The PVDA Board has had an interesting five months. The Board consists of “up to” (according to the Bylaws) 15 members and as long as I can remember it has always been 15. Before our last election, we lost seven members and then welcomed four new members. The newbies are Kate Burgy, Lindsay Jensen, Mike Tucker and Michele Wellman and they have already stepped into the heavy lifting of the Board. But that meant we still had openings.

The Bylaws allow the board to vote in new members to fill vacancies, and in the last two months this has happened with three new people: Hilary Moore, who has been active in the Ride for Life committee, Leslie Raulin, who has been a past Board

The President’s Window

By Betty Thorpe
president@pvda.org

New USDF President George Williams and Don Bailey placed first in the Prix St. Georges class at the Gold Coast Dressage Opener in January.
Thank You Horse Expo Volunteers!

PVDA thanks all the dedicated volunteers manning the PVDA booth at the Horse World Expo 2010.

Deanna Beal          Pat Rudolph
Wendy Emblin         Bonnie Sink
Jennifer Funk        Linda Speer
Ingrid Gentry        Will Speer
Gail Joyce           Betty Thorpe
Sarah Lipkowitz      Nikki Witte
Kathleen Mahany      Zoe Withe

A heartfelt thank you also to Carolyn Del Grosso for a wonderful demonstration ride Friday and Saturday on her horses James and Arklicht. See more photos of volunteers on page 13 in Photo Gallery.

Do You Qualify for The American Hanoverian Society High Score Schooling Show Award?

The American Hanoverian Society High Score Schooling Show Award is awarded to the horse and rider in a PVDA schooling show who receives the highest average of three test scores during the 2010 competition season. To qualify, the horse must be a properly registered AHS horse, the score must be received during the competition season, and the rider must be a member of PVDA. If you are interested in competing for this award, please send a copy of your AHS registration for your horse and a copy of the tests that earned you your three highest scores this season, with your name, address, and phone number, to: Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Road, Mt. Airy, MD 21771. The deadline to qualify is September 30 of the competition year.

The PVDA Newsletter is Going Green!

Would you like to get your newsletters online only and opt out of the printed version? This would save paper and mailing costs. Anyone interested? Please contact Jocelyn Pearson at news@pvda.org.

Riders Wanted: With or Without Horses Near and Far

Get involved in the 7th Annual PVDA Ride For Life. There are many ways you can participate and help PVDA raise funds to support Johns Hopkins Breast Center. Every year the rewards to riders and Johns Hopkins have grown. In 2009 riders raised more than half of the $85,000 sent to JHU. And this was achieved by only 25% of the total riders entered. Think of what we could do if we had 100% participation. We would love to see more riders participate. See page 21 for a list of all the different ways you can help or get involved!

Flying Changes continued on next page

PVDA volunteers at the Horse Expo in January are (left to right) Deanna Beal, Wendy Emblin, Ingrid Gentry and Linda Speer.
Flying Changes continued from previous page

Thoroughbred Placement and Rescue (www.helpfortbs.org) had another amazing triple digit year through the support of riders like you. In 2009 TPR placed 123 amazing horses into loving homes. Don’t be surprised at the next competition if you happen to see one of our magnificent movers. Thank you for your continued support!

Saving the American Wild Horse

“Disappointment Valley—A Modern Day Western” is an up and coming film that examines the current plight of America’s wild horses and the deteriorating condition of America’s wild horses and public lands in the American West. The film includes interviews with a variety of experts and historians, activists and environmentalists. To find out more about this situation and how to register your concerns, become involved or donate, go to http://www.theamericanwildhorse.com.

Submitted by Irene Filacchione

Tri-County Feeds and Nutrena Feeds Sponsor an Equine Education Day March 6

Join leading veterinarians and equine experts on Saturday, March 6, at Tri-County Feeds, Etc., 7408 John Marshall Highway in Marshall, Va., for an equine education event. Sponsored by Tri-County Feeds, Etc., and Nutrena Feeds, presentations will be made from 10 a.m.-4 p.m. The event is free of charge.

• Obtain the latest information on colic (Dr. Etta Bradecamp, Old Waterloo Equine Clinic).

• Learn how to prevent and treat metabolic and sugar- and starch-related disorders (Dr. Joe Davis and Dr. Amy Polkes, The Piedmont Equine Practice, Inc.)

• Find out about equine dentistry (Dr. David Johnson, The Piedmont Equine Practice, Inc.)

• Discover how sports massage benefits horse and rider (Angela B. Cooney, CMT).

• See all Stubben has to offer and schedule a free saddle fitting with Keith Brooks. Experience Ariat’s latest in riding and casual apparel with Rachael Hansen.

Veterinarians and equine experts will be available to answer questions. Drawings, giveaways, and feed promotions will be held throughout the day. For information, contact Tri-County Feeds, Etc., 540-364-1891 or jnoel@tricountyfeeds.com.

Volunteer for the PVDA Spring Show (in May) and the PVDA Ride for Life

Want to plan your year? How about volunteering for the May Show at Morven Park or the PVDA Ride for Life at the end of June at the Prince George’s Equestrian Center. Volunteers receive volunteer slips, lunch and a small gift. Signing up early for our volunteer needs really helps the organization. Contact Jan Denno at volunteers@pvda.org.

Janie Rentz Has A Blog on Dressage Today

Janie Rentz strives to have more fun and asks you to join her! She has a blog on dressagetoday.com that gives tips and ideas for training and enjoyment. Readers are encouraged to share ideas on how they keep training fun for both themselves and their horses. Janie has shown to Prix St. Georges and is a local trainer in Maryland. Check it out and spread the word! See Photo Gallery on page 5.
Shore Dressage

On January 9 Shore Dressage held their annual luncheon at Uno’s Bar and Grill in Salisbury. It was a festive affair with about 20 members present from Delaware to Virginia. It was so much fun to get together in a casual social situation (no horses to groom, hold, or compete!) to relax and chat. Thanks to Cynthia Walton and Cheryl Carpenter who organized it and provided the decorations. Party favors, a pewter key chain with dressage rider and horse, were at each place setting. Deri began with a brief welcome and thanked everyone for their support throughout the year and expressed excitement about their participation with Shore in 2010.

After a delicious lunch including a gorgeous carrot cake for dessert that Cynthia decorated with enough darling plastic ponies for everyone to take home, Deri awarded the many volunteers for the year. She emphasized the importance of volunteers and reminded us that Shore Dressage, as well as other non-profit organizations, can’t function without volunteers. No matter how much or how little time you can give, every single bit of assistance is deeply appreciated. The Award winners were listed in the February PVDA Newsletter.

Shore Planning Meeting February 6—Despite the blizzard and not the best driving conditions we had a turn out of 10 people who braved the storm and came from as far North as Modest Town and as far south as Cape Charles for our planning meeting on February 6 at Sunset Bay Farm. They brought delicious lunch dishes fit for a King or a Dressage Queen! Maybe we should put together a Shore Dressage cookbook. Any takers? Attendees were Tammy Parks, Cheryl Carpenter, Maureen Lawrence, Kathleen Kurgan, Cynthia Walton, Cony Needels, Mary Dahlke, Darlene Logan, twin sisters Ashley and Shelby and Deri Jeffers. Thank you to everyone for your support, helpfulness, and wonderful ideas. It’s teamwork like this that makes Shore Dressage the success that it is.

After Treasurer Cheryl Carpenter’s healthy Treasurer report we confirmed Committees for 2010.

Social Committee: Includes organization of events such as pool parties, crab feasts, silent auction, used tack sales, pot lucks, etc. Volunteers are Cynthia Walton and Mary Dahlke.

Publicity: Includes posting information about Shore Dressage events in Tack & Feed stores, local papers, PVDA Newsletter, the Equiery, etc. Volunteers are Maureen Lawrence, Tammy Parks and Kathleen Kurgan.

Educational Events: Possible topics include Lunging of Bayside

Anne Thibo (co-chair) 239-272-4147
baysidechapter@yahoo.com
• Beth Cohen (co-chair) 410-556-6260
• Joy St. Landau (treasurer)
jems8@mac.com
Calvert County
• Claire Hill/cheno_kid@msn.com
• Mary Russell/410-535-1670
mrussell@crosslink.net
Catoctin
• Debra Pebbels/301-371-5534
windwood3@aol.com
• Judy Briley/301-293-1743
brileyjm4@aol.com
Charles
• Dorothy Anderson/301-934-9821
gardorand@aol.com
Clarksville
• Samantha Smith/410-923-6182
samsmit8@hotmail.com
• Tracey Traimun/301-829-5033
tracetrainum@comcast.net
Four Counties
• Melinda Bauerlein/410-875-6558
mel-baarts@yahoo.com
• Cheryl Swing/301-888-2650
cheryls301@aol.com
Marlborough
• Rita Boehm/301-260-0061
ritanbo82@aol.com
Metro
• Jan Denno (Chair) • Lindsay Jensen • Hilary Moore • Mike Tucker
• Lindsay Jensen • Hilary Moore • Mike Tucker
• Mike Tucker
Send Chapter Committee updates to Chapters@pvda.org.
Please cc: your 2010 chapter updates to newsletter@pvda.org to ensure placement in newsletter.

New Market
• Dorie Forte/410-795-2491
rival1farm2@aol.com
Peninsula Dressage
• Kim McClure/410-742-9131
mhermostables@aol.com
• Jenni Myniec/443-326-1472
odonn_tammaro@yahoo.com
Shore Dressage
www.shoredressage.com
• Deri Jeffers/757-302-0224
deripiaffe@aol.com
• Leslie Passano/410-476-3472
lpassano@goeaston.net
Southern Maryland
• Lori Perkins/410-280-8575
lparkins@comcast.net
St. Mary’s
• Katie Mahaney (co-chair) 301-863-8529
kemahaney@gmail.com
• Christina Ingersoll-Mulqueen (co-chair) 301-475-9669
cladagghorse@aol.com
• Alice Allen (secretary) 301-475-8446
alice.beagles@gmail.com
• Gina Guffey (treasurer) 301-475-7960
gulfeyeg@msn.com
Sugarloaf Mountain
• Patricia Milligan/301-349-5715
pmilligan@gmail.com
• Julie Kingsbury/301-972-8975
jkingsbury@earthlink.net
• Elizabeth Bazan/240-631-6676
ebazan@crs.loc.gov

The PVDA Chapters
Send your updates to chapters@pvda.org.
Group Chapter Committee: Jan Denno (Chair) • Lindsay Jensen • Hilary Moore • Mike Tucker
Please cc: your 2010 chapter updates to newsletter@pvda.org to ensure placement in newsletter.

Shore Dressage continued next page
horse and rider demo, Balimo Chair demo, a Freestyle lecture/demo, “What the Judge Looks For,” discussions on Scoring/Scribing, Nutrition, Shoeing, Shots, etc. There also was a discussion about when to hold these educational events. In the past they have been held every other month on the second Wednesday. Some people felt that there would be better attendance if the meetings were held on a weekend during the day rather then in the evening. The group decided to hold the first educational event, a Fix-a-Test clinic, to prepare riders for our first show on Sunday, April 11, with the location and time to be announced.

Peninsula Liaison: Becky Alexander
Points Tabulator: Allison Turniner
Clinic Organizer: Deri Jeffers
Membership Chair: Cheryl Carpenter
Nominating Committee: Maureen Lawrence and Cheryl Carpenter
Web Site: Maureen Lawrence

Next topic of discussion were the shows, dates, and locations. We are still looking into show sites in the Salisbury area. Our first two shows will be at Sunset Bay Farm, Onancock, Va., May 16 and June 20, so put those dates on your calendar. The prize list will remain the same as it was for 2009, however, it was agreed to raise the entry fee from $15 to $20 per class. The number of entries needed per show to break even was discussed and a decision was made that we need 22 rides minimum per show. There also was a discussion about when to hold the critique class during the show and it was decided to hold this class either first thing in the morning or the last class of the day. It was also decided that riders do not have to braid or wear jackets, white breeches, etc., as long as rider/horse are turned out neatly, well groomed, human hair is in nets, etc.

The next topic of discussion was about the clinics. Kathy’s clinics continue to be successful and we already have most set up for the year. There was a discussion about insurance for clinics, which costs Shore a fair amount of money. Since PVDA covers the insurance if the clinics are open to PVDA members only and since all of Kathy’s clinic riders have been PVDA members it was decided to make all Shore clinics open to PVDA members only. We also will try to get Jim Armstrong to give two clinics in the summer and fall when he returns from Florida.

It was a highly successful Planning Meeting and I can’t thank you all enough! Your ideas, support, and thoughtful helpfulness are deeply appreciated and will contribute to a fun, relaxed, and successful 2010 with our horses.
### The 2010 PVDA Show Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Show</th>
<th>Opening</th>
<th>Closing</th>
<th>Manager</th>
<th>Mgr Phone</th>
<th>Judge</th>
</tr>
</thead>
<tbody>
<tr>
<td>4/17</td>
<td>Schooley Mill</td>
<td>3/22</td>
<td>4/02</td>
<td>Carolyn Del Grosso</td>
<td>301-774-0794</td>
<td>Celia Vornholt (r)</td>
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<tr>
<td>4/18</td>
<td>Schooley Mill Jr/YR</td>
<td>3/22</td>
<td>4/02</td>
<td>Linda Speer</td>
<td>410-531-6641</td>
<td>Jaclyn Sicoli (L)</td>
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<td>5/1</td>
<td>Potomac Riverside</td>
<td>4/5</td>
<td>4/16</td>
<td>Anna Slaysman</td>
<td>301-972-8187</td>
<td>Jocelyn Pearson (L)</td>
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<tr>
<td>5/2</td>
<td>Oak Ridge</td>
<td>4/4</td>
<td>4/16</td>
<td>Christina Mulqueen</td>
<td>240-538-5491</td>
<td>Jessie Ginsburg (L)</td>
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<tr>
<td>5/8</td>
<td>Sugarloaf Eques. Cntr.</td>
<td>4/12</td>
<td>4/23</td>
<td>Katie Hubbell</td>
<td>301-515-9132</td>
<td>Evelyn Susol (L)</td>
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<tr>
<td>5/9</td>
<td>By Chance Farm</td>
<td>4/12</td>
<td>4/23</td>
<td>Michele Wellman</td>
<td>301-873-3496</td>
<td>Aviva Nebesky (L)</td>
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<tr>
<td>5/15</td>
<td>Windsor Stables</td>
<td>4/19</td>
<td>4/30</td>
<td>Samantha Bartlett</td>
<td>410-440-3933</td>
<td>Ingred Gentry (R)</td>
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<tr>
<td>5/16</td>
<td>Avalon Farm–Ligons</td>
<td>4/19</td>
<td>4/30</td>
<td>Karen Jacob</td>
<td>410-489-6083</td>
<td>Jaclyn Sicoli (L)</td>
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<td>5/22-23</td>
<td><strong>PVDA Spring Show</strong></td>
<td>3/22</td>
<td>4/22</td>
<td>Shannon Pedlar</td>
<td>703-431-5663</td>
<td>Betty Thorpe (r)</td>
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<td>Schooley Mill, Adult</td>
<td>5/10</td>
<td>5/21</td>
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<td>410-531-6641</td>
<td>Ingrid Gentry (R)</td>
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<td>Schooley Mill, Jr/YR</td>
<td>5/10</td>
<td>5/21</td>
<td>Carolyn Del Grosso</td>
<td>301-509-9566</td>
<td>Jaclyn Sicoli (L)</td>
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<tr>
<td>6/6</td>
<td>Lawton Hall Farm</td>
<td>5/10</td>
<td>5/21</td>
<td>Jackie White</td>
<td>301-769-2140</td>
<td>Judy Strohmaier (L)</td>
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<td>6/19</td>
<td>Playland Farm LLC</td>
<td>5/24</td>
<td>6/04</td>
<td>Heather Fay</td>
<td>571-276-9985</td>
<td>Peggy Pariso (r)</td>
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<tr>
<td>6/20</td>
<td>Exalt</td>
<td>5/24</td>
<td>6/04</td>
<td>Marcia Mia</td>
<td>410-703-7873</td>
<td>Betty Thorpe (r)</td>
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<tr>
<td>6/26-27</td>
<td><strong>PVDA Ride for Life</strong></td>
<td>4/26</td>
<td>5/26</td>
<td>Kathy Moffitt</td>
<td>908-963-4026</td>
<td>Judy Strohmaier (L)</td>
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<td>7/11</td>
<td>Dominion Dressage</td>
<td>6/14</td>
<td>6/25</td>
<td>Marla Stoner</td>
<td>301-368-3435</td>
<td>Marija Treischman (L)</td>
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<tr>
<td>7/17</td>
<td>Windsor Stables</td>
<td>6/21</td>
<td>7/02</td>
<td>Samantha Bartlett</td>
<td>410-440-3933</td>
<td>Karen Adams (R)</td>
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<td>7/18</td>
<td>Chimney Hill Farm</td>
<td>6/21</td>
<td>7/02</td>
<td>Anne Petrenko</td>
<td>301-683-1212</td>
<td>Jessica McTaggart (L)</td>
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<td>7/25</td>
<td>Celebration Farm</td>
<td>6/28</td>
<td>7/09</td>
<td>Janet Geyer</td>
<td>443-745-0207</td>
<td>Evelyn Susol (L)</td>
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<td>Avalon Farm/Ligons</td>
<td>7/05</td>
<td>7/16</td>
<td>Patricia Haley</td>
<td>301-254-1557</td>
<td>Jocelyn Pearson (L)</td>
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<td>8/8</td>
<td>Chesapeake Dress. Inst.</td>
<td>7/12</td>
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<td>8/15</td>
<td>Oakleigh Farm</td>
<td>7/19</td>
<td>7/30</td>
<td>Fran Hayward</td>
<td>301-570-0418</td>
<td>Karin Adams (R)</td>
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<td>8/21</td>
<td>Schooley Mill, Adult</td>
<td>7/26</td>
<td>8/06</td>
<td>Claire McElwain</td>
<td>443-756-1124</td>
<td>Jessica McTaggart (L)</td>
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<td>Schooley Mill, Jr/YR</td>
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<td>8/06</td>
<td>Linda Speer</td>
<td>410-531-6641</td>
<td>Evelyn Susol (L)</td>
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<tr>
<td>9/4</td>
<td>Loch Moy**</td>
<td>7/11</td>
<td>8/11</td>
<td>Michele Wellman</td>
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<td>Jocelyn Pearson (L)</td>
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<td>Bluebird</td>
<td>8/16</td>
<td>8/27</td>
<td>Julie Gross</td>
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<td>Marija Treischman (L)</td>
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<td>9/12</td>
<td>Sugarloaf Eques. Cntr.</td>
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<td>8/27</td>
<td>Katie Hubbell</td>
<td>301-515-9132</td>
<td>Trish DeRosa (L)</td>
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<tr>
<td>9/19</td>
<td>Oak Ridge**</td>
<td>7/19</td>
<td>8/19</td>
<td>Dawn Richards</td>
<td>301-934-3974</td>
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<td>Trish DeRosa (L)</td>
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<td>Jessie Ginsburg (L)</td>
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<td>Camp Olympia</td>
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<td>Celeste McGee</td>
<td>301-926-9281</td>
<td>Judy Strohmaier (L)</td>
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<td>9/06</td>
<td>9/17</td>
<td>Michele Wellman</td>
<td>301-873-3496</td>
<td>Marjorie Davis (r)</td>
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<td>10/9</td>
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<td>9/13</td>
<td>9/24</td>
<td>Linda Speer</td>
<td>410-531-6641</td>
<td>Trisha DeRosa (L)</td>
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<td>Schooley Mill, Adult</td>
<td>9/13</td>
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<td>Deborah Shuman</td>
<td>301-589-9366</td>
<td>Jessica McTaggart (L)</td>
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<td>11/7</td>
<td>Chapter Challenge</td>
<td>9/1</td>
<td>10/1</td>
<td>Linda Speer</td>
<td>410-531-6641</td>
<td>Ingrid Gentry (R)</td>
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*2010 Show Schedule subject to change. See Omnibus for location of farms and additional contact information. Prepared by Bonnie Vaden. ** Licensed Shows*
March 2010
1 PVDA Board Meeting, 7 p.m. For more information call Michele Wellman, 301-873-3496
5-6 Training with Michael Klimke, Hassler Dressage. www.hasslerdressage.com
6 Equine Education Day at Tri-County Feeds, Etc., Marshall, Va. (sponsored by Tri-County Feeds, Etc. and Nutrena Feeds). Veterinary experts make presentations all day. Call 540-364-1891 or joel@tricountyfeeds.com. See list of experts on page 3 of newsletter.
13 Eventing Dressage Tests Clinic (improve your scores) with judges Jaclyn Sicoli and Trisha DeRosa, USDF "L" graduates, By Chance Farm, Union Bridge, Md. Contact Jaclyn Sicoli at pomdressing@gmail.com
14 Dressage Schooling Show Benefit series at Morven Park, Leesburg, Va. Indoor warm up and competition ring. See www.morvenpark.org
20 Dressage Schooling Show at Linden Farm Riding Academy, La Plata, Md. Contact Karen Altieri at lindenfarm@comcast.net
21 Winter Dressage Show Series, Lucky Cricket Farm, Huntingtown, Md., Calvert County. Judge: TBD. Details and entry form at www.luckycricketfarm.com. Contact Mary Russell 410-610-4849, mrussell@crosslink.net
21 Jr/YR Clinic with Roy Toppings, Stonebrook Farm, Clarksville, Md. Contact Linda Speer at 410-531-6641
28 Equilibrium Horse Center Schooling Show. Contact Sandy McGuire, 410-693-1802 or MorganEQ@aol.com
28 Schooling Show at Whiting’s Neck Equestrian Center, Martinsburg, West Va. Judge: Jocelyn Pearson. See www.whittingsneckfarm.com

April
3 reddrmeade Horse Center’s Annual Dressage Schooling Show and Combined Test. Judge: Jocelyn Pearson. www.reddrmeade.com
11 Winter Dressage Show Series, Lucky Cricket Farm, Huntingtown, Md., Calvert County. Judge: TBD. Details and entry form at www.luckycricketfarm.com. Contact Mary Russell 410-610-4849, mrussell@crosslink.net
12 PVDA Board Meeting, 7 p.m. For more information call Betty Thorpe, 301-562-0798
15-19 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
17 Dressage Schooling Show Benefit series Championship at Morven Park, Leesburg, Va. Indoor warm up and competition ring. See www.morvenpark.org
17-18 Clinic with Isabelle von Neumann-Cosel at Cedar Rowe Farm, Rocky Ridge, Md. www.cedarrowe.com or CRQHF@aol.com
24-25 Training with Debbie MacDonald, Hassler Dressage. www.hasslerdressage.com
24-25 Lisa Wilcox Clinic at Bluebird Farm, Friendship, Md. Contact Hallie Ahrensbrak, 240-882-2531 or hallieahrensbrak@comcast.net
25 Equilibrium Horse Center Schooling Show. Contact Sandy McGuire, 410-693-1802 or MorganEQ@aol.com
30 New England Dressage Association (NEDA) Annual Spring Symposium with Bettina Drummond. Contact Linda Mendenhall, hofmendenhall@verizon.net

May
1-2 CDCTA Dressage at Morven Park, Leesburg, Va. www.cdcta.com
3 PVDA Board Meeting, 7 p.m. For more information call Lindsay Jensen, 443-928-9591
8-9 USDF Adult Clinic Series with Charlotte Bredahl, Hassler Dressage. Chesapeake City, Md. www.usdf.org/education
22-23 PVDA May Show at Morven Park, Leesburg, Va. www.pvda.org

June
4-8 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
5-6 VADA Nova Spring Dressage at Morven Park, Leesburg, Va. www.vadanova.org
7 PVDA Board Meeting, 7 p.m. For more information call Michael Tucker, 240-899-9290
11-13 Dressage at Fair Hill, Elkton, Md. www.dvcta.org
18-20 Dressage at Heavenly Waters, Darlington, Md. www.heavenlywetwaters.com
26-27 PVDA Ride for Life Show and Breast Cancer Benefit, Prince George's Equestrian Center, Upper Marlboro, Md. For more info visit www.pvdarideforlife.org

July
12 PVDA Board Meeting, 7 p.m. For more information call Shari Packard, 301-498-4972
17 Schooling Show at Willow Way Stables, Haymarket, Va. www.willowwaystables.com
31-Aug. 1 EEMI Summer Fling Dressage Show, Morven Park, Leesburg, Va. www.equestrianeventmanagement.com

2010 Calendar Items to calendar@pvda.org.
April Deadline: MARCH 10
Calendar Editor: Jocelyn Pearson
www.pvda.org for complete calendar (PVDA schooling shows in separate calendar)

August
2 PVDA Board Meeting, 7 p.m. For more information call Hilary Moore, 703-400-9108
21-22 CDCTA Dressage at Foxcroft, Middleburg, Md. www.cdcta.com
21-22 Training with Steffen Peters, Hassler Dressage. www.hasslerdressage.com

September
4 PVDA Licensed Show at Loch Moy Farm, Adamstown, Md. www.pvda.org
8-12 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885
11-12 VADA Nova Spring Dressage at Morven Park, Leesburg, Va. www.vadanova.org
13 PVDA Board Meeting, 7 p.m. For more information call Kate Burg, 301-580-9903
19 PVDA Licensed Show at Oak Ridge Park, Hughesville, Md. www.pvda.org
27-Oct. 1 Alltech FEI World Equestrian Games, Lexington, Ky. www.alltechfeigames.com
27-Oct. 3 Dressage at Devon, Devon, Pa. www.dressageatdevon.org

October
4 PVDA Board Meeting, 7 p.m. For more information call Michael Tucker, 240-899-9290
10 Schooling Show at Willow Way Stables, Haymarket, Va. See www.willowwaystables.com
29-31 New England Dressage Association Fall Symposium with Stefan and Shannon Peters. Freestyles. Contact Jennifer Dillon, jjpdillon@verizon.net
29-Nov. 2 Eric Herberman Clinic. Contact Equilibrium Horse Center at 410-721-0885

November
19-21 Young Dressage Horse Trainers Symposium, Hassler Dressage. www.hasslerdressage.com
20 PVDA Annual Meeting and Awards Dinner at Laurel Racetrack, Laurel, Md. Contact Shari Glickman at classifieds@pvda.org

December
6 PVDA Board Meeting, 7 p.m. For more information call Jocelyn Pearson, 703-771-3231
I Was Doing It All Wrong

By Sarah Latimer

I remember the days when riding was just for fun. A stressful day was when my pony's ears flicked back at an oncoming hug. A once-a-week lesson ended with an around-the-world spin in the saddle and a group tour of the barn, carrots in hand. I was a natural genius at riding; I could make a horse go when I kicked its sides or even stop when I tugged at the reins. As a first-grade thesis, I wrote a story on how to ride a horse (complete with crayon illustrations, of course), and my best friend's parents let me know that my amazing talent must be shown to the world. I was 5 years old, and I loved horses.

Known as the weird horse girl at school, I surrounded myself in the equine world. My once-a-week lessons became twice-a-week, and then thrice. I grew up at my barn, and my friends there were everything to me, whether they had four legs or two.

I joined the local show team, and became one of the many grey coats in the show ring among the world of hunters. With a horse who perfectly fit the name 'Bombproof,' I collected my fair share of ribbons from local schooling shows. I felt like I knew it all, and my pony could lead the way. Then I found dressage.

My poor bony mare attempted to swing her body in ways she did not understand. Her head flipped up and down at the request to be round, and centerline was not to be centered in her opinion. Stuck endlessly at 59s to 63s in Training Levels 1 and 2, I knew I needed to move on.

At the barn I grew up in, I found a wonderful family to take care of Bombproof. More so, Bombproof could take care of them. And so my journey for a new horse began across the mid-eastern United States.

I think that after that horse search, I knew every horse that was for sale in the summer of 2008. I found just about every classified ads Web site, and thoroughly examined each advertisement. I forced my also-equestrian mom into five hours of driving to find, once again, a horse that didn't quite fit. But when riding a school pony at my barn just fifteen minutes down the road, I saw a young woman testing out one of the most beautiful animals I have ever seen. Monarch was 20 years old, from auction, anxious under saddle and awkward in placing his feet. He acted like a 2-year-old thoroughbred, and had a serious take-the-bit-and-run problem. But I loved him.

A year passed, and with many wonderful instructors, Monarch calmed; his brain focused, and his balance developed. Although his progress amazes me every time I remember back to when it was impossible to mount him without being taken off with, at the time I felt something was missing. His back still hollowed, his mouth still pulled, and his eyes focused on the people around the ring while I tugged and tugged at the reins, more furious with each ride. When Stacy Pattison, one of my current instructors, caught me reverting into my old habits, she worded her comment in a simple and understandable way—I had become so used to pulling without a reaction from Monarch that a half halt not only used my hands and fingers, but my arm, shoulder, and torso all at once. I was stuck, frustrated, and in need of help.

The summer of 2009 began as usual. An unorganized high school student, I was bored. While completing my usual search in The PVDA Newsletter classifieds (I point out farms for sale to my mom), I found an interesting want ad. A working student was needed for barn chores at First Choice Farm in Woodbine, Md., with Felicitas von Neumann-Cosel. I googled Felicitas and found First Choice

Sarah Latimer and her horse Monarch.
Farm's Web site with information on the working student program. I collected myself and called in. No one answered. But the next day I was running out of my hair salon in Columbia Mall to find a place where I could hear my cell phone. Was the job possibly just for the summer, or part-time, I asked, as I go to school? My mom watched eagerly as my face sunk when I heard that the job was long term (2-3 years). I thanked whomever I was speaking to and hung up. A few minutes later my cell phone rang again. It was Felicitas to let me know that my help would be welcome, and any time I could come out to watch the horses ‘go’ would be great. I was thrilled, and ready to start learning.

I groggily stepped out of my mom’s Prius at 7 a.m. to a dark and windy summer morning. I stammered at the beauty of First Choice Farm. A gorgeous dressage ring was set into rolling hills, surrounded by trees and gardens. Four paddocks laid themselves around the farm with black wood fencing. In the middle of it all, a beautiful 14-stall barn was accompanied by a large indoor ring that stood magnificently. I met Felicitas and a few working students—Casey, Corinne, and Anna. As quickly as it took to say hello, I began cleaning stalls. For that day, I had the privilege of watching Felicitas ride the most elegant horses I had ever seen. I saw pirouettes, piaffes, passages, and tempi changes performed by horses worth hundreds of thousands of dollars. I was inspired and amazed, and I knew I needed to learn from her.

The summer passed; I worked at First Choice Farm when I was able. I cleaned tack (a lot of it!) and watched the horses in training. I got to know the working students, so kind and helpful to someone who couldn’t even manage to put boots on correctly. I learned the order of the farm, and after each day, I ranted to my mom for hours about how I wanted to train with Felicitas.

I was granted my wish. I started with one lesson a month and I was so exhilarated that I took notes when I got home. I bought more books on dressage and studied as much as I could on position and the aids. From the first few lessons, I realized how much I did not know, and how much I was doing wrong. Eventually, the topic of boarding Monarch at First Choice Farm for training was brought up, a dream too good to be true. But Felicitas called my mom a few days later, offering a stall in December for three weeks. The first week, Felicitas would work with Monarch in the mornings. In the second week, I would receive lunge lessons with working student Casey. I would be together again with Monarch in the third week with lessons with Felicitas immediately after school.

The three weeks changed my life. As a rider I transformed from tense and extremely novice to slightly promising! My basis of position, the aids, and overall balance, grew so much over the intense weeks of training. I smiled for an entire day when the owner of First Choice Farm and County Saddlery, Gene Freeze, told me, “lookin’ good, kid.” Everyone I met there, including boarders, Felicitas, Gene, and the working students (including Julia, the new working student) taught me so much and I thank them for all the knowledge that they have given me.

The experience changed me as a rider, and brought me many friends. I am continuing lessons with Felicitas, and will soon begin lunge lessons with Corinne, a working student at the farm. I hope to show others that Grand Prix professional riders are not there just to ride. They teach to make better riders. I learned not to feel intimidated around professional riders and to listen carefully, to reach out, and to improve wherever possible. Felicitas and First Choice Farm have given me the boost that I needed, and I can now hope that I may be a Grand Prix dressage rider in the future. Thank you First Choice Farm. I look forward to learning even more.
Scholarship Report

So You Want to Become A Technical Delegate (TD)?

By Alyssa Dragnich

Several years ago, an idea popped into my head—I would like to become a dressage technical delegate. I had several people ask me “why?” The requirements to become licensed are onerous, it’s a job without any actual power or authority, and certainly no one makes money as a TD. But I was determined. Maybe it’s because I’m a lawyer and I like rules. Maybe it’s because I love being at shows and seeing the braided horses with their determined riders. Whatever the reason, my mind was made up, and I set out to complete the licensing requirements.

First I had to meet a long list of prerequisites before I could apply for the training program. I had to serve as part of show management (manager, secretary, assistant, etc.) at five licensed shows. I had to volunteer an additional five days at other licensed shows as a scribe, ring steward, scorer, etc. and compete at, manage, or volunteer at five schooling shows. I had to attend a USDF Apprentice TD training class, held at the annual convention and a USEF TD class, also held at the annual convention. And what became the most difficult requirement for me to meet: I had to compete at three licensed competitions. It was due only to the unbelievable generosity of PVDA board member Leslie Raulin that I was able to complete this last prerequisite. Unfortunately, most of my show scores were too old to count—all the prerequisites had to be completed within the past eight years. To make matters more difficult, I had moved to central Pennsylvania to take a new job. While a nice place to live, the closest licensed show venue was over three hours away, and I don’t own a trailer. Leslie came to my rescue and generously allowed me to compete one of her lovely horses. She offered me my choice of three horses! In addition to serving as gracious owner, Leslie trailered us to the shows and served as my groom. I owe her a debt larger than I can repay.

Once I finished the prerequisites, I sent my application to the USEF Licensed Officials Committee. I also was required to furnish references from 15 people, 12 of whom had to be licensed USEF judges or TDs. Only then was I approved to enter the apprentice program. I now must apprentice at four licensed shows, one of which must be outside of Region 1. I completed my first apprentice show in January, using the TD program as an excuse to spend a weekend in Florida and escape the Pennsylvania winter!

Apprentice TDs shadow the show TD around for the entire weekend, including Friday set up. We observe how the TD checks stabling and arenas, handles issues with show management and competitors, and serves as a resource for volunteers and riders with rule questions. We are then evaluated by the show manager and the show TD. If all of my evaluations are sufficiently positive, I then sit for a written exam, on which I must score 80% or higher. If I do, my application will be presented to the USEF Licensed Officials Committee a second time, and they will evaluate my potential as a TD.

I am extremely thankful to PVDA for providing me with a scholarship towards the cost of this program. The cost of meeting the prerequisite and apprentice requirements is well into the thousands. PVDA’s scholarship program is one of the best in the country, and I feel very lucky to belong to such a wonderful organization.

Apprentice TDs shadow the show TD around for the entire weekend, including Friday set up.
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- May ’06 TB geld. by Salute the Truth, o/o Attendue (Aaron’s Gold/Resound)). 16.1H+ w/exc. bone. Worked in round pen with tack and side reins, $12,000/neg. until March when he is off for 30 days training, then $15,000, Jacki Holland, 540-338-4506 or email: jhollands3@netzero.net

- 1) ISH mare, 6 yrs, 15.3H beautiful, naturally balanced and quiet! Regina easily scores in the high 60s, low 70s and is ready for the spring show season. A seasoned eventer, she can continue eventing or do straight dressage. Suitable for JR/AA, $15,000

- 1) OSB Trak bay filly by Peron “Pg” o/o Elfentram, 4 yrs, 16.2H, shown in hand over past 3 yrs and always in the ribbons. Green W/T/C, ready to begin serious work. Sweet and friendly personality. 2) JC Reg. TB dk. bay mare by Mi Cielo o/o Shall Be Best, 14 yrs, 16.2H. Double reg. w/ATA (PSB), racing and H/J careers, broodmare sound, has carried her own TB foal and used as surrogate mare for ET foal. Easy to handle, good mom, nice person. Pls. inq., Alice Drayer, dodgendaja@aol.com

- 1) Morgan blk. geld., 9 yrs, 15.1H+, sensitive but sensible, shown at 1st level w/scores in 60s and 70s. schooling 2nd/3rd level. FEI prosp. 2) Selle Francais blk. geld., 17.1H, quiet, well mannered, shown thru 2nd level w/many awards, shown in jumpers also. Great all-around horse for anyone! Others avail., Cathy Echternach, 301-704-4356

Horses for Lease

- ‘01 TB geld. avail. for full lease. Sound, talented, and prof. trained through 2nd level dressage. Terms flex. for the right rider. Owner busy w/work and has no time to ride. Located at gorgeous facility w/ind. arena in Walkersville, MD. Contact trainer, Jaclyn Sicoli, 609-651-6526 or email: pomdressage@gmail.com

Equipment for Sale

- Sz. 32L Pikeur Lugana breeches, gorgeous eggplant color, hardly worn. New cost: $289, now $145. Mardee Rochelle, 301-599-8121 or email: mardee@tc-solutions.com

- 16.5” Courbette Charles deKunflly saddle, older model but in exc. shape, no irons or leathers, asking $550, buyer to pay actual shipping charges if not local. Ellen Greenfield, 301-502-0109 or email: elgreenfield@gmail.com

The Classifieds

The ring might start with A but this event can't start without you.

The PVDA Ride for Life is one of the region’s premier dressage events and supports a great cause—breast cancer research at the renowned Johns Hopkins Avon Foundation Breast Center. But this event cannot happen without a lot of great volunteers—not just on June 26-27, 2010, but in the months leading up to the event.

We need people for all of the typical horse show jobs, but right now, we also need people with marketing, fundraising, organizational and administrative experience, hospitality, event planning, sound, lighting and theatrical experience, graphic design and website experience—or just the desire to work hard, have fun and learn new skills. We offer volunteers a great resume/references, great fun and a great feeling about yourself, as well as volunteer hours, and a gift. Interested? Contact volunteers@pvda.org or call Jan Denno at 301-888-1314.

The Classifieds is available to PVDA members only, at no charge, as a membership benefit. Classified advertisements (unboxed ads) are accepted by post or e-mail. Items submitted by e-mail are confirmed via e-mail. Type or print your submission and include your 2010 PVDA membership number. (The newsletter will not print any classifieds that are submitted without a membership number.) Classifieds MUST be received by the 10th* of the month to be distributed the following month. E-mail classifieds@pvda.org or shari.glickman@comcast.net or send to Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771. *April 2010 Issue Classifieds DEADLINE is MARCH 10, 2010
help. Jacki Holland, 540-338-4506 or email: jhollandx3@netzero.net

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Wanted
First level and above dressage riders to perform in musical freestyles on my Andalusians, many of whom are stallions. Shows are every other Sat. w/freq. rehearsals until you know the material. An exc. opp to improve your riding and have fun. Diana Beuchert, 301-829-5048 or email: dianabeuchert@comcast.net

The Classifieds
is available to PVDA members only, at no charge, as a membership benefit. (Unboxed ads) are accepted by post or e-mail. Items in the newsletter will not print any membership number. (The newsletter will not print any membership number.) Classifieds MUST be received by the 10th of the month to be distributed the following month. E-mail classifieds@pvda.org or send to Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771.

**Deadline is March 10, 2010**

**Maryland Horse World Expo**
PVDA wants to thank all the volunteers who helped man the booth for PVDA.
Top left: Kathleen Mahany, Will Speer, Nikki Witte
Top right: Pat Rudolph, Linda Speer, Betty Thorpe
Bottom: Julio Mendoza, Heath Ryan, Carolyn Del Grosso.

**Photo Gallery**
member and must have worn out the keys on her computer already this year compiling our licensed show prize lists and schooling show omnibus, and Jaclyn Sicoli, a relatively new Maryland resident who has already contributed to the newsletter. All these interesting people who have joined our 2010 Board contribute to the work of the committees. You members will all meet them, and the rest of the board, during the year doing the work of the organization.

The meetings of the Board are always open to members who are interested in a project, or have a problem, or who might be curious about the meetings. We always say this and several loyal members like to come from time to time. Our February meeting welcomed more visitors then ever and the meeting was vibrant and active. It was fun! And let me take this moment to thank Board member Linda Speer who hosts these meetings at her farm in Clarksburg, Md. The lounge of her stable is beautiful and comfortable with a large window that overlooks the indoor arena. Any horsey person feels at home there. In case anyone is interested in coming to a meeting, but hasn’t made it yet, there is one more thing—pssst, we serve food.

Many of our members also join a Chapter where they enjoy planning their own meetings and activities. These activities can be more intimate and tailored to the group, unlike the clinics and shows we plan with PVDA. There are several policies designed to lend support from the Mother Ship to the Chapters and we have a committee designed to keep communication open to the Chapters.

The Ride For Life group is gaining speed and will be planning their meetings to keep their activities coordinated as their date draws closer, June 26 and 27. There is a tremendous amount of work to be done and they welcome more willing hands. Check pvdarideforlife.org to see who to contact with your skills and interests.

Our Board is still a bit unsettled as Mike Tucker has resigned, so once again we have an opening and will be looking to fill Mike’s capable shoes. Contact me if you are interested. There is work to be done!

Betty Thorpe • PVDA president • president@pvda.org
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Association, a group of only 200 members who are lucky enough to be at the center of the dressage universe during the winter season. South Florida makes you think of palm trees and sunshine, but the weather had been disappointing in early January—bitter cold (for Florida) and freezing rain for the Wellington Classic Dressage show. By the time of the Gold Coast Opener at the end of January, seasonal temperatures and humidity returned, but blustery winds and flapping tents were too much for some of the more sensitive horses. For those of us who had shivered through weeks of below freezing and wind chill factor temperatures, the weather in Florida is a welcome relief. It’s also a real morale booster to see green palm trees and flowers in bloom. And who isn’t impressed by oranges growing on trees.

The Canadian dressage riders in particular come to Florida as their main show season. Robert Dover, U.S. dressage team rider in six Olympics, is the new Canadian dressage coach and technical advisor. At the Gold Coast Opener, he managed to keep track of numerous horse and rider combinations from Third Level to FEI Level. Before the show he taught a clinic for the 15 Canadian officially “declared” riders who want to compete at the Alltech World Equestrian Games (WEG) in September in Kentucky. Robert’s ambitious goal is to have seven Canadian FEI riders scoring at least 70% by April. He doesn’t want the Canadian dressage team to merely participate in the WEG; he wants them to win a medal.

The Gold Coast Opener included an impressive list of judges: Stephen Clarke (Great Britain), Marianne Cunningham (Peru), Bo Jena (Sweden), Angelika Froemming (Germany), Lorraine Mc Donald (Canada), and U.S. Judges Axel Steiner, Charlotte Bredahl, Natalie Lamping, Jeanne McDonald, and Lilo Fore (USA).

On the first day of the Gold Coast Opener, new USDF President George Williams placed first out of nearly 20 riders in the Prix St. Georges with Don Bailey (Donnerhall X Pirola), a 9-year-old Warmblood gelding owned by Elizabeth Juliano (OH).

Otto, a 14-year-old 17H Dutch Warmblood gelding sired by Rambo, owned by Margaret Duprey, Cherry Knoll Farm (PA), and ridden by Todd Flettrich (PA), won the Grand Prix de Dressage. This class was a qualifier for the Grand Prix Special. Canadian superstar Pop Art (Amsterdam X Jody Prinses) and Ashley Holzer (NY) won the Grand Prix de Dressage, qualifier for the Grand Prix Freestyle. They were the only ones to score over 70% in that class.

Maryland rider Christopher Hickey and his new Grand Prix Horse Douglas Hilltop (Dr. Jackson X Weronie), a 10-year-old Baden Wurttemberg gelding, finished out of the ribbons in the Grand Prix. But, this horse excels in the Grand Prix Special where he placed fourth.

The Canadians had a one-two finish in Saturday’s Grand Prix Special: Anton (Antreaus X Shirley), a 10-year-old Warmblood gelding owned by Robyn Eames and ridden by Belinda Trussell and Proton, a 16-year-old Wurtemburg gelding owned by Cindy Ishoy and ridden by Victoria Winter. Otto and Todd Flettrich (PA) placed third.

L’Amistad 22, an 11-year-old Hanoverian gelding owned and ridden by Lauren Barwick, Canadian medal winner at two Paralympic Games, won Friday’s and Saturday’s Para-Equestrian Dressage Test of Choice Class, scoring 67.14%. She also won Sunday’s Para-Equestrian Freestyle Class, scoring 73.50%. Lauren competes as a Grade II Paralympic rider. Her freestyle included the walk, trot, and canter. Fancianna, a 9-year-old Friesian/Andalusian cross owned and ridden by Canadian Robyn

Gold Coast Dressage Opener continued next page
Andrews, a Grade 1A champion rider, placed second. Her freestyle level only required movements at the walk. Para-Equestrian as a sport was included in the Paralympic Games for the first time in Atlanta in 1996. Para-Equestrian is a multi-disability sport, open to athletes with a physical disability or visual impairment.

In Saturday's Intermediaire I Class, Cabana Boy, an 8-year-old Contucci offspring owned by Hilltop Farm, and ridden by Christopher Hickey, placed first out of 17 riders, scoring 70.35%. Ice Cup, a 9-year-old Danish Warmblood gelding by Blue Hors Future Cup and ridden by Arlene Page placed second. Don Bailey and George Williams placed third.

In Saturday night’s Grand Prix Freestyle, Pop Art and Ashley Holzer won, scoring 76.40%. Leonberg, a 16-year-old Rheinlander stallion sired by Lonely Boy, owned by Anne Whitten (NM) and ridden by Danish rider Mikala Gundersen placed second, scoring 71.80%. She hopes to compete for Denmark at the World Equestrian Games.

Canadian Tom Dvorak showed two up-and-coming dressage horses who placed one-two at Fourth Level: Freixenet (Florestan X Ravenna), an 8-year-old 17.1H Wesphalian gelding owned by Marilyn Dietrich; and Steeped In Luck, an 8-year-old 16.3H Irish Draught stallion sired by Mount Diamond Flag and owned by Keith Douglas.

Calecto V (Come Back X Bahers), a 12-year-old 17.2H Danish Warmblood gelding owned and ridden by Tina Konyot (CT), won Saturday’s Grand Prix de Dressage Class, scoring 67.80%. She just squeaked ahead of Juli Sherif (May Sherif X Malene), a 14-year-old Danish Warmblood gelding ridden by Sharon McCusker, who scored 67.37%. Alina (Michellino X Alberte Lindebjerg), an 11-year-old Danish Warmblood mare, owned and ridden by Arlene Page, Still Point Farm, Wellington, Fla., made a stunning Grand Prix debut, scoring 64.68% for third place. Calecto V also won Sunday’s Grand Prix Freestyle Open Class, scoring 73.50%. It’s a well deserved come back for rider Tina Konyot, also a top winner at the 2009 Dressage at Devon (PA) show. She missed last year’s winter show season in Florida after breaking her ankle in a non-equestrian accident.

Furst Fabio, an 11-year-old Rheinlander gelding, made a stunning return to the show ring after an absence due to an injury. After just barely missing out on a ribbon in the highly competitive Intermediaire I Class, he placed first in the Intermediaire I Freestyle, scoring 71.33%, ridden by Dr. Cesar Parra. Cabana Boy and Christopher Hickey placed second, scoring 70.41%.

Be Se’, Catherine Morelli’s former Grand Prix horse, placed first in the Young Adult Brentina Cup Test, ridden by Kassandra Barreau, 2009 U.S. representative at the FEI Young Rider World Cup Final in Frankfurt, Germany, riding GP Raymeister. Be Se’ is an 18-year-old Dutch Warmblood gelding owned by Diane Rosenberg (NJ).

The Gold Coast Opener is a fabulous show to attend—it is wonderful seeing so many top horses and riders and especially interesting to watch “up and coming” ones too! It’s quite a “who’s who” of the dressage world. Some of the riders had not competed since Dressage at Devon at the end of September 2009, and after the Gold Coast show, horses and riders know where they stand in their training, especially those who want to compete at the World Equestrian Games in September 2010.

Special thanks to the Sabal House Bed and Breakfast, Lake Worth, Fla., for providing superior luxury accommodation.
2010 Succeed/USDF FEI Level Trainers’ Conference with Henk van Bergen

By Deri Jeffers

As a USDF Associate Instructor, required to take 16 hours of continuing education, I was ecstatic to be accepted as an auditor at the Henk van Bergen Conference at High Meadow Farm in Loxahatchee, Fla., January 18 and 19. Henk is a terrific Instructor/Trainer with deep thoughts on the horses’ correct, classical training and how to move up the ladder with soundness and saneness. He has been coaching International Olympic teams for over 20 years—Spain, Holland, Japan, and England to name a few. Henk sees himself more as a teacher than a coach. He loves teaching and wants to share his knowledge whereas a coach is dependent on sponsors to get the best riders to win at the highest level on the best horses. Participating riders chosen by Henk were Lynda Alicki, Mary Ann Grant and Silke Rembacz from Wellington, Fla. Melissa Allen from Mo., Shawna Harding with two horses, from Aiken, S.C., and Sharon McCusker from Ashby, Ma.

The first rider was Melissa Allen who trains with Chris Hickey and was riding her 12-year-old Hanoverian mare. Henk starts by observing the overall warm-up of the horse and the correct position of the rider. If the rider is not balanced and/or sitting correctly the teacher must first correct the rider. A good teacher focuses on small corrections first. With Dania, Melissa’s horse, he started in the walk to develop relaxation and keep the horse in front of the leg, then he moved on to transitions within the gaits, keeping relaxation in the neck and over the back as the priority. When he worked on downward stretching he didn’t want to see the nose on the ground. The purpose of stretching is to supple the back so that the hind legs can be influenced. In the canter work he wanted Melissa to ride the horse more uphill and had her do many trot canter transitions, keeping the energy flowing without letting the horse lean on the bit. Henk wants to allow the rider to become independent. The second day Dania was much lighter.

Mary Ann Grant was on her 5-year-old Hanoverian mare, Weltregentrin. Henk likes to see a young horse start her warm-up in a nice, relaxed marching walk. He says some riders think they have to start right off in a lively trot. After the warm up walk Mary Ann proceeded into the trot, working on transitions within the gait and keeping the hind legs active, but never asking for more activity than you can control. He said when you make a correction do it at the right time and do it correctly. Best reward for the horse is that you finish the exercise. Henk says there are three reasons why a rider can have problems. 1) The horse doesn’t understand the aid 2) He’s not physically strong enough for the exercise, or 3) He’s a naughty boy and just doesn’t want to do the exercise! Starting with a gait the horse likes best often makes the job easier. Stretching can be done in between the training session, not just at the end. Henk then had Mary Ann work in the canter starting with a shoulder fore position using the outside rein to improve straightness. Henk’s priority is getting no complaints in the contact. Accept the best that you can get at the time.

Next was Silke on a 12-year-old Argentinean Warmblood. After their warm-up in walk and trot they worked on the collected canter in preparation for the canter pirouettes. The horse had a tendency to get behind the vertical, so Henk worked on getting Silke to keep the nose out in front to prevent him from dropping the contact. The collection must be built up from going forward. The first priority in the canter pirouette is not losing the rhythm. Keep feeling that you have the influence of the canter rhythm. Then pick a mark in the arena where you want to make the turn and stay there. When doing four temps on the diagonal, use the corners of the arena, balance the horse on the short side, ride the next corner and do the diagonal. The corner is your friend!

Next was Sharon McCusker riding Wrigley, a 7-year-old Dutch gelding. Henk says to be open minded when observing the warm up. By nature the horse is on the forehand and is most comfortable without a rider on his back. Collection starts from the moment the horse steps under. There are many degrees of collection, such as Training Level collection; Third Level, and Grand Prix collection. In the trot work he went from medium trot to very collected trot. The priority is to ask for small challenges, but some trainers over train and push too far when the horse may have limitations. A horse could have a good passage, but no piaffe. Accept what you have! In the canter work the priority should be to keep the jump and the quality in the very collected canter. In the canter pirouette work keep the challenge, but don’t make it impossible. Henk says our job as teachers is to be

Henk van Bergen continued next page
translators and translate the body language of the horse. If a horse shows good talent for piaffe, don’t jump at the opportunity to start passage or you might lose the natural rhythm and willingness of the trot. Keep the door “open” but don’t scare the horse into doing something he’s not ready to do. When you ask for too much too soon the horse may panic.

Next was Shawna Harding on Come On III, an 11-year-old Danish Warmblood showing Grand Prix. Shawna started her warm up in the trot, then added stretchy circles, and then leg yield. Someone asked how long do I warm up? The answer was as short as possible and as long as necessary. Then Shawna did trot lengthenings to a circle in the corner to get the collected trot, then she went into zig zags in the half pass. She then demonstrated canter half passes prior to the canter pirouettes, where he needed to learn to wait the rider. Henk emphasized the importance of giving variations as to when and how to ask for the pirouettes and not get too repetitive. Henk is keen on transition work and when to carry a whip or not. He says it depends on who is using the whip. In Holland whips are not allowed in tests. In Germany whips can only be used in certain tests.

Lynda Alicki came in on a 9-year-old black Oldenburg stallion. Priority is obedience to the leg. Some trainers give too much information to the rider and some riders give too much information to the horse. The information given must be short enough to be digested. Henk felt this horse was overweight. A trimmer horse could perform more easily and comfortably. Henk asked Lynda to ride Donates very forward, then collect. When you feel he’s ready to go, hold him gently and then let him go. In the walk ask for as short a walk as possible and if you get it, good! Don’t let him passage when you bring him back to collected work. Don’t stay in one position too long to keep the horse supple and muscles relaxed. In dressage the muscles tire easily. Start the walk pirouette in a slight travers position then forward into trot and then lengthen.

Last was Shawna on Rigo, a 9-year-old Hanoverian gelding. He needed more attention to activate the hind legs as they tended to drag. In the warm up, after walking, she asked for the trot and then went into canter work. Then she did some short canter half passes to counter canter and then a relaxed walk. Back to “corner work” in walk/trot transitions using the corners to develop more pushing power. In the shoulder in the emphasis was on bringing the inside hind leg under to carry more weight. Priority is keeping and maintaining the regularity. If lost, go back to basics. She was then asked to passage on a circle and then go forward to extended trot which was his reward. Always compare your work with how well you did at the moment and not were you as good as someone else?

The canter rhythm is the main thing in the canter pirouette. Get the canter on a small circle while keeping the inside hind leg ending on the center line and keeping the three beats of the canter.

From a teacher’s point of view, Henk says that you must be consistent in what you do. Consistency is the value of the system. We love our horses and must show an honest approach to the care of the horse. We have to make him understand the meaning of the aids, strength and suppleness. We also have to understand the weaknesses of the horses we work with. A good teaching/training system is very logical. “Almost good” in teaching is the same as “well done!”

Henk had an incredible rapport with each horse and rider that brought out the best in each individual partnership.
What PVDA Will Need From Volunteers in the New Year!

By Jan Denno

Every year we try to plan new and imaginative ways to inform our membership of the volunteer opportunities available. One of the most frequent questions is: What jobs do you have open? The reality is that all jobs are open until we find someone to volunteer to do them!

So now you know that you have the power to do any show job you wish. I would like to encourage you to volunteer for our recognized shows. The 45th Annual PVDA Show will take place at Morven Park on May 22 and 23. The Ride for Life Show at Prince George’s County Equestrian Center on June 26 and 27 will benefit Johns Hopkins Breast Center to fight breast cancer. Both shows have the same needs. Please let me know if you can help. Call Jan Denno, 301-888-1314 or e-mail volunteers@PVDA.org.

<table>
<thead>
<tr>
<th>JOB NEED</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Help Show Office (4)</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>2. Assist Show Mgr (2)</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>3. Assist Stable Mgr (2)</td>
<td>12-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>4. Volunteer Coord (1/day)</td>
<td>6:30 a.m.-3 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>5. Ring Stewards (7/day)</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>6. Scribes (5/day)</td>
<td>8 a.m.-6:30 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>7. Scorers (6/day)</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>8. Runners (5/day)</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
<tr>
<td>9. Awards Table (2/day)</td>
<td>Set up 10 a.m.-4 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
<td>7:30 a.m.-6 p.m.</td>
</tr>
</tbody>
</table>

Advertise in the PVDA Newsletter!

YOUR NEW CUSTOMER COULD BE READING THIS RIGHT NOW!

Why should you advertise?
- You will reach 1200 PVDA members each month—a targeted audience of potential customers plus their family, friends, neighbors and relatives!
- We offer reasonable rates
- We will design your ad
- Discount rates are available for repeat advertising: 10% off for 3 months; 20% off for 6 months; 23% off for 1 year.

Display Advertising Rates (Subject to change):
- Full page: 7.5” wide x 9.5” high, $135
- 1/2 page: 7.5” x 4.75”, $85
- ¼ page: 3.5” x 4.75”, $60
- 1/8 page (business card): 3.5” x 2”, $40

The deadline for advertising copy and payment is the 10th of each month for distribution the following month.

Send your copy and payment (check payable to PVDA) to:
Michele Stinson, PVDA Newsletter, 3409 Farragut Ave, Kensington, MD 20895.
For more advertising information/pricing: newsletter@pvda.org
Riders Wanted: With or Without Horses, Near or Far

Get Involved in the 7th Annual PVDA Ride for Life. There are many ways to participate/raise funds for Johns Hopkins Breast Center. In 2009 riders raised more than half of the $85,000 sent to JHU. This was achieved by 25% of the total riders entered. Just think of what we could do with 100% participation! Tickets for all events on sale at pvdarideforlife.org beginning March 1, 2010. For information, contact Carolyn Del Grosso, 301-774-0794 or mandcdelg@aol.com. Watch the Web site for all the exciting events!

How Can I Participate?
1. Competitor: Ride your horse, collect donations or get sponsors. Divisions for professionals/amateurs/junior riders.
2. Phantom Rider: Collect pledges for JHU or sponsor for PVDA (no horse needed). “Enter” a beloved equine partner, retired or passed on, or honor a horse loved from afar in this class.
3. Part of a Group with or without a horse. We are initiating our group classes at three levels this year:
   • Pas de Deux (2 or 3 in group)
   • Quadrille (4-8 in group)
   • Ménage (10 or more in group)
If you are shy or find it hard to ask for money, it is easier to raise funds with group activities where there are many ways to help.

What Can I Do to Raise Money?
• Ask your Friends, Family, Coworkers
• Find Advertisers for the program or encourage people to pay tribute in honor of/memory of someone important to them–family, a doctor, a friend.
• Have a bake sale, fix-a-test, restaurant night, tack cleaning day or tack swap
• Run a celebrity golf tournament or similar activity
• Use your imagination

How Do I Donate Funds?
• Checks made payable to JHU or PVDA (sponsors)
• Pay by Credit–Go to PVDA Web site, www.pvda.org
  - To donate to JHU click on donate directly to JHU
  - To become a PVDA sponsor click on donate directly to PVDA
• For groups or individuals who are trying to raise $1000 or more, a page will be made available on the PVDA Ride for Life Web site, www.pvdarideforlife.org, to tell your story and help with your efforts. Pictures can be uploaded.

Why Should I Help?
• The satisfaction of Saving Lives through your LOVE OF HORSES!
• Prizes in the Rider Raffle, all included, 1 ticket per $100 raised
• High Pledge Awards (Phantom, Group, Jr, Amateur, Open)
  – Only money to JHU or PVDA eligible for these awards (we appreciate all help but these are reserved for those most directly helping us reach our goal).
• Listing in the Program: all riders collecting funds will be listed in the program. Riders must declare they are bringing donations or sponsorships and turn at least part of the funds in no later than June 3 to be in the program.

Other Ways to Help and Get Credit for Rider Raffle
• Collect items for the silent auction  • Collect items for the rider raffle

Fun Things That Add to the Special Spirit of Ride for Life!
• Rider BBQ: Friday night, yummy food with beer included! $20 per person
• Gala Dinner: Saturday night, $100 per seat, music, excellent food and elegance
• Dancing Horse Challenge: Saturday night, $20 donation. See the greats join YOU in raising money. Invite neighbors, especially non-horsey ones. Children under 12 admitted without donation.
Publication Deadlines

The PVDA Newsletter is published monthly by the Potomac Valley Dressage Association. The deadline for submissions is (usually) the 10th of the month for distribution the following month. **NEXT ISSUE: APRIL 2010; DEADLINE: March 10; DISTRIBUTION: early April 2010**

Send materials to the appropriate editor below. Late materials may be published in a subsequent newsletter as deemed appropriate. Editors reserve the right to edit all material. All submissions are subject to editorial approval.

Send your submissions to the appropriate editor:

- Display Ads (checks payable to PVDA), Chapter News, Photo Gallery: newsletter@pvda.org or micheleinstinson@earthlink.net (Michele Stinson, PVDA Newsletter Editor, 3409 Farragut Ave., Kensington, MD 20895)
- News/Articles/Flying Changes: news@pvda.org (Jocelyn Pearson, News Editor)
- The Classifieds: classifieds@pvda.org or shari.glickman@comcast.net (Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771; 301-351-5530)
- Show Results: showresults@pvda.org (Lindsay Jensen, Show Results Coordinator)
- Calendar of Events: calendar@pvda.org (Jocelyn Pearson, Calendar Editor)
- Change of Address/Membership Renewal & Information: membership@pvda.org (Shari Packard, Membership Coordinator, 16105 Bond Mill Rd., Laurel, MD 20707; 301-498-4972)
- PVDA Web Site: webmaster@pvda.org

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Advertise in the PVDA Newsletter! newsletter@pvda.org for information

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**Potomac Valley Dressage Association Membership Application 2010**

PVDA is a USDF Group Member Organization and PVDA members are automatically USDF Group Members. **THE PVDA MEMBERSHIP YEAR RUNS FROM JANUARY 1 THROUGH DECEMBER 31.**

I wish to apply for the following:

<table>
<thead>
<tr>
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<th>1 year</th>
<th>2 year</th>
<th>Life</th>
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<tbody>
<tr>
<td>Junior Affiliate (under 18)*</td>
<td>$35</td>
<td>$55</td>
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<td>Young Adult (18-21)*</td>
<td>$45</td>
<td>$75</td>
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<tr>
<td>Adult*</td>
<td>$45</td>
<td>$75</td>
<td>$599</td>
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<td>Family (priced for two)*</td>
<td>$65 $115</td>
<td>$115</td>
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*Each add.family member (over two) is $10 each extra (1 yr. USDF) or $20 each (2 yrs. USDF)

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<th>2 year</th>
<th>Life</th>
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<td>Senior (65 and over)</td>
<td>$35</td>
<td>$55</td>
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<td>Patron</td>
<td>$65</td>
<td>$115</td>
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<tr>
<td>Business Affiliate</td>
<td>$90</td>
<td>$165</td>
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I have previously been a member □yes □no

<table>
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<tr>
<th></th>
<th>1 year</th>
<th>2 year</th>
<th>Life</th>
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<tr>
<td>Family PVDA Members</td>
<td></td>
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<tr>
<td>Street</td>
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<td>City/State/Zip</td>
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<td>Telephone</td>
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<td>E-mail</td>
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<tr>
<td>USDF Membership No.</td>
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<tr>
<td>Primary GMO</td>
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* If under 21, give birth date (for special USDF awards) ______

□ Do not list my phone no. in the PVDA Membership Directory.

□ I would like to donate an additional amount for a trophy $______

I am interested in volunteering for:

- dressage judge (grade)____
- dressage scorer
- dressage trainer
- USEF technical delegate
- dressage instructor (level) ______

- set up/breakdown
- show (other)
- education projects
- computer skills
- advertising/marketing
- anything

Please check the following that apply:

Please complete the entry form and mail with your check payable to PVDA. Regular first class mail only. No certified mail will be accepted.

Send to:
Shari Packard, PVDA Membership Coordinator
16105 Bond Mill Rd., Laurel, MD 20707

For more information about becoming a member, contact Shari Packard at membership@pvda.org or 301-498-4972. For chapter information, contact chapters@pvda.org.
FEBRUARY PVDA BOARD MEETING
Date: February 1, 2010; Meeting #488
Location: Linda Speer’s Farm in Clarksville, Md.
Jocelyn Pearson called meeting to order at 7:10 p.m.

ATTENDANCE
Board Members Present: Carolyn Del Grosso, Shari Packard, Linda Speer, Betty Thorpe, Jen Funk, Kate Burg, Jocelyn Pearson, Hilary Moore, Lindsay Jensen, Leslie Raulin
Board Members Absent: Mike Tucker, Jan Denno, Michele Wellman
Association Members Present: Ingrid Gentry, Bonnie Vaden, Stephanie Banks, Wendy Emblin, Jackie Sicoli, Pat Arrimovich, Teresa Girod, Claire Hill, Mary Russell

TREASURER’S REPORT
Membership Account: $4,701.33
General Fund: $1,648.79
Schooling Shows: $4,503.63
Chapter Fund: $11,645.89
Money Market: $2,922.23
CDs: $18,269.49
Total: $43,691.36

Carolyn presented an analysis of core costs per member in an effort to look for ways to cut costs, but still provide the same level of services to the members. Several scenarios were discussed and evaluated.

COMMITEE REPORTS
Chapters: Sugarloaf Chapter is putting together a “centered” riding clinic. Calvert Chapter has Lisa Wilcox clinic May 23 and 24. They also have their show

COMMITTEE OF THE BOARD
For complete contact information see www.pvda.org

• Library (Film & Video)
  Leslie Rauin
• Mailing
  Marketing Partners
• Mailing List
  Shari Packard
• Maryland Horse Council
  Deanna Beal
• Media Relations
  Beth Collier (Chair)
• Junior/Young Riders
  Linda Speer
• Legal Counsel
  Mike Tucker
• Library (Books)
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• National Liaison
  Jocelyn Pearson
• Newsletter
  newsletter@pvda.org
  Michele Stinson (Man. Editor)
• Rider Achievement Awards
  Jo Ellen Hayden
• Scholarship/Honors
  Jocelyn Pearson
• Schooling Show
  Michele M. Gentry (Chair)
  Bruce M. Gentry (Treasurer)
• Shows: Licensed
  Carolyn Del Grosso (Chair)
  Michele Wellman
• Special Events
  Michele Wellman
• News
  Jennifer Funk
• Omnibus
  Bonnie Vaden (Chair)
  Stephanie Banks
  (Co-Chair) Leslie Rauin (Co-Chair)
• Rider Achievement Awards
  Jo Ellen Hayden
• Show Results
  Jocelyn Pearson
•Web Site
  www.pvda.org

• Education
  Jan Denno
• Equipment
  Katie Hubbell (Chair)
  (Western Md.)
  Aileen Hopkins (So. Md.)
  Linda Speer (Central Md.)
• High Score Awards
  highscores@pvda.org
  Linda Speer
  Lindsay Jensen
• Hospitality
  Eileen Johnson
• Judges’ Liaison
  Betty Thorpe (Licensed)
  Peggy Paraiso (Schooling)
• Junior/Young Riders
  Linda Speer
• Legal Counsel
  Mike Tucker
• Membership
  membership@pvda.org
• Library (Books)
  Marla Stoner
• Membership Directory
  Marla Rochette
• Omnibus
  Bonnie Vaden (Chair)
  Stephanie Banks
  (Co-Chair) Leslie Rauin (Co-Chair)
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• Annual Dinner
  Shari Glickman
  Linda Speer
• Archives
  Betty Thorpe
• Association Insurance
  Betty Thorpe
• Calendar of Events
  calendar@pvda.org
  Jocelyn Pearson
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  chapters@pvda.org
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  Hilary Moore
  Lindsay Jensen
  Mike Tucker
• Constitution/Bylaws
  Mike Tucker
• Education
  Jan Denno

• Service Directory
  servicedirectory@pvda.org
  Shari Glickman
• Special Events
  Linda Speer
• Sponsorships
  Pat Artimovich
  Kate Burgy
• Trophies & Ribbons
  Linda Speer (Chair)
  Leslie Rauin (Co-Chair)
• Trophy Fund
  Shari Packard (Chair)
  Donna Haske (Co-Chair)
• Volunteers
  volunteers@pvda.org
  Jan Denno (Chair)
• Web Site
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  Jocelyn Pearson (News Editor and Calendar Editor)
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NEXT MEETING: March 1, 2010, 7 p.m. at Linda Speer’s farm, Clarksville, Md. For more information: Michele Wellman, 301-873-3496.

Meeting adjourned at 9:12 p.m.
CEDAR ROWE LUSITANOS
Is proud to bring from Germany
Isabelle von Neumann-Cosel
To present a Two day Mounted Clinic

YOUR CLASSICAL SEAT
April 17 & 18, 2010

- Isabelle is a German Judge and an "A" rated instructor
- An accomplished journalist on riding skills having published many books on the subject, including participating in the book "Balance in Movement."

Isabelle will be offering a unique and totally new approach to confirming your harmony with the horse through your seat. The first day will be mounted lunging on Cedar Rowe's experienced lunge horses or your own for a complete assessment of your present form. The following day will be a mix of further lunge work or horse/rider instruction.

More information and the registration form may be downloaded from www.cedarrowe.com or contact Linda Denniston at (301) 447-6240 or e-mail CRQHF@aol.com.