

SCCT/IAS Cardiovascular Disease Prevention Symposium

Thursday, July 11 | 8am - 3:30pm
Baltimore Marriott Waterfront

Play a key role in applying patient care and modifying treatments to ensure patients have the best chance of preventing future cardiovascular disease.

This interactive symposium – which will feature some of the most prominent leaders in preventive cardiology – will provide an overview of the changing landscape of preventive cardiology and an update on novel therapies and risk assessment tools for preventing cardiovascular disease. Learn how to incorporate the latest advances in pharmacologic and lifestyle interventions for lowering cardiovascular risk.

Organizing committee

Ron Blankstein, MD, FSCCT, chair
Roger S. Blumenthal, MD
Matthew J. Budoff, MD
Martha Gulati, MD, MS, FACC, FAHA
Khurram Nasir, MD, MPH, FSCCT
Raul Santos, MD

Sponsoring societies



SOCIETY OF
CARDIOVASCULAR
COMPUTED TOMOGRAPHY



INTERNATIONAL
ATHEROSCLEROSIS
SOCIETY

TIME	SESSION	SPEAKER
8:00 AM	Introduction and overview	<i>Ron Blankstein, MD, FSCCT</i>
8:10 AM	The story behind the 2018 cholesterol lowering guidelines and 2019 prevention guideline	<i>Roger Blumenthal, MD</i>
8:30 AM	Break	
8:40 AM	PCSK9 Inhibitors: Cost, access and predicting the future	<i>Khurram Nasir, MD</i>
9:05 AM	Translational genomic medicine in CVD prevention management: How it can supplement existing paradigms?	<i>Muredach Reilly, MBBCh, MSCE</i>
9:30 AM	How and when should we use eicosapent ethyl acid - and why not all fish oils are the same	<i>Deepak Bhatt, MD, MPH</i>
9:50 AM	Break	
10:10 AM	Do we need gender specific tailored prevention: Why women are different	<i>Martha Gulati, MD, MS</i>
10:30 AM	Role of CAC and CTA in prevention	<i>Ron Blankstein, MD, FSCCT</i>
10:55 AM	How to handle elevated TG, elevated Lp(a), very low HDL-C	<i>Michael Shapiro, MD, FSCCT</i>
11:15 AM	Case based discussion on applying guidelines in clinical practice <i>Moderated by Michael Blaha, MD, MPH</i>	<i>Panel: Matthew Budoff, MD, FSCCT; Khurram Nasir, MD; Roger Blumenthal, MD; Ron Blankstein, MD, FSCCT</i>
12:00 NOON	Heart healthy lunch	
12:30 PM	Practical advice on stress reduction and diet	<i>Kavitha Chinnaiyan, MD, FSCCT</i>
1:00 PM	Risk stratification and management of FH	<i>Raul Santos, MD, PhD</i>
1:25 PM	A guide for cardiologists for treating diabetes in the era of SGLT2i and GLP-1RA	<i>Matthew Budoff, MD, FSCCT</i>
1:50 PM	3-way debate: How to evaluate risk in a 45-year-old with family history of premature ASCVD: Lifetime risk score vs. CAC vs. PRS <i>Debate Moderator: Matthew Budoff, MD, FSCCT</i>	<i>PRS: Pradeep Natarajan, MD CAC: Khurram Nasir, MD LRS: Erin Michos, MD, MHS</i>
2:50 PM	Keynote Lecture: Top 10 predictions in preventive cardiology for the next decade	<i>Philip Greenland, MD</i>

DESIGNATION

The Society of Cardiovascular Computed Tomography designates this live activity for a maximum 6.50 AMA PRA Category 1 Credits™.