leggy, w/sweet disposition. Sire is 1 of only 2 QH stallions competing in dressage in 7 surrounding states. Grandisr is Special Memories, winner of the ATA’s Palmblute Award for the horse who has contributed the most in competition to promote the Trak. bred in NA. This filly has the genes for both dressage and jumping. If you would like a project this summer, this filly will fill your heart with joy. $6,000  2) ’09 Reg. App QH (TB/QH) bay geld. by Citation King Leo, expressive face and likes people. Dam is a Mr. Prospector grandau., $4,500. See www.wellspringfarminc.com, Dolly Broyles, 717-235-0941
✦ Go to www.wellspringfarminc.com to see other offspring of Citation King Leo or call (717) 235-0941 for more information.

Horses for Lease
✦ TB dk. bay geld., 9yrs, 16H. Retired from racing (mult. stakes winner of over $500K). In prof. training for 5 mos. Clever, athletic, w/great work ethic. Progressing rapidly, doing lateral work. No vices, loads, ties, clips, etc. NOT being retired due to injury. Owners want to find him a good home where can have a 2nd career w/someone to love and care for him. Free lease to good home. Please contact Kate Chadderton at 240-750-5737 or email: katechadderton@hotmail.com
✦ Schoolmaster avail. for half lease. Sweet, pretty, talented Han/TB mare is fun to ride and has shown into 3rd level. Ready for you to show and win, or just school and enjoy at Windsor Manor in Sandy Spring, MD. Lisa Feit, 301-916-6704 or email: equemotion@gmail.com
✦ 17” Passier Grand Gilbert blk. dressage saddle, med. tree, in great cond., $2,000, Ilona Gerou, 703-664-0790 or email: gregandilonag@yahoo.com

Equipment for Sale
✦ “93 Wilro 2H BP trailer, gray w/white top, 7' tall, 6' wide, in very good cond. Shed ked, undercoated, walk thru w/door on each side, mats, elec. brakes, new tires, $3,000, Cheryl Swing, 301-888-2650 or email: cheryls301@aol.com
✦ 1) 14” Kincade close contact saddle, brand new, no marks. Sons insist on riding Western. Great starter saddle for new rider, perfect for PC! Well balanced, nicely made. New cost: $325, asking $235  2) 18” Waldenhausen German-made blk. dressage saddle, 31 cm tree (seems to fit wider), v-billets, wool flocked, sm. thigh block, in exc. cond., asking $800  3) 18” German-made Courbette Luxor blk. dressage saddle, 31/32 cm tree, v-billets, water repellant, pre-shrunk leather, narrow twist, low pommel & recessed safety stirrup bars on spring tree w/wool flocking. Long billets rec. replaced, asking $750. Willing to entertain fair offers and can take Paypal, Karen Jacob, 410-489-6083
✦ 1) 18” Roosli Pilatus blk. dressage saddle, 29.5 cm (med/wide) wood/spring tree. Flaps are 16” from bottom edge of the stirrup bar, 10 yrs old, but has new long billets. Wool flocked panels, sl. discol. of the leather on the seat, suede rubbed off on knee rolls, otherwise in exc. cond., $800.  2) 17” Roosli Pilatus blk. dressage saddle, 29.5 cm (med wide) wood/spring tree. 16” flaps, new billets (takes a long or short girth), wool flocked panels, in exc. cond. Great for petite rider, $900. Both saddles support correct seat and leg position. Breaks my heart to sell them but I have to cover some of the cost of my new one. Wendy King, 301-916-6704 or email: equemotion@gmail.com
✦ 17” Passier Grand Gilbert blk. dressage saddle, med. tree, in great cond., $2,000, Ilona Gerou, 703-664-0790 or email: gregandilonag@yahoo.com

Boarding
✦ Stalls avail. at By Chance Farm just outside of Libertytown, MD, Ind. arena, new outdoor arena, plenty of t/o, stadium jumps and dressage area. Host PVDA schooling shows & dressage clinics w/JJ Tate. Quality grain, hay and care. Great atmosphere, trainers welcome. Please stop by or call for all our amenities. Michele Wellman, 301-898-0008 or 301-873-3496  Join us at Dominion Dressage and take advantage of our full size ind. and outdoor arenas, 12x12 deeply bedded matted stalls, heated tackroom, and access to miles of trails. We offer specialized care for your horse and a fun, supportive environ. for you. Two FEI level instr/trainers on site, on-site clinics w/international instructors, and monthly schooling shows offer many training options. Owners and casual riders, welcome! Kim Murphy, 703-999-6986 or email: kim.murphy@lmco.com
✦ Field board w/full care in Laytonsville, MD incl. feeding, blanketing, deworming, and TLC. Amenities incl. run-in, round bale, outdoor ring, access to trails, and wash rack in barn, $300/mo. Owner lives on premises, Lisa Feit, 301-908-0569 or email: lisafeit@aol.com

Farm for Sale
✦ Westminster farriette with 4 BR/2BA lovingly remodeled 2500 sq. ft. house. Property is fully fenced and divided into several paddocks. The original mortise and Tenon bank barn is improved with 9 matted stalls, and two tack rooms. The 200’s 175’ all weather, lighted outdoor arena. All of this for $399,900, Janie Rentz, 410-900-3022 or email: equine77@prodigy.net for pics

Room for Rent
✦ Seeking N/S housemate: two furn. rooms w/pvt. bath, shared kitchen, garage, and utils, as well as full-care field board for horse, $1,200/mo. Discount for help w/light animal care, in Laytonsville, MD, Lisa Feit, 301-908-0569 or email: lisafeit@aol.com

Wanted
✦ Want responsible person to clean 5 stalls and one paddock Mon-Fri., in Damascus, MD, privately owned barn, pay neg., Lucretia Pizzano, 301-437-8333 or email: Calinino@aol.com

ATTENTION!
Classified ads are placed on PVDA’s Web site at www.pvda.org. If you do not want your e-mail address included on the Web site, please omit it from your printed ad submission for The PVDA Newsletter.
Have You Thought About Applying for a Scholarship?

PVDA members may be eligible to receive a cash scholarship to be used to further their dressage education. There are two types of scholarships:

1. General Purpose Scholarships: These are open to current members in good standing for the education of the rider with a maximum $500 award. Awards are based on record of volunteering for PVDA. Requirements differ depending on the size of award.

2. Scholarships for USDF/USEF Educational Programs: These are applicable to USEF Judges programs, USEF Dressage Sport Horse Breed Judges, USEF Technical Delegate Program, USDF Judges programs or USDF Certified Instructor Program. Detailed requirements.

For more information about PVDA scholarships and their requirements, visit the PVDA Web site at www.pvda.org (under Programs, then Scholarship Guidelines), or please contact the Scholarship Chairperson, Betty Thorpe, bsthorpe@aol.com.

After the Show

Jaclyn Scolli with Figaro, her FEI horse, after competing in the open PSG at the BLMs, NJ Horse Park, in October 2009.
President’s Window continued from page 1

so tell all your friends to put joining PVDA on their "to do" list. So far 500 of us have joined, and with USDF dues going up next year, it might be a good idea to check the “join for 2 years” box. We have tried to make it easy as pie to join on our Web site or through snail mail. Besides, there is a host of privileges to joining, such as competing in our extensive schooling show series, and working toward end of the year awards. Our show series starts in April and runs into October with the Annual Meeting and Awards Banquet scheduled for November 20, 2010, again at Laurel Racetrack. The dedicated group that puts this extensive series together is extremely busy contacting farm owners for donated facilities, signing up managers to run the shows, and hiring judges so that everything is ready for the Show Omnibus to be typed, printed, and mailed so it gets into members’ hands in time to enter the first April show. PVDA offers these shows at a bargain rate.

Of course we also have another committee working on the licensed shows for next year so that all those details are in place. After all we need shows for all those winners at the schooling show to graduate to!

Of course it takes willing volunteers to help make these competitions hum along. Maybe it will encourage people to join if they know that by volunteering, they will get a volunteer certificate that is worth $$$. The certificate is a two-part form and the yellow portion can be considered as dollars to be used to reduce your dues, entry fees at schooling shows, or admission to PVDA clinics. We considered making that form green for dollars, but just remember that yellow is as good as gold. There is no expiration date on the yellow portion. The volunteer certificate is also a ticket for your end of the year PVDA award. All those smiling faces in our last newsletter getting their awards had volunteered at least once during the year. We have plenty of opportunities to volunteer at our licensed and schooling shows, and it happens that our big demand for help at our licensed shows is at the beginning of the competition year, May and June. Some have complained that they couldn’t find any show that needed help by October when they found out that they were eligible for year end awards! Plan ahead, dressage fans.

Betty Thorpe • PVDA president • president@pvda.org

YVONNE ATWOOD
BRITISH HORSE SOCIETY INTERMEDIATE INSTRUCTOR
USDF Bronze and Silver Medalist

Biomechanics and Body awareness
Dressage
Jumping

Teaching
— all types of riders and disciplines
— how to train and improve their horse
— with an emphasis on the correct seat and body posture

Cell: 240/529-8707
yaatwood@hotmail.com

TRAVELS TO YOUR LOCATION FOR LESSONS AND CLINICS

Linden Farm Riding Academy
8530 Mitchell Rd., La Plata, MD 20646
WWW.LINDENFARM.COM

Dressage Schooling Show Series
Winter 2009-2010

December 12 • January 16 • February 20 • March 20
Beverly Fields • Sharon Myers • Judy Strohmaier • Mardee Rochelle

Classes—USDF Introductory through 4th level
$20.00 per test
Ribbons 1st through 6th place, High Score Award
Closing date, one week before each show
No refunds after closing date
60X120 indoor arena w/rubber footing.
Outdoor warm up sand arena.
Refreshments available. Water available.

Go to our Website for directions and entry form.
For more information call Karen Altieri
301-934-9003 or Lindenfarm@comcast.net

Mail in entry forms with fees and current Coggins for each horse to the address above.
Ride time e-mailed/mailed NLT 4 days before each show.

Ride Into History
Hassler Dressage
at Riveredge

Don’t miss your opportunity
to learn from the Very Best!

2010 RIVEREDGE EVENTS CALENDAR

February 11 - Long Lining Clinic with Bo Jena
February 20 - The Mastery Course with Gil Merrick
March 5-6 - Training with Michael Klimke
April 24-25 - Training with Debbie MacDonald
May 8-9 - Region 1 Adult Clinic with Charlotte Bredahl Baker
August 21-22 - Training with Steffen Peters
November 19-21 - Young Dressage Horse Trainers Symposium

Join us as Scott Hassler facilitates the essential dialogue
between our guest clinicians, participants, & you, the audience.

For details visit us online:
www.hasslerdressage.com

1455 Cayots Corner Road Chesapeake City, Maryland 21915 USA tel: 410-885-3824 fax: 410-885-3823
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* 2010 Show Schedule subject to change. Prepared by Bonnie Vaden. See Omnibus for location of farms.
February 2010
1 PVDA Board Meeting, 7 p.m. For more information call Jan Denno, 301-888-1314
11 Long Lining Clinic with Bo Jena, Hassler Dressage, Chesapeake City, Md. Contact 410-885-3824, info@hasslerdressage.com or www.hasslerdressage.com
13 Dressage Schooling Show Benefit series at Morven Park, Leesburg, Va. Indoor warm up and competition ring. See www.morvenpark.org
14 Jr/YR Clinic with Roy Toppings, Stonebrook Farm, Clarksville, Md. Snow date is 2/21. Contact Linda Speer at 410-531-6641
20 Dressage Schooling Show at Linden Farm Riding Academy, La Plata, Md. Contact Karen Altieri at lindenfarm@comcast.net
20 "Spring Into Showing" PVDA Volunteer Training, Chesapeake Dressage Institute, Annapolis, Md. Contact Jan Denno at jdenno@millenicom.com
20 Mastery Course with Gil Merrick, "The Art of Living Life Masterfully," Hassler Dressage, Chesapeake City, Md. University Credit. Contact 410-885-3824, info@hasslerdressage.com or www.hasslerdressage.com
28 Equilibrium Horse Center Schooling Show. Contact Sandy McGuire, 410-693-1802 or MorganEQ@aol.com

March
1 PVDA Board Meeting, 7 p.m. For more information call Michele Wellman, 301-873-3496
14 Dressage Schooling Show Benefit series at Morven Park, Leesburg, Va. Indoor warm up and competition ring. See www.morvenpark.org
20 Dressage Schooling Show at Linden Farm Riding Academy, La Plata, Md. Contact Karen Altieri at lindenfarm@comcast.net
21 Winter Dressage Show Series, Lucky Cricket Farm, Huntingtown, Md., Calvert County. Judge: TBD. Details and entry form at www.luckycricketfarm.com. Contact Mary Russell 410-610-4849, m russell@crosslink.net
21 Jr/YR Clinic with Roy Toppings, Stonebrook Farm, Clarksville, Md. Contact Linda Speer at 410-531-6641
28 Equilibrium Horse Center Schooling Show. Contact Sandy McGuire, 410-693-1802 or MorganEQ@aol.com

April
11 Winter Dressage Show Series, Lucky Cricket Farm, Huntingtown, Md., Calvert County. Judge: TBD. Details and entry form at www.luckycricketfarm.com. Contact Mary Russell 410-610-4849, m russell@crosslink.net
12 PVDA Board Meeting, 7 p.m. For more information call Betty Thorpe, 301-562-0798
15-19 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
17 Dressage Schooling Show Benefit series Championship at Morven Park, Leesburg, Va. Indoor warm up and competition ring. See www.morvenpark.org
25 Equilibrium Horse Center Schooling Show. Contact Sandy McGuire, 410-693-1802 or MorganEQ@aol.com

May
1-2 CDCTA Dressage at Morven Park, Leesburg, Va. www.cdcta.com
3 PVDA Board Meeting, 7 p.m. For more information call Lindsay Jensen, 443-928-9591
8-9 USDF Adult Clinic Series with Charlotte Bredahl, Hassler Dressage, Chesapeake City, Md. www.usdf.org/education
22-23 PVDA May Show at Morven Park, Leesburg, Va. www.pvda.org

June
4-8 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
5-6 VADA Nova Spring Dressage at Morven Park, Leesburg, Va. www.vadanova.org
7 PVDA Board Meeting, 7 p.m. For more information call Michael Tucker, 240-899-9290
11-13 Dressage at Fair Hill, Elkton, Md. www.dvcta.org
18-20 Dressage at Heavenly Waters, Darlington, Md.
26-27 PVDA Ride for Life Show and Breast Cancer Benefit, Prince George’s Equestrian Center, Upper Marlboro, Md. For more info visit www.pvdarideforlife.org

July
12 PVDA Board Meeting, 7 p.m. For more information call Shari Packard, 301-498-4972
31-Aug. 1 EEMI Summer Fling Dressage Show, Morven Park, Leesburg, Va. www.equestrianeventmanagement.com

August
2 PVDA Board Meeting, 7 p.m. For more information call Hilary Moore, 703-400-9108
21-22 CDCTA Dressage at Foxcroft, Middleburg, Va. www.cdcta.com

September
8-12 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
11 PVDA Licensed Show at Loch Moy Farm, Adamstown, Md. www.pvda.org
11-12 VADA Nova Spring Dressage at Morven Park, Leesburg, Va. www.vadanova.org
13 PVDA Board Meeting, 7 p.m. For more information call Kate Burgy, 301-580-9903
19 PVDA Licensed Show at Oak Ridge Park, Hughesville, Md. www.pvda.org
27-Oct. 1 Alltech FEI World Equestrian Games, Lexington, Ky. www.alltechfeigames.com
27-Oct. 3 Dressage at Devon, Devon, Pa. www.dressageatdevon.org

October
4 PVDA Board Meeting, 7 p.m. For more information call Michael Tucker, 240-899-9290
4-5 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885

Novemver
20 PVDA Annual Meeting and Awards Dinner at Laurel Racetrack, Laurel, Md. Contact Shari Glickman at classifieds@pvda.org

December
6 PVDA Board Meeting, 7 p.m. For more information call Jocelyn Pearson, 703-771-3231
FEI CODE OF CONDUCT
(Federation Equestre Internationale)

1. In all equestrian sports the horse must be considered paramount.
2. The well being of the horse shall be above the demands of breeders, trainers, riders, owners, dealers, organizers, sponsors or officials.
3. All handling and veterinary treatment must ensure the health and welfare of the horse.
4. The highest standards of nutrition, health, sanitation and safety shall be encouraged and maintained at all times.
5. Adequate provision must be made for ventilation, feeding, watering and maintaining a healthy environment during transportation.
6. Emphasis should be placed on increasing education in training and equestrian practices and on promoting scientific studies in equine health.
7. In the interests of the horse, the fitness and the competence of the rider shall be regarded as essential.
8. All riding and training methods must take account of the horse as a living entity and must not include any technique considered by the FEI to be abusive.
9. National Federations should establish adequate controls in order that all persons and bodies under their jurisdiction respect the welfare of the horse.
10. The national and international Rules and Regulations in equestrian sport regarding the health and welfare of the horse must be adhered to not only during national and international events, but also in training. Competition Rules and Regulations shall be continually reviewed to ensure such welfare.

PVDA Membership Frequently Asked Questions

1. How do I ensure that my membership application is processed efficiently?
Check the appropriate membership category with the appropriate amount of years. Consider a TWO YEAR membership as it has COST SAVINGS! Also, check the appropriate box indicating whether you have previously been a PVDA member. This saves time when updating the database and will prevent duplication errors. Please PRINT all necessary information so that it is easy to read.

2. When should family members be listed?
Family members are only listed if applying for a family membership. Both the primary and secondary members in a family membership are recognized by USDF and receive individual USDF group numbers. Therefore, secondary family members are $10 extra (over the general family membership cost) per additional member per year.

3. Do I need to include my e-mail address?
Your e-mail address is important. PVDA sends out E-News announcements of interest to all members. Please put your ENTIRE web address, including the domain name information (msn.com, aol.com, etc).

4. Is my USDF number important?
If you already have a USDF number, include it in the application. This is how PVDA coordinates information with USDF.

5. I belong to more than one GMO. Does that matter?
If you belong to more than one GMO (USDF Group Member Organization), indicate your primary organization. You can contact USDF directly to obtain a refund for dues that you have paid for as a non-primary GMO. If you want to become a participating member with USDF, you can receive a discount on USDF dues if you are a member of a GMO. See the following link for additional USDF Group Membership information:
http://www.usdf.org/pdf/GMO/GMOFAQ.pdf

6. Should I fill out the volunteer information?
Yes! As with any successful organization, it is only as good as its volunteers! You can make a difference. From helping out at a schooling show to becoming a PVDA board member. Plus, with most volunteer positions, you receive a volunteer certificate worth $10 towards your next membership dues or schooling show entry! And volunteering also makes you eligible for the PVDA year-end awards. Volunteering is always a win/win situation!

7. When should I renew my PVDA membership?
The PVDA membership year runs from January 1 thru December 31 of each year. You can renew as early as October and this will avoid any delay with the last minute rush. All renewals are taken in the order received and have a usual turn around time of two weeks plus the time it takes for mailing. BEFORE signing up for a show, please verify that you are a current member. Don’t wait until it’s too late!

8. If I have concerns about my membership, what do I do?
Email correspondence is preferred at membership@pvda.org as there is less room for error when information is written down. If you leave a voice mail, please pronounce your name and phone number clearly, spell your last name, and repeat your phone number. A very brief description of your concern is all that is necessary.
Dressage Training

Move Ahead with Your Horse This Winter

By Jaclyn Sicoli

Generally speaking, winter is a time to train toward the next level. The winter gives us a little time to concentrate on the training scale and determine our strengths and weaknesses outside of the show environment. As you and your horse conquer the new movements introduced at the next level you also want to consider your progress on the dressage training pyramid (shown right).

Dressage training grounds its foundation at the bottom of the pyramid with the most important component, rhythm, and progresses up the levels, with each level related to the others. Subsequent training builds on the foundation of training, the basics, like a house is built on a strong foundation.

To succeed, your horse’s training program should focus on the foundation and basics until they are strong enough to hold anything that is put on top. For this reason I like to think that each horse and each ride begins here. When good progress is made, then we climb another level, and when we run into problems we should always go back to rhythm and relaxation.

While the dressage-training pyramid was created to guide us up the levels, it can be adapted and used for many different disciplines. The bottom levels of the pyramid provide great guidance for any trainer, as little progress can be made without steady rhythm and a relaxed and willing horse. At the very least, adherence to these principles reminds us to rule out lameness or serious mental issues before proceeding up the training scale with a horse.

In order to illustrate the role of the pyramid in your daily ride, here are some examples where the training scale, and not just the movement, needs to be addressed.

For a greener horse who lacks balance, strength, and focus we look toward the foundation. By finding the appropriate tempo for this horse at each gait, he will start to relax and his rhythm will improve. If this horse is asked to travel too fast or too slow, he will lose one of the two Rs. Once this horse understands that he needs to travel at the appropriate tempo in all three gaits we can move up to connection, where he will be further assisted in finding balance and focus by being ridden on the bit.

For a slightly more advanced horse who is schooling lateral work and developing more push from his hind end, we look to the middle of the pyramid. Here, we need to confirm the horse accepts a steady contact to the bit, allowing the rider increasing control needed for lateral work and lengthenings (impulsion). Introducing new movements and riding with more power will require the rider to make the adjustments to re-establish the connection. Temporary losses of the two Rs may require breaks from the new work to focus on basics. The horse will learn to move up the training scale by adhering to the foundation.

Jaclyn Sicoli is an FEI competitor and USDF “L” graduate.

The dressage training pyramid is used as a guide for the training of the dressage horse. Progressing up the levels is built first and foremost on a strong foundation (rhythm and relaxation). The levels are interconnected.

“The most important is the love of the horse. A horse will overcome its inborn shyness and gain confidence, the fundamental condition for mutual understanding, with a man whose love it feels.”

—from “Horsemanship” by Waldemar Seunig
The PVDATA Ride for Life is one of the region's premier dressage events and supports a great cause—breast cancer research at the renowned Johns Hopkins Avon Foundation Breast Center. But this event cannot happen without a lot of great volunteers—not just on June 26-27, 2010, but in the months leading up to the event. We need people for all of the typical horse show jobs, but right now, we also need people with marketing, fund-raising, organizational and administrative experience, hospitality, event planning, sound, lighting and theatrical experience, graphic design and website experience—or just the desire to work hard, have fun and learn new skills. We offer volunteers a great resume/references, great fun and a great feeling about yourself, as well as volunteer hours, and a gift. Interested? Contact volunteers@pvda.org or call Jan Denno at 301-888-1314.

Advertise in the PVDA Newsletter!

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Why should you advertise?

• You will reach 1200 PVDA members each month—a targeted audience of potential customers plus their family, friends, neighbors and relatives!
• We offer reasonable rates
• We will design your ad
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Display Advertising Rates (Subject to change):
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1/8 page (business card): 3.5" x 2", $40

The deadline for advertising copy and payment is the 10th of each month for distribution the following month.

Send your copy and payment (check payable to PVDA) to:
Michele Stinson, PVDA Newsletter,
3409 Farragut Ave. Kensington, MD 20895.
For more advertising information/pricing: newsletter@pvda.org
Ride for Life continued from page 1

As an added perk, the rider (or non-rider via the phantom horse class) that raises the most pledges in cash will have the opportunity to be a special guest at the Dancing Horse Challenge and Gala and be featured in one of the Sons of the Wind acts. How exciting is that!

We already have committed for the 2010 Dancing Horse Challenge on Saturday night—KYB Dressage (the fantastic Barreau family sponsored by Nutrena Feeds) and the Sons of the Wind (with Portuguese master trainer Vitor Silva sponsored by Dover Saddlery). These two nationally renowned performers will deliver a combination of Broadway acts, airs above the ground, and much more. In addition, we will have the beautiful tribute ride with Barb Strawson, an entertaining Pas de Deux with Betsy Steiner and Belinda Nairn-Wertman, and FEI freestyles from top Grand Prix riders.

The Unruly Blues will be performing live at the event during the Challenge and later at the Gala. The Ride for Life Gala dinner will feature great food and drink, plus the opportunity to meet the performers and top riders up close and personal. We are hoping that Debbie McDonald will again be our celebrity guest.

Our Dancing Horse Challenge will have “the” kick-off in our region to prepare for the World Equestrian Games in September. Tickets for the Dancing Horse Challenge will be for sale on the revised Web site from March or April on. Gala tickets also will be available so be sure to get your tickets early!

We are very proud to announce that Ride for Life is now part of the Signature Dressage Series, linked with the Palm Beach Dressage Derby in March, and the Bear Spot Freestyle in October. We are making a difference in terms of bringing dressage more mainstream and marketing our sport to corporate sponsors.

The licensed show itself will once again offer top class facilities at the PGEC, good judging and beautiful landscaping thanks to Patuxent Nursery. We also will be having a riders’ barbeque on Friday, June 25, and will be encouraging entrants to decorate their stalls. There will be prizes!

Already we are receiving some fabulous donations—the Sons of the Wind will “auction” off a 2-day training vacation at their facility and County Saddlery will be donating a special dressage saddle. This is only the start of what is sure to be a wonderful silent auction yet again.

We have so much to be excited about in 2010 with the Ride for Life. We hope that you will share in the excitement and be a part of this important event. Plan to show, volunteer, attend the Dancing Horse Challenge, raise pledges to support breast cancer research, donate something to the silent auction, buy merchandise, whatever you can do we appreciate! Every little bit helps to support breast cancer research. Breast cancer touches so many of those we know and love. Let us make a difference together!

Email me at info@pvdarideforlife.org to get involved. 2010 is our year!

Check out the Ride for Life and be a part of our social network at:

Ride for Life at Dressage Daily:

Ride for Life on YouTube:
http://www.youtube.com/user/IRide4L

Ride for Life on FaceBook:
http://www.facebook.com/#!/group.php?v=wall&ref=search&gid=18977985066

Ride for Life on Twitter:
http://twitter.com/pvdaride4life

Ride for Life, a partner in the Signature Dressage Series:
http://www.signaturedressageseries.com/

PVDA Ride for Life:
www.pvdarideforlife.org
# Publication Deadlines

The PVDA Newsletter is published monthly by the Potomac Valley Dressage Association. The deadline for submissions is (usually) the 10th of the month for distribution the following month. **NEXT ISSUE: MARCH 2010; DEADLINE: February 8; DISTRIBUTION: early March 2010**

Send materials to the appropriate editor below. Late materials may be published in a subsequent newsletter as deemed appropriate. Editors reserve the right to edit all material. All submissions are subject to editorial approval.

Send your submissions to the appropriate editor:

- **Display Ads** (checks payable to PVDA), Chapter News, Photo Gallery: newsletter@pvda.org or michelestinson@earthlink.net (Michele Stinson, PVDA Newsletter Editor, 3409 Farragut Ave., Kensington, MD 20895)
- **News/Articles/Flying Changes**: news@pvda.org (Jocelyn Pearson, News Editor)
- **The Classifieds**: classifieds@pvda.org or shari.glickman@comcast.net (Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771; 301-351-5530)
- **Show Results**: showresults@pvda.org (Lindsay Jensen, Show Results Coordinator)
- **Calendar of Events**: calendar@pvda.org (Jocelyn Pearson, Calendar Editor)
- **Change of Address/Membership Renewal & Information**: membership@pvda.org (Shari Packard, Membership Coordinator, 16105 Bond Mill Rd., Laurel, MD 20707; 301-498-4972)
- **PVDA Web Site**: webmaster@pvda.org

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Advertise in the PVDA Newsletter! newsletter@pvda.org for information

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### Potomac Valley Dressage Association Membership Application 2010

PVDA is a USDF Group Member Organization and PVDA members are automatically USDF Group Members. **THE PVDA MEMBERSHIP YEAR RUNS FROM JANUARY 1 THROUGH DECEMBER 31.**

I wish to apply for the following:

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>1 year</th>
<th>2 year</th>
<th>Life</th>
</tr>
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<tbody>
<tr>
<td>Junior Affiliate (under 18)*</td>
<td>$35</td>
<td>$55</td>
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<tr>
<td>Young Adult (18-21)*</td>
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<td>$75</td>
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<tr>
<td>Adult*</td>
<td>$45</td>
<td>$75</td>
<td>$599</td>
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<tr>
<td>Family (priced for two)* **</td>
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<td>$115</td>
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<tr>
<td>Senior (65 and over)</td>
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<td>$55</td>
<td>N/A</td>
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<tr>
<td>Patron</td>
<td>$65</td>
<td>$115</td>
<td>N/A</td>
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<tr>
<td>Business Affiliate</td>
<td>$90</td>
<td>$165</td>
<td>N/A</td>
</tr>
</tbody>
</table>

I have previously been a member: [ ] yes [ ] no

Name

Family PVDA Members

Street

City/State/Zip

Telephone

E-mail

USDF Membership No.

Primary GMO

* If under 21, give birth date (for special USDF awards) ______

[ ] Do not list my phone no. in the PVDA Membership Directory.

[ ] I would like to donate an additional amount for a trophy $ ______

Please complete the entry form and mail with your check payable to PVDA. Regular first class mail only. No certified mail will be accepted.

Send to:  
Shari Packard, PVDA Membership Coordinator  
16105 Bond Mill Rd., Laurel, MD 20707  
For more information about becoming a member, contact Shari Packard at membership@pvda.org or 301-498-4972. For chapter information, contact chapters@pvda.org.
FEBRUARY PVDA BOARD MEETING
Date: January 11, 2010; Meeting #487
Location: Linda Speer’s Farm in Clarksville, Md.
Jocelyn Pearson called meeting to order at 7:15 p.m.

ATTENDANCE
Board Members Present: Carolyn Del Grosso, Betty Thorpe, Linda Speer, Shari Packard, Jan Denno, Jen Funk, Kate Burgy and Michele Wellman
Board Members Absent: Jocelyn Pearson, Hilary Moore, Mike Tucker, Lindsay Jensen

Association Members Present: Ingrid Gentry, Bonnie Vaden, Stephanie Banks, Wendy Emblin, Jackie Sicoli

MEMBERSHIP
Membership Account: $4,701.33
General Fund: $1,188.91
Schooling Shows: $4,503.63
Chapter Fund: $11,645.89
Money Market: $7,922.23
CDs: $18,269.49
Total: $48,231.48

COMMITTEE REPORTS
Annual Meeting: Linda Speer was able to confirm the 2010 annual dinner at Laurel Racetrack on November 20, 2010.

High Score Awards: Leslie Raulin is currently working on a form so that PVDA members would have to submit requests to qualify for high score awards starting with the 2011 competition year. Members would also have to submit a valid volunteer certificate with the request.

COMMITTEES OF THE BOARD

For complete contact information see www.pvda.org

- National Liaison
  Jocelyn Pearson
- Newsletter
  newsletter@pvda.org
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  Jocelyn Pearson (News Editor and Calendar Editor)
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  Leslie Raulin (Co-Chair)
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This is your Last Newsletter if you haven't renewed your membership. Do it now! The form is on page 22 or www.pvda.org.