



**2026 SDAPA WINTER/SPRING
CONTINUING MEDICAL EDUCATION
VIRTUAL CONFERENCE**

**LIVE VIA ZOOM
MARCH 5-6, 2026
SCHEDULE IS IN MOUNTAIN TIME**

*Speaker Handouts available online for member at
www.SDAPA.net at speakers' discretion*

Thursday, March 5th

8:00 AM	- 9:00 AM	Discover the Most Common Sleep Disorders in Sleep Medicine.	Catherine Fernandez Aristy, M.D.	Sleep Medicine Monument Health, Rapid City, SD
		1. Assist in the decision-making process to determine when to consider a sleep evaluation. 2. Learn to utilize the appropriate diagnostic sleep assessment tools. 3. Update on the latest treatments for the most common sleep disorders.		
9:00 AM	- 10:00 AM	Out with the Old, In with the New NAFLD/ NASH to MAFLD/ MASH	Chantel Holz, CNP	Gastroenterology Monument Health Gastroenterology, Rapid City, SD
		1. Recognize the epidemiology and burden of MASLD in people with type 2 diabetes. 2. Identify risk factors and clinical features to prompt screening for MASLD in patients with diabetes 3. Explain the pathophysiologic links between insulin resistance, obesity, and liver fat accumulation. 4. Learn about (non-invasive tests, imaging, and staging tools) used for liver disease Discuss management including lifestyle interventions, pharmacologic options, and diabetes medications with liver benefits. Integrate MASLD care into diabetes management, emphasizing cardiovascular risk reduction and multidisciplinary collaboration. Counsel patients effectively on the importance in the context of diabetes self-management of liver health		
10:00 AM	- 11:00 AM	Navigating Federal Change: PA Education and the One Big Beautiful Bill Act	Tyler Smith, MPH	Chief Policy Officer PA Education Association - Washington, DC
		1. Explain the key provisions of the One Big Beautiful Bill Act that directly affect PA education, particularly changes to federal student aid 2. Assess the short- and long-term implications of the statute for PA programs, students, and the PA workforce pipeline, with particular attention to affordability, access, and program sustainability 3. Discuss ongoing federal and state-based opportunities for PA student debt reduction		
11:00 AM	- 12:00 PM	PA Life Without the Burn: Your Financial Freedom Roadmap	Carrie A. McMahon, MHPE, MPAS, PA-C	Family Medicine Wellspan Health, York, PA
		1. Define professional burnout and identify its common signs and contributing factors in healthcare settings. 2. Analyze the relationship between financial stress and burnout among PAs. 3. Apply effective financial strategies—including budgeting, debt elimination, and investing—to reduce money-related stress. 4. Identify methods to prevent lifestyle creep and maintain long-term financial stability. 5. Develop a personalized action plan that integrates financial wellness into an overall burnout prevention strategy.		

12:00 PM	- 1:00 PM	USD Class of 2026 Student Presentations will be running		
1:00 PM	- 2:00 PM	Breast Cancer: Know the Risk, See the Risk, Reduce the Risk	Kendra Storm, DNP, CNP	Breast Health Monument Health Rapid City, SD
		1. Calculating and understanding breast cancer risk 2. Overview of breast imaging 3. Breast cancer risk reduction		
2:00 PM	- 3:00 PM	Clear Skin, Clear Path: A Guide to Acne Pharmacotherapy	William J. Hayes Pharm.D	Ambulatory Care Pharmacy South Dakota State University / Monument Health, Rapid City, SD
		1. Identify the most common causes and types of acne and how these impact treatment strategies for patients at different stages of the condition. 2. Evaluate first-line and advanced treatment options for acne, including topical treatments, oral medications, and biologic therapies, with an emphasis on evidence-based recommendations. 3. Counsel patients effectively on acne care, focusing on adherence to treatment plans, managing expectations, and discussing the psychosocial impact of acne in different age groups.		
3:00 PM	- 4:00 PM	Pharmacology of Cannabinoids	Kyle J. Siefers, DO, MS	Monument Health Behavioral Health Center, Rapid City, SD
		1. Describe commonly encountered formulations and routes of use for cannabis within our patient population. 2. Discuss the complex biochemical and pharmacological compositions of cannabis. 3. Describe the pharmacokinetics of cannabinoids including bioavailability, metabolism, and known drug-drug interactions 4. Identify clinically relevant adverse effects of cannabis and key clinical considerations.		
4:00 PM	- 5:00 PM	Hormone Therapy 101 for Providers	Lauren Wood Thum, MD	Urology Specialists Sioux Falls, SD
		1. Providers should understand the role of hormone therapy for women 2. To understand the contraindications to hormone therapy 3. To identify common misconceptions about HT and be able to educate patients and other providers 4. To confidently prescribe HT		

Friday, March 6th

8:00 AM	- 9:00 AM	Neuroplastic Mechanisms in Chronic Pain: Unraveling Primary Pain	Tecie Turner-Newman, CSW-PIP, QMHP	Mental Health Black Hills Somatic Solutions, Rapid City, SD
		1. Understand the definition and meaning of neuroplastic symptoms 2. Differentiate between primary and secondary pain presentations 3. Discuss factors contributing to primary pain responses 4. Identify ways to explain primary pain to patients		
9:00 AM	- 10:00 AM	GI Procedures and Imaging: What, Why, When	Jannine Purcell, BSN, RN, MSN, CNP	Gastroenterology Monument Health, Rapid City, SD
		1. Understand what GI procedures are available in Rapid City 2. Understand what GI imaging is available in Rapid City 3. Understand when to order imaging vs procedure		
10:00 AM	- 11:00 AM	Clinical Cases in Rheumatology	Esperanza (Hope) Argenziano, MD	Rheumatology Monument Health, Rapid City, SD
		1. Recognize common Rheumatic diseases 2. Be confident in obtaining screening tests for common Rheumatic diseases 3. Have a basic understanding of common treatments for rheumatic diseases		
11:00 AM	- 12:00 PM	2026 South Dakota Legislative Updates	Kayla Frank, MPAS, PA-C	Internal Medicine Avera Medical Group Internal Medicine, Sioux Falls, SD
		1. Review PA Compact 2. Discuss healthcare bills in SD 2026 legislative session 3. Review potential healthcare legislative priorities in 2027		
12:00 PM	- 1:00 PM	General Membership Meeting		
1:00 PM	- 1:30 PM	Current and Future Treatments for Managing the Symptoms of Alzheimer's Dementia	Peyton Boll, PA-S2	PA Student University of South Dakota, Vermillion, SD
		1. Overall prevalence of dementia today 2. Importance of early diagnosis of dementia 3. Increasing awareness of different treatments/lifestyle changes for dementia		
1:30 PM	- 2:00 PM	Down Syndrome & Associated Cardiovascular Complications	Mason Hanse, PA-S2	PA Student University of South Dakota, Vermillion, SD
		1. Review congenital heart disease and cardiovascular issues in the Trisomy-21 population 2. Review current trends in the increasing lifespan of a patient with Down Syndrome 3. Review "Statements of Good Practice" referenced by Dimopoulos et al., 2023		

2:00 PM	- 2:30 PM	The Current Struggles and Future Directions of Medication Assisted Treatment in Opioid Addiction Care	Logan Mikulecky, PA-S2	PA Student University of South Dakota, Vermillion, SD
		1. Compare and contrast the current options for MAT 2. Review the various barriers facing MAT 3. Examine potential changes that may increase the efficacy of MAT		
2:30 PM	- 3:00 PM	Efficacy of Alcoholic Rehabilitation Centers in Treating Alcohol Use Disorder	Joseph Dembouski, PA-S2	PA Student University of South Dakota, Vermillion, SD
		1. Define AUD and Prevalence 2. Discuss Current Methods of Treating AUD/Efficacy of Treatments 3. What's Needed and What Can We Do		
3:00 PM	- 4:00 PM	Diagnosis & Treatment of Lumbar Spine/Lumbar spine-Algorithmic approach to clinical diagnosis & treatment Data Review	Derek S. Buck, MD, DC	Pain Management / Physical Medicine & Rehabilitation ☑ Monument Health, Rapid City, SD
		1. Understand lumbar spine workup 2. Discuss treatment options for lumbar back pain		
4:00 PM	- 5:00 PM	Atrial fibrillation Management	Tony Beaty, PA- C	Cardiology ☑ Monument Health, Rapid City, SD
		1. Chronic A fib management 2. When to refer to EP 3. A fib emergencies		

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 3/5/2026 to 3/6/2026. AAPA reference number: CME-2015006.

