



**SDAPA Winter/Spring 2024  
CME Conference**

**February 28 - March 1, 2024**

Holiday Inn - Convention Center  
Rapid City, South Dakota

**LECTURES AND DISPLAY AREA OF EXHIBITORS**

Speaker Handouts available online at  
[www.SDAPA.net](http://www.SDAPA.net) at speakers discretion

Please Note: Schedule is in Mountain Time

## Wednesday, February 28

- 7:30 - 8:15 am Breakfast and Exhibitors**  
Sponsored by Sanford Medical Center
- 8:15 - 8:30 am Welcome - opening remarks**
- 8:30 - 9:30 am Screening recommendations for women with a high lifetime risk of breast cancer**  
Joel M. Brink, MD  
Radiologist  
Dakota Radiology, Rapid City, SD
1. What is consider a high lifetime risk for breast cancer?
  2. How to calculate lifetime risk of breast cancer.
  3. Understand current imaging recommendations for patients who are high risk.
- 9:30 - 10:30 am Holistic Hypertension**  
\*Corey Schuler, PhD(c), MSN, FNP-C, MS,  
CNS, EMBA, DC  
Synergy Family Physicians, White Bear Lake, MN
1. Understand why a holistic approach is necessary.
  2. Analyze how lifestyle interventions compare to medications.
  3. Identify dietary supplements and botanicals to augment lifestyle management.
- 10:30 - 11am Break - Snacks and Exhibitors**
- 11 - 12:00 pm Why Global Health**  
\*Elyse J Watkins, DHSc, MS, PA-C, DFAAPA, NCMP  
Associate Professor  
University of Lynchburg  
School of PA Medicine  
Doctor of Medical Science (DMSc), Lynchburg, Virginia
1. Describe why having a global health perspective can help improve patient outcomes on the local level.
  2. Discuss some of the neglected tropical diseases (NTDs) one may encounter over the course of their clinical career.
  3. Describe the current diagnostic and treatment recommendations for several NTDs.
  4. Discuss how geopolitical forces shape human migration and how that can affect clinical practice.
- 12 - 1:00 pm Lunch on your own**
- 1 - 2:00 pm Climate Change and Human Health**  
\*Elyse J Watkins, DHSc, MS, PA-C, DFAAPA, NCMP  
Associate Professor  
University of Lynchburg, School of PA Medicine  
Doctor of Medical Science (DMSc), Lynchburg, Virginia
1. Differentiate between climate and weather.
  2. Describe the projected impact of climate change on the nation and South Dakota.
  3. Discuss the potential illnesses one is likely to encounter under current projections.
  4. Describe the ways a PA can help prepare their community for projected climate changes.

- 2 - 3:00 pm Neuroradiology: Imaging for Common Neurological Presentations**  
Thomas Reher, MD  
Diagnostic Radiology/Neuroradiology  
Dakota Radiology, Rapid City, SD
1. Enumerate common presenting neurologic symptoms that present to the clinic.
  2. Determine appropriate initial imaging for presenting conditions.
  3. Identify resources for selecting appropriate initial imaging.

**3 - 3:30 pm Break - Snacks and Exhibitors**

- 3:30 - 4:30 pm Demystifying the Practice of Plastic Surgery**  
Olga Schuth, MD  
Plastic & Reconstructive Surgeon  
Monument Health, Rapid City, SD
1. Identifying what plastic surgeries may be covered by insurance.
  2. Basics of migraine surgery and who may benefit from it.
  3. The role of plastic surgery in wound care.

- 4:30 - 5:30 pm Atrial Fibrillation. 2024 Clinical Updates**  
Tra Bui, PA-C  
Cardiology  
Great Plains Health, North Platte, NE
1. Highlights on 2024 ACC/AHA/ ACCP/HRS Guideline and Clinical Updates for Diagnosis and Management of Atrial Fibrillation.
  2. Recognize atrial fibrillation in the clinic settings, and when to send to the ED versus outpatient cardiology referral.
  3. Interesting EKGs case studies.

## Thursday, February 29th

**6:45 - 7:30am Breakfast**

- 7:30 - 8:30 am Shoulder Topic**  
Steven Giuseffi, MD  
Sports Medicine, Joint Replacement, Knee, & Shoulder  
Black Hills Orthopedic & Spine Center, Rapid City, SD
1. Understand normal and pathologic shoulder anatomy relevant to instability.
  2. Understand non-operative treatment options for shoulder instability.
  3. Understand operative indications and operative management of shoulder instability.

- 8:30 - 9:30 am Depression and Anxiety management in the Geriatric Population**  
Tajuana Lordeus, DMSc, PA-C  
Psychiatry Physician Assistant  
Landmark Health, Durham, NC
1. Identify how Social Determinants of Health impact our geriatric population.
  2. Recognize depression and anxiety in the geriatric population and describe some screeners commonly used.
  3. Discuss how to choose a psychotropic medication by reviewing the benefits and risks of various commonly used pharmacological agents.
  4. Review pertinent labs and tests that may be necessary when treating this population.

9:30 - 10 am Break - Snacks and Exhibitors

**10 - 11:00 am Integrative Approaches to Androgen Deficiency in the Aging Male**

\*Corey Schuler, PhD(c), MSN, FNP-C, MS, CNS, EMBA, DC  
Synergy Family Physicians, White Bear Lake, MN

1. Understand the multifaceted nature of androgen deficiency.
2. Explore integrative treatment modalities for androgen deficiency in the aging male (ADAM).
3. Review the role of nutrition and lifestyle in androgen optimization.
4. Discuss patient-centered approaches to shared decision-making.

**11 - 12:00 pm Musings of a Geriatrician**

Andrew Schock, PA-C  
Great Plains Geriatrics, Hill City, SD

1. Forgetfulness.
2. The Idiots Guide to Medication Reduction.
3. Pearls from Stress.

**12 - 1:00 pm Membership Meeting/Luncheon**

**1 - 2:00 pm Intentional Disaster: Trauma Response**

Greg Davenport, DHSc, PA-C  
Disaster Management, Silver Creek, NE

1. Discuss similarities and difference between the ATLS and MARCH approach to trauma.
2. Identify and discuss each layer of the MARCH concept of trauma care.
3. Identify and discuss medications (analgesic, antibiotic, and blood loss control) commonly used in trauma care.

**2:00 - 2:30 pm Interventional Cardiology: Foundational Practices and Technological Advancements**

Todd Eckles PA-S2  
PA Student  
University of South Dakota  
Vermillion, SD

1. Educate listeners on the history and foundation of the field of interventional cardiology.
2. The issues that continue to complicate procedures.
3. The modern advancements that have taken place to eliminate complications.

**2:30 - 3:00 pm Hyperemesis Gravidarum and Nausea/Vomiting in Pregnancy: A Holistic Approach to Treating a Worldwide Issue**

Jacob Formiller PA-S2  
PA Student  
University of South Dakota, Sioux Falls, SD

1. Understand the negative impacts of Nausea/Vomiting during pregnancy (NVP) and Hyperemesis Gravidarum (HG).
2. Be able to differentiate between NVP and HG.
3. Feel more comfortable addressing patient concerns to medications during pregnancy.
4. Have a general understanding of treatment and available resources.

3 - 3:30 pm Break - Snacks and Exhibitors

**3:30 - 4:30 pm Delusions, Delusion Like Beliefs, and Conspiracy Theories**

\*Stephen P. Manlove, MD  
Manlove Psychiatric Group, Rapid City, SD

1. Understand the connection between cognitive rigidity and delusions.
2. Understand the difference between delusions and conspiracy theories.
3. Have three strategies for talking with people with conspiracy theories to reduce the intensities of such theories.

**4:30 - 6:00 pm Legislative Update**

Jennifer Stalley  
Midwest Solutions, Pierre, SD

- Kayla Frank, PA-C  
Avera Medical Group Internal Medicine  
Sioux Falls, SD
1. Review current legislative climate and priorities in South Dakota.
  2. Review optimal team practice (OTP) and implications to practice in South Dakota.
  3. Review legislation from other states regarding OTP.
  4. Strategize and discuss legislative priorities for SDAPA moving forward.

**6:00 - 8:30 pm Social Event**

Holiday Inn - Rushmore Plaza

## Friday, March 1st

**6:45 - 7:30am Breakfast**

**7:30 - 8:30 am Back Bugs: Spinal Osteomyelitis and Discitis**

Christian Gaffney, MD, MSc  
Back, Neck, & Spine  
Black Hills Orthopedic & Spine Center, Rapid City, SD

1. Discuss clinical manifestations and diagnosis of spinal osteomyelitis/discitis.
2. Discuss the treatment course/recommendations for patients with spinal osteomyelitis/discitis.
3. Discuss follow-up recommendations and long-term considerations/outcomes for patients after treatment of spinal osteomyelitis/discitis.

**8:30 - 9:30 am Getting Back to the Basics of Wellness as Clinicians**

Tajuana Lordeus, DMSc, PA-C  
Psychiatry Physician Assistant  
Landmark Health, Durham, NC

1. Review of current data on burnout and the impact our current work environments and expectations have on physician assistants.
2. A discussion on disparities in health outcomes observed in different demographics because of the lack of or inability to participate in wellness activities.
3. Provide an overview of some wellness activities and their benefits on reducing stress and increasing resiliency throughout the day as physician assistants.

9:30 - 10 am Break - Snacks and Exhibitors

10 - 11:00 am **Screening updates and treatment strategies for breast cancer**

Ashlea Semmens, MD

General Surgery

Monument Health General Surgery, Rapid City, SD

1. Review current guidelines for routine breast imaging.
2. Tyrer Cuzick score and its implementation for patients at increased risk of breast cancer.
3. High risk breast clinic and NCCN guidelines.
4. Overview of modern treatment strategies in patients with breast cancer.

11 - 12:00 pm **Dental Emergencies in Urgent Care Clinics**

Brian Hettinger, DDS

Black Hills Implant and Family Dental, Sturgis, SD

1. Identify frequency and usage of urgent care for dental emergencies.
2. Identify signs and symptoms to accurately diagnose dental emergencies.
3. Discuss most common causes and treatments for dental related urgent care/ER visits.

12 - 1:00 pm Lunch on your own

1 - 2:00 pm **Humanitarian Service: Proper Preparation is Key**

Greg Davenport, DHSc, PA-C

Disaster Management, Silver Creek, NE

1. Comprehend international travel requirements applicable to medical mission work.
2. Develop an adequate, yet minimal, packing list that meets personal needs and support the medical mission.
3. Use an ethical approach to medical mission work.

2 - 3:00 pm **Positive Psychological Capital in the Workplace**

Jamie Gustafson, PhD

Marketing/Operating Officer

JGD, LLC & Banker's Compliance Consulting

1. Identify the existing need for Psychological Capital within the work environment.
2. Discuss the Psychological Capital Sub-Scales.
3. Identify and apply Psychological Capital in the work environment.

\* Presenting Virtually

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 21.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 2/28/2024 to 3/1/2024. AAPA reference number: CME-2010957.





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