

Learning Psychotherapy: A Time-Efficient, Research-Based,
and Outcome-Measured Psychotherapy Training Program

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The syllabus for Dr. Beitman's integrative training program—the recipient of national awards from 2 psychiatric organizations—is in the form of two books. Following is a brief overview and links to these two volumes.

The book *Learning Psychotherapy Second Edition* outlines the course and details homework assignments after short chapters. The book has brief case studies, longer dialogues and several recommended videos. There is an evaluation aspect as well.

The shorter book *Learning Psychotherapy Seminar Leader's Manual (Second Edition)* is a trainer's manual that provides a guide for the group leader going through the syllabus with recommended answers and discussion points.

The students meet in small groups of about 8-10, for one hour weekly for about 1 year.

Here are the Amazon links:

Learning Psychotherapy Second Edition:

https://www.amazon.com/Learning-py-Second-Bernard-Beitman/dp/0393704467/ref=sr_1_2?s=books&ie=UTF8&qid=1477610576&sr=1-2&keywords=learning+psychotherapyhttps://www.amazon.com/Learning-Psychotherapy-Second-Bernard-Beitman/dp/0393704467/ref=sr_1_2?s=books&ie=UTF8&qid=1477610576&sr=1-2&keywords=learning+psychotherapyhttps://www.amazon.com/Learning-Psychotherapy-Second-Bernard-Beitman/dp/0393704467/ref=sr_1_2?s=books&ie=UTF8&qid=1477610576&sr=1-2&keywords=learning+psychotherapy

Learning Psychotherapy Seminar Leader's Manual (Second Edition):

https://www.amazon.com/Learning-Psychotherapy-Seminar-Leaders-Manual/dp/0393704564/ref=sr_1_1?s=books&ie=UTF8&qid=1477610632&sr=1-1&keywords=learning+psychotherapy+leader%27s+manualhttps://www.amazon.com/Learning-Psychotherapy-Seminar-Leaders-Manual/dp/0393704564/ref=sr_1_1?s=books&ie=UTF8&qid=1477610632&sr=1-1&keywords=learning+psychotherapy+leader%27s+manual