Hope Squad

SEUDHD
Southeast Utah Health Department
Suicide Prevention
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Southeast Utah Health Department
Suicide Prevention
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Utah Youth Suicide

★ 1st leading cause of death for ages 10-17
★ Utah ranks 5th in the nation for youth suicide deaths
★ **Every day in Utah,**
★ Two youth (ages 10-17) are treated for suicide attempts.
★ Two young adults (ages 18-24) are treated for suicide attempts
Adult Suicide

- Utah Suicide Facts
- 8th leading cause of death for Utahns
- Utah ranks 7th in the nation for suicide deaths
- 10 suicides a week
Suicide Prevention

Research shows that most injuries are predictable and preventable.

In 2013, the top five injury-related deaths in Utah were suicides, poisonings (excludes suicides), unintentional falls, motor vehicle crashes, and unintentional suffocation.
Suicide is a major public health problem in Utah. An average of 402 Utahns die from suicide and 4,152 Utahns attempt suicide each year.
Southeastern Utah district
Health Department

Local Numbers 2013

23 Suicides
2 Murder suicides
17 Overdoses
In 2013 it became apparent from our community partners that there was a need to address suicide prevention.

Community Partners  Community Meetings

SEUDHD writes Suicide Prevention into a contract
SEUDHD received a small amount of Preventive Health and Human Services (PHHS) Block Grant funding to address suicide prevention.

A contract that is developed with objectives and little funding requires some creative partnerships so with a need for prevention and funding our Health Departments injury program along with community partners developed the Hope Squad for Suicide Prevention.

The Hope Squad of Carbon and Emery Counties
Hope Squad of Carbon and Emery Counties

The Hope Squad of Carbon and Emery Counties was developed to bring awareness and provide suicide prevention activities to benefit individuals in our community who need it the most.

Our mission is simple we are a grassroots organization dedicated to; educating the public on suicide prevention, reaching out to support individuals and families, increasing community awareness and connecting those in need to appropriate resources.
Hope Squad

Events
- 31 QPR trainings
- 2 Hope Walks
- 2 Hope Festivals
- 1st Spring for Hope
- A few known saves.
- 11 QPR certified trainers

Funding Raising
The HOPE Squad of Carbon and Emery Counties was selected as the recipient of the Mike Ballard Memorial Golf Tournament. More than $20,000 was donated to the HOPE Squad. The local Elks Club donated $1,000.
Hope Squad

Resources
Hope Squad Counseling Providers
Sympathy Hope Cards for Families
Resources for Funeral Directors
Resources for Physicians
Billboard
**The Hope Squad of Carbon and Emery Counties received national recognition from Safe States Alliance for the suicide prevention work the organization does in the local community.**
Hope Squad

Local Numbers 2014
12 Suicides
19 Overdoses
Hope Squad

Questions
1. Utah’s Indicator Based Information System for Public Health (IBIS-PH)
2. CDC. MMWR. Suicide Among Adults Ages 35-64 Years — United States, 1999–2010
3. CDC. MMWR. Suicidal Thoughts and Behaviors Among Adults Aged ≥18 Years --- United States, 2008-2009
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