You can choose from the following email settings:

☑ **General Correspondence** - Ad-hoc correspondence from the A4L Community regarding membership, specifications, latest publications etc.

☑ **Group Correspondence** - Ad-hoc updates from the groups you participate in.

☑ **Newsletters** - Keep up-to-date with all the global news in our Quarterly Newsletter!

☑ **Updates & Reminders** - Keep one step ahead with our monthly bulletins! Includes monthly call schedule.

[Save Preferences]

To do this, just follow the instructions below:

- Log in to the website/collaboration area.

- Click on the 'Welcome, (your name)' drop down at the top of the page.

- Select 'Account & Settings'

- Click on 'Profile' tab on the left-hand side.

- Select 'Manage Email Preferences' within the 'Account Information' section.

  o Choose which emails you would like to receive.

  o Click 'Save Preferences'.

If you have any queries, please [Contact Us](#) *so that we may assist you.*