## **Research Proves Oley Helps**

Independent research shows that contact with the Oley Foundation:

- lowers the incidence of catheter-related sepsis1
- reduces reactive depression1
- significantly improves quality of life<sup>1</sup>
- gives members the tools and confidence they need to manage their therapy<sup>2</sup>
- enables members to achieve normalcy in their lives.<sup>2</sup>

<sup>1</sup>Home Parenteral Nutrition: Does Affiliation with a National Support and Education Organization Affect Outcomes? Smith, et. al., JPEN 2002;26(3): 159-163.

<sup>2</sup>A Qualitative Study of the Perceived Value of Membership in The Oley Foundation by Home Parenteral and Enteral Nutrition Consumers. Chopy, et al. JPEN 2014; online 17 March 2014, DOI: 10.1177/0148607114527134.



"Oley has given me confidence and joy with my tube feedings because I know that I am not alone."

—Brittany Ann

### **Join the Oley Family**

Sign up today at www.oley.org or by calling (518) 262-5079.

Membership and Oley services are **FREE** of CHARGE for consumers and their family members. Membership is free for professionals as well, if the newsletter is delivered electronically.

# **Support Our Work!**

Support for the Oley Foundation comes from families, friends, clinicians, and corporations involved with home IV nutrition and/or tube feeding. Donations are tax deductible and are accepted at www.oley.org/donations or at the street address below.

The Oley Foundation is a national, independent, 501(c)(3) not-for-profit organization. A copy of the Foundation's latest New York State Report is available at www.charitiesnys.com.

"The Oley Foundation is a great resource for our patients."

— Mary, MN, RN, ACNS-BC San Diego Medical Center



Help along the way

Albany Medical Center, MC-28 99 Delaware Avenue Delmar, NY 12054 (518) 262-5079 Fax: (518) 262-5528 OleyFoundation@gmail.com www.oley.org



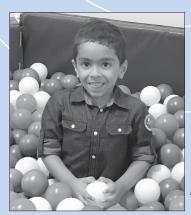
"My life would have been so much more circumscribed if I hadn't known about the Oley Foundation, and the wonderful practical advice you provide."

—Anne



Help along the way

The Oley Foundation strives to enrich the lives of those living with home intravenous nutrition and tube feeding through education, advocacy, and networking.





Since starting HPN in 1968, Sharon had twin boys, worked full-time as a nurse, and now enjoys an active retirement.

Oley newsletters give Akhil's parents strength, information, and inspiration.

## **The Oley Foundation**

Founded in 1983 by Lyn Howard, MD, and her patient, Clarence "Oley" Oldenburg, the Oley Foundation helps people dependent upon

- home parenteral nutrition (HPN, IV nutrition), where solutions are infused by IV directly into the bloodstream, and
- home enteral nutrition (HEN, tube feeding), where formula is delivered by tube into the stomach or intestinal tract.

Issues with the digestive system, such as the inability to swallow, a motility disorder, or a shortened intestine, prevent HPN/HEN consumers from sustaining themselves through normal eating, making long-term home IV nutrition or tube feeding necessary for survival. Experience shows people can live full lives on HPN for fifty years or more.



"Connecting with Oley was like finding a home we didn't know we had....It was such a relief to find solutions to tube troubles, and reassuring to read profiles of older children enjoying active lifestyles....The Oley Foundation helped us gain confidence in ourselves as caregivers and assurance in knowing that we are not alone if we need help, supplies, or advice."

—Mary & Nathanael, parents of Natalie, on HEN since 2009



Support from Oley helped Rick get back to the activities he enjoys—like spending time with his grandson.

"Being involved with Oley has allowed me to meet people and share that living a fulfilling life on HPN is possible!"

-Mallory



Oley conferences are a great place to meet other families living with home tube feeding and/or IV nutrition.

#### **Information and Support**

The Oley Foundation provides its 19,000+ members with critical information on topics such as medical advances, research, and health insurance. The Foundation is also a source of support, helping consumers on home IV nutrition and tube feeding overcome challenges, such as their inability to eat and altered body image. All Oley programs are offered FREE of CHARGE to consumers and their families.

#### **Oley Foundation Programs**

- *LifelineLetter:* a bimonthly newsletter with articles about medical advances, personal experiences, and more
- Information Clearinghouse: a resource designed for answering questions about home IV nutrition and tube feeding through a website, webinars, online videos, email, and phone calls
- Consumer Networking: a source of peer support that includes an online chat forum, and the ability to call or email experienced consumers and caregivers
- Conferences: an opportunity for consumers, clinicians, providers, and industry representatives to share information and support
- Ambassador Network: a grassroots network of 65 volunteer consumers and caregivers in the US, Australia, Canada, New Zealand, Norway, Poland, and the UK



Learn more about Oley's exchange program at www. oley.org, or by contacting us at oleyequipment@aol.com, (267) 580-5155.