

FREE WEBINARS

August 12th at 11 am

Dr. Christopher Forthman: "Elbow Injury and Innovations"

Explore the relationship between elbow arthritis and occupational , discuss the benefits and limitations of osteo-capsular arthroplasty. Appreciate the techniques of joint resurfacing including TEA, learn about the potential uses for new technologies

September 9th at 11 am

Cari Pierce: "Whole-istic Health"

Review a personal-accountability, whole-person mindset of health based on several foundational pillars of total wellness. Certified Personal Trainer / Certified Health Coach / Certified Sports Nutritionist / Certified Functional Strength Coach providing Holistic Lifestyle Coaching & Personal Training at Flip Yours Fitness & Wellness

October 14th at 11 am

Mark Karolkowski: "Managing Stress and Anxiety" Identifying the physical, emotional and behavioral symptoms of stress, consequences of unmanaged stress, negative coping strategies to discontinue, introducing positive coping strategies for personal and work use



connect.rehabpro.org/chesapeake/home



Maryland Joint Task Force
for Injured workers

Email Mary Sherwood Sevinsky
To register

Mary@Life-Works.Info

1 CEU each webinar

CCM

CRC

Post-Approval Packets upon request

FREE WEBINAR SERIES

COVID CRAZY

Webinar Series offered by Maryland Joint Task Force for IW and IARP – Chesapeake in partnership with our valued exhibitors. We plan to offer approximately one webinar a month until next year's June 16, 2021 Annual Conference at Horseshoe Casino in Baltimore. We will publish Save the Dates for three at a time.

This series' exhibitors include:



REHAB AT WORK
PHYSICAL THERAPY &
INDUSTRIAL REHAB
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