Last Chance to Qualify for Year-End Awards!

Tiffany Hattler and Barraco compete at Second Level.
Photo by Vickie Kirkpatrick
Calendar of Events

October
5 PVDA Monthly Board Meeting at Stonebrook Farm, Clarksville, Md. Everyone welcome!
7-8 Uwe Steiner Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit our website at www.ChesapeakeDressage.com or call 410-267-7174
9-11 BLM Championships, Allentown, N.J. See www.usdfregion1.org
15-18 GAIG Championships and VADA Licensed Competition, Lexington, Va. See www.usdfregion1.org
24-25 Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit our website at www.ChesapeakeDressage.com or call 410-267-7174
25 Open Schooling Show at Begin Again Farm, Leonardtown, Md. Contact Michele Alexander at beginagainfarm1@aol.com or call 240-298-0283
30-31 Training with Charles deKunffy at Hassler Dressage, Chesapeake City, Md. Open to all riders. Theory lessons included. Contact Susanne@hasslerdressage.com or register at www.hasslerdressage.com/events
31 Shore Chapter Halloween Show at Sunset Bay Farm. For details call 757-302-0224 or deripiaffe@aol.com
31-Nov. 1 George Williams returns to Chesapeake Dressage Institute! Auditing is $30 per day, includes lunch! For rider information contact LisaGruen@comcast.net or See www.ChesapeakeDressage.com or call 410-267-7174

November
1 PVDA’s 31st Annual Waverly on Chester Chapter Challenge at Prince George’s Equestrian Center in Upper Marlboro, Md. See the website www.pvda.org for more details
4 PVDA Monthly Board Meeting at Stonebrook Farm, Clarksville, Md. Everyone welcome!
5-8 2015 U.S. Dressage Finals, Kentucky Horse Park. See www.usdressagefinals.com
8 FADS Schooling Show at Celebration Farm. See www.frederickdressage.org
12-14 2015 Equine Wellness Symposium at Hassler Dressage, Chesapeake City, Md. Injury and Compensation in the Sport Horse: Diagnostics, Treatment and Rehabilitation. See www.hasslerdressage.com or 410-885-3824
14-15 USDF Region I Youth Clinic with George Williams at Hilltop Farm, Colora, Md. See www.usdfregion1.org
21 Shore Chapter Schooling Show at Sunset Bay Farm. For details call 757-302-0224 or deripiaffe@aol.com
21-22 Jan Brons Clinic at Chesapeake Dressage Institute, Annapolis, Md. Visit our website at www.ChesapeakeDressage.com or call 410-267-7174

December
3-6 USDF Annual Convention in LAS VEGAS! Contact a PVDA Board member if you want to attend for PVDA. See www.usdf.org
5-6 Michael Matson Clinic - Ride to Music, at Windcrest Farm, Clarksburg, Md. See www.windcrestfarms.com or call Dede Bierbrauer at 301-873-3573
6 FADS Schooling Show at Celebration Farm. See www.frederickdressage.org
7 PVDA Monthly Board Meeting at Stonebrook Farm, Clarksville, Md. Everyone welcome! Contact your favorite Board member for information.

January
10 FADS Schooling Show at Celebration Farm. See www.frederickdressage.org

Send your 2015 Calendar Items to calendar@pvda.org.
NOVEMBER 2015 Deadline: OCTOBER 10
Calendar Editor: Jocelyn Pearson
www.pvda.org for complete calendar
PVDA Schooling Shows on separate calendar

Thank you Janet Richardson Pearson and Chesapeake Dressage Institute for your generous support and encouragement in 2015. You made it possible for me to train in Florida for three months with Jan Brons as well as purchase my new horse Teddy. I couldn’t have done any of this without you. I hope to make you proud going forward! Lisa and Teddy.
Rider Achievement Awards

Rider Achievement Awards have been earned by the following members: Pamela Eastman- Recognized Training Level, Recognized First Level; Gwen Seymour- Recognized First Level; Tina Parks- Recognized Introductory Level; Shira Rosenthal- Schooling and Recognized Training Level.

Congratulations everyone!

Any member can apply for Rider Achievement Awards. We offer them for Schooling and Recognized Shows at each level. They are a useful way to chart your progress. For more information and application form see the website. Claim yours now!

PVDA Chapter Challenge on November 1

It’s time to get your teams together! The 31st Annual Waverly-On-Chester Chapter Challenge is rapidly approaching! The show will be held November 1, 2015 at the Prince George’s Equestrian Center in Upper Marlboro, Md. See the website www.pvda.org for more details.

Correction

The photography credit for young Mateo Mendoza’s picture in last month’s issue should go to his mother, Jessica Mendoza. Katie Straton is the happy coach!

PVDA Needs Your Help!

PVDA is actively seeking individuals to help the organization in some key areas. We are in need of someone to lead our Junior and Young Rider Program. The program consists of 4 schooling shows, 2 clinics (spring and fall), and the Region 1 Youth Team Competition held each summer in July. This is a big job! So, we are looking for someone who is interested in leading a team of 2-3 people to work together to run this program. If you have planning and organization skills, enjoy working with a diverse group of people including students, parents, trainers, etc. and are passionate about promoting dressage education for our Juniors and Young Riders, let us know!

PVDA is also looking for someone to chair our Publications Committee. The publications committee is responsible for producing the Membership and Service Directory once a year, as well as producing small publications as needed. A good example of a ‘small publication’ which you may have seen is the ‘PVDA Rider Awards Programs’ flier that is usually handed out at our shows and other events. If you are comfortable using MS Word (including the ‘mail merge’ feature), MS Excel, and MS Publisher (or any other suitable software to create documents or brochures), and are detail oriented, this is the job for you!

And finally, PVDA is looking for help with our websites. If you have experience working with Wordpress, MySQL, PHP, HTML, CSS, Javascript, and JQuery, or if you have experience building or managing a website, and would like to earn volunteer hours by posting routine articles and announcements, please let us know.

If you are interested in any of these jobs, or are interested in any other volunteer opportunities with PVDA, please contact PVDA using the ‘Contact Us’ form on the PVDA Website www.pvda.org, or send an email to info@pvda.org.
Peninsula Dressage
Report and photo submitted by Kim Renee Briele

On August 15th and 16th 2015, Kathy Rowse came to Horse Bridge Farm in Salisbury to teach a clinic. This clinic was subsidized by PVDA for the Peninsula Dressage Chapter, although it was open for other riders as well. Kathy is an “S” judge, has her USDF Gold medal, and is currently on staff with the USDF Learner Judges program. Kathy and her husband, Mike, own SilverLeaf Farm in Suffolk, Virginia where she teaches dressage full time.

We have had Kathy come here a number of times to do clinics, and we’ve always appreciated her ability to improve our riding ability and our horses’ training. Her positive—never give up—attitude is very motivating! At this clinic there were 18 rides with 13 rider/horse combinations. There was quite a variety of breeds—Quarter Horse, Thoroughbreds, Draft crosses, a Friesian, Morgan, Andalusians, Hannoverian, Swedish, and Dutch/Arabian cross! Kathy was able to work with each breed with its confirmation and improve its ability for balance, self-carriage and suppleness! She said there are three things that horses don’t get to choose—direction, tempo, and frame—the rider chooses these for the horse.

Kathy has a great deal of knowledge on rider biomechanics and the theme of this clinic really was, “How your body position influences your horse.” Our body position can change and get off balance at times as we start to do the movements of dressage. We tend to leave loopholes where our horses can escape through their shoulders, hindquarters, and in overall balance. She helped all of us get better control of our posi-

Continued on next page
tions, resulting in better use of our aides.

Kathy has a way of breaking down the aides and explaining how to use each leg, seat, and rein aide. She worked with all the riders’ seats-emphasizing the vertical position over the evenly weighted seat-bones, using the core for a stable “neutral spine”. She told riders to sit into the horse, not on top of the horse, and to not tighten the glutes.

In teaching connection to the bit, she explained the elbows “receive” the connection. She had riders keep their armpits and elbows low with use of the triceps only. She told us to “own each side of the bit” and keep equal pressure in the reins with the use of triceps. She had some riders ride with bridged reins to help them keep that evenness of the reins and contact. On some horses she had them use a suppling inside rein- not as a steering rein—but in conjunction with a softer outside rein to create better flexion and positioning to the inside.

Riders were told to use their core in the posting trot, especially as they land in the sitting phase. This enabled the riders to better control the trot tempo as well as keep-

Kathy explained bending saying that the horse should bend in the barrel around the inside leg-without moving its legs inward or outward. Kathy has a great judge’s eye and can spot any deviation of the horses’ legs in relation to bend and straightness, especially in lateral work.

She explained the bending aides on circles and used a “spiral staircase” exercise to help riders get control of the horse’s legs. She had riders use the inside suppling rein with the outside thigh positioned back and outside elbow down, involving the outside aides in bending. The inside rein supple and positions, but should not be used to steer the horse on the circles. She talked a lot about the use of the thigh, saying to bring it on the horse, but not pulling the knee in. In canter circles she emphasized the use of the outside thigh “clearly” back, outside elbow down—but not hand down, and the outside “lax”-muscles on the outside of the rider’s ribcage. This helped bring the horses around the outside aides in the canter. She stressed keeping both seat-bones and keeping the vertical position and the core, as well.

In lateral work such as leg-yields and shoulder-in and

**Southern Maryland PVDA Presents**

**Liz Austin Dressage**

Liz Austin has been a dressage competitor since 1989 (she was five). She began riding sales horses for her mother, Marileane Austin, when she was twelve, the same year she started her first horse under saddle. At sixteen she competed in her first Prix St. Georges on a horse she trained herself and by twenty-two she made her Grand Prix dressage debut in Europe riding Olivier, her mother’s homebred stallion.

Liz has had the unique opportunity to work with some of the greatest riders and trainers in the world. In the spring of 2013 she had the chance to spend two months in England training with Carl Hester which she calls, “the most inspirational riding adventure of my life.” Other trainers Liz has also worked extensively with Debbie McDonald, Kathy Connelly, Michael Barnone, London Gray, Robert Dover, Oded Shemrit, Tunny Page and Jennifer Baumert. As a Young Rider Liz participated in the Advanced Young Rider clinics with Conrad Schumacher and she credits him with giving her the basis for much of her training today.

**Competitive Highlights**

- Competed in 2 Grand Prix National Championships
- Competed in 2 World Dressage Masters (youngest competitor ever)
- Including a 3rd place finish in Grand Prix Special
- Long Listed for 2010 World Equestrian Games
- Reserve Rider for 2011 FEI World Cup Final
- Two Time National Champion (Brentina Cup)

**Individual Silver Medalist at NAVRC**

**USD Bronze, Silver, and Gold medalist**

Please join us for a clinic with Liz Austin. All levels of riding are encouraged.

October 3rd, 2015

Chesapeake Dressage Institute

Annapolis, MD

$125 private, $85 semi private

Auditors Free!
Aachen: Europe’s Dressage Capital

By Diane Skvarla

In Europe, tennis means Wimbledon. Golf means St. Andrews. And dressage means Aachen, Germany. This year I was lucky enough to visit this citadel of show grounds where the 2015 European Dressage Championship was held. Much has been written about the championship—the rides, the mistakes, the questionable scoring, the eliminations, and the withdrawals. The show was filled with more drama than usual, and as spectators we were stunned by the daily developments. But none of this deterred us from watching the best riders and the best horses in the world compete.

The show grounds are right outside the historic city of Aachen, and like Devon they are in the middle of a bustling commercial area. The dressage-savvy crowd are some of the most knowledgeable in the world, and generally were fair and rewarded good rides and good riders. But they also did not hesitate to boo and jeer at the judges when dubious scores were posted. With 38,000 spectators attending the final day and comprised mostly of Germans and their Dutch rivals, well, Aachen was rockin’!

But even before the finals, Aachen offered many special treats for fans. We had the opportunity to see the riders warm-up for their classes and train on their non-competition days. At many of the top championships I have attended, such as the World Cup in Las Vegas and the London Olympics, spectators are not given this unique opportunity. We watched Edward Gal school Undercover, calm and in total control; Patrik Kittel and his elegant mare, Deja; and the flamboyant Russian Inessa Merkulova and the spectacular Mister X. We saw Carl Hester and his British colleagues begin their sessions in a relaxed but unimpressive trot, only to watch in awe as their horses began to display world class gaits. We learned much observing.

The competition included wonderful surprises: Spain’s Beatriz Ferrer-Salat on Delgado was a crowd favorite and improved throughout the show to win a well-deserved bronze medal; Great Britain’s Fiona Bigwood and her talented mare, Atterupgaards Orthilia, who is definitely an up-and-coming star; and the elegant Morgan Barban-on Mestre of Spain in tears after her final test on her 18 year old stallion Painted Black.

During the breaks between riders, we were treated to a showcase of the best Germany has to offer. We saw young champion horses display their outstanding paces; gorgeous mares and foals presented in hand; and a quadrille of young riders on PSG horses performing a skillfully choreographed program.

I had heard about the shopping at Aachen before I arrived, and I was not disappointed. Take Devon and multiply the shops by five. There was pretty much anything and everything horse-related to buy. I managed to maintain control and kept most of my money in my wallet. And then there was the food: waffles, crepes, and apple strudel; schnitzel, bratwurst, and sauerbraten; and the endless brands of German beer.

Back to the finals: I admit I was rooting for Charlotte to win. Valegro is simply phenomenal, even with mistakes in the one-tempo changes. Germany’s Kristina Bröring-Sprehe’s freestyle ride on Desperados FRH was one of harmony and grace between horse and rider and deserved a high score. But for me the power, consistency, and partnership of Charlotte and Valegro was worthy of the victory.

If you ever have a chance to go to Aachen—Go! It is unquestionably the most prestigious horse show in Europe. You’ll have fun, learn a lot, and see the best dressage horses and riders in the world.
Continued from page 5

half-pass, she emphasized riding both sides of the horse. In shoulder-in using the outside thigh back and outside rein, as well as the inside seat-bone and leg. She stressed the importance of keeping the quality of the trot throughout the movements and keeping the angle consistent. In half-passes she stressed the importance of having the horse slightly leading with its shoulder. She said there would be no uphill balance or crossover in the half-pass without the shoulder slightly leading. Horses tend to lead more dominantly with one shoulder, in the other direction haunches tend to lead too much. She had riders use inside leg/outside rein as the dominant half-pass aides. In canter half-passes she had riders do a few strides of half-pass then immediately straighten the horse, to have much more control of the horse’s body positioning.

In counter-canter work, Kathy had the riders correctly position the horses for each lead. She had them work on getting the horse’s withers up for much better balance in counter-canter as well as collected canter. She worked with my horse on keeping balance in the flying changes. We worked on keeping his frame up, and doing counter-canter on circles to repositioning for the changes. His balance dramatically improved and his changes got cleaner!

There were various training exercises she had the riders try, depending on the horse’s level. Her work with each rider/horse resulted in better frames, roundness, tempo and balance. The whole weekend was a great learning experience! As an instructor, it was a good opportunity to see Kathy work with different rider and horse issues, and gain knowledge from her experienced judge’s eye! We would like to thank Kathy for coming here and PVDA for being willing to subsidize clinics for it’s chapters! It was a great weekend and we appreciated the opportunity!
Horses for Sale
✦ '07 SWB bay mare, 16.3H, Freestyle (Florestan I) x Ariel (Master). Wonderful bloodlines, stunning, talented, wond. temp. for a talented AA or Pro. Regretfully selling due to the owner’s ongoing health issues. In full prof. training in Westminster, MD since April 1st. First level, has schooled some 2nd level movements. Lifetime registration with USDF, USEF, and USHJA. PRICE DRastically reduced to $11,500/obo, Jennifer Tingley, 410-259-0055 or email: jennifer.tingley@juno.com ✦ Imp. dk. brn. geld., 7 yrs, 16.2H, fabulous, handsome, schooling all PSG. Very mellow with stallion-like looks! Easy and fun to ride, exc. x-rays, suitable for AA or prof., Janna Dyer, Dark Horse Dressage, 301-271-1961

Horses for Lease
✦ Fantastic lesson and lease opportunities! Partial lease option avail.: 13.2H Fell pony cross. Great for the young rider or petite adult to gain confidence and knowledge up to 1st level. Loc. in Mount Airy. Other great options avail. Training – 3rd level. Ali Calkins: email: fsllc09@gmail.com

Boarding
✦ Two stalls avail. at Periwinkle Farm LLC. Loc. in SE Mont. Co. (nr. intersection of New Hampshire Avenue and 198). Facility incl. all the amenities: ind/outdoor rings, easily accessible trails, unlimited feed and hay, kind and caring staff, nice and friendly boarders, 24/7 hours. Pvt. or semi-private t/o (your choice) incl. in board. Full board only $700. Please visit our website periwinklefarmllc.com, or contact LuAnne Levens, 301-421-1252 or email: LKLevens@mac.com

Stalls for Lease
✦ Seven 12' x12' matted self-care stalls at $275 each. Facility has extra-lg. ind/outdoor arenas, H/C wash stalls, trails, round-pen, lounge, bathroom, and heated tackroom, all on well-maintained farm in New Market, MD. Betsy Smith, 301-865-0643 or e-mail BSmith@verizon.net

Equipment
✦ '92 Cotter 2H trailer, new floor boards, new wood in ramp, lights and brakes work, very sturdy, a few dents and surface rust. $1,800/neg., Nancy Albrecht 301-854-2588 or email: albrechtsn@hotmail.com ✦ 2H alum WB-size, GN, load trailer w/ramp and dressing rm. Lots of windows, roof vents, ramp, apron doors w/windows, 50 gal. water tank in front of GN (hosing off by gravity flow), 2 saddle racks, lots of hooks, whip rack, full mirror, interior and exterior lights, carpeted dressing room, matted horse compartment, padded chest & butt bars, removable dividers incl. head divider. Great trailer, built to last. Mt. Airy, MD. $10,000/obo, Jennifer Tingley, 410-259-0055 or email: jennifer.tingley@juno.com
✦ Several new and like-new Rambo blankets and sheets in all weights and cuts in SIZES 78 and 75. Please email or call with what you are looking for before the cold weather starts. Shari Glickman, 301-351-5530 or email: shari.glickman@comcast.net
✦ 1) Sz. 78 Rambo Protector fly sheet w/removable neck cover. Oatmeal/brown color, used sparingly, in very good cond., $50 2) Sz. 12 Ladies Shires blk. dressage shadbelly, gold buttons & gold piping on collar, sleeve hem has been let out 1”. In great cond., $50, Kristin Herzing, 717-514-0713 or email: kristinherzing@verizon.net
✦ Lg. Cob/Horse size Royal Oak (aka “Jerry’s”) top quality blk. bridle w/contoured crown piece and ear cutout and well-padded crank noseband w/flash. Comes w/beautiful beaded browband and thin flexible, pebbled rubber reins that sell for $155, themselves. All stainless steel hardware and high-end buckles make this bridle perfect for showing or everyday schooling. New sells for $450+; asking $250, Shari Glickman, 301-351-5530 or email: shari.glickman@comcast.net
✦ Selling some dressage saddles I no longer use: 1) 17.5” blk. Trilogy Virago Elite, MW tree, in very good cond., new seat cushioning and knee rolls, $2,300 2) 17” blk. Trilogy Virago Elite, wide tree, in exc. cond., new knee rolls, $2,500 3) 16.75” brn. Karl Neidersuss Olympic model, med. tree, in exc. cond., $950 4) 17” brn. Passier Nicole model, wide tree, in good cond., $950. All prices are neg. Trial poss. at my barn or yours if local to Clarksville. Karen Holweck-Mulreany, (410) 531-6023 or email: kdhp@erols.com
✦ 1) 17.5” Thoroughbred dressage saddle narrow tree in exc. cond. Fits a TB perfectly. 2) 18” Wintec 500 adj. tree w/med. gullet. Installed in exc. cond., $100 ea., Mary Walker, 240-538-5843 or email: mwalker0149@gmail.com
✦ 18” blk., Albion Legend dressage saddle, MW tree, in great condition, $1,300 or reas. offer, Barb Hairfield, 410 627-4564
✦ 18” Albion SL dressage saddle, smooth leather, med. tree, yrs 5 old, used on only one horse, in very good cond., $1,200, Kristin Herzing, 717-514-0713 or email: kristinherzing@verizon.net
✦ 18” blk., ’06 Custom Saddlery VLX dressage saddle, med/wide tree, 16” flap length, in exc. cond. Rec. reflocked by Custom Saddlery in Aiken, SC, asking $2,000, Jenny Sarmiento, 301-440-0106 or email: tarheeljs@aol.com
✦ 18” Hulsebos dressage saddle, med-wide, in very good cond., very comf., incl. Hulsebos contour girth, $2,500/obo, Pat Cameron, 410-430-1986 or email: patricia.cameron@medstar.net

The Classifieds is available to PVDA members only, at no charge, as a membership benefit. Classified advertisements (unboxed ads) are accepted by post or e-mail. Items submitted by e-mail are confirmed via e-mail. Type or print your submission and include your 2014 PVDA membership number. (The newsletter will not print any classifieds that are submitted without a membership number.) Classifieds MUST be received by the 10th* of the month to be distributed the following month. Email classifieds@pvda.org or shari.glickman@comcast.net or send to Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771.

*NOVEMBER 2015 ISSUE CLASSIFIEDS DEADLINE IS OCTOBER 10, 2015*
2015 Ride For Life Raffle

This was the first year that the Ride For Life had a raffle and it proved a great success. Tickets were available online before the show (for those who could not attend or wanted to buy their tickets beforehand), and at the show throughout the weekend. PVDA is very proud that the raffle raised $8,060 for the Johns Hopkins Breast Center!

Here are the lucky winners:

- County Saddlery Made to Order Saddle won by Micah Deligdish
- Pierre Renard Embroidered Designs Package won by Elizabeth O’Connor
- Premiera Imperia Bridle and Equine Statue won by Dennis Moore
- “My Trusty Steed” Basket won by Jeannette Bair
- Stablemates Show Tote won by Cherie Chauvin
- Scott Hassler Training Package won by Judy Whyte
- Susanne Hassler Training Package won by Laura Ryan
- Rider’s Basket won by Laurie Hale
- Ride Times LLC Custom Boots won by Hallie Ahrnsbrak

A big thank you goes out to our generous raffle donors:

- County Saddlery
- Pierre Renard Embroidered Designs
- Premiera Imperia Bridle
- Hassler Dressage
- Stablemates, Inc
- FICS of Maryland, Inc
- Ride Times LLC
- Anytime Tack
- Hands on Horses
- Doc’s Designs
- Beth Collier
- Patricia Artimovich
- Mimi Mack

2015 PVDA Schooling Show Schedule

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<thead>
<tr>
<th>Show Date</th>
<th>Location</th>
<th>Opening Date</th>
<th>Closing Date</th>
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<tr>
<td>10/3/2015</td>
<td>Schooley Mill Park (Jr/YR)</td>
<td>8/22/2015</td>
<td>9/19/2015</td>
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<tr>
<td>10/11/2015</td>
<td>Celebration Farm</td>
<td>8/30/2015</td>
<td>9/27/2015</td>
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From Contact to Connection to Collection

By Hilary Walker, Photo by Hallie Ahrnsbrak

On June 6th and 7th, the Tri-County Chapter hosted world renowned clinician Jane Savoie for a clinic at the Chesapeake Dressage Institute titled, "From Contact to Connection to Collection."

The third rider was Stephane McNutt riding Emalina, a 6 year old KWPN mare competing at Second level.

**Issue:** haunches swinging to the inside when traveling to the right.

Jane illustrated poll flexion on the mare, and how to get the crest to flip over from left to right and back without involving the horse’s neck, using an open hand (turning the inside wrist outwards). Stephane was then asked to ride in ‘first position’ (almost shoulder fore) to prevent the mare’s haunches from coming inside. Jane explained that in canter it’s important for the hands to ‘push the nose out’ while the inside leg activates the hind end. She went over the connecting aids, telling Stephane to use both legs as if asking for lengthening, keeping both hands in the same position. She stressed that the rider should contain the outside rein.

**Connection in the canter**

1. Ride in medium canter, bring the horse back, ask for medium canter, then bring the horse back again
2. Then ask for medium canter with the legs but contain the energy in the outside rein to ‘shift the parallelogram.’
3. Now the front end of the horse will come up, which is exactly what you want.
4. The horse will move his neck down and/or lengthen it.

The fourth rider was Kelly McGinn riding Fantasy, a ten year old Hanovarian mare competing Second level.

**Issue:** Horse is hollow on the left, her right shoulder pops and her left haunches swing in.

Jane immediately worked on exercises to solve the problem.

**Straightening the horse in trot**

1. Ride a 12m circle in counter flexion (right)
2. Keep her straight

**Straightening the horse in canter**

1. Ride a 12m circle and be elastic with elbows in canter
2. Ride in counter-flexion and in shoulder-fore
3. Ride in shoulder-fore down long side (here Jane made the comment that “it’s ‘ka ka’ if you overflex the horse on its hollow side!)
4. Follow this with counter-flexion right (without moving the horse’s neck) in a baby shoulder-fore
5. Then leg yield, which will straighten the horse

She went over the concept of poll flexion again and recommended doing it at the barn, off the horse as well as in the saddle.

**More helpful facts about connection**

Jane then expanded on her previous discussions of the connection aids with useful hints on when and how to use them:

- Use a long set of connecting aids in transitions (i.e. longer than 3 seconds)
- Don’t ask for the trot until the horse is connected in walk
- If the horse shortens its neck when you ask for connection, increase your leg closure until he lowers or lengthens his neck
- As soon as the horse lowers or lengthens his neck, release by opening fingers and allow the stretch
- Ask for upwards transitions when you feel that if you released the horse he would chew out of your hands
- During shoulder-in and half-pass, use connecting aids to lower his head as if you were riding a ‘stretchy circle’
- With a horse that is hollow, for example to the left: reverse the connecting aids except in the canter transition, when you should use them the correct way round.

This means close both calves, but close the left hand and vibrate the right rein (i.e. switch the inside and outside reins).

Once the connecting aids become automatic, you can ask for collection.
Christine Betz
DRESSAGE LLC at MOTTERS STATION STABLES

Christine Betz is a USDF Bronze, Silver, and Gold Medalist and a USDF Gold Freestyle Bar. She has BS in Education and Extensive Natural Horsemanship Training. Christine has coached many riders to their Bronze, Silver, and Gold Medals.

Offering TRAINING, INSTRUCTION and COACHING from BASIC HORSEMANSHIP through GRAND PRIX, as well as COMPLETE FREESTYLE CREATION with Christine and Mike Matson. Customized training and lesson packages catering to the needs of the individual and their horse. FEI Schoolmaster’s available for lessons and leases to advance your feel and knowledge. Riders and horses of all disciplines and breeds welcome.

MOTTERS STATION is a first class facility offering the highest quality feed, care, and turnout (individual & small groups). The facility has an indoor and outdoor arena as well as extensive trails and is located in northern Frederick County. Limited openings.

410.707.2689 • www.christinebetzdressage.com • jcbetzjc@gmail.com

PVDA’S 31ST ANNUAL WAVERLY ON CHESTER CHAPTER CHALLENGE

Sunday, November 1, 2015
Prince George’s Equestrian Center
Upper Marlboro, Md.

Judges
Peggy Pariso “r”
Betty Thorpe “r”
Jessie Ginsburg “L”

Show Manager
Linda Speer
410-531-6641
wlspeer@verizon.net
PVDA Schooling Show

Chaney’s Promise Farm, Lothian, Md • September 5, 2015

PVDA would like to thank Linda McDowell for managing the show. Another successful show by LKMDressage at Chaney’s Promise Farm in Lothian, MD. We had a full show with classes from Intro to Third level and riders from age 8 to 68. Fabulous horses and a beautiful day. Thank you to our terrific judge, Angie Voss and all our wonderful volunteers, Karen Colbert, Jennifer Ostrander, Joyce Pearl, Lisa Volk, Ali McDowell and Christina Dale.

USDF Introductory Level High Score Winners
Champion: Ella Morrissey/70.000%
Reserve Champion: Loralei Bryce/67.187%

USEF Training Level High Score Winners
Champion: Karen Colbert/71.087%
Reserve Champion: Katie Beierl/70.763%

USEF First Level High Score Winners
Champion: Audra Campbell/65.370%
Reserve Champion: Sarah Jones/61.875%

USEF Second Level and Above High Score Winners
Champion: Audra Campbell/65.370%
Reserve Champion: Sarah Jones/61.875%

USEA Beg. Novice and Novice High Score Winners
Champion: Loralei Bryce/66.050%
Reserve Champion: Leah Bryce/62.10%

Class 1. Introductory Level Test A
1. Ella Morrissey/Ensigns Image/70.000%

Class 2. Introductory Level Test B
1. Ella Morrissey/Ensigns Image/68.438%
2. Loralei Bryce/Macaroni Pony/67.188%
3. Lydia Bryce/Perseus/66.875%
4. Victoria Tucker/Yes Oui Si/56.563%

Class 3. Introductory Level Test C
1. Loralei Bryce/Macaroni Pony/66.750%
2. Lydia Bryce/Perseus/65.000%

Class 4. Training Level Test 1
1. Karen Colbert/Steel Reserve/71.087%
2. Katie Beierl/Coffee Gossip/69.783%
3. Anette Regan/Aztero/66.304%
4. Deanna Mann/Rosallina/64.565%

Class 5. Training Level Test 2
1. Deanna Mann/Rosallina/70.000%
2. C. Jane Cox/Alexis/69.615%
3. Robin Diallo/Gold Digger/64.423%
4. Janet Beebe/Superstition/63.462%

PVDA Schooling Show

Lucky Cricket Farm, Huntingtown, Md • September 13, 2015

PVDA would like to thank Mary Russell for managing the show. Special thanks to our judge Betty Thorpe, scribe Elaine Bailey, scorer Barbara Conner and reader Mike Russell for a great show. The other persons that made this show possible were Melanie Donovan, Elizabeth Allen, Bridget Dellar and Abby Krohn. The day had perfect weather! We had a variety of horses and riders that had very good rides. We had babies, toddlers, grandparents and spouses as spectators! The pot luck was outstanding! Thanks to everyone who made this day fun!!!

USDF Introductory Level High Score Winners
Champion: Tiombe Vaughan/63.000%
Reserve Champion: Jacqueline Despirito/62.187%

USEF First Level High Score Winners
Champion: Audra Campbell/65.370%
Reserve Champion: Sarah Jones/61.875%

USEF Second Level and Above High Score Winners
Champion: Audra Campbell/65.370%
Reserve Champion: Sarah Jones/61.875%

USEA Beg. Novice and Novice High Score Winners
Champion: Loralei Bryce/66.050%
Reserve Champion: Leah Bryce/62.10%

Class 5.1. Training Level Test 2
1. Katie Beierl/Coffee Gossip/70.769%
2. Christina Dale/Gallant Laddie/67.115%
3. Barbara Conner/Docs Almost Blue/66.923%
4. Anette Regan/Aztero/65.192%
5. Marilyn Jackson/Snow In April/62.115%

Class 6. Training Level Test 3
1. C. Jane Cox/Alexis/68.182%
2. Barbara Conner/Docs Almost Blue/63.409%
3. Robin Diallo/Gold Digger/60.227%
4. Janet Beebe/Superstition/58.864%

Class 8.1. First Level Test of Choice
1. Alexandra Mcdowell(1-1)/Bourbon/63.519%
2. Robin Dunning(1-2)/Raemedy/67.031%

Class 9.1. 2nd and Above
1. Hilary Walker(2-3)/Cruz Bay/61.585%
2. Linda Mcdowell(3-2)/Ghone With The Wind/61.154%
3. Lisa Cowell(3-1)/Saint Sandro/58.182%

Winner
Champion: Audra Campbell/71.750%

Class 4. Training Level Test 1
1. Audra Campbell/Tim Tam (tye)/70.000%
2. Terry Pennington/Lenas Unique Star/69.565%
3. Tina Parks/Freudian Slip/62.174%

Continued on next page
Class 5. Training Level Test 2
1. Michaline West/Solsticio Del Verano/68.667%
2. Jacqueline Despirito/Wash/64.615%
3. Tina Parks/Freudian Slip/63.462%
4. Christina Dale/Gallant Laddie/63.462%
5. Terry Pennington/Lenas Unique Star/63.462%
6. Melanie Donovan/Ss Shadrach/60.385%

Class 23. USDF Musical Freestyle TOC
1. Michaline West/Double Exposure/68.077%
2. Jacqueline Despirito/Wash/62.885%
3. Tina Parks/Freudian Slip/63.462%
4. Christina Dale/Gallant Laddie/63.462%
5. Terry Pennington/Lenas Unique Star/63.462%
6. Melanie Donovan/Ss Shadrach/52.250%

Class 51. FIRST Level Combined
1. Audra Campbell(1-1)/Tim Tam (tye)/65.938%
2. Sarah Jones(1-2)/Pocket Of Chocolate/61.875%
3. Sarah Jones(1-3)/Pocket Of Chocolate/60.294%
4. Kim Couch(1-2)/Luna/54.844%
5. Kim Couch(1-1)/Luna/54.630%

Class 5. Training Level Test 2
1. Deborah Mcgrain/Otis Ii/70.000%
2. Judy Fortin/Quoit Handsome/67.188%
3. Grace Blakeney/Thomas The Cat/67.826%
4. Jennifer Neemann/Golden Safira/67.500%
5. Celia Henein/Finders Keepers/73.913%
6. Mia Cornwell/El Gato/70.625%

Class 5. Training Level Test 2
1. Deborah Mcgrain/Otis Ii/70.000%
2. Judy Fortin/Quoit Handsome/67.188%
3. Holly Schmidt/Big Mama/66.875%
4. Alice Alstatt/Zahira/65.313%
5. Rebecca Widerman/Soloist Ii/63.125%
6. Jennifer Salkeld/Red Spirit/61.250%

Class 5. Training Level Test 2
1. Deborah Mcgrain/Otis Ii/68.125%
2. Judy Fortin/Quoit Handsome/68.125%
3. Rebecca Widerman/Soloist Ii/67.500%
4. Alice Alstatt/Zahira/66.875%
5. Holly Schmidt/Big Mama/65.938%
6. Jennifer Salkeld/Red Spirit/63.438%

Class 2. Introductory Level Test B
1. Jonah Jaeger/Second Chance Girl/70.625%
2. Jennifer Neemann/Golden Safira/67.500%
3. Celia Henein/Finders Keepers/73.913%
4. Grace Blakeney/Thomas The Cat/67.826%
5. Jennifer Grason/Travieso/66.750%
6. Lynn Adams/Gulliver/63.261%

Class 51. FIRST Level Combined
1. Audra Campbell(1-1)/Tim Tam (tye)/65.938%
2. Sarah Jones(1-2)/Pocket Of Chocolate/61.875%
3. Sarah Jones(1-3)/Pocket Of Chocolate/60.294%
4. Kim Couch(1-2)/Luna/54.844%
5. Kim Couch(1-1)/Luna/54.630%

Class 6. Training Level Test 3
1. Joshua Collier/Hotrod/69.773%
2. Michael Mcgrain/Casanova/64.773%
3. Courtney Peiffer/Cowboy Casanova/64.773%
4. Brittany Tobery/Call Me Eastwood/64.091%
5. Maia Cornwell/El Gato/62.955%
6. Morgan Whipp/Tumblin Dice/62.500%

Class 7. First Level Test 1
1. Bonnie Sink/Orchestrated By Prelude/67.037%
2. Joshua Collier/Hotrod/66.667%
3. Michael Mcgrain/Casanova/65.556%
4. Carolyn Steppe/Anika/59.815%
5. Hannah Ong/Lump Sum/60.741%
6. Chris Arthur/Tuxedontails/59.815%

Class 8. First Level Test 2
1. Bonnie Sink/Orchestrated By Prelude/65.156%
2. Carolyn Steppe/Anika/60.938%
3. Nancy Twenhafel/Aspen/55.938%

Class 20. USEA Eventing TOC (Choice 1)
1. Chris Arthur/Tuxedontails/65.000%

Class 26. FEI TOC (Choice 1)
1. Sherri Holdridge/Chancellor/63.421%

Class 40. First Level 3 and Above
1. Kathy Oneill(3-1)/Tenello/66.455%
2. Kathy Oneill(4-2)/Tenello/66.278%
3. Meghan Truppner(4-2)/Jasper/63.194%

PVDA Schooling Show
By Chance Farm, Union Bridge, Md • September 20, 2015

PVDA would like to thank Michele Wellman for managing the show.
It was a beautiful day for the show at By Chance! Everyone enjoyed the great weather and had a good time with constructive feedback from judges
Peggy Pariso and Jocelyn Pearson. Thank to our volunteers, competitors and judges for making it a great day!
Publication Deadlines

The PVDA Newsletter is published monthly by the Potomac Valley Dressage Association. The deadline for submissions is (usually) the 10th of the month for distribution the following month. **NEXT ISSUE: NOVEMBER 2015; DEADLINE: OCTOBER 10; DISTRIBUTION: early NOVEMBER 2015**

Send materials to the appropriate editor below. Late materials may be published in a subsequent newsletter as deemed appropriate. Editors reserve the right to edit all material. All submissions are subject to editorial approval.

Send your submissions to the appropriate editor:

✦ Display Ads, Chapter News & Photos: newsletter@pvda.org
✦ News/Articles/Flying Changes: newsletter@pvda.org
✦ The Classifieds: classifieds@pvda.org or shari.glickman@comcast.net (Shari Glickman, GoodNess Ridge Farm, 13979 Unionville Rd., Mt. Airy, MD 21771; 301-351-5530)
✦ Calendar of Events: calendar@pvda.org (Jocelyn Pearson, Calendar Editor)
✦ Change of Address/Membership Renewal & Information: membership@pvda.org (Michele Wellman, Membership Coordinator, 9205 Bessie Clemson Rd., Union Bridge, MD 21791; 301-873-3496)
✦ General Information: info@pvda.org
✦ PVDA Web Site: www.pvda.org

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Advertise in the PVDA Newsletter! newsletter@pvda.org for information

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**Potomac Valley Dressage Association Membership Application 2015**

PVDA is a USDF Group Member Organization and PVDA members are automatically USDF Group Members. **THE PVDA MEMBERSHIP YEAR RUNS FROM JANUARY 1 THROUGH DECEMBER 31.**

### I wish to apply for the following:

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<th>1 YEAR</th>
<th>2 YEAR</th>
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<td>Junior Affiliate (&lt;18)</td>
<td>$45</td>
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<td>Young Adult (18-21)</td>
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<td>$100</td>
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<td>Adult</td>
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<td>Senior (65 &amp; Older)</td>
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<td>Patron</td>
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<td>Business Affiliate</td>
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<td>$175</td>
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<tr>
<td>Family (priced for 2)</td>
<td>$85</td>
<td>$145</td>
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<td>Additional Family</td>
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<td><strong>Life Adult Member</strong></td>
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### I would like to Volunteer:

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<td>Scribe</td>
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<td>Manager</td>
<td>Breakdown</td>
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<td>Scoring</td>
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<td>Ride for Life</td>
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<td>Computer</td>
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I offer the following services:

- Instructor at Level: ________
- Judge at Grade: ________
- Trainer at Level: ________
- USEF TD at Level: ________
- Breeder of: ________

### PVDA Membership Directory Options

List my Phone: [ ] Yes [ ] No
List my Email: [ ] Yes [ ] No

I would like to Donate toward:

- Year End Trophy Fund: $ ________
- PVDA Ride for Life: $ ________

### Mail Completed Applications with check made Payable to PVDA to:

Michele Wellman, PVDA Membership
9205 Bessie Clemson Rd
Union Bridge, MD 21791

membership@pvda.org or 301-873-3496

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*Birthdates are REQUIRED for Junior, Young Adult and Senior Memberships*
New Owners Joe and Candace Herzog want to welcome you to their 150 Acre equestrian campus in Frederick, Maryland!

**Peace of Mind**

**POM**

**Dressage**

Beginner to FEI Dressage with Head Trainer

**Jaclyn Sicoli**
pomdressage@gmail.com
609-651-6526

Horsemanship & Eventing with Assistant Trainer

**Courtney Swars**
pomequestrian@gmail.com
301-404-3923

Openings for Boarding and Training

www.PeaceOfMindDressage.com
Junior/Young Rider Clinic with Roy Toppings
November 7, 2015
Stonebrook Farm, Clarksville, Maryland

Take this opportunity to ride in a clinic with Roy Toppings.
Each 45 minute private session is subsidized by PVDA.
The cost is $30 per lesson and is open to PVDA Junior/Young Riders only.
For information or questions, call Linda Speer at 410-531-6641 or Camilla Cornwell at 301-641-5133

Application

Name:

Address:

Phone Number:

Age of Rider:

Level of Rider:

Level of Horse:

To register for the clinic, please make checks payable to PVDA and send proof of membership and negative Coggins with application to:

Linda Speer
6300 Guilford Rd
Clarksville, MD 21029

or

Camilla Cornwell
7145 Deer Valley Rd.
Highland, MD 20777