

Hope Squad of Carbon and Emery Counties



Hope Squad

SEUDHD

**Southeast Utah Health
Department**

Suicide Prevention

**Debbie Marvidikis B.S.
Health Promotions
Manager**

SEUDHD

**Southeast Utah Health
Department**

Suicide Prevention

**Diane Lodeserto
Program Specialist**



Hope Squad

SEUDHD

- ★ Utah Suicide Statistics
- ★ Utah Suicide Prevention Program
- ★ Local Health Department Rates
- ★ Local Health Department Program

SEUDHD

- ★ Community Need
- ★ Hope Squad
- ★ Community Trainings
- ★ Community Events
- ★ 2014 (Today)



Utah Youth Suicide

- ★ 1st leading cause of death for ages 10-17
- ★ Utah ranks 5th in the nation for youth suicide deaths
- ★ **Every day in Utah,**
- ★ Two youth (ages 10-17) are treated for suicide attempts.
- ★ Two young adults (ages 18-24) are treated for suicide attempts



Adult Suicide

- ★ Utah Suicide Facts
- ★ 8th leading cause of death for Utahns
- ★ Utah ranks 7th in the nation for suicide deaths
- ★ 10 suicides a week



Suicide Prevention

- ★ **Research shows that most injuries are predictable and preventable**
- ★ In 2013, the top five injury-related deaths in Utah were suicides, poisonings (excludes suicides), unintentional falls, motor vehicle crashes, and unintentional suffocation.



Suicide Prevention

★ Suicide is a major public health problem in Utah. An average of 402 Utahns die from suicide and 4,152 Utahns attempt suicide each year



Southeastern Utah district Health Department

★ Local Numbers 2013

★ 23 Suicides

★ 2 Murder suicides

★ 17 Overdoses



Community Action

- ★ In 2013 it became apparent from our community partners that there was a need to address suicide prevention.
- ★ Community Partners Community Meetings
- ★ SEUDHD writes Suicide Prevention into a contract



Funding

- ★ SEUDHD received a small amount of Preventive Health and Human Services (PHHS) Block Grant funding to address suicide prevention.
- ★ A contract that is developed with objectives and little funding requires some creative partnerships so with a need for prevention and funding our Health Departments injury program along with community partners developed the Hope Squad for Suicide Prevention.
- ★ The Hope Squad of Carbon and Emery Counties





Hope Squad of Carbon and Emery Counties

The Hope Squad of Carbon and Emery Counties was developed to bring awareness and provide suicide prevention activities to benefit individuals in our community who need it the most.

Our mission is simple we are a grassroots organization dedicated to; educating the public on suicide prevention, reaching out to support individuals and families, increasing community awareness and connecting those in need to appropriate resources.



Hope Squad

SEUDHD

★ Events

- ★ 31 QPR trainings
- ★ 2 Hope Walks
- ★ 2 Hope Festivals
- ★ 1st Spring for Hope
- ★ A few known saves.
- ★ 11 QPR certified trainers

SEUDHD

★ Funding Raising

The HOPE Squad of Carbon and Emery Counties was selected as the recipient of the Mike Ballard Memorial Golf Tournament. More than \$20,000 was donated to the HOPE Squad.

The local Elks Club donated \$1,000



Hope Squad

★Resources

Hope Squad Counseling Providers

Sympathy Hope Cards for Families

Resources for Funeral Directors

Resources for Physicians

Billboard



Bonus

- ★ The Hope Squad of Carbon and Emery Counties received national recognition from Safe States Alliance for the suicide prevention work the organization does in the local community.



Hope Squad

- ★ Local Numbers 2014
- ★ 12 Suicides
- ★ 19 Overdoses



Hope Squad

★ Questions



References

References

1. Utah's Indicator Based Information System for Public Health (IBIS-PH)
2. [CDC. MMWR. Suicide Among Adults Ages 35-64 Years — United States, 1999–2010](#)
3. [CDC. MMWR. Suicidal Thoughts and Behaviors Among Adults Aged \$\geq 18\$ Years --- United States, 2008-2009](#)



Contact Information

Debbie Marvidikis B.S.
Health Promotions
Southeastern Utah District
Health Department
28 South 100 East
Price Utah, 84501
dmarvidikis@utah.gov
435-637-3671
www.seuhealth.com

Diane Lodeserto
Program Specialist
Southeastern Utah District
Health Department
28 South 100 East
Price Utah, 84501
dlodeserto@utah.gov
435-637-3671
www.seuhealth.com

