## Different Stains, Different Treatment

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#### Treatment Options

- Bleaching
- Microabrasion
- Tooth colored restorations
- Weneers
- Full coverage restorations (Crowns)

#### Treatment Options

- Bleaching
- **Resin Infiltration**
- Microabrasion
- Tooth colored restorations
- Weneers
- Full coverage restorations (Crowns)

#### Resin Infiltration

- Resin infiltration concept is based on using unfilled resins with extremely high penetration coefficient.
- Although re-mineralization works well on shallow lesions, when you get to deeper lesions, you are probably not going to have great success with re-mineralization.
- & Arrest and stop the progression of caries.
- $\circledast$  Masking of white lesions  $\rightarrow$  improved appearance.

#### Clinical Applications

- Proximal caries Infiltration.
- Post Orthodontic white lesions.

Caries



#### Clinical Applications

- Proximal caries Infiltration.
- Post Orthodontic white lesions.

Caries

- Developmental white lesions
- Fluorosis
- Hypoplastic/Hypomineralized teeth

Developmental

Occlusal sealant

Preventive



#### Color Masking Effect

- Enamel opacity is dependent on enamel refractive index.
- Alterations in the refractive index are due to
  - Enamel surface roughness

Porous enamel scatter more light than sound enamel → white opacity.

#### Color Masking Effect

- **⊗** The enamel has a refractive index of 1.62.
- Subsurface lesion → pores filled with
  - $\circledast$  Water (R.I.  $\rightarrow$  1.33).
  - ⊗ Air (R.I  $\rightarrow$  1.00).
- The difference in refractive index between the water and the enamel affects light scattering and makes the lesion look opaque.
- The infiltrated lesions are filled with resin (R.I. of 1.46 1.52)

Kim S et al. The evaluation of resin infiltration for masking the labial white spot lesions. Int J ped Dent 2011;21:241-248

Carlos Rocha Gomes Torres et al. Effect of caries infiltration technique and fluoride therapy on the colour masking of white spot lesions. journal of dentistry 39 (2011) 202–207

#### Color Masking Effect

- The masking effect of white spot lesions by resin infiltration have long-lasting effects. Also, after a new acid challenge, the group with low viscosity resin infiltration presented the lowest means of color change. (Torres 2011)
- The color difference of the infiltrated lesions was significantly lower than untreated lesions. After re-mineralization, infiltrated polished areas had lower color difference values than unpolished non treated lesions. (Paris 2010)
- \*Besides an arrest of lesion progression, an improvement of the esthetic appearance of the lesions is achieved. (Paris 2009)

Paris S, Keltsch J, Dorfer CE, Meyer-Luckel H. Visual assimilation of artificial enamel caries lesions by infiltration in Vitro. Caries Res 44:171-248 Abs. 41, (2010)

Paris S, Meyer-Luckel H. Masking of labial enamel white spot lesions by resin infiltration—A clinical report. Quintessence Int 2009;40:713–718

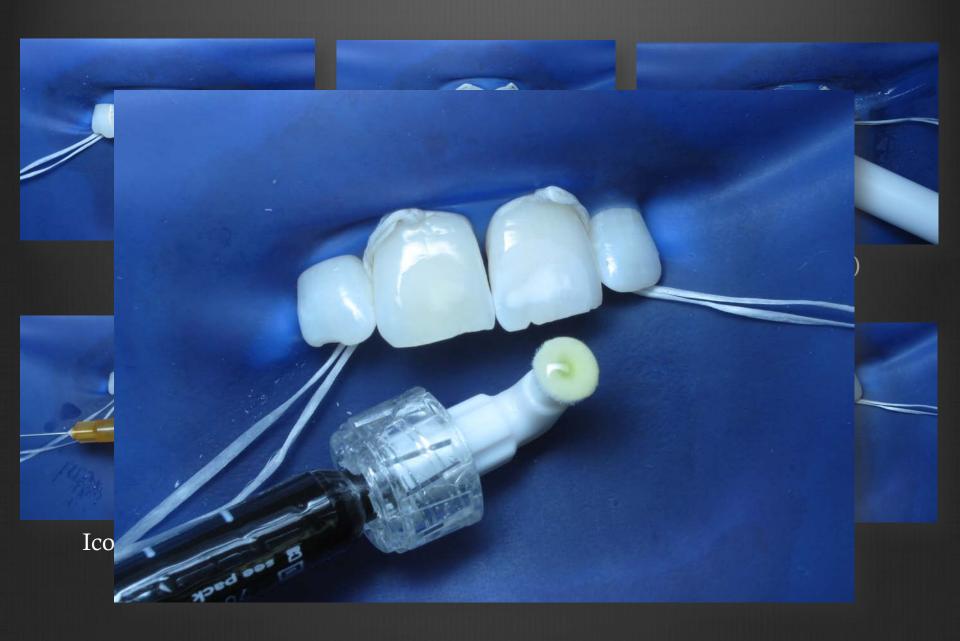
Carlos Rocha Gomes Torres et al. Effect of caries infiltration technique and fluoride therapy on the colour masking of white spot lesions. journal of dentistry 39 (2011) 202–207

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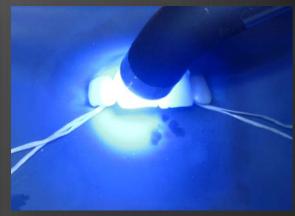








Remove excess



Cure (40 sec.)



Polish (if needed)



Separation



Interproximal (applicator)



Post Orthodontic lesions

## Post Orthodontic White lesions (Post Treatment)





# Post Orthodontic White lesions (Post Treatment)





Post Orthodontic
White lesions
(one year follow up)





Post Orthodontic
White lesions
(Immediate post op)





#### Post orthodontic White lesions

- \*Paris S. Masking of labial enamel white spot lesions with resin infiltration-A clinical report. Quintessence Int. 2009:40(9):713-718.
- Shivanna V, Shivakumar B. Novel treatment of white spot lesions: A report of two cases. J Conserv Dent 2011;14:423-6
- ★ Kno Sel M, Eckstein A and Helms. Durability of esthetic improvement following Icon resin infiltration of multibracket-induced white spot lesions compared with no therapy over 6 months: A single-center, split-mouth, randomized clinical trial. Am J Orthod Dentofacial Orthop 2013;144:86-96
- \* Heymann G.C. and Grauer D. A Contemporary Review of White Spot Lesions in Orthodontics. Journal of Esthetic and Restorative Dentistry 2013;25(2):85–95

#### Post orthodontic White lesions

- Senestraro SV, Crowe JJ, Wang M, Vo A, Huang G, Ferracane J, Covell DA Jr. Minimally invasive resin infiltration of arrested white-spot lesions: a randomized clinical trial. J Am Dent Assoc. 2013 Sep;144(9):997-1005.
- Yuan H, Li J, Chen L, Cheng L, Cannon RD, Mei L. Esthetic comparison of white-spot lesion treatment modalities using spectrometry and fluorescence. Angle Orthod. 2014 Mar;84(2):343-9.
- Eckstein A, Helms HJ, Knosel M. Camouflage effects following resin infiltration of postorthodontic white-spot lesions in vivo: One-year follow-up. Angle Orthod.2014 Aug 15.















#### **Enamel Fluorosis**



Nov 2011



#### **Enamel Fluorosis**



March 2014



### Rehydration



After



Color Masking (After Rehydration)





Color Masking (After Rehydration)

After



Color Masking (After Rehydration)





### Color Masking (After Rehydration)









#### Yellow-Brown Discoloration





#### Yellow-Brown Discoloration





#### Developmental Lesions/Fluorosis

- Omar S. Using Resin Infiltration to Treat Developmental Defects of Enamel (DDE): 3 case report. Journal of Restorative Dentistry 2013;1:31-5.
- Tirlet G, Chabouis HF, Attal JP. Infiltration, a new therapy for masking enamel white spots: a 19-month follow-up case series. Eur J Esthet Dent. 2013 Summer;8(2):180-90.
- Wang Y, Sa Y, Liang S, and Jiang T. Minimally Invasive Treatment for Esthetic Management of Severe Dental Fluorosis: A Case Report. Operative Dentistry, 2013, 38-4, 358-362
- Paris S, Schwendicke F, Keltsch J, Dorfer C, and Meyer-Lueckel H. Masking of white spot lesions by resin infiltration in vitro. Journal of dentistry 2013;41: e28–e34.

#### Developmental Lesions/Fluorosis

- Gugnani N, Pandit IK, Goyal V, Gugnani S, Sharma J, Dogra S. Esthetic improvement of white spot lesions and non-pitted fluorosis using resin infiltration technique: series of four clinical cases. J Indian Soc Pedod Prev Dent. 2014 Apr-Jun;32(2):176-80.
- \*\* Torres CRG and Borges AB. Color Masking of Developmental Enamel Defects: A Case Series. Operative Dentistry, 2015, 40-1, 25-33
- Muñoz MA, Arana-Gordillo LA, Gomes GM, Gomes OM, Bombarda NH, Reis A, Loguercio AD. Alternative esthetic management of fluorosis and hypoplasia stains: blending effect obtained with resin infiltration techniques. J Esthet Restor Dent. 2013 Feb;25(1):32-9.







Rinse

(10 sec)

Ethanol (30 sec) → air dry (10 sec)

Infiltrant
(3 minutes)

Light Curing (40 sec)