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Ellen Lerner on Cor Altair at Schooley Mill Park on April 14.  Photo by Vickie Kirkpatrick
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Don’t Miss the Adult Team Competition

Form a team and go have some fun! PVDA is hosting the 2013 USDF Region 1 Adult Team Competition (ATC) during our Summer Showdown Licensed Show on Saturday, July 6 and Sunday, July 7 at Prince George’s Equestrian Center in Upper Marlboro, Md. (www.showplacearena.com). The ATC is for all adults ages 22 or older as of January 1 of the competition year and open to any team. Form a team with fellow GMO members, PVDA members, or your barn mates! For teams that are willing to represent PVDA there is an added bonus! PVDA will pay the cost of team classes for the first team (at each level) to submit a complete team entry. All members of the team MUST be PVDA members to receive this benefit. Opening date is April 29 and Closing date is June 7. For information and access to entry forms visit http://www.pvda.org/Documents/Show%20Information.aspx on the PVDA website. Mail your show entries to Liz Erwin, 1221 Taft St., Rockville, MD 20850.

PVDA Member Published in USDF Magazine

PVDA member Leslie Raulin recently had her how-to article, “How to Enter a Recognized Show,” published in the USDF Connection magazine this past month. Congratulations Leslie on a job well done!

PVDA Ride for Life Is June 22-23

The 10th Annual PVDA Ride for Life is coming up June 22-23! USDF President George Williams has agreed to be Grand Marshal of the show this year and there is a stellar line-up of riders for the Dancing Horse Challenge, including Catherine Haddad Staller, Tami Batts, Kathy Priest, Julio Mendoza, and many more! We still need volunteers. Gala tickets are still available at www.pvdarideforlife.org.

New PVDA Chapter Forming

Tri-County Dressage, the newest chapter of PVDA, is forming in Southern Maryland. If you are interested in joining the chapter or learning more about it, please contact Hallie Ahrnsbrak at 240-882-2531 or Julie Gross at 301-503-7709.

The President’s Window

We are all crazy busy getting ready for the 10th Anniversary PVDA Ride for Life! This year our goal is to have 100% participation from all our PVDA members. If you are not already signed up to ride or volunteer, won’t you consider joining us for this historic weekend? If you check the Ride for Life website, www.pvdarideforlife.org, you can find all sorts of ways to help or get involved. Raising funds for breast cancer to benefit the Johns Hopkins Avon Foundation Breast Center is the main focus of "The Ride." If you look over the past 10 years of our efforts, you will realize the huge impact that PVDA has had on the possibility of a real cure. Imagine a world with no breast cancer. Please sponsor or donate!

By Jocelyn Pearson
president@pvda.org

Continued on page 14
USDF Launches New Sport Horse Prospect Development Program

The United States Dressage Federation (USDF) is pleased to announce the launch of the USDF Sport Horse Prospect Development Program, presented by Dressage at Devon, a USDF Education Partner, and supported by Hassler Dressage. Created by the USDF Sport Horse Committee, this new program is designed to bridge the educational gap in the development of dressage horses, as they progress from showing in-hand to work under saddle and eventual competition. It will feature a live forum approach, focused on a correct, fundamental system for starting sport horse prospects. For more information about the new USDF Sport Horse Prospect Development Program, contact the USDF office at shprospect@usdf.org or call 859-971-2277.

Changes to the PVDA Bylaws

The PVDA Board of Directors is excited to announce that we have approved an updated version of the organization’s By-laws. The By-laws are the legal document that governs the policies, legal procedures, and governance of the organization. By-laws should be reviewed and updated at least every five years. Some changes in the approved By-laws include an updated purpose, a revised conflict of interest provision, new terms for the Board of Directors, and other updated language that more accurately represents how the Board and organizations functions. The By-laws now go to you, the membership, for final approval. We will be sending a separate mailing to all the members within the next few weeks, with the new By-laws. The By-laws will be adopted within thirty days of the mailing, unless we hear objection in writing from more than one-third of the membership. Please feel free to contact any members of the governance committee, if you have any questions about the By-laws.
Movement Control Specialists

Bridging the gap between good dressage training 
& successful performance …
Improving Rider Self-carriage

Empowering Riders

to develop control of 
unintentional movement 
patterns that negatively 
affect the horse-rider 
partnership 
to achieve 
dynamic equilibrium 
with their horse

Movement Control Specialists applies the science and concepts of 
the Postural Restoration Institute and the Australian Physiotherapy & Pilates Institute 
in a unique, whole systems, integrated movement-training process.

Do any of the following apply to you?

Does your left leg feel shorter than your right 
or nonexistent? 

In the mirrored arenas, does your body look 
like what you thought you were doing? 

Does the ability to “collect”, “gather”, or 
“round” your horse elude you? 

Do you hold your breath or clench 
your jaw while you ride? 

Are you able to make smaller, smoother circles 
to the right v. to the left (or vice versa)? 

When you go up in the rising trot, do you tend 
to fall right, inadvertently pulling your horse 
right to counterbalance your shift in weight?

Visit www.EmpoweredRider.com to learn more about us and 
the services we provide: private intensives and customized progressive work

Lilla Marhefka, PhD, HFS, CPT, CES, CSCS   Lilla@MovementControlSpecialists.com
Bayside

The PVDA Bayside Chapter, under the leadership of Anne Thibo and Joy St. Landau, has yet again organized a fun and successful schooling show. This was our 4th annual dressage show, and our membership base continues to grow. Each year we are able to increase our activities and continue to pick various locations for our events, to better accommodate the vast area we represent.

A huge thank you to "Horses in Harmony," a top notch dressage facility in Preston, Md., owned by Debbie Hill and managed by Jackie Kinney. The place looked superb and the attention to detail was visible with cute decorations reminding us of the “Kentucky Derby Weekend.” Our volunteers were plenty full this time so everyone had some time to enjoy!

Darcy Miller from PA, an L program graduate, was our judge this time, and we truly appreciated her honest feedback, accuracy of judging and valuable critiques. She did not know any riders at our show and therefore we felt she did a great job in being objective! She judged for us with the objective of preparing the riders for upcoming rated shows this year.

We had all Intro Levels, Training Levels, and First Levels represented, as well as a Third Level and a Freestyle test. For the first time we were able to capture 12 Junior riders and show them how fun dressage can, and should, be.

The most fun was definitely had by all spectators and riders during the "Prix Caprilli" tests. This was a Training Level test ridden in the large dressage arena, which included 3 fences, either 2’ or 2’6”. The test is judged on accuracy, seat and jumping ability and control. Two of the fences get jumped twice. Everyone enjoyed it and it livened up the dressage atmosphere. We will definitely do it again!

A special thank you to our class sponsors: Kingstown Feedstore, Chestertown; Masts Tack and Repair, Smyrna, Del.; Jewelry by Bobbie McDonald; Out of the Fire Restaurant, Easton; PonyTailArt.com; Out Back Tack, Easton and Horses in Harmony, Preston!

We had a full day with almost 60 rides, wonderful food prepared by volunteers Shawn and Bobbie McDonald, and the weather cooperated with a mix of sun and clouds.

Everyone had a great time socializing and it was nice to see so many different disciplines sharing the same passions: horsemanship and camaraderie.

**Special Awards were given to the following riders:**
- Jackie Kinney on Dylan, a Friesian/Paint Cross for High Score Champion.
- Ulla Parker on La Bella Donna, a 5 year old Oldenburg for Reserve High Score Champion.

*Chapter News continued on next page*
Chapter News continued from previous page

- Megan Byrne on Smitty received the High Score Junior award on her Paint cross.
- Holly Covey on Nice Guy, a 5 year old OTTB, received the Highest OTTB award.
- Wendy Gast on Rollick Again, a Trakehner cross received the Best Turned Out award.

Our next events will include a Long Lining clinic in July with Anne Rawle in Barclay, a "Ride with Your Mind" clinic in August with Lisa May, in Chestertown, as well as a dressage clinic with Jeanne McDonald in September in Preston.

For details, email us at baysidechapter@yahoo.com.

Catoctin

The Catoctin Chapter met at The Diner in Myersville, Md., on April 18 at 7 p.m. We welcomed a new member and Dr. Debbie Powell, our guest speaker.

Guest speaker Debra Powell, Ph.D., PAS, CESMT, CCMT is Stephanie’s long-time friend. Dr. Powell conducted a Q&A session. Debbie’s business is PECTS (Powell’s Equine and Canine Therapeutic Services; http://www.hoofandpawtherapeutics.com/).

Debbie has combined a personal love for horses and dogs with her professional career. She has competed in the sport of eventing and still enjoys riding and spending time with her horses when time allows. Debbie received her B.S. in Biological Sciences from Hampton University, an M.S. in equine nutrition and exercise physiology from the University of Illinois and her Ph.D. in equine nutrition and exercise physiology from the University of Kentucky. That’s just her professional, scientific schooling! Her training also includes therapeutic modalities. She has been a certified equine and canine massage therapist since 1995 and has become trained and experienced in a wide variety of other specialties.

Debbie’s kind, quiet demeanor allows the animal she is working with to relax so it is able to get the most out of treatment. She works out of a desire to improve the quality of life for our canine and equine companions and lives by her motto ‘Always do no harm, do good and love God!’”

Debbie started as a professor and then opened her business, located in West Salem, Ohio. She does nutrition counseling and alternative therapies (massage, electrical stimulation, therapeutic ultrasound, magnetic therapy, laser therapy, acupuncture/acupressure, therapeutic taping, and pulsed electromagnetic therapy).

Debbie’s presentation was well received and chapter members were interested in treatment for their horses. Stephanie is hopeful that Debbie will move to our area!

On April 20 we held an Aviva Nebesky fix-a-test clinic, which was well subscribed (13 rides!). The clinic was excellent. Everyone had a great time and learned some wonderful pearls of wisdom. Thanks to Nancy Isaccson for her excellent organization of the clinic.

The next chapter meeting will be Thursday, May 16 at Leslie Raulin’s Blue Horse Farm (2027 Gapland Road, Jefferson, MD 21755). We will meet at 7 p.m. in Leslie’s barn and will discuss trailer and barn organization. After the discussion, we will hold the meeting in Leslie’s house.

New chapter members are welcomed at any time. E-mail Debbie Lomb at DebbieLomb@hotmail.com.

Shore Dressage

On April 14 we held our 2nd Dressage Clinic at Sunset Bay Training Centre in Onancock, Va. Popular clinician and “I” judge, Kathy Rowse, gave the seven riders ranging in levels from Intro to Prix St. Georges, very valuable help with their horses. First to go was Kerra Johnson on her 14 year old Thoroughbred/Conamara cross, Page, whom she events at the Preliminary Level. Kathy had Kerra work on the movements in the Prelim A test, but with a concentration on correct body mechanics to improve the body mechanics of the horse. Page can be a bit tense at times, so Kathy had Kerra do a lot of long and low work at all three gaits to relax Page, especially during the up transitions. She asked Kerra to turn the horse by rotating her torso from ear to hip, which really helped. In the canter work Page tends to toss her head more, so Kathy had Kerra ride Page in a rounder frame which made a big difference. As Page improved throughout the lesson, Kerra’s smile showed she was ready for her next event!

Next was B.J. Martin on her Paint mare, Annie. Kathy started by putting a baling twine around Annie’s neck and had B.J. hold the reins with the twine between her 3rd and 4th finger. This helped stabilize B.J.’s hands and prevented them from getting too far apart. Kathy said the reins should feel like elastic rubber bands and that most transitions should come from her body. To halt, she wanted B.J. to merely bend her elbows, which made Annie happy. She then had B.J. do some torso suppling exercises similar to what Kerra did, which made a difference. She also had B.J.

Shore Chapter News continued next page
concentrate on keeping her "building blocks" balanced one on top of the other, while not overusing the inside rein. With this more correct body positioning Annie was able to give some very smooth walk, trot transitions.

Tammy Parks was next on her 17 year old chestnut Paint gelding, Skip, who is getting ready to show at Training Level. Today Tammy wanted to work on riding corners correctly. First, Kathy wanted Tammy to have a "spongy" contact, so she had Tammy do some small flexions left and right at the walk and then on the 20-meter circle. Kathy wanted her to be careful not to be restrictive with the outside rein, because if that happened the rider would be giving the horse something to lean on. Kathy then had Tammy trot from corner to corner, but with a halt on a straight line as she approached the corner. This definitely gave Skip something to listen to and ride through the corners better. They are ready for our first show!

Next were two western riders who had mostly done parades, quadrilles, and trail rides. Both Joan on Brother and Renee on Vickie, were a bit nervous and explained they didn’t know the terminology such as center line and 20-meter circles, but they were eager to learn what dressage was all about! They realized the importance of dressage and how it develops suppleness, flexibility, balance and lightness, and how much it would help their kind, willing horses. With Joan’s horse, Brother, Kathy had her work on "speed control," by slowing down the tempo and then keeping it. Kathy gave Joan different exercises to give Brother different things to think about, which really helped. On riding 20-meter circles, Kathy had Joan and Renee look at the inside eyelash throughout the circle and if they couldn’t see it, they knew they’d lost the bend. She then had the ladies do "body exercises" at the walk and jog, such as turning the head left and right, rotating the torso left and right, and lifting one shoulder to the ear and then the next. She told them to think of it as physical therapy on horseback. Wow! These two women did a fantastic job with their horses. They are ready for the western dressage classes at our first show.

Maureen Lawrence on her big handsome, 19 year old Dutch warmblood, Massaro, and ready to show Prix St. Georges, went next and what a pleasure to watch! They are working on true collection at trot and canter, canter pirouettes, and straightness on the tempi changes. Kathy had them start in walk doing renvers without allowing the horse to get locked or brace the shoulders. They went from renvers to a leg yield and back, while thinking of keeping the ears at a level plane with the withers. They worked on the 20-meter circle by turning the body and Kathy emphasized to Maureen the importance of keeping the hands close. With hands too wide it’s impossible to get a good connection. They then did 20-meter circles in canter keeping the torso turned throughout. They then worked on shoulder-in to shoulder-fore and back to shoulder-in at sitting trot, as sitting trot allows the rider to feel and follow the motion. They did this on the second track going down the long side with a halt at the end, which really got Massaro’s attention. They then did a similar exercise in collected canter with halts at the end of the line, before turning the corner. This was a good exercise to help get the collection for the canter pirouettes.

The last horse of the day was Sambesi, an 8 year old Westphalin also owned by Maureen and ridden by Susie Cain. As Maureen had only had the horse a month and he wasn’t super fit, they worked on important basics. At the walk and trot he exhibited two magnificent, ground-covering gaits! Even though the walk had a lot of overstep he was a bit stuck in the neck. Kathy had Susie think of lowering the base of the neck by putting him on a 10-meter circle to see if he could seek the contact with the ears lower. They then worked on trot-walk-trot transitions, which need to be ridden more forward and uphill. From there they proceeded to shoulder-fore, shoulder-in transitions on the second track which became quite nice. They then worked on different trots such as medium to lengthened, all without a change in the frame, which was accomplished beautifully! Next clinic, when Sambesi will be more fit, they’ll work more on the canter.

This was a very educational clinic to watch, with a nice variety of horses and levels. We closed our clinic with wine and cheese, with good friends, and with a beautiful Spring day of dressage!
Riders Can Make a Life-Changing Difference at the 2013 Dancing Horse Challenge

By Jeannette Bair

The Ride for Life was created in 2004 and in its first years was held as a one day dressage show and now has expanded to a two-day recognized dressage show held at the Prince George’s Equestrian Center. For any of you who have ridden at this show, you know the excitement, power and beauty of this show where the net proceeds from the show go to the Johns Hopkins Avon Foundation Breast Center. PVDA has thus far raised in excess of $490,000 for Johns Hopkins and we hope in this 10th anniversary year to raise over $100,000. For those of you who may not have ridden in this show before, please join us and be part of something very special. Riders have raised as much as $35,000 in some years to contribute to this overall number. This demonstrates just how important our rider participation is to our overall goals. This however is 25% or less of all the riders at the show. Each person could still make a big difference if they would choose to not only ride at the show but also “Ride for Life.”

How can each rider be part of this effort which improves the quality of life for breast cancer survivors, supports families who have lost someone important through this disease and builds a future and hope against the disease’s continuation? You can be part of this effort by reaching out to family, friends, and local businesses for individual sponsorship to “Ride for Life.”

It really is not hard. Ask those within your own community of relationships to contribute. They can give cash (checks made out to Johns Hopkins Avon Foundation Breast Center or through online donation at the Ride for Life website) as sponsorship pledges, they can buy advertising in the program, they can sponsor classes, they can provide general sponsorships, they can do show program tributes and they can donate silent auction items. On the donation forms they need to indicate the rider whom they are sponsoring through these various forms of donation.

What do you as a rider get from this? The obvious is to be part of something important and to help make a difference in the battle against cancer. But also you can earn prizes for participating as part of this giving opportunity. Prizes are earned based on the total amount of money raised.

Ride for Life continued on next page
Ride for Life continued from previous page

each rider brings in:

- $100 in sponsorships: gains an extra ticket to the Dancing Horse Challenge (all riders already get one free ticket for just being at the Ride for Life)

Friend Plateau Level
- $500 in sponsorships: gets you a Ride for Life t-shirt (they are quite striking)

Bronze Plateau Level
- $1500 in sponsorships: gains an extra ticket to the Dancing Horse Challenge (all riders already get one free ticket for just being at the Ride for Life)

Silver Plateau Level
- $2500 in sponsorships: gets you a Ride for Life Polo Wraps and Ride for Life Saddle Pad

Gold Plateau Level
- $4000 or above - gets you a Ride for Life Director’s Chair

Additionally there will be High Pledge Champions in four Divisions:
- Adult Amateur
- Professional
- Jr/Young Rider
- Phantom (for those of you may not be riding but would like to contribute)

Ribbons and prizes will be given for the top three placings. Gift certificates will be provided for sponsored breed classes.

All of the Gold Level riders and high pledge winners will be recognized during the Dancing Horse Challenge.

To learn more about rider sponsorships go to www.pvda-rideforlife, click on “Competition” and then click on “Rider Support” from the drop down box. Read all about the process (it is really quite simple) and there are links throughout the description of this activity for printing forms to go with your sponsorship submissions.

Contact Dorie Forte for additional information at rival1farm2@aol.com and you can also direct any questions you may have to Jeannette Bair at jeannetteabair@gmail.com or 443-691-0390. We thank you in advance for your willingness to be part of something great and to use this wonderful sport of ours as a way to give back to others. Our horses and our riding heals us in so many ways. Let them and us provide healing for others.

You Don’t Have to be a Rider to Make a Difference!

PVDA’s Ride for Life is not just a horse show. It’s an opportunity to make a positive impact.

**SUPPORT** a great cause at one of the East Coast’s premier equine events

Share your talents or **LEARN** new skills

Experience **NOT REQUIRED**

Receive volunteer hours and a **GIFT**

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Get **INVOLVED**: Mimi Mack
mimimack58@comcast.net
301-748-6844
MarySue McCarthy
marysue@equusnegotiation.com
410-979-7744

10th Annual
RIDE FOR LIFE
PVDA
June 22 & 23
Prince George’s Equestrian Center, Upper Marlboro, MD

Dressage Show
& Benefit for Breast Cancer

The PVDA Newsletter
The 2013 KWPN-NA Annual Meeting was hosted by Hassler Dressage at Riveredge on March 14-16. Horses from all over the east coast came to represent the Dutch breed in both dressage and jumping. Horses of various ages were presented both under saddle and in-hand to showcase significant influences by several top producing stallions such as Jazz, UB40, and Sir Sinclair.

Hassler Dressage stands two stallions that were featured in the dressage presentation—Wamberto and Rousseau. Offspring from these stallions also were presented.

Several breed authorities and judges gave commentary to the crowd of 150 people on each horse, explaining conformation and gait highlights and flaws as well as pointing out potential heritable traits.

The weekend was packed with educational lectures and meetings to discuss breeding, training young horses, and the developing horse program. Members of the KWPN came from around the world to attend this event.

For more info on the meeting, visit: http://kwpn-na.org/about/meeting.php

Jaclyn Sicoli was asked to be one of only four riding horses representing the breed in dressage on a horse in her training program and owned by Suzanne Sherwood. Zeusalmunde is a 2004 Dutch Warmblood gelding by Quattro purchased by Suzanne in 2012 from Heather Mason. In 2012 Jaclyn also competed Zeus through Fourth Level. Both Jaclyn and Suzanne have kept Zeus on his toes with events such as the Dutch Annual Meeting and clinics with top trainers.
Horses for Sale

† 1) ’10 Old/Arab ches. mare w/stockings and star by Decoupage, very feminine, beautiful head and topline. Leggy with a petite build, 3 ex. gait, outgoing personality. Has not been started u/s yet. Has half-Arab papers, $8,500 2) Old. geld. 18 yrs, trained to GP, shown thru PSG, $10,000, Tiffany Hattler, 540-454-3393 or email: thattler@mindspring.com  † 10 Prem. ISR filly by Han. stallion, Fielding, going quietly u/s, sweet and lovely, beautiful gait. Will be outstanding dressage or event horse. Will mature to 16H+, Karen Baker, 301-613-3047  † Ches. geld. 12 yrs, 16H, solid 2nd level horse w/quality gaits, schooling 3rd. Sweet, safe, quiet and conf. to ride. Perfect for a JR or AA to compete and learn on. Healthy and sound w/good feet. Loves people, easy to handle, good for vet/farrier, well behaved at home and at shows. Good home a must. price neg. to right partner. $30,000, Jenny Mlyniec, 443-359-8449  † Reg. Han. geld., 13 yrs, 16.3H, by Weltbekannt o/o a Wertherson mare. Has scored as high as mid 70s at First Level and was schooled to Second Level in 2008 when purc. by current owner. In 2012, 62 yo AA owner showed him at loc. shows at Training level w/scores as high as 76.429%, finished 4th of 32 entries at the 2012 BLM Champs and were the PVDA training level year end high score winner. While he is usually well-behaved and is good at shows; he has had his moments when he is too much horse for me, which is why he is for sale. Best suited for a more confid. rider who will keep him in a steady program, $10,000, Leslie Raulin, email: RAULINL@yahoo.com  † Trk/Perch bkre, mare, 16 yrs, 16.1H, talented, very flashy, responsive to aids, some 1st & 2nd level movement, has been in training w/some well-known trainers. Have had for 10 yrs and sadly must sell as moving to England, $5,000. Dona Haske, 410-474-4901 or email: DonaMichael@aol.com

Horses for Lease

† Two horses for half lease: 1) Shire/TBX, 18 yrs, 18.1H, seasoned eventer, fox hunted, hunter shows, and dressage. Best suited to pleasure and low level, <3th or First Level dressage. Kind, great manners, loves attention. Trailers, clips, trail rides alone or w/company. 2) TB geld., 6 yrs, 16.1H, off the track and green but is a “10’ mover. Has solid beg. in dressage and has started lat. work. Jumping 2 ft w/success, brave on trails. Enjoys a good gallop or a quiet hack on the trail. Has a great mind and is willing to do anything. Super sweet and affectionate, trailers well. Needs a rider with solid basic skills since he is still learning. Both horses boarded in Carroll Co. at Horse Country Farm, w/stone-edust arena, cavaletti, jumps, dressage letters, and backs directly to Liberty Reservoir for miles of trails! Each lease is $200/mo. for 3x/wk or $140/mo. for 2x/wk. Will trailer to up to 4 shows a season. Use your own trainer or ours, Elizabeth Kartal, 443-255-5095 or email: elizabethkartal@gmail.com

Equipment for Sale

✦ Four study tongue and groove 7 tail and 54” wide stall doors w/upper opening. Can be hung or put on hinges. You pick up in Jefferson, Md., $200, Leslie Raulin, email: RAULINL@yahoo.com  † 93 4Star 2H Straight Load w/extended DR, WB-size, Werm floor, new tires, few extra to list, $11,500, Denise Giannino, 301-651-4471  † Barnsby Grip blk. non-slip dressage saddle pad, used only 2x. Hypoallergenic inner lining reduces sweating under the saddle and alleviates spine pressure. Pd. $130, asking $100, Carol Schechter, 202-341-2445  † Sz. 10L NWT, blk. Cavallo Shadbelly Tailcoat, Bling Buttons, Kristen Ortt, 443-553-2240 or email: kristenortt@gmail.com  † Two prs. of Sz. Med. blk. leather half chaps, measuring 18” high and 15” around the calf. One pr. are Ariat thermal, new, still in the bag. Will sell for $60. The other are unlabeled and used, but in good cond. for $25. Will sell both for $75, Judy Stormhainer, 301-627-3918 or email: flyingchange@netzero.net  † Sz. Med. FITS All Season Original FS pull-on breeches in blk., beige, brown, navy and olive green. All in like-new cond. Retail for $240/ea., will sell for $150/ea., Leslie Raulin, email: RAULINL@yahoo.com  † 1) Sz. 32L (runs small—like a 30R) lt. tan/cham-pagne colored Cavallo Contessa Breeches, NWOT, wide waistband, no belt loops for a clean euro look, low rise, full seat, seat is same color as rest of breech., pd. $250, yours for $100 2) Sz. Med. pr. of Back on Track therapeutic wraps w/velcro, hardly used, in great cond., $50 3) Sz. 76 Smartpak Smart Blue Stable Blanket w/300g fill, used 1 season and prof. cleaned. Pd. $115, yours for $75/obo, 4) Sz. 74 Baker plaid fleece quarter sheet, not adaptable to be a rider blanket while riding, used 1x, pd. $100 yours for $50, Joanna Kuehne, email: JKuehne@gmail.com  † 17” County Perfection dressage saddle, wide tree, in perfect condition, only 1 year old, $3,750 (new cost $4,975), Mary May, 301-598-5987 or email: mefmay@verizon.net  † 17” County Perfection blk. dressage saddle, med. tree, in exc. cond., $3,000 (cost $4,300 new in 2011), Mimi Mack, 301-748-6844  † 17.5” brn. County Eventer, MW tree, sev. yrs old but barely used. Was ridden in 5-10x total and isn’t even broken in. New cost >$2,400, asking $2,100. Lovely saddle, but owner is no longer jumping and the saddle needs a job! Ellen Buck, 301-351-0033 or email: dr_ellen@msn.com  † 17.5” Bates Caprilli blk. dressage saddle, wide tree, in exc. cond. Fits QH, DraftXs, and WBs beautifully. Stirrups, leathers and 48” girth incl. Photos avail. $800/obo, Suzi Hek, 717-642-2935 or email: suzien@comcast.net  † 17.5” blk. Passier Lexen dressage saddle, med tree, can be adj. by saddle fitter, in exc. cond., pics avail. by email, $850/obo, Lindsay Hall, 410-430-0681 or email: Linzy1426@hotmail.com  † 1) 17.5” Hulsebos WB4 blk. saddle, MW, in exc. cond., $2,500,  2) 17.5” Hulsebos WB3 blk. saddle, MW, in exc. cond., $2,500 3) 18” Hulsebos Demo DYN3 blk. saddle, MW, in like new cond., $3,000, 4) 17.5” Hulsebos Demo Dressage Close Contact, brn. Makela leather, MW, in like new cond., $4,000 5) 18” Hulsebos WB3 blk. saddle, MW, in exc. cond., $2,500 6) 18” Custom Saddlery blk. Icon Flight Black MW, with paper, in good cond., $2,800 7) 18” Cyron

The Classifieds is available to PVDA members. Advertisements (unboxed ads) are accepted via e-mail. Type or print your submission a newsletter will not print any classifieds that MUST be received by the 10th* of the month following month. Email classifieds@pvda.org or send to

Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771.

*JULY 2013 ISSUE CLASSIFIEDS DEADLINE IS JUNE 10, 2013

The PVDA Newsletter

12
bl. dressage saddle, M tree, buffalo and suede leather, in good cond. $750, Leslie Raulin, email: RAULINL@yahoo.com

Boarding
✦ Full care stall board avail. at beautiful farm loc. on 21+ ac. in the rolling hills of Fred. Co. Loc. 5 min. outside Libertowntown, and close to Frederick, Mt. Airy, Union Bridge, and Westminster. Facility has an ind. overall arena w/full wall of mirrors, regulation size dressage outdoor, 12x12 matted stalls, ind. matted h/c wash stall, matted aisle, plenty of small group t/o in fields w/4-brd double fencing. Exercise track around property. Small facility, ideal for amateur pleasure dressage and eventing riders, quiet, laid back and friendly atmosph., with exc. care for your horses. Owners live and work on premises, $525/mo., Rebekah Lusk, 410-635-6036 or see: www.windyoakfarm.com
✦ 1) Board avail. for one mare and foal at GoodNess Ridge Farm. Deworming, and daily foal handling, such as leading, and holding for farrier and vet incl. in board. Will be stalled as needed and turned out on good pasture w/one other kind mare and foal and access to lg. run-in shed. At weaning there may be an option to continue to board mare and/or foal. 2) One stall avail. for your special dressage horse. Top quality amenities and highly personalized care. Pvt. or semi-pvt. t/o and a really pleasant group of boarders. Freq. clinics w/internationally renowned trainers. See www.goodnessridge.com for more info. Shari Glickman, 301-351-5530 or email: shari.glickman@comcast.net
✦ Two stalls avail. at Roho's Hideaway Farm, loc. north of Westminster, off of Rt. 97. Conv. to Westminster, Frederick, Gettysburg and Balt. Co. Quality care for your horse, indiv. t/o, outdoor arena, owner on premises, and lessons avail. Carol Stultz, 443-293-2669

Wanted
✦ 17.5” County Custom Perfection, MW SR – pref. w/a forward flap but will consider a straight flap, Rita Boehm, 240-751-3978 or email: ritanbob2@aol.com

For Rent
✦ Eight stall barn avail for lease on pvt, quiet farm in Woodbine, Md. Perfect for prof. w/horses and students in training. Rent on a dry stall basis per stall w/a minimum of 5 stalls. Tack room, full size fenced-in outdoor dressage arena and ind. dressage arena. Open fields for hacking and doing hill work, sm. field jumps and lg. turnout fields. Jeannette Bair, 443-691-0390 or email: jeannetteabair@gmail.com
✦ Second floor, 800 sq. ft. apt. w/BR, BA, great room, built-in office area, and kitchenette. Loc. on 9.5 ac. equestrian prop. in Dayton, Md. (Howard Co.) conv. to Rt. 32, Bonnie Sink, 410-531-7873

from “The Thoughtful Rider” by Hector Carmona, Jr.

Forward Thinking

Horses should not only be able to gather themselves but also extend themselves. For all of these exercises we need forward thinking and the rationale for the current tempo. There is range of motion within the horse. No fancy exercises, only more active and the giving of the hands and the horse will grow. It is the basis of the foundation of training which is to allow the horse’s basic steps in the 3 gaits to come out as if without the rider. The rider should not hinder but instead allow. The result will be a more up-tempo achieving better articulation of the horse’s joints. The thinking should be forward but not at the expense of lightness in the rider’s hands. Within the ride, whether uphill or more towards long and low, it should develop without tension or heaviness. We should understand the horse’s basic and natural steps and allow the horse to relax into them. My approach: comfort for the horse within what nature provided. Your horse shall become more beautiful and prouder if the rider allows for movement without restraint.

—Submitted by Dorie Vlatten-Schmitz
President’s Window continued from page 3

This year, we will be honored to have two international dressage experts available to us for the weekend. The Grand Marshal of the Ride for Life will be USDF President George Williams! Many of you have enjoyed his clinics in our area for the past few years. Also, Jackie Sicoli, Chairperson of our Education Committee, has asked Catherine Haddad to not only ride in the Saturday evening freestyle competition, but to also be available for “breakout” training sessions during the weekend. All this combined with our wonderful vendors, Silent Auction, Gala, and Julio have been planned especially for you. Please come and bring everyone you know! Volunteer opportunities are still available. Contact volunteers@pvda.org.

As if all of this activity is not enough, you can sign up to ride or volunteer at the PVDA Summer Showdown and USDF Region 1 Adult Team Competition on July 6-7, again held at PGEC. Do you complain to your friends that you ride alone too often? Here’s your chance to be part of a team! Check www.pvda.org for the guidelines on how to enter. If you have noticed that the PVDA Board of Directors contains a group of “overachievers,” you are very observant. Also, at the Summer Showdown we will be hosting the D-2 Session of the USDF “L” Program. If you see a group of 10 hopeful judge candidates sitting on the sidelines with their scribes, wish them well. It might be you sitting there next time!

If you have checked our Calendar of Events you might notice that three of our PVDA members are hosting top notch clinicians in June. We have Bettina Drummond at Good News Stable, Inc., Courney King-Dye at Good News Stable, Inc., and Jan Brons at Chesapeake Dressage Institute. I point this out to you because we are so lucky. As Axel Steiner said to us one time, “This is a very sophisticated area.”

Have a wonderful summer! Contact me any time at 703-771-3231.

Jocelyn Pearson • PVDA president • president@pvda.org
The 2013 Show Results

Send your Show Results for the newsletter to showresults@pvda.org.

PVDA Schooling Show
Schooley Mill Park, Highland, Md • April 14, 2013

USEA Tests
1. BN Test B / CMA Drama Queen / Jennifer Martin / 66.67%
2. BN Test A / CMA Drama Queen / Jennifer Martin / 66.00%
3. Training Test B / Jacks AKA Lord Arthur / Antonio del Castillo-Olivares / 65.45%
4. Training Test A / Jacks AKA Lord Arthur / Antonio del Castillo-Olivares / 64.55%

Intro Level Test A
1. Face The Music / Sophia Fishman / 74.38%
2. Elegant Athena / Katie Andrews / 72.50%
3. Cirque du Soleil / Valerie Mallder / 70.31%
4. Tempestas SG / Carrie Ahonen / 68.13%
5. Days End's Nekyia / Sarah Yaroslaski / 65.00%
6. The Pied Piper / Traci Dill / 62.81%

Intro Level Test B
1. Cezanne / Patricia Artimovich / 80.31%
2. Elegant Athena / Katie Andrews / 76.25%
3. Fabled Island / Laura Strauch / 72.81%
4. Face The Music / Sophia Fishman / 71.88%
5. Days End's Nekyia / Sarah Yaroslaski / 69.69%
6. Cirque du Soleil / Valerie Mallder / 69.38%

Intro Level Test C
1. Blaze / Sarah Hume / 68.50%
2. Face The Music / Sophia Fishman / 64.50%
3. Scooter / Anita Kennedy / 58.25%
4. Salty Dog / Kelly Kylis / 45.25%

First Level Test 1
1. I See Stars / Ali Calkins / 62.41%
2. Grover's Slapshot / Samantha Smith / 62.24%
3. Strider / Robin Petrasek / 62.24%
4. Elizabeth Montcalm-Smith / Elizabeth Smith / 59.48%
5. Lucio / Mieke Meurs / 58.97%
6. Cor Altair / Ellen Lerner / 58.10%

First Level Tests 2/3
1. First Level Test 2 / Lino / Susan Gadomski / 63.38%
2. First Level Test 3 / Resplendent / Ninja Nissen / 63.23%
3. First Level Test 3 / Lino / Susan Gadomski / 63.23%
4. First Level Test 2 / Grover's Slapshot / Samantha Smith / 60.81%
5. First Level Test 2 / Cor Altair / Ellen Lerner / 60.68%
6. First Level Test 2 / Elizabeth Montcalm-Smith / Elizabeth Smith / 59.87%

Second, Third, and Fourth Levels
1. Third Level Test 2 / Zackary / Samantha Sandler / 62.81%
2. Second Level Test 1 / Resplendent / Ninja Nissen / 59.57%
3. Fourth Level Test 1 / Zackary / Samantha Sandler / 58.71%
4. Third Level Test 3 / Exclusively Sunny / Laura Strauch / 58.59%

Pas de Deux and Musical Freestyle
1. Pas de Deux / Lion's Share / Whitney Johnson / 77.00%
2. Pas de Deux / Ralpal / Candace Snell / 77.00%
3. USDF MFS Training Level / Song of Solomon / Traci Melvin / 73.17%

It was a cool, breezy but sunny Sunday April 14, 2013 for the Schooley Mill Show. We had 67 scheduled rides and only 2 scratches before the show. We got off to a slow start and did not recover, but all the riders and show volunteers were great troopers. Huge thanks to our Judge Ingrid Gentry and my ace volunteer squad: Wendy Emblin, Andrea Jacob, Elaine Jordan, Linda Lesheer and Julie Rovner with sidekick Gromit. THANK YOU ALL
-Carolyn Del Grosso, Manager
Isabelle von Neumann-Cosel Clinic

Harmony with Your Horse

By Linda Denniston

Cedar Rowe hosted a three-day clinic with Isabelle von Neumann-Cosel on April 12-14. Clinics with Isabelle are held every Spring and Fall. Participants have the option of riding and/or lunge lessons on their own horse or one of Cedar Rowe’s school horses. Most participants feel they achieve the most benefit from lunge lessons where they begin to understand and feel their body’s harmonious movement and interaction with the horse’s body and movement in a controlled riding environment. We need to remember that the rider is the load in the harmonious riding equation.

Isabelle gave each rider exercises to help them feel the relationship of their own body biomechanics with that of the horse and an awareness of their body’s particular movements and seat with that of the horse’s back and movements. They learned how a wobbly upper body and clamping legs restrict the movement of their seat. The riders became aware of the importance of a leg aid with the calf and not the heel. Some of the “light bulb” moments experienced by the riders included feeling the balance and execution of an upward and downward transition, being able to ride the sitting trot, and the feeling of a better contact in their hands. All were able to accomplish the exercises and experience a new flow of the horse’s movement through their bodies.

Cedar Rowe offers well schooled and experienced lunge horses. The riders on these horses bring individual balance and tension issues that these horses are able to identify with restricting their forward movement. Rusty, a 22 year old TB, will only do four circles on the lunge at the trot, if the rider is wobbly or tight. Lotto, an Appendix Quarter Horse (just passed away recently at 29), would turn his head toward the rider’s leg and try to bite it for putting their heel into his side. Zigaia, a Lusitano mare, will speed up if the rider is tense.

One-day riders worked on observed issues and practiced exercises that allowed an awareness of how to overcome their problems. The two-day riders continued to work through issues on the second day and got more in-depth learning exercises. On the third day the three-day riders worked warm up exercises on the lunge and then got off the lunge to practice these exercises on their own.

Isabelle has been doing Rider Awareness Clinics for five years at Cedar Rowe. She is a highly respected clinician and dressage judge in Germany, and is a contributor in writing the rules for the “FN” Organization. Isabelle rides, trains, and gives lesson daily in her home city of Manheim. She is the author or coauthor of numerous books, the most recent of which is “Rider & Horse Back to Back.”
**Top photo:** Horses from Days End farm compete at the April 13 schooling show at Schooley Mill Park. Photo by Mark Uziel.

**Right center:** PVDA member Janna Dyer with her stallion, Prezent, exiting the arena at the VADA Show at Morven Park, after winning the Freestyle. Photo by Jocelyn Pearson.

**Bottom left:** PVDA Treasurer Carolyn Del Grosso with her horse Agent 007, waiting to enter the arena at Morven Park. Carolyn won a Freestyle class on Sunday at the VADA show. Photo by Jocelyn Pearson.

**Center left:** Linda Speer and granddaughter Zoe Witte scoring tests at the Jr/YR show at Schooley Mill Park on April 13. Photo by Mark Uziel.
Bayside Chapter Dressage Schooling Show at Horses in Harmony, Preston, Md.

Top photo, clockwise:
Nicole Frigon on Olivia OTTB.
Photo by Brianne Reynolds.
Holly Covey on Nice Guy, High Score OTTB Winner. Photo by Brianne Reynolds.
Jackie Kinney on Dylan, High Score Champion.
Photo by Brianne Reynolds.
Megan Byrne and Smitty, Highest Scoring Junior.
Photo by Lori Byrne.

Jarályn Finn Clinic
Presented by: Charles County Chapter of the PVDA

August 11, 2013 (opening 5/12/13 & closing 7/22/13)
Sam Hill Farm
9920 Trinity Church Road, Charlotte Hall, MD

$100 per PVDA rider / auditors free / $5 ring fee
Indoor arena and water available
Contact: Betsy Hunter: betsyhunter@comcast.net
Or Brianna Bowling: brianna@zekiah.com

Relax, Eat BBQ
Have fun!

Come to the
Southern Maryland Chapter Fun Show
June 30, 2013
Harwood, Maryland

Open to everyone
Classes offered include: western dressage,
prix caprilli, regular dressage,
and dressage trail, $15 per class

For more information, visit our web page at
http://pvdasouthernmaryland.com/
June 2013
1  Schooling Show at Hope Floats Equestrian, Taneytown, Md. Contact Jeanine Holtsberg at 410-861-7977 or www.hopefloatsequestrian.com.
1-2  Bettina Drummmond Clinic at Good News Stable, Inc., Boyds, Md. Contact organizer Barbara Baboyian at Baboyian@aol.com or visit www.goodnewsstableinc.com/clinics.html
5-6  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174
8-9  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com
13  CDCTA Thursday Evening Dressage Schooling Show at Warrenton Showgrounds, Warrenton, Va. All USDF, USEA, and FEI tests offered. See www.cdctashowsec@comcast.net or contact Elaine Hobby at 703-779-0472 or cdctashowsec@comcast.net
15  Frederick Area Dressage Shows Series (FADS), at Blue Horse Farm, 2027 Gap Road, Jefferson, Md. See www.frederickdressage.org or call Show Manager Leslie Raulin at 301-788-0134. Show Beneficiary Frederick County 4-H Therapeutic Riding Program.
15-16  Clinic with Courtney King Dye. She's back doing clinics! At Good News Stable, Inc. Contact Judicoyne@comcast.net
22-23  10th Anniversary PVDA Ride for Life at the Prince George's Equestrian Center, Upper Marlboro, Md. All PVDA members are invited to participate. See www.pvdarideforlife.org

July
6-7  PVDA Summer Showdown and USDF Region 1 Adult Team Competition at Prince George's Equestrian Center, Upper Marlboro, Md.
6-7  Instructor Workshop with Lilo Fore at Hilltop Farm, Colora, Md. See www.hilltopfarminc.com
6-7  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com
10-11  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174.
17-21  NAJYRC Championships in Lexington, Ky. See www.usfregion1.org
18  CDCTA Thursday Evening Dressage Schooling Show at Warrenton Showgrounds, Warrenton, Va. All USDF, USEA, and FEI tests offered. See www.cdctashowsec@comcast.net or contact Elaine Hobby at 703-779-0472 or cdctashowsec@comcast.net
20  July 4th Show at Blue Horse Farm, 2027 Gap Road, Jefferson, Md. See www.bluehorsesfarm.com.
27-28  Youth Team Competition North, hosted by VADA at Morven Park, Leesburg, Va.
28  FADS at Sugarloaf Equestrian Center, Boyds, Md. Show Beneficiary is National Fallen Firefighters Foundation. See www.frederickdressage.org or contact Show Manager Cathy Echternach, echternachc@aol.com.

August
2-3  BALIMO Clinic with Barbara Strawson at Begin Again Farm, Leonardtown, Md. St. Mary's Chapter. Contact Gina Guffey at guffeycg@md.metrocast.net. Auditing and ride times available.
7-8  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174.
8  CDCTA Thursday Evening Dressage Schooling Show at Warrenton Showgrounds, Warrenton, Va. All USDF, USEA, and FEI tests offered. See www.cdctashowsec@comcast.net or contact Elaine Hobby at 703-779-0472 or cdctashowsec@comcast.net
10-11  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com
18-19  CDCTA Dressage at Glenwood (formerly Dressage at Foxcroft), Middleburg, Va. Qualifying classes for BLM and GAIG, as well as opportunity classes and rider tests. Stabling available. See www.cdctashowsec@comcast.net or for more information or contact Shannon Pedlar-Bossung at sgb588@hotmail.com
24  FADS at Blue Horse Farm, Jefferson, Md. Show Beneficiary is Frederick County 4-H Therapeutic Riding Program. See www.frederickdressage.org or contact Show Manager Leslie Raulin at 301-788-0134

September
4-5  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174.
7-8  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com
24-29  Dressage at Devon.

October
9-10  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174.
10-13  USEF National Dressage Championships, Lexington, Kentucky
12-13  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com
17-20  USDF GAIG Regional Championships, hosted by VADA in Lexington, Va.
20  Chapter Challenge Prep Schooling Show at Oakridge Park, Hughesville, Md. $20 per ride. Opens September 1, Closes October 12. Judge Jocelyn Pearson. Contact christina@phyxiusphotos.com or calvertpvda.smugmug.com/Shows
31-Nov. 3  BLM Championships hosted by NCDCTA in Williamson, N.C.

November
6-7  Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit www.ChesapeakeDressage.com or call 410-267-7174.
9-10  Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Call 410-267-7174 or see www.chesapeakedressage.com

December
4-7  USDF Annual Convention, Lexington, Kentucky.
Part III of a three-part article

Day 2 lesson (continued)

Somehow from there, we segued into a discussion of the lateral walk. It can be caused by a rider’s tight seat muscles. Often it can simply mean the horse is not accepting the bit. Often there is tension in the back. Use the trot and canter to improve the walk. For a horse that rushes in the walk (and also for a horse with lateral tendencies), leg yield in both directions.

Second day, with Sarah:

In my second session with Sarah, I explained that I often had trouble achieving a sufficient medium in my tests with Willow, because I often couldn’t tell whether I had sufficient collection to achieve a medium. Once again, I can see this in others but can’t watch myself so I need to develop better feel with this particular horse as I have no issue with this on my 18 hand horse, Uno.

We began by first developing an adequate working trot so that I could compare the differences between that and the more collected trot. As we worked, I registered that the working gait is more forward and active than I thought on this particular horse and that as we moved from that to the more collected trot, I was required to use even more leg combined with those all important half-halts to harness the energy I was creating.

As the trot became more collected we moved on to shoulder-in and haunches-in work. This in turn, improved the quality of the trot. Writing this after also having ridden the same horse in a clinic with Eiren Crawford and working on the very same thing, I felt the same reactions under me as we came into more a collected trot. The horse’s frame solidifies underneath you; the horse is working in connection with my body as one unit, without energy escaping out behind or through a shoulder. Now, I realize, with this horse, I simply have to ask for MORE throughout all the trot work in my test in order to ensure I have a medium when I need it.

As one of my fellow campers who is also an a small r judge said, "It’s not collection if you can’t hear the wind whistling in your ears!" We actually never got a chance to do any mediums in this session, however when I rode my two second level tests the next day at the judges’ forum, I definitely got all my mediums trots!

Second day, with Jeanne:

In my lesson with Jeanne, I asked for help with the timing of the aids as discussed above to make sure I was on target and also help with positioning my body correctly in the lateral movements. After watching me a bit, Jeanne demonstrated for me (literally getting down on the ground on all fours!) how a horse is positioned in the haunches-in and then over-emphasized the stretch on the outside of her body through her rib cage, noting that as riders, we must imitate the same positioning. It’s one thing to know and understand the concept but another to know whether you’re actually doing so or not. In my case, my hips were aligned with the horse’s hips but my shoulders were not reflecting the horse’s shoulders enough. The difference having this pointed out made in my haunches-in was amazing and my scores for that movement went dramatically at my next show!

Judging and Test Riding:

The last day once again began with a yoga session and then a lecture on judging and test riding. Both Jeanne and Sarah stressed that riding corners are critical; both at home and at competitions. The depth of the corner depends on the level. Give half-halts two strides before and two strides after the corner. This must become habit so the process is in place ahead of time for competitions.

Both Sarah and Jeanne suggest riding a test at home at least once a week. When I mentioned that my mare Willow starts anticipating at competitions when I do that too much, Sarah said to do tests other than the one you’ll do in competition. Make them up if you have to; the point is to make it something the horse does on a regular basis. She also pointed out that some horses start anticipating and doing things early because the rider has been using too strong an aid for those movements and so to avoid the strong aid, the horse does the movement early. Hmm, food for thought!

The clinicians said to know your horse and know its limitations. If your horse is fatigued by the second day of competition (in a row), is it matter of insufficient feed? Or is it a fitness issue? Work outside the arena and on varied terrain whenever you can. Do a cavalletti day. Walking steep hills with the horse deep and round will build up a horse’s stifles.

The last day of camp involved each camper riding two tests of their choice and being warmed up for each test by Jeanne or Sarah. If Jeanne warmed you up, then Sarah
would judge you and vice versa. At the same time a Judges Forum was being held so there was an audience, of judges! No pressure, eh? My first test was judged by Sarah and went quite well. As mentioned earlier, I actually produced two decent medium trots and scored a 65.39!

The second test was judged by Jeanne. By then the intense schedule was taking its toll on both of us and unfortunately, I had a meltdown when Willow kept dropping out of counter-canter. She was REALLY tired by the third day.

Nonetheless, Jeanne noted that I was an excellent test rider and made the right choices even when the ride wasn’t going my way. I’ve certainly had lots of practice with that! I was pleased that in this test, Jeanne was able to see that her work with us especially in the haunches-in, had paid off.

I actually learned a ton more in this clinic but to get all that in, you all would have to wait another four months! It was a wonderful and rewarding experience and I would definitely do it all over again! I hope this feedback is of benefit to all readers and that they get the chance to do clinics like this as well.

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**YVONNE ATWOOD**

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**St. Mary’s Chapter PVDA**

**Balimo Clinic with Barbara Strawson**

Begin Again Farm

August 2-3, 2013

Balimo (Balance in Motion) "Integrates a mind/body approach to riding and teaches skills to enhance body awareness and feel while riding."

-- Friday evening Lecture

-- Saturday Warm-up exercises / 45 minute riding sessions

$25 -- Interactive Auditors Lecture and Warm-up Exercises

$115 -- Riders Lecture, Warm-up Exercises and 45 minute riding session

Contact Gina Guffey for more detailed information. To register Email: guffeycg@md.metrocast.net

Opening Date June 1, 2013

Closing Date: July 19, 2013
The PVDA Newsletter is published monthly by the Potomac Valley Dressage Association. The deadline for submissions is (usually) the 10th of the month for distribution the following month. NEXT ISSUE: July 2013; DEADLINE: JUNE 10; DISTRIBUTION: early July 2013

Send materials to the appropriate editor below. Late materials may be published in a subsequent newsletter as deemed appropriate. Editors reserve the right to edit all material. All submissions are subject to editorial approval.

Send your submissions to the appropriate editor:
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- The Classifieds: classifieds@pvda.org or shari.glickman@comcast.net (Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771; 301-351-5530)
- Show Results: showresults@pvda.org
- Calendar of Events: calendar@pvda.org (Jocelyn Pearson, Calendar Editor)
- Change of Address/Membership Renewal & Information: membership@pvda.org (Michele Wellman, Membership Coordinator, 9205 Bessie Clemson Rd., Union Bridge, MD 21791; 301-873-3496)
- PVDA Web Site: webmaster@pvda.org

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MAY PVDA BOARD MEETING
Date: May 6, 2013; Meeting #526
Location: Linda Speer's Farm in Clarksville, Md.

ATTENDANCE
Board Members Present: Betty Thorpe, Carolyn Del Grosso, Rebekah Lusk, Kate Burgy, Michele Wellman, Linda Speer, Deanna Williford, Jocelyn Pearson, Jaclyn Sicoli
Members Absent: Christina Dale, Deanna Beal, Mary Sue McCarthy
Assoc. Members Present: Ingrid Gentry, Wendy Emblin, Layn Lesniewski, Peggy Pariso

New Business: The last membership survey was 1998 so a new survey is proposed covering volunteers, riding demographics, board of directors, communication and activity priorities. Suggested survey length of 7-8 minutes limits questions to 50. The cost estimate is $300-$500 if done online via a program like Survey Monkey that can analyze the results.

COMMITTEE REPORTS
Chapters: A new chapter is forming, the Tri-County Chapter, and the first meeting is May 10. Deanna would still like to find the “Certification of Recognition” form for this chapter. A new form for the Activity Stipend Request (for $300) is in the works.

Education: Catherine Haddad will be teaching a Master Class on Friday of the Ride for Life. George Williams will be the Grand Marshall at the Ride for Life and is also heading a mini-symposium. We need topics. Christoph Hess has agreed to come to PVDA for an October clinic. We need date/location.

Finance: Carolyn said money is coming in for the Spring Show. PayPal Account: $1,417.09; General Fund: $15,753.36; Schooling Shows: $3,268.65; CDs: $15,115.50. Chapter Funds: $12,737.38. Total: $48,291.98.

Fundraising/Marketing/Sponsorships: The PVDA Organization Sponsorship page launched this month and the first premium sponsor, Dover Saddlery, was secured. Fundraising for Ride for Life has reached $34,965 of which $24,840 is in-kind sponsorship. Cash donations are $10,125 with another $300 pledged but not yet mailed. Sponsorship packages have been mailed to all 2012 sponsors and to the PVDA chapters. Board members were asked to reach out to any sponsor.

Membership: Renewals for 2013 are up to 965 members which includes 141 new members and 107 who renewed after a lapse of more than one year. Adult-604; Business-5; Family Primary-77; Family Supporting-85; Junior-80; Life-18; Patron-2; Senior-70; Young Adult-24.

Ride for Life: Sons of the Wind may not be able to come...a bareback act interested. The Dancing Horse Challenge will be $25, all should promote it. The Silent Auction has over 100 items already. Johns Hopkins has a private benefactor who will match our donation for the 2014 Ride for Life. In order to promise to keep the show going as a benefit into the future, there was discussion about which functions we could contract out and still keep the flavor and success.

Shows Recognized: Spring Show entries are light this year even with extended deadline. We expect four rings but shorter days. A few entries in for the Ride for Life and lots of interest in the Adult Team Competition.

Next Meeting: July 1, 2013, 7 p.m., Linda Speer’s Farm, Clarksville, Md. Contact Christina Dale, 301-247-6043.
Attention Junior/Young Riders

**PVDA Wants You for the Region 1 Youth Team Competition, JULY 27-28, 2013, at Morven Park in Leesburg, Virginia**

PVDA will send a team in every division, starting with USDF Introductory Level. PVDA will pay for team tests and stabling.

**Requirements:**
1. Must be a PVDA member.
2. Send three tests judged by two different judges from any licensed show, or any PVDA schooling show, at the level you would like to show.
3. Volunteer for one day at any PVDA event.

**Candidate Application**

If you would like to be considered for the Youth Team Competition, fill out this application and send it with your three tests by June 25, 2013, to: Linda Speer, 6300 Guilford Road, Clarksville, MD 21029. This is NOT an entry!

Name_________________________Age_________________________
Address__________________________________________________________________________________________
Phone__________________________Level you intend to compete at this season______________________________
Horse's name and age________________________________________

For more info contact Linda Speer, 410-531-6641, wlspeer@verizon.net
OR Hilary Moore Hebert, 703-400-9108, info@mooredressage.com.