



**You will experience the following benefits from physical therapy:**

- Increased muscle strength, balance and flexibility
- Improved coordination
- Decreased pain
- Reduced swelling and inflammation in your joints
- Improved overall health and wellness

Physical Therapists  
**IMPROVE**  
the Way You *Move*

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**You Don't Need  
a Physician  
Referral to  
See Your  
Physical Therapist**

*“Eliminate the lingering pain associated with long waits to see a physician.”*

**Go directly to your physical therapist to quickly resume your health and get back to work!**

**SAVE TIME AND MONEY by Seeing your Physical Therapist (PT) First**



**Go directly to your physical therapist to save time and money by eliminating delays in care and unnecessary physician office visits.**



**By choosing to see your physical therapist first, you will experience the benefits of:**

- Immediate, high-quality and excellent care
- Improved accessibility to rehabilitative services
- Safe and effective treatment for faster relief from pain and physical impairment

