## Preliminary Schedule-at-a-Glance

### Wednesday, May 2

**Distinctly Osteopathic Sports Medicine**
- 7:00 a.m.-7:30 a.m. **Insanity Fitness Class**
  Priscilla Tu, DO, FAOASM
- 8:00 a.m.-8:15 a.m. **President Welcome Remarks**
  Jeffrey R. Bytomski, DO, FAOASM
- 8:15 a.m.-9:00 a.m. **Program Chair Introductions**
  Shawn Kerger, DO, FAOASM
- 9:00 a.m.-9:30 a.m. **Beyond Berlin: The Future of Concussion Diagnosis and Management**
  R. Robert Franks, DO, FAOASM
- 9:30 a.m.-10:00 a.m. **S/P Concussion: The Impact on Motor Control**
  Per Gunnar Brolinson, DO, FAOASM
- 10:00 a.m.-10:15 a.m. **Refreshment Break**
- 10:15 a.m.-11:00 a.m. **CrossFit Injury and Prevention**
  Jason Dapore, DO
- 11:00 a.m.-11:30 a.m. **Introduction to the Fascial Distortion Model**
  Todd Capistrant, DO
- 11:30 a.m.-12:00 noon **ELDOA Method - Étirements Longitudinaux avec Décopattage OsteoArticulaire**
  Brian Murer, DC, SMTh
- 12:00 noon-12:15 p.m. **AOASM Business Meeting**
- 12:15 p.m.-1:30 p.m. **Attendee Lunch (on your own)**
- 1:30 p.m.-3:15 p.m. **Half-Day Concurrent Workshops**:  
  - **Fascial Distortion Model**: Todd Capistrant, DO  
  - **Introduction to ELDOA**: Brian Murer DC, SMTh  
  - **OMT for Concussions**: Albert Kozar, DO, FAOASM, R-MSK  
  - **MSK U/S for Students**: Ben Bring, DO; and Jason Smith, DO, FAOASM
- 3:45 p.m.-5:30 p.m. **Half-Day Concurrent Workshops**:  
  - **Fascial Distortion Model**: Todd Capistrant, DO  
  - **Introduction to ELDOA**: Brian Murer DC, SMTh  
  - **OMT for Concussions**: Albert Kozar, DO, FAOASM, R-MSK  
  - **MSK U/S for Students**: Ben Bring, DO; and Jason Smith, DO, FAOASM
- 5:30 p.m.-7:00 p.m. **Welcome Reception/Poster Session/Exhibitor Time**

### Thursday, May 3

**Movement + Sport = Life**
- 7:00 a.m.-7:45 a.m. **Salsa/Merengue Fitness Class**
  Francisco Laboy, DO
- 8:00 a.m.-9:30 a.m. **Case and Research Presentations**
  Moderator: Melissa Tabor, DO, FAOASM
- 9:30 a.m.-10:00 a.m. **3DMAPS Introduction**
  Christina Richardson, DO, FACOPMR
- 10:00 a.m.-10:30 a.m. **Refreshment Break/Exhibitor Time**
- 10:30 a.m.-11:00 a.m. **Allen Jacobs Memorial Lecture**
  Biomechanics of the Spine
  Rich Schuster, DO
- 11:00 a.m.-11:30 a.m. **New Directions in Stem Cell Therapy**
  Joe Ruane, DO
- 11:30 a.m.-12:00 noon **Improving Acute Injury Outcomes with Kinesiology Taping and Instrument Assisted Soft Tissue Mobilization**
  Abby Perrone, DC, CES, CFL-1, US RockTape Instructor
- 12:00 noon-1:30 p.m. **Rusty Wright Lecture and Luncheon**
  Moderator: Shawn Kerger, DO, FAOASM  
  **Keynote Speaker: Chris Spielman**, former two-time All-American for The Ohio State Buckeyes and NFL football player, and current analyst for Fox Sports
- 1:30 p.m.-3:00 p.m. **Half-Day Concurrent Workshops**:  
  - **Improving Acute Injury Outcomes with Kinesiology Taping and Instrument Assisted Soft Tissue Mobilization**: Abby Perrone, DC, CES, CFL-1, US RockTape Instructor
  - **Visceral for Athletes**: Rich Schuster, DO
  - **Sports Med OMM for Students**: Ben Bring, DO; Francisco Laboy, DO; Elan Goldwaser, DO; Daniel Clearfield, DO, FAOASM; Todd Dombroski, DO; Michael Sampson, DO, FAOASM; and Rob Truax, DO

### Friday, May 4

**The Next Steps...**
- 7:00 a.m.-7:30 a.m. **Zumba Fitness Class**
  Priscilla Tu, DO, FAOASM
- 8:00 a.m.-8:30 a.m. **The Arnold Sports Festival: Covering the World’s Largest Multi-Sport Contest**
  Brian Griffin, MD, DAAPM  
  Chairman, Arnold Classic Medical Committee
- 8:30 a.m.-9:00 a.m. **Sleep: The Missing Link for Optimal Performance**
  Cheri Mah, MS
- 9:00 a.m.-10:00 a.m. **MASCAL Response: Lessons Learned From Baghdad to Boston, MA**
  Fred Brennan, DO, FAOASM  
  Warren Bodine, DO, FAOASM
- 10:00 a.m.-10:30 a.m. **Refreshment Break/Exhibitor Time**
- 10:00 a.m.-10:30 a.m. **2019 Pre-Planning Committee Meeting**
  William Kuprevich, DO, FAOASM
## Preliminary Schedule-at-a-Glance

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:30 a.m.-11:00 a.m.</td>
<td><strong>Ocular Injury in Sports</strong>&lt;br&gt; Rance McClain, DO, FAOASM</td>
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<td>11:00 a.m.-12:00 noon</td>
<td><strong>International Osteopathic Sports Medicine</strong>&lt;br&gt; Kurt Heinking, DO</td>
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<td><strong>Rolf Pesch, MD</strong>&lt;br&gt; <strong>Bill Burke, DO</strong></td>
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<td>12:00 noon-12:15 p.m.</td>
<td><strong>Case and Research Presentation Awards</strong>&lt;br&gt; Moderator: Melissa Tabor, DO, FAOASM</td>
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<td>12:15 p.m.-1:30 p.m.</td>
<td><strong>Attendee Lunch</strong> (on your own)</td>
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<td>12:15 p.m.-1:30 p.m.</td>
<td><strong>Student/Resident/Fellow Luncheon</strong></td>
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<td>1:30 p.m.-2:30 p.m.</td>
<td><strong>Ocular Sports Examination</strong>&lt;br&gt; Rance McClain, DO, FAOASM</td>
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<td>2:30 p.m.-3:00 p.m.</td>
<td><strong>Fellowship Fair</strong>&lt;br&gt; Refreshment Break</td>
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<td>3:00 p.m.-5:00 p.m.</td>
<td><strong>Student Presentations, Fellowship Panel, and SAOASM Meeting</strong>&lt;br&gt; Justin Stumph; Kate Quinn, DO, FAOASM</td>
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<td>3:00 p.m.-5:00 p.m.</td>
<td><strong>Osteopathic Recognition Application:</strong>&lt;br&gt; <strong>Program Directors Workshop</strong>&lt;br&gt; Mary Solomon, DO</td>
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<td><strong>Angela Cavanna, DO, FAOASM</strong></td>
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<td>3:00 p.m.-5:00 p.m.</td>
<td><strong>AOA CO*RE REMS Course</strong>&lt;br&gt; AOA Guest Speaker</td>
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<td>5:30 p.m.-6:00 p.m.</td>
<td><strong>Award of Fellow Banquet</strong>&lt;br&gt; <strong>Cocktail Reception (Cash Bar)</strong></td>
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<td>6:00 p.m.-8:30 p.m.</td>
<td><strong>Award of Fellow Banquet</strong>&lt;br&gt; Dinner and Awards</td>
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<td>8:00 p.m.-10:00 p.m.</td>
<td><strong>AOASM “May the Fourth Be With You” Reception</strong>&lt;br&gt; Pool Deck Reception</td>
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<td>9:00 a.m.-10:00 a.m.</td>
<td><strong>Sports Psychology Meets Medical Care:</strong>&lt;br&gt; <strong>Bogged Down, Burnt Out, and Bringing It</strong>&lt;br&gt; Steve Graef, PhD</td>
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<td>10:00 a.m.-10:15 a.m.</td>
<td><strong>Refreshment Break</strong></td>
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<tr>
<td>10:15 a.m.-10:45 a.m.</td>
<td><strong>AOASM Jeopardy</strong>&lt;br&gt; Moderators: Kate Quinn, DO; and Mary Solomon, DO</td>
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<td>10:45 a.m.-11:45 a.m.</td>
<td><strong>Famous People with Diabetes:</strong>&lt;br&gt; <strong>A Case Study Exploring the Use of New and Emerging Basal Insulins</strong>&lt;br&gt; France Foundation Guest Speaker</td>
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<td>11:45 p.m.-12:00 noon</td>
<td><strong>Closing Remarks</strong>&lt;br&gt; Shawn Kerger, DO, FAOASM</td>
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<td>12:00 noon</td>
<td><strong>Conference Adjourns</strong></td>
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<td><strong>Saturday, May 5</strong></td>
<td><strong>Current Topics in Sports Medicine</strong></td>
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<td>8:00 a.m.-9:00 a.m.</td>
<td><strong>Athlete Well-being Protocols</strong>&lt;br&gt; Speaker TBA</td>
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**Photos courtesy of Experience Columbus**