

SAR Prostate DFP – Teaching Case of the Week 7/4/16

# ACTIVE SURVEILLANCE CANDIDACY & UPGRADING

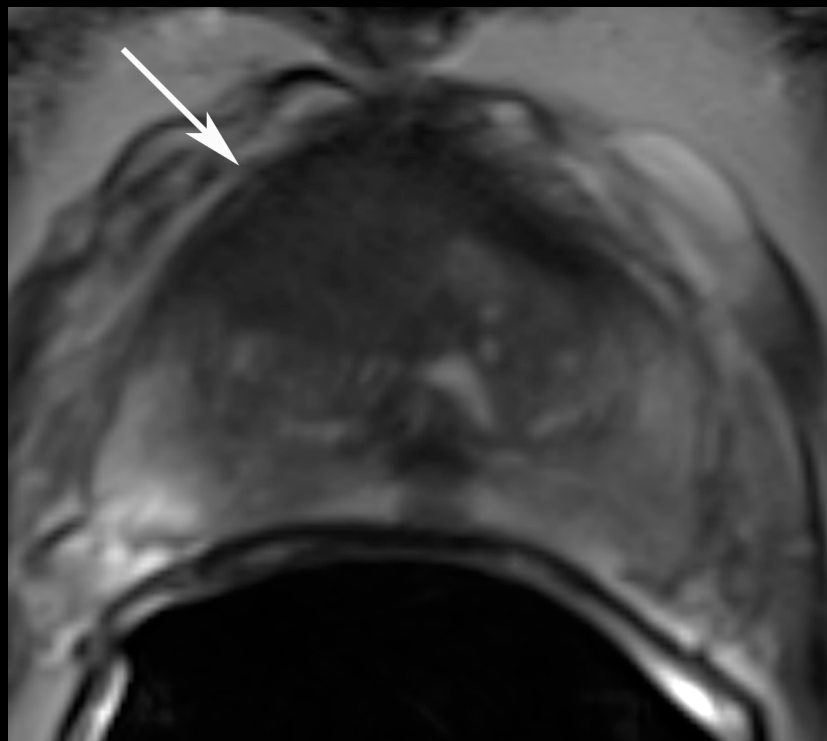
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# History

- ▶ 68 year old M
- ▶ PSA increased: 3 ng/mL → 5.2 ng/mL
- ▶ Prior TRUS-guided biopsy
  - Gleason 3+3=6 in 3/12 cores on right and left base and left apex
- ▶ Presents to Duke for mpMRI and evaluation of possible active surveillance candidacy

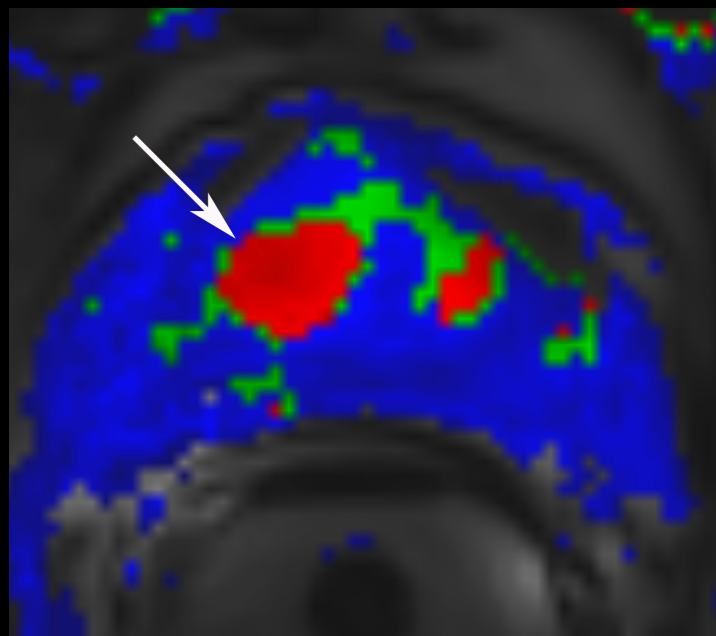




T2W



ADC



DCE-MRI



# MRI Interpretation

- ▶ Focus of low T2 signal in the anterior right transition and peripheral zones crossing the midline at the level of the mid-gland with broad based abutment along the anterior fibromuscular stroma
- ▶ Corresponding area of low ADC value
  - Degree of restricted diffusion suggests high grade component of tumor
- ▶ Suspicious perfusion kinetics
- ▶ PI-RADS 5



# Next Steps

- ▶ Patient elected to undergo radical prostatectomy
  - Final pathology: Gleason 3+4=7
  - Stage pT3a with EPE at the lateral right mid gland and apex and bladder neck



# Teaching Points

- ▶ mpMRI used to assess if active surveillance (AS) patients are and if they remain candidates for AS
- ▶ In this case, mpMRI revealed higher grade disease than on TRUS-guided biopsy necessitating AS discontinuation and more definitive treatment
- ▶ For more information:

*Holtz JN, Tay KJ, Polascik TJ, Gupta RT. Integration of multiparametric MRI into active surveillance of prostate cancer. Future Oncology 2016 Jun 20. [Epub ahead of print] (PMID: 27322161)*



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**THANK YOU**

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