



PVDA Fall Fest Clinic

Saturday, November 3rd

Prince George's Equestrian Center Upper Marlboro, MD

A fun, educational part of the Chapter Challenge weekend

Opening Date: Monday, September 24, 2018	Stabling Available: Saturday Nov 3 arrival only
Closing Date: Friday, October 26, 2018	Water Available: Yes // Shavings not available
Registration: Betsy Arthur 701 Roxboro Road, Rockville, MD 20850 betsyarthur@hotmail.com ph 646.505.8202	Clinicians: Ben Albright Christine Betz Marija Trieschman

Event organized by PVDA Education & Adult Rider Committees for benefit of members.

Entries	Email to: betsyarthur@hotmail.com or register on website pvda.org .
Speakers	<p>Ryan Moschell <i>Get Out of Shape</i> <i>Participate in Ryan's group talk & class: free to PVDA members. Please RSVP.</i> <i>Join a small group session for individual treatment: \$85</i></p> <p>Patty Lynch <i>Whole Horse Hoof Care</i> <i>Magna Wave seminar: free to PVDA members.</i> <i>Treatment sessions available on a limited basis.</i></p> <p>Courtney Peiffer <i>Saddle fit demonstration: free to PVDA members.</i> <i>Saddle fit consultation available on a limited basis.</i></p>
Schedule	<p>8:00 am to 5:00 pm — clinic rides 11:00 am to 12:30 pm — Ryan Moschell talk & group class 12:30 pm — lunch with clinicians 2:30 pm — saddle fit demonstration with Courtney Peiffer 3:30 pm Magna Wave seminar with Patty Lynch <i>This schedule is tentative. Please check pvda.org after Halloween for the final schedule.</i></p>
Location	<p>Outdoor covered arena, bleacher seating for auditors Outdoor arenas may also be used if scheduling requires and are available for warm-up Tower building, upstairs classroom</p>
Format	<p>Open to riders and horses of all levels. <i>45 minute lessons.</i> Auditors welcome! Lunchtime chat with clinicians.</p>
Cost	<p>FREE AUDITING \$50 for riders with PVDA membership & 8 hours volunteer times (provide yellow certificate) \$75 for riders with PVDA membership, no volunteer hours \$15 catered lunch available, please reserve by Monday, October 22, 2018</p>
Focus	Join us for a fun and educational day. Be part of the PVDA community!

PVDA Fall Clinic Details

- 1. Eligibility & Guidelines: open to current PVDA members. Everyone is welcome!**
 - 8 hours PVDA volunteer time required for lesson subsidy. *Members without volunteer hours may participate without PVDA subsidy of lesson.*
 - Please email betsyarthur@hotmail.com for details.
- 2. Format:** Lessons of any level are available with each of our clinicians. *This is a positive, supportive environment, please don't hesitate to participate. Our clinicians are all accomplished Grand Prix trainers and competitors and competitors who have earned their USDF Gold Medals and who enjoy teaching students and horses of all levels.*
- 3. Facility:** Covered arena at Prince George's Equestrian Center, full size arena, and lots of bleacher seating for auditors. Additional outdoor arenas may be used for clinic lessons, bleacher seating available. Reminder: covered area is not an indoor arena, so wind exposure is possible. *Restroom facilities available. We do not have access to the stadium building and indoor arena.*
- 4. Classroom:** Discussion sessions and lunch will be held in Tower Building, upstairs classroom. *Classroom sessions are free, and all are welcome. Restroom facilities available.*
 - a. Get Out of Shape with Ryan Moschell (getoutofshape.com).** Workshop 11:00a-12:30p. *Learn how to activate underused muscles and release chronically contracted muscles. Please RSVP and plan to stay for the full session. Small group sessions for individual treatment are also available and require registration.*
 - b. Magna Wave with Patty Lynch.** *Informational seminar about the science behind pulsed magnetic energy's effect on cellular healing and the whole body. Magna Wave is used for people and horses. Individual therapy sessions are also available.*
 - c. Saddle fit with Courtney Peiffer.** *Limited number of individual consultations available with saddle flocking to be scheduled at a later date.*
- 5. Food:** Pre-paid lunch available, please order by Monday, October 22nd. *Lunchtime discussions are open to everyone, not limited to those ordering lunch.*
- 6. Volunteer:** We welcome ideas and suggestions! Please email betsyarthur@hotmail.com if you're interested in helping with the clinic.
- 7. Attire/Safety: Use of an ASTM/SEI certified safety helmet at all times while mounted is required for all riders.**
- 8. Directions: Prince George's Equestrian Center, 14900 Pennsylvania Avenue, Upper Marlboro, MD 20772. From Washington Beltway (I-495): Exit 11 (Pennsylvania Ave/Route 4). Approximately 8 miles to Prince George's Equestrian Center on the right. From Route 301: Route 4 west for ¼ mile to first exit (Upper Marlboro), turn left from the exit ramp into Prince George's Equestrian Center.**

Get Out of Shape (getoutofshape.com)

Ryan Moschell from Dressage Today March 2016: "As a certified Hanna Somatic educator, I teach clients Hanna Somatic Education® (HSE)—a natural, safe system of neuromuscular education (mind–body training) that teaches you how to alleviate Sensory-Motor Amnesia (SMA). According to the Novato Institute for Somatic Research and Training, "SMA is a habituated state of forgetfulness of how certain muscles feel and how to effectively coordinate them. SMA cannot be cured by treatment, medicine or surgery but can be controlled consciously after a relearning process." In my time working with equestrian clients, each rider has his or her own riding and living habits. Moreover, I have found that working with equestrian athletes has been highly successful because they are deeply passionate about their sport and intensely focused on continual improvement."

Magna Wave (magnawavepemf.com)

Patty Lynch describes Magna Wave: "Magna Wave is Pulsed Electro Magnetic Field Therapy (PEMF). It does MANY things. It reduces pain, muscle soreness, inflammation (the root of all disease in the body), oxygenates the blood supply, speeds healing, helps the body create stems cells and in a nutshell, it gives the body the ability to heal itself. It's non-invasive and there are no side effects. People with pacemakers should not be treated - due to battery drainage. The best part is that it helps us understand where EXACTLY a horse has tension or soreness."

Courtney Peiffer (saddlefit.com)

Courtney is the regional saddle fitter for Trilogy Performance Saddlery. Her area of service includes MD, VA, and southeastern PA. "Trilogy fitters specialize in hand-fitting, flocking, and providing ongoing client support for their region of the country. Trained by the best in the field and regularly educated through skill-building seminars, fitters are well-equipped with knowledge and passion for helping improve horses and riders, no matter what brand of saddle they ride in."

PVDA Fall Clinic Entry Checklist for riders

1. Registration form
2. Liability release form
3. Current Coggins
4. PVDA card
5. +/- volunteer certificate
6. Payment

Auditors welcome: free to audit and participate in classroom sessions, lunch, and Magna Wave & saddle fit demonstrations.

Riders & auditors:

-remember to order (and pay for) lunch or bring your own.

-please email (or call) to sign up for a session with Ryan Moschell, Patty Lynch, or Courtney Peiffer. Mail a check or use PayPal at pvda.org.

PVDA Fall Clinic Participation Fees

\$00	Auditors
\$00	Classroom sessions: Get Out of Shape workshop, saddle fit demo, & Magna Wave seminar
\$15	Pre-paid, pre-ordered lunch
\$50	Lesson with any clinician with volunteer certificate
\$75	Lesson with any clinician without volunteer certificate
\$85	Private group session with Ryan Moschell
\$125	Magna Wave treatment with Patty Lynch
\$35	Stabling. If stabling for Chapter Challenge, no additional charge. Shavings not available. <i>Arrival after 7:00 am Saturday November 3rd, please.</i>
\$00	Haul-in

PVDA Fall Clinic Registration Information

Registration priority according to order entries are received

- Email completed entry form to betsyarthur@hotmail.com. *Please reference PVDA Fall Clinic in subject line.*
- Or mail completed entry form with check to Betsy Arthur; 701 Roxboro Road, Rockville, MD 20850.
- Payment must be received within 5 days to hold order of entry.
- Current negative Coggins required for each horse (within one year).
- PVDA members with 8 volunteer hours, please mail yellow copy of certificate or bring to clinic. *Yellow paper copy of volunteer certificate is needed for discount.*
- Payment: check written to PVDA or online at pvda.org using PayPal. *PayPal charges PVDA a processing fee of \$5 that will be added to online payments.*

Additional Information

- The clinic committee reserves the right to adjust the PVDA Fall Clinic schedule as necessary.
- Dogs are allowed on PGEC grounds but **MUST** be under leash control at all times. *Please do not bring dogs into classroom or Tower facility.*
- All horses on the PGEC grounds must be participating in PVDA Fall Clinic or Chapter Challenge. *Bridle numbers must be worn when not in a stall. Non-compete horses must be previously approved by Chapter Challenge Show Manager (\$30 fee).*
- No smoking on show grounds.
- Chapter members are encouraged to participate in both the Fall Clinic and Chapter Challenge! *The clinic is a great warm-up for the Chapter Challenge competition.*

2018 PVDA Fall Clinic Rider Registration Form

- Rider may enter through PVDA website or using this form and mail/email to Betsy Arthur. *Email preferred; please call/text/email to confirm receipt of mailed entries. Checks must be received within 5 days to hold order of entry.*
- Rider must be a current PVDA member. Volunteer hours are required for subsidized lesson pricing. *Please include a copy of your PVDA membership card, which is available on the PVDA website, to help the clinic organizers verify membership.*
- Please complete entire entry form. Submit entry form and liability release with copy of current negative Coggins, copy of PVDA card, and yellow copy of volunteer certificate with payment to: Betsy Arthur; 701 Roxboro Road, Rockville, MD 20850
phone: 646 505 8202 betsyarthur@hotmail.com
- **Thank you for being part of this fun, educational day!**

Email betsyarthur@hotmail.com with questions or requests; reference **PVDA Fall Clinic** in subject line.

Rider's name: _____

Rider's address: _____

Rider's email address & phone number: _____

Horse's name, age, sex, breed: _____

Horse's owner: _____

Owner's address: _____

Rider's PVDA number: _____ *Please include copy of membership card, if possible.*

Rider's emergency contact name & phone number: _____

Are you staying for Chapter Challenge? Which Chapter? _____

Clinician preference: _____

Please tell us a little about you & your horse, including riding level. Information will be provided to clinician.

Special requests? _____

2018 PVDA Fall Clinic Liability Release

I/We recognize that there are inherent risks and dangers relating to horses and horse events. In consideration of PVDA accepting our application to participate in this clinic, we hereby agree to assume all risks associated therewith and do hereby release and agree to indemnify and hold harmless PVDA, its agents, servants, and employees, for all causes of action, including negligence, which may accrue as a result of any damage or injury to me, us, or our property.

Signature(s): _____
Entrant/Rider

Horse Owner (if different from entrant/rider)

If participant is under age 18, I, as the child's parent/guardian, hereby consent, jointly and severally, to the child's participation and agree to indemnify PVDA and hold PVDA harmless for any damage or injury suffered by said child or to the child's property.

Signature: _____
Parent/Guardian

2018 PVDA Fall Clinic Payment

Please make checks payable to PVDA and enclose with entry mailed to Betsy Arthur; 701 Roxboro Rd, Rockville, MD 20850

Or email entry to betsyarthur@hotmail.com and reference PVDA Fall Clinic with PayPal payment.
Please remember to bring shavings; shavings will not be available.



Clinic lesson (\$50/\$75)	\$ _____
Stabling (\$35; free if riding in Chapter Challenge)	\$ _____
Lunch (\$15)	\$ _____
Ryan Moschell/Get Out of Shape session (\$85)	\$ _____
Magna Wave therapy (\$125)	\$ _____
Total enclosed	\$ _____