



**2024 SDAPA SUMMER/FALL
CONTINUING MEDICAL EDUCATION
CONFERENCE**

**HILTON GARDEN INN—SOUTH
SIOUX FALLS, SD
SEPTEMBER 11-13, 2024**

**LECTURES AND DISPLAY AREA
OF EXHIBITORS**

*Speaker Handouts available online at
www.SDAPA.net at speakers' discretion*

Wednesday, September 11

* Denotes Virtual
** Denotes Pre-recorded

6:45-7:30 AM
7:25-7:30 AM
7:30-8:30 AM

Breakfast and Exhibitors

Welcome - Opening Remarks

South Dakota Childhood Lead Poisoning Prevention Program (SD CLPP)

Brooke Lusk, BS, RN

Black Hills Special Services Cooperative
Sturgis, SD

1. Participants will gain comprehensive insights into current surveillance data, understand its significance, understanding its implications, and how to navigate resources to find the most up-to-date data.
2. Participants will be updated on current lead poisoning prevention strategies.
3. Participants will be well-versed in Blood Lead screening processes and mandatory reporting requirements.
4. Participants will receive comprehensive resources and support for clinical medical management of lead testing and treatment.
5. Participants will acquire skills to effectively educate patients and their families about lead poisoning prevention and management.

8:30- 9:30 AM

Penicillin Allergies

Nicholas Skibba, PharmD

Pharmacist

Sanford USD Medical Center

Sioux Falls, SD

1. Understand the Impact of Penicillin Allergy.
2. Explain the Pathophysiology of Penicillin Allergy.
3. Describe Penicillin Allergy Skin Testing.
4. Describe Penicillin Oral Challenge.
5. Outline Management Strategies for Penicillin Allergy.

9:30-10:00 AM

Break - Snacks and Exhibitors

10:00-11:00 AM

Practicing Cultural Safety in Patient Care

Faith Minnich Kjesbo

Avera Health, Sioux Falls, SD

1. Define cultural safety and describe its impact on patient care.
2. Recognize dynamics that influence cultural safety in patient care.
3. Patient tools to increase cultural safety in patient care.

11:00-12:00 PM

Future Trends in Healthcare: Hospital at Home

Bethlee Burke, CNP

Hospital@Home, Avera McKennan

Sioux Falls, SD

Cindy Kannenberg, BSN, RN

Hospital@Home, Avera McKennan

Sioux Falls, SD

1. Define Hospital at Home in terms of history of the program, value, and goals of the program, and future growth.
2. List services provided to patients admitted to Hospital at Home, explain what interactions they have with the APPs, physicians, nursing and ancillary staff such as, physical and occupation therapy, dietary, and imaging.
3. Emphasize the impact care given in the Hospital at Home program can have on patient outcomes, quality of life, and overall healthcare satisfaction.
4. Discuss services received after discharge from the Hospital at Home program as well as, the impact they can have on long term outcomes and satisfaction.

12:00-1:00 PM

Lunch Symposium by Axonics (limited)

Please RSVP at registration desk

1:00-2:00 PM **Outpatient Pulmonary Rehab**

Joey Pulscher

Outpatient Pulmonary Rehab Coordinator

Avera McKennan Hospital

Sioux Falls, SD

1. Define and describe pulmonary rehab.
2. Review all components of PR.
3. Discuss patient population appropriate for PR.
4. Discuss issues and solutions for rural PR opportunities.
5. Benefits of pulmonary rehab.

2:00-3:00 PM

Cancer Immunotherapy: What's Next?

Steven Powell, MD

Sanford Cancer Center Oncology and Hematology

Sioux Falls, SD

1. Understand the current state of cancer immunotherapies in the clinic.
2. Discover new approaches to enhance our standard immunotherapies.
3. Explore novel treatments that leverage the immune system in the treatment of cancer.

3:00-3:30 PM

Break - Snacks and Exhibitors

3:30-4:30 PM

Viral Exanthems

Peter Paul Lim, MD, FAAP

Pediatric Infectious Disease Physician

Avera McKennan Hospital

Sioux Falls, SD

1. Discuss most common viral exanthems.
2. Clinical diagnosis.
3. Diagnostic work up.
4. Management prevention.

4:30-5:30 PM

SMART Therapy for Asthma

Giuliana Gayoso, MD

Pediatric Pulmonologist

Avera Medical Group Pediatric Specialists

Sioux Falls, SD

1. Understanding SMART rationale and mechanism of action.
2. Understand which dose of ICS-Formoterol to use for SMART.
3. Identify strategies to introduce SMART to patients.

Thursday, September 12

6:45-7:30 AM

Breakfast and Exhibitors

7:30-8:30 AM

Weight Management: The Pillars of Obesity Medicine

Dr. Jennifer Schriever

Weight Management/Obesity Medicine Physician

Sioux Falls, SD

1. To describe obesity as a disease.
2. To understand weight bias.
3. To learn how to manage patients with obesity by using all pillars of obesity medicine.
4. To increase knowledge about anti-obesity medications including the prescribing, side effects, contraindications, management, and maintenance of weight management.

8:30-9:30 AM **Treating tendon pain without surgery:
Ultrasound-guided percutaneous tenotomy**
**Johnathan Buchanan, MD, MBA
Primary Care Sports Medicine Physician
Avera Orthopedics
Sioux Falls, SD
1. Understand the biology and pathology of tendon injury.
2. Understand the basics of tendon's capacity to regenerate.
3. Understand the role of percutaneous tendon treatment and PRP in tendon healing.

9:30-10:00 AM **Break - Snacks and Exhibitors**

10:00-11:00 AM **Transforming T2DM Treatment in Primary Care:
Discerning the Glycemic and Extra-glycemic Effects of
GLP-1 RAs**
Amy Butts, PA-C, MPAS, DFAAPA, CDCES, BC-ADM
Endocrinology
WVU Medicine Wheeling Hospital
Wellsburg Clinic
Wellsburg, West Virginia
1. Describe the role of GLP-1 RAs in comprehensive T2DM management to optimize patient outcomes and reduce the risk of associated complications.
2. Compare current GLP-1 RAs based on their mechanisms of action, dosing frequency and administration, efficacy, safety, and tolerability profiles.
3. Identify patients who would benefit from the multifaceted glycemic and extra-glycemic effects of GLP-1 RAs as part of comprehensive T2DM management plans.
4. Counsel patients with T2DM about the long-term efficacy, safety, and convenience that GLP-1 RAs offer to help with patients with T2DM achieve individualized glycemic and non-glycemic health goals.

11:00-12:00 PM **Legal Tune Up**
*Kevin Hickman, PA-C, MHA, MJ, CHC
Geisinger Community Medical Center
Neurosurgery
1. Discuss federal laws supporting compliant and administrative healthcare delivery and their impact on healthcare teams.
2. Cite cases demonstrating the impact of violating laws and regulations of healthcare delivery to staff and healthcare leaders.
3. Describe ways to identify and report concerns of potential legal violations within healthcare delivery.

12:00-1:00 PM **General Membership Meeting**
Lunch provided

1:00-2:00 PM **Budgeting, Debt, and Financial Goals**
Dan Boadwine, MD, FAAP
Pediatrician
Avera Medical Group
Sioux Falls, SD
1. What are the goals of budgeting?
2. How to build a budget.
3. Debt: Changing the focus and strategies for management.
4. Setting Financial Goals.

2:00-3:00 PM **Coding update**
Mindy Pownell
Director of Coding
Avera Health
Sioux Falls, SD
1. Review new codes for 2024.
2. How to document new codes for 2024.
3. Split/Shared visits.
4. Telehealth visits.

3:00-3:30 PM **Break - Snacks and Exhibitors**

3:30-4:30 PM **Thumb Collateral Ligament Injuries**
Dr. Yorell Manon-Matos
Attending Hand Surgeon
Avera Medical Group Orthopaedics & Sports Medicine
Sioux Falls, SD
1. Understand mechanisms of injury for thumb collateral ligament.
2. Understand common treatment approaches for thumb collateral ligament injuries.
3. Understand treatment of thumb injuries for the athlete.

4:30-5:30 PM **Pursuit of Optimal Team Practice in South Dakota**
Kayla Frank, PA-C
Avera Health-Internal Medicine
Sioux Falls, SD
1. Review legislative efforts for SDAPA in South Dakota.
2. Discuss OTP climate nationally and how it affects South Dakota.
3. Review results from AAPA Legislative Workgroup.
4. Outline strategies for 2025 SD Legislative Session.

6:00-8:00 PM **SDAPA Social**
Look's Marketplace
500 E 69th St
Sioux Falls, SD 57108
Free appetizers

Friday, September 13

6:45-7:30 AM **Breakfast**

7:30-8:30 AM **Osteoporosis Basics**
Aaron Prestbo, MD
Family Medicine
Avera Medical Group McGreevy Clinic
Sioux Falls, SD

Leah Prestbo, MD
Family Medicine
Avera Medical Group McGreevy Clinic
Sioux Falls, SD
1. Identify when osteoporosis screening is necessary.
2. Choose and utilize the appropriate screening method based on patient risk factors.
3. Understand current clinical guidelines for the diagnosis of osteoporosis.
4. Understand workup for secondary causes of osteoporosis.
5. Identify available Osteoporosis treatments and treatment selection caveats.
6. Identify osteoporosis fracture risk categories.
7. Understand osteoporosis treatment monitoring.

8:30-9:30 AM

DXA for the Non-Densitometrist

Aaron A. Prestbo, MD
Family Medicine
Avera Medical Group McGreevy Clinic
Sioux Falls, SD

Leah M. Prestbo, MD
Family Medicine
Avera Medical Group McGreevy Clinic
Sioux Falls, SD

1. *Understand basic principles of DXA*
2. *Identify an appropriately positioned DXA*
3. *Identify ROIs (Regions of Interest) that are appropriate to use for diagnosis*
4. *Understand diagnosis based on DXA (densitometric diagnosis).*
5. *Understand principles of DXA comparison.*
6. *Identify accurate DXA interpretation and Reporting.*

9:30-10:00 AM

Break - Snacks

10:00-11:00 AM

Vascular Emergencies

Angelo Santos, MD
Vascular Surgeon
Sanford Clinic Vascular Associates
Sioux Falls, SD

1. *Understanding Vascular Emergencies.*
2. *Recognizing Symptoms and Signs.*
3. *Diagnostic Approaches*
4. *Immediate Management and Stabilization.*
5. *Treatment Modalities.*
6. *Multidisciplinary Approach.*
7. *Case Studies and Practical Scenarios.*
8. *Prevention and Risk Reduction.*
9. *Updates and Guidelines.*

11:00-12:00 PM

HPV and Head/Neck cancer

Dr. W. Chad Spanos
Avera McKennan Cancer Center
ENT Head and Neck Surgery
Sioux Falls, SD

1. *Understand how HPV relates to diseases of the head/neck.*
2. *Describe common presentations, symptoms of head and neck cancer.*
3. *Understand broad best practice treatment for the most common head/neck cancers.*

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 20 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 9/11/2024 to 9/13/2024. AAPA reference number: CME-2011931.





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