



Eastern Europe Nurses' Centre of Excellence for Tobacco Control

QUARTERLY NEWSLETTER

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On 2.11.2015 took place the 7th in-person workshop in Prague since the start of the Centre of Excellence project. The workshop was taught by Katerina Mala, Vladislav Felbrova & Stanislava Kulovana. There were 19 participating nurses.

SLOVAKIA:

10.11.2015

Information about upcoming seminar called "The nurse's role in the management of patients with cardiovascular diseases who are tobacco-dependent" was posted on the official website of the National Institute of Cardiovascular Diseases (NICD). The seminar was organized by Gabriel Balint, RN, MS, our Slovakian nurse leader and it was held on December 2, 2015 at the NICD.

<http://www.nusch.sk/sk/746/uloha-zdravotnej-sestry-v-manazmente-pacientov-s-kardiovaskularnym-ochorenim-zavislych-na-tabaku>

13.11.2015

Slovakian Chamber of Nurses and Midwives posted on their website all available COE newsletters in Slovakian language.

<http://www.sksapa.sk/aktuality-a-oznamy/sestry-vychodnej-europy-centrumexcelencie-pre-kontrolu-tabaku.html>

One of the Czech nurses, Eva Roubickova, RN, MS, attended the XIX. Košice's chemotherapy days on 26.-28.11.2015 in Slovakia. Eva presented on "Impact of smoking on developing and treating cancer".



15th Central European Lung Cancer Conference (CELCC) was held on November 28 – 30, 2015 in Clarion Congress Hotel in Prague. Assoc. Prof. Eva Kralikova, Iveta Nohavova, and Dr. Gabor Kovacs (director of the National Koranyi Institute of TB and Pulmonology in Budapest, our partnering organization in the COE project) held together a pre conference "Smoking cessation" workshop.



Reports about the CELCC workshop in Czech media:



....and here about the role of nurses in tobacco control

On 7.12.2015 took place the first in-person workshop in Bratislava, Slovakia. 21 nurses attended and displayed great interest in the topic and their role in helping tobacco-dependent patients quit smoking.

Here, Gabriel Balint introducing the Centre of Excellence project.



Shortly before Christmas, on 14.12.2015, there was the 8th in-person workshop taught by Katerina Mala, Vladislav Felbrova & Stanislava Kulovana with 15 nurses attending. The overall number of trained nurses within the timeframe of the COE project is now 154 trainees.

CENTRE OF EXCELLENCE LAUNCHES E-LEARNING!

The preparation work turned out to be quite complex and time consuming quest. Just imagine, putting everything in the right order and place in five different languages when your native language is English and you speak none of these five languages! But big thanks to Marjorie, Jenny and the whole UCLA team with ISNCC staff support, all five countries were able to go live as of December 16, 2015.

Here are a few links regarding availability of the E-learning activity in Slovakia:

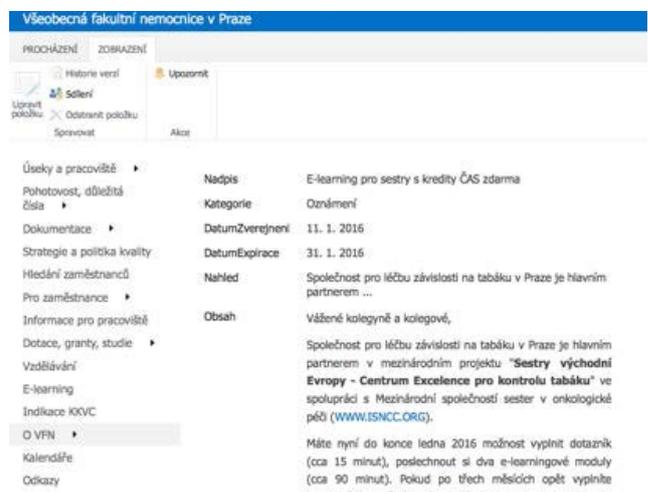
THE NICD'S WEBSITE:

<http://www.nusch.sk/sk/750/edukacia-zdravotnych-sestier-nusch-a.-s.-pri-odvykani-pacientov-od-zavislosti-na-tabaku>

THE SLOVAKIAN CHAMBER OF NURSES AND MIDWIVES WEBSITE:

<http://www.sksapa.sk/obsah/odborne-podujatia/online-aktivity-sustavnehovzdavania.html>

E-LEARNING LAUNCH ANNOUNCED ON THE GENERAL UNIVERSITY HOSPITAL IN PRAGUE'S INTRANET PAGES

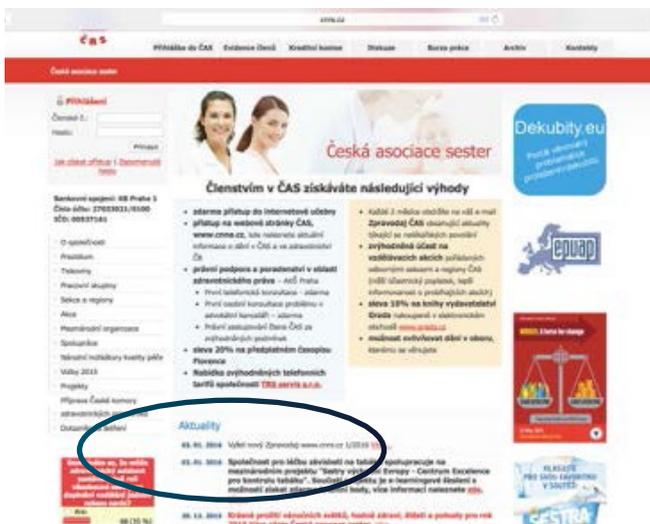


Society for Treatment of Tobacco Dependence in Prague has its own page about the Centre of Excellence project which includes the link to the e-learning baseline survey and all the COE newsletters.

You can view the site here:

<http://www.slzt.cz/sestry-vychodni-evropy-centrum-excelence-pro-kontr>

E-LEARNING ACTIVITY POSTED ON THE CZECH ASSOCIATION OF NURSES' WEBSITE:



The whole team from the Centre for Tobacco-Dependent (CTD) met on January 8, 2016 for a 'belated Christmas party' (missing Alexandra Pankova and Katerina Mala). During this lunch, we discussed, among other things, the planned "Roadshow" (= offering the in-person workshop to hospitals outside Prague as part of the further COE activities.)



The Prague' team from the CTD met on January 22, 2016 with the deputy of nursing director Gabriela Smelkova, RN, MS (2nd from right) from the General University Hospital and the Chief of Nursing for the Czech Republic Alice Strnadova, MS, MBA (3rd from right). Among the main issues discussed were the current COE project and its educational activities, presented the Chief of Nursing with the updated "Tobacco Dependence Information and Intervention Guidelines for Nurses" or planned for future mutual collaboration.



There was the 7th PragueONCO on January 27-29, 2016 with the main theme "Doctors and nurses together against cancer". Assoc. Prof. Eva Kralikova presented in a session on Pulmonary Cancer along with the Czech and International lung cancer experts. She presented on "Tobacco dependence treatment as the standard part of oncology treatment". Iveta Nohavova presented at the nursing section of the conference on "Role of oncology nurse in tobacco control". The audience of oncology nurses numbered about 150 with some interested for further discussion.



Since October 2015, Vladislava Felbrova & Stanislava Kulovana, CTD nurses, have been conducting short training seminars that are mandatory for all nursing staff working at the General University Hospital (GUH) in Prague since the hospital started to collect and record smoking history into the nursing documentation since September 2015. As a result, Vladislava & Stanislava have educated 254 nurses thus far (=14 short seminars) with 7 more sessions still scheduled. The total goal is 399 GUH nurses! Small refreshments were possible thanks to the COE project (the Bristol-Myers Squibb Foundation grant to the ISNCC).

A few photos from those seminars bellow:



We would like to use this opportunity thank to our great UCLA and UCSF chief team:



Stella Bialous, RN, DrPH
The primary investigator



Prof. Linda Sarna
The consulting expert



Marjorie Wells, RN, PhD
The project director

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