



**SDAPA Winter / Spring 2025
CME Conference**

March 6-8, 2025

Double Tree by Hilton - Convention Center
Rapid City, SD

**LECTURES AND DISPLAY AREA
OF EXHIBITORS**

Speaker Handouts available on line at
www.SDAPA.net at speakers discretion

Please note: Schedule is in Mountain Time

*March 6 & 7 - Hybrid Event
March 8 - Virtual Only*

Thursday, March 6th

Hybrid Event

7:45 - 8:25 am Breakfast and Exhibitors

Sponsored by Monument Health

8:25 - 8:30 am Welcome

8:30 - 9:30 am Fact or Fiction: Debunking ID Myths

Ryan Flynn, PharmD
Antimicrobial Stewardship Pharmacist
Monument Health Rapid City Hospital
Rapid City, SD

1. Describe the role of the microbiome in normal host immune system function.
2. Review guidance on management of asymptomatic bacteriuria.
3. Discuss adverse effects associated with fluoroquinolones.

9:30 -10:30 am Think Sleep

Catherine Fernandez Aristy, MD
Sleep Medicine Specialty
Monument Health Neurology and Rehabilitation
Rapid City, SD

1. Discuss common sleep disorders
2. Discuss sleep studies
3. Treatments available

10:30 - 11am Break - Snacks and Exhibitors

11 - 12:00 pm The Silent Strain of Primary Care: Burnout, Compassion Fatigue and the PAs Pathway to Resilience

James McGinnis, EdD, PA-C
Associate Program Director
Towson University Physician Assistant Program
Towson, MD

1. Discuss the differences between burnout and compassion fatigue.
2. Describe factors that contribute to burnout and compassion fatigue.
3. Discuss the patient safety implications of burnout and compassion fatigue.
4. Develop strategies to enhance personal resilience and reduce the risk of burnout and compassion fatigue.

12 - 1:00 pm Lunch (on your own)

1 - 2:00 pm Case Challenges in Spondyloarthritis: Can You Crack the Code With Advanced Targeted Therapies for Patients With Psoriatic Arthritis and Axial Spondyloarthritis?

Cayla Alexander, DNP, ARNP
Nurse Practitioner, Rheumatology
Seattle Rheumatology Associates,
Seattle, WA

1. Assess optimal therapies for patients with axSpA or PsA based on the latest guidelines and clinical evidence.
2. Apply validated measures of disease activity to assess treatment response in patients with axSpA or PsA.
3. Formulate treatment advancement plans for patients with axSpA or PsA based on available evidence, expert guidance, and shared decision-making.

2 - 3:00 pm Can't Miss Conditions of the Ear, Nose and Throat

James McGinnis, EdD, PA-C
Associate Program Director
Towson University Physician Assistant Program
Towson, MD

1. Discuss the typical presentation of various urgent and emergent conditions of the ear, nose and throat.
2. Describe the pathophysiology of various urgent and emergent conditions of the ear, nose, and throat.
3. Discuss the clinical concerns associated with various urgent and emergent conditions of the ear, nose, and throat.
4. Develop a treatment plan for various urgent and emergent conditions of the ear, nose, and throat.

3 - 3:30 pm Break - Snacks and Exhibitors

Sponsored by Sanford Health

3:30 - 4:30 pm Diabetes and The Gut

Issam Turk, MD
Gastroenterology
Monument Health
Rapid City, SD

1. Discuss how diabetes can impact the GI tract.
2. Discuss symptoms, work up and management of diabetic gastroparesis.
3. Address impact of GLP1 agonists on the gut.

4:30 - 5:30 pm Exercise-Induced Hyponatremia: An Emerging Threat

Greg Davenport, DHSc, PA-C
Disaster Management
Silver Creek, NE

1. Discuss hyponatremia to include cause, signs and symptoms, diagnostic tools and treatment.
2. Discuss presentation differences between hyponatremia and hypernatremia.
3. Discuss hypernatremia to include cause, signs and symptoms, diagnostic tools, treatment, and prevention concepts.

5:30 - 8:00 pm SDAPA Social - DoubleTree by Hilton Appetizers, Drinks, and Door Prizes



Friday, March 7, 2025

Hybrid Event

6:45 - 7:30 am **Breakfast and Exhibitors**

7:30 - 8:30 am **GDMT for Heart Failure**

Allison Morgan PA-C

Cardiology

VA Black Hills

Rapid City, SD

1. *Learn how to classify heart failure*
2. *Identify key clinical and diagnostic findings in heart failure*
3. *Understand medical therapy for heart failure based on LVEF*
4. *Identify clinical features associated with cardiac amyloidosis*

8:30 - 9:00 am **Notable suicide risk factors among different populations in rural South Dakota**

Kali Ryan PA-S2

PA Student

University of South Dakota

Vermillion, SD

1. *To increase awareness of the alarmingly high suicide rate in South Dakota.*
2. *To identify risk factors that may be overlooked or require further research.*
3. *To encourage use of prevention strategies and statewide or local resources for suicide prevention.*

9 - 9:30 am **Artificial Food Coloring and the Rainbow of Adverse Health Effects**

Olivia Lepke PA-S2

PA Student

University of South Dakota

Vermillion, SD

1. *Reflect the attraction that artificial food colorants have to producers and consumers.*
2. *Assess the link between artificial food colorants to hyperactivity, cancer, and gastrointestinal diseases.*
3. *Review recommendations and alternatives to the current use of artificial food colorants in the US.*

9:30 - 10 am **Break - Snacks and Exhibitors**

10 - 11:00 am **The New Normal: Digital Technologies for People Living With Insulin-Treated Type 2 Diabetes**

Sonia Bahroo, MMS, PA-C

Capital Diabetes & Endocrine Associates

Camp Springs, MD

1. *Review advances in connected diabetes technology to simplify insulin delivery and dose adjustment for people with type 2 diabetes.*
2. *Incorporate contemporary digital solutions to overcome barriers to insulin initiation.*
3. *Simplify insulin delivery and dosing, improve time in range, and normalize the management of insulin therapy among people with type 2 diabetes.*

11 - 12:00 pm **Update from NCCPA: Focus on the PANRE/PANRE-LA**

Alicia Quella, PhD, PA-C

NCCPA

Director of Communications and PA Relations

1. *Describe the options, resources and details on recertification for PAs: focusing on the PANRE and PANRE-LA.*
2. *Describe the Provider Bridge Program, the CAQ program and the new CAQs (Geriatric Medicine) available for PAs.*
3. *Describe volunteer opportunities and the ways PAs contribute to the work of NCCPA.*
4. *Update on recent legislation guiding PA Practice, the PA Licensure Compact and title change.*
5. *Describe the practice characteristics of South Dakota PAs.*

12 - 1:00 pm **General Membership Meeting and Lunch**

1 - 3:00 pm **Intro to POCUS E-Fast Workshop**

Board Room (Space limited)

Raeann McFadden

Ultrasound Tech

PA Student

University of South Dakota

Vermillion, SD

Nancy D. Trimble, DMS, MPAS, PA-C

Faculty PA Program at University of South Dakota

Telemedicine

University of Iowa Healthcare Clinics

Iowa City, IA

*Sonosite is providing ultrasound machines

**In-person only

1. *Understand the fundamental principles of point-of-care ultrasound and how it enhances patient care, diagnostics, and decision making.*
2. *Understand how to operate ultrasound machines, include probe selection, image optimization, and identifying key anatomical structures.*
3. *The advantages of using ultrasound at the point of care, particularly in urgent or emergency settings.*
4. *Learn key clinical applications of POCUS in areas commonly encountered by PAs.*

1 - 2:00 pm **The Role of Primary Care in Community Resilience**

Jamie Gustafson, PhD

Chief Operating Officer JGD, LLC

Silver Creek, NE

1. *Understand the concept of resilience in leadership.*
2. *Identify professional challenges that may require resilience.*
3. *Explore the impact of resilient leadership on team dynamics and organizational culture.*

2 - 3:00 pm **Malnutrition, Hidden Among Us**

Greg Davenport, DHSc, PA-C

Disaster Management

Silver Creek, NE

1. *Define Nutrition.*
2. *Discuss poverty and its impact on malnutrition.*
3. *Discuss various malnutrition diagnostic tools that might be used.*

3 - 3:30 pm **Break - Snacks and Exhibitors**

3:30 - 4:30 pm **Radiographically Occult Injury Presentation**

Matthew Hustrulid, MD

Radiology

Dakota Radiology

Rapid City, SD

1. *Know the most common occult fractures.*
2. *Identify clinical features of occult fractures.*
3. *Know when and what imaging for further work up.*

4:30 - 5:30 pm **Bigger than you expected:**

Unmasking Atypical Anorexia Nervosa and It's Presence in Rural Communities

Abigail Lambert, MS, RD, LD

Clinical Dietitian

Monument Health

Rapid City, SD

1. *Identify characteristics and diagnostic criteria of atypical anorexia nervosa (AAN).*
2. *Explain how diet culture and weight stigma can contribute to the development, perpetuation, and treatment of AAN.*
3. *Examine the frequency of eating disorders in rural areas and the unique barriers to treatment.*

Saturday, March 8, 2025

Virtual Only

7:30 - 8:30 am What's New In Spine Surgery

Joshua Kolz, MD, MS

Black Hills Orthopedic and Spine center

1. *Learn how to diagnose and conservatively manage sacroiliac joint disease and learn what options are available when conservative management fails.*
2. *Learn the signs and symptoms of cervical radiculopathy and myelopathy and what surgical solutions are available including fusion and motion preserving techniques.*
3. *Learn how to diagnose and manage lumbar spine pain and stenosis and learn the different surgical approaches for surgical management when conservative management fails.*

8:30 - 9:30 am Physician Associates Roles in Healthcare Leadership in the United States

Nicole Schwensow, DMSc, PA-C

Hospitalist

Inpatient Physician Associates

Grand Island, NE

1. Discuss the roles physician associates (PAs) serve in healthcare leadership in the United States.
2. Examine the qualifications and desired skills for PA leaders.
3. Compare the qualifications for PAs in educational leadership.
4. Discuss how this research can be applied to the Medical Executive Committee for hospitals.

9:30 - 10:30 am Hospice: End of Life

Mavis Juwitt, RN

Hospice and Palliative Care nurse

Monument Hospice of the Northern Hills

1. *Understand end of life signs and symptoms.*

2. *Understand hospice care.*

3. *How to support your patients at the end of their lives.*

10:30 - 11:30 am Geriatric Syndromes for the Primary Care

Provider

Echo Kopplin, DMSc, PA-C, AT-R

Great Plains Geriatrics

Hill City, SD

1. *Compare and correlate the common geriatric syndromes.*
2. *Describe the etiology, pathophysiology of each syndrome.*
3. *Recognize pertinent differential diagnoses in the evaluation of geriatric syndromes.*
4. *Discuss the management of each syndrome.*
5. *List risk factors for each geriatric syndrome.*

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 18 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 3/6/2025 to 3/8/2025. AAPA reference number: CME-2013202.





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**Sonosite - provided ultrasound
machines for workshop**