

# Cardiovascular Disease Prevention Symposium

Thursday, July 12, 2018, 8:00AM - 3:30PM, Gaylord Resort near Dallas-Ft. Worth Airport

Learn the latest information on diet, novel treatments and emerging management tools for preventive cardiology.

Agenda			Faculty
8:00AM	8:10AM	Opening Session	Ron Blankstein, MD, FSCCT & Khurram Nasir, MD
8:10AM	9:30AM	<b>The Latest Guidelines &amp; Shared Decision Making</b>	
8:10AM	8:30AM	Controversies Around the 2017 Lipid Lowering Guidelines	Seth Martin, MD
8:30AM	8:50AM	Overview and Clinical Insights of the 2017 Hypertension Guidelines	Paul K. Whelton, MD
8:50AM	9:10AM	Patient Education Resources and Shared Decision Making in 2018	Martha Gulati, MD
9:10AM	9:30AM	Panel Discussion/Cases	Parag Joshi, MD
Coffee break			
9:45AM	11:15AM	<b>How to Measure Residual Risk and Emerging Therapies for Secondary Prevention</b>	
9:45AM	10:10AM	Keynote Address: Lowering Inflammation in CV Disease	Peter Libby, MD
10:10AM	10:15AM	Q&A	
10:15AM	10:40AM	New Therapeutics in Diabetes: New Opportunity to Lower CV Risk	Darren McGuire, MD
10:40AM	11:00AM	The Role of Anticoagulant Therapy in Lowering CV Events	tbc
11:00AM	11:15AM	Panel Discussion/Cases	Ron Blankstein, MD, FSCCT
11:15AM	11:45AM	<b>Challenging Lipid/Prevention Cases: Case Based Panel Discussion with ARS</b>	
		Case 1: A 48 year old with XX Case 2: A 32 year old female with XX Case 3: A 68 year old male with XX	Panel: Lawrence Sperling, MD, Seth Martin, MD Case Presenters: Khurram Nasir, MD, Parag Joshi, MD
Lunch buffet			
12:00PM	1:45 PM	<b>Going Beyond Medicines: How to Effectively Implement Lifestyle Therapies</b>	
12:00PM	12:45PM	Dietary Debate: Plant Based Diet vs. Mediterranean Diet	Plant Based: Kim Williams, MD Mediterranean: Arthur Agatston, MD
12:45PM	1:05PM	How Much, and What Kind of Exercise Should we Prescribe?	Michael Blaha, MD
1:05PM	1:25PM	How to Give Effective Dietary Advice to Patients?	Susan Rodder
1:25PM	1:45PM	What is the Role of Dietary Supplements?	Erin D. Michos, MD, MHS
Coffee break			
2:00PM	3:00PM	<b>PCSK9 &amp; Other Novel Therapeutics</b>	
2:00PM	2:12PM	Which Patients Should be Treated with PCSK9 Inhibitors in 2018	Lawrence Sperling, MD
2:12PM	2:15PM	Q&A	
2:15PM	2:27PM	Cost of PCSK9 Inhibitors: What are the View Points of Different Stakeholders and How do We Achieve Balance of Value and Efficacy?	Khurram Nasir, MD
2:27PM	2:30PM	Q&A	
2:30PM	2:42PM	Other Novel Therapeutics on the Horizon (TG lowering, Lp(a), Anti Sense, SIRNA, etc.)	Michael Davidson, MD
2:42PM	2:45PM	Q&A	
2:45PM	3:00PM	Panel Discussion	
3:00PM	3:30PM	<b>How Should we Allocate Statins and Advanced Therapies in Cardiovascular Disease: A Moderated Debate with ARS</b>	
3:00PM	3:10PM	Polygenic Risk Score Will Tell Us Who to Treat	Pradeep Natarajan, MD
3:10PM	3:20PM	Imaging Will Guide Treatment	Khurram Nasir, MD
3:20PM	3:30PM	Panel Discussion	Moderator: Matthew Budoff, MD, FSCCT