



**2023 SDAPA SUMMER/FALL
CONTINUING MEDICAL EDUCATION
CONFERENCE**

**HILTON GARDEN INN—SOUTH
SIOUX FALLS, SD
SEPTEMBER 13-15, 2023**

LECTURES AND DISPLAY AREA OF EXHIBITORS

Speaker Handouts available online at www.SDAPA.net at speakers' discretion

Wednesday, September 13th

6:30 - 7:25 am Check-in

Light Breakfast and Exhibitors

7:25- 7:30 am Welcome

7:30 - 8:30 am Updates from NCCPA:

Focus on the PANRE Alternative

*Alicia Quella, PhD, PA-C

Director of Communications and PA Relations
NCCPA

1. Describe the options available for recertification: the PANRE and PANRE LA exams.
2. Describe the new CAQs available for Certified PAs.
3. Describe the ways PAs contribute to the work of NCCPA.
4. Recognize the many ways NCCPA communicates with PAs and other resources available.

8:30 - 9:30 am Syncope in Pediatrics - What to Know and When to Refer

Eric Towe, MD

Pediatric Cardiology

Avera Medical Group, Sioux Falls, SD

1. Discuss the definition and incidence of syncope in pediatrics.
2. Review current best practices for evaluation and treatment.
3. Discuss indications for referral to subspecialist.

9:30 - 10:30 am Syphilis is on the Rise

Susan Hoover, MD, PhD, FIDSA

Infectious Diseases Clinic

Sanford Health, Sioux Falls, SD

1. Be aware of the increasing rates of both adult and congenital syphilis in South Dakota and nationwide.
2. Screen for syphilis and treat according to disease stage.
3. Arrange appropriate clinical and laboratory follow up testing in the appropriate time frame.

10:30 - 11am Break - Snacks and Exhibitors

11am -12 pm Burnout

Chetan Wasekar, MD, MS, MHA

Internal Medicine Hospitalist

Avera Medical Group, Sioux Falls, SD

1. Recognize signs and symptoms of burnout
2. Discuss factors playing into burnout in medicine
3. Discuss what we can do to protect ourselves

12 -1:00 pm Open Lunch

1:00 - 2:00 pm DKA Emergencies in Pediatrics

Benson Hsu, MD, MBA, FAAP, FCCM

Pediatric Critical Care

Avera McKennan Hospital

1. Understand the pathophysiology of diabetic ketoacidosis (DKA).
2. Identify the clinical presentation and diagnostic criteria of DKA.
3. Manage and treat DKA effectively.

2:00-3:00 pm Opioid use disorder, Overdose prevention, and Naloxone education

Khia Walser, PharmD

Telepain Clinical Pharmacist

VISN 23 and Sioux Falls VA

Jeremy S. Daniel, PharmD, BCPS, BCPP

Psychiatric Clinical Pharmacist

Avera Behavioral Health Center

1. Understand the impact that opioid use disorder, if left untreated, has on society.
2. Evaluate the safety and effectiveness of medications used in the treatment of opioid use disorder.
3. Understand the role of medications and their place in therapy for the treatment of opioid use disorder.
4. Identify strategies that can be used in overdose prevention.
5. Describe the role of naloxone in those with a history of substance use disorder.

3:00 - 3:30pm Break - Snacks and Exhibitors

3:30 - 4:30pm Update on Adolescent Idiopathic Scoliosis

Geoffrey Haft, MD

Avera Orthopedics, Sioux Falls, SD

1. Standard exam and initial imaging for patients with possible scoliosis
2. Patient requiring referral to a scoliosis specialist
3. Standard non-operative treatment options for scoliosis
4. Standard surgical treatment options for scoliosis
5. Newer non-fusion surgical treatment options for scoliosis

4:30 - 5:30 pm C. diff and Diabetic Foot Infections

Fares Masannat, MD

Infectious Disease

Avera Medical Group, Sioux Falls, SD

C. diff

1. Identify diagnostic tools for diagnosis of Cdiff
2. Discuss the roles of different treatment options for Cdiff
3. Discuss strategies and goals in C. dif.

Diabetic Foot Infections

1. Discuss relevant diagnostic tools in diabetic foot infections (microbiology, imaging modalities, pathology)
2. Present therapeutic options for
3. Discuss relevant studies published regarding the efficacy of IV vs PO antibiotics

Thursday, September 14th

6:45 - 7:30 am Light Breakfast and Exhibitors

7:30 - 8:30 am Limb Preservation: A Patient centered approach to keep patients moving

Gregory Nissen, MD

Dakota Vascular Prof, LLC.

Sioux Falls, SD

1. Identify risk factors for PVD.
2. Identify who can make an impact on PVD related to limb preservation.
3. Identify treatment strategy for limb threatening PVD.

8:30 - 9:30 am Anticoagulation Clinical Pearls

Nicholas Skibba, PharmD
Pharmacist
Sanford USD Medical Center
Sioux Falls, SD

1. To highlight the role of laboratory monitoring in assessing anticoagulation effectiveness and safety.
2. To provide practical tips and recommendations for optimizing anticoagulation therapy.
3. To understand the unique considerations and challenges of managing anticoagulation therapy in bariatric patients.
4. To explore the best practices for transitioning and adjusting anticoagulation therapy in patients undergoing surgical procedures.
5. To discuss strategies for managing bleeding complications and reversing the effects of anticoagulation medications.

9:30 - 10 am Break - Snacks and Exhibitors

10 - 11:00 am Preoperative Assessment

Paul Beninga, CRNA, MS
Staff CRNA
Avera McKennan, Sioux Falls, SD

1. Describe basic fundamental assessments necessary for a preoperative exam.
2. Discuss proper follow up examination for pertinent findings from the primary exam.
3. Describe proper medication management for the immediate preoperative period.
4. Discuss proper anticoagulation management in the immediate preoperative period.
5. Discuss some of the pitfalls of current medication regimens.

11am - 12 pm Shame in Medicine -

Changing the Culture of Medicine

*Meg Leddy, PA-C, MMSc
Duke University Medical Center

1. Define and discuss the differences between shame and guilt.
2. Recognize why we have shame as providers and why it is important in our practice.
3. Identify what a shame reaction encompasses.
4. Discuss tips to increase personal growth as learners in medicine by navigating shame.

**12 - 1:00 pm General Membership Meeting
Lunch provided**

1:00 - 2:00 pm 5 Reasons PAs Hate Spine Patients

John Faryna, MD, FAAOS
Avera Orthopedics
Sioux Falls, SD

1. Diagnosis of Emergency Conditions.
2. Obesity and spinal conditions.
3. Chronic Spine Conditions, chronic opioids.
4. Spinal conditions effecting work.
5. Barriers to care (Surgeon and Non-Op).

2:00 - 3:00 pm Tobacco Cessation and E-Cigarettes

*Matthew Taylor, DO
Avera Medical Group
Pulmonary, Critical Care, and Sleep Medicine
Sioux Falls, SD

1. Discuss dosing, efficacy, and risks of Nicotine replacement therapy, Varenicline, and Bupropion.
2. Discuss risks and benefits of E-cigarettes.
3. Apply these medications to case scenarios.

3:30 - 4:30 pm AAPA State Advocacy Update

Bryan Hannon
Director, State Advocacy & Outreach

1. Provide information about recent changes to PA practice laws around the country.
2. Share available resources from AAPA.

5:00 - 8:00 pm Social

Remedy Brewing Company

Join us for appetizers and drinks

Friday, September 15th

6:45 - 7:30 am Light Breakfast

7:30 - 8:30 am Basics of Wound & Ostomy Care

Dawn Bechtold, RN
Wound, Ostomy, Continence Nurse
Avera McKennan, Sioux Falls, SD

1. Describe the environment for optimal wound healing.
2. Identify which wound care products come from a pharmacy vs. durable medical equipment store.
3. Discuss the process for prescriptions for wound and ostomy products.

8:30 - 9:30 am Hyperbaric Oxygen Medicine (HBO) - Overview

Brian Pruss, RRT/CHT
Coordinator and Hyperbaric Oxygen Technologist
Avera McKennan Hospital, Sioux Falls, SD

1. Discuss Hyperbaric Oxygen Therapy: what is this magical treatment??
2. Review UHMS indications for HBO therapy & discuss where research may be taking us.
3. Safety concerns when using hyperbaric oxygen.
4. Review a few of our past patients.

9:30 - 10 am Break - Snacks

10 - 11:00 am Pediatric Parasitic Infections

Peter Paul Lim, MD, FAAP
Infectious Diseases
Avera Medical Group
Sioux Falls, SD

1. To discuss the classification of parasites and their clinical implication.
2. To describe the diagnostic modalities implied in different parasitic infections.
3. To describe treatment modalities for parasitic infections.

**11-12:00 pm Simple to Complex Diabetes Management:
Strategies to Succeed**

Austen Fagerland, PA-C
Endocrinology

Monument Health Clinic, Rapid City, SD

1. Discuss many of the diabetes medication classes and discuss their benefits, risks, and cost.
2. Discuss new and existing diabetes technologies to assist patients, to help them achieve success at home.

12 - 1:00 pm Open Lunch

1:00 - 2:00 pm Food as Medicine

Kristen Jost, MD

Physical Medicine and Rehabilitation Physician

Avera McKennan Hospital, Sioux Falls, SD

1. *Define lifestyle medicine.*
2. *Describe diet patterns that are effective in treatment and risk reduction of lifestyle-related chronic diseases.*
3. *Review scientific evidence of popular diets.*
4. *Explore basic counseling strategies for dietary behavior change.*

2:00 - 3:00 pm Evaluation and Treatment of the Rotator Cuff

Matthew Blake, MD

Orthopedic Surgeon

Avera Orthopedics, Sioux Falls, SD

1. *Discuss anatomy of the rotator cuff.*
2. *Discuss rotator cuff pathology.*
3. *Discuss physical exam findings of the rotator cuff.*
4. *Discuss treatment options.*

3:00 - 4:00 pm Don't Watch, Don't Wait – The Genetics-First Approach to Neurodevelopmental Care

Isum Ward, MD

Genetics

Sanford Children's Specialty Clinic, Sioux Falls, SD

1. *Learn about the prevalence of genetic neurodevelopmental disorders.*
2. *Understand the importance of early referral and diagnosis for childhood neurological symptoms.*
3. *Learn about new resources for diagnosis, counseling, and education at Sanford Health.*

* Speaker will be presenting virtually

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 22 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 9/13/2023 to 9/15/2023. AAPA reference number: CME-209728.





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