

**Spring
2023**

THE NUTMEGGER

THE SCHOOL NUTRITION ASSOCIATION OF CT



VISION

All CT students have access to nutritious school meals that promote a healthy lifestyle

MISSION

Provide school nutrition professionals with tools, resources and opportunities for program success and sustainability

VALUES

Striving for excellence through:

- Integrity
- Commitment
- Inclusion
- Collaboration
- Dedication

SNACT AWARD WINNERS!



**Congratulations to our
award winners!**

Go to page 4 to read all about them!

*Award winners will be celebrated on October 13
at Mohegan Sun!*

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Building the Future of Child Nutrition

October 13 -14 2023

Registration opens in June!

**You don't want to miss this conference!
We'll be at Mohegan Sun.**

**Jon Colby and Janice Watt, 2 nationally recognized
speakers will lead 2 days of learning and fun!**

SNACT.ORG

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President	Erin Perpetua
Incoming President	Kristina Roberge
Vice President	Dianne Houlihan
Treasurer	Jessica D'Agnese
Secretary	Meghan Sullivan
Executive Director	Denise Di Mare

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Mohegan	Carol Dodson
Naugatuck	Becky Tyrrell
Nutmeg	Eileen Faustich
Yankee	Beth Pratt

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Nominating	Kate Murphy and all regional reps
Program Development	Erica Biagetti, Ernie Koschmieder (co chairs), Ashley Carl,, Eileen Faustich, Susan Maffe, Maureen Nuzzo, Lynne Pellegrini, Beth Pratt
Public Policy & Legislation	Jeffrey Sidewater, Maggie Dreher (co chairs) Erica Biagetti, Cindy Brooks, Tim Cipriano, Dawn Crayco, Susan Maffe, Maureen Nuzzo, and all regional reps
CSDE Rep	Shannon Yearwood, Fionnuala Brown

President's Letter

Fellow SNACT members,

This has been quite the year. For someone who was volun-told to try for president, I have to say it has been a great experience. I never thought I would be pushed to go outside my comfort zone like I have been.



This year has been very active, we have revamped the Policy Book (many thanks to Lonnie and Denise!), we had Strategic Planning to move the association forward and we advocated A LOT for School Meals for All.

All I can say is that of you have a chance to be an active participant in the association, do it! It is very rewarding. My hope is that this association thrives in the future.

Thank you for allowing me to be this year's president. I can honestly say, it has been the highlight of my year. Hopefully I will see you all in the future.

Erin Perpetua

Director of Food Services, Norwich Public Schools

SNACT President 2022-2023

SNACT 2023 Leadership Day



We had a fantastic Leadership Day on May 12, where our 2023-2024 President Kristina Roberge outlined her plans for the year, and our committees started their work!



Award Winners!

**Employee of the
Year:**

Doreen McHugh

**Groton Public
Schools**

**Doreen was also
named SNA NE
Region Employee of
the year!**



Manager of the Year:

Suzanne Fallucco

**Groton Public
Schools**

Award Winners!



**Rising Star
Manager
Mary Hueg
Region 17**

**Industry Person of
the Year:**

**Jason Bloch
McCain Foods**



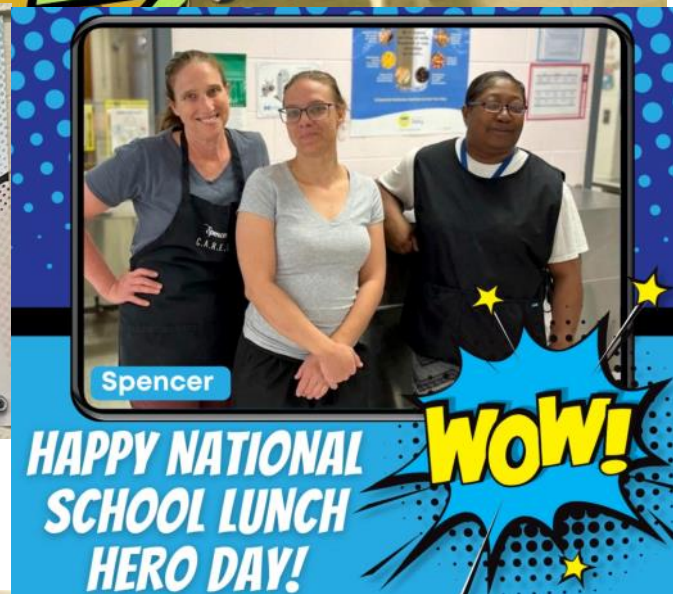
Award Winners!



Director of the Year
Jen Bove, East Hampton Public School

*We'll celebrate our winners on Friday October 13 at
Mohegan Sun!*

SN Hero Day!



HAPPY NATIONAL
SCHOOL LUNCH
HERO DAY!



School Meals for all CT / Legislation

The state budget has been passed and while funding for school meals for all was not included, there is a grant program that will expand access for some students. SNACT will continue to monitor and provide you with up to the minute information (so watch your emails over the summer.) And we plan to come back strong for the 2023-2024 school year to advocate for school meals!

5 Reasons to Fund No-Cost School Meals for All:



Reduce Shame

The current free/reduced/paid school lunch system causes shame and stigma. 1/3 of students who qualify for free meals choose to go hungry when meals are not free for all.



Decrease Bullying

When school meals are free for all, bullying and fighting decrease, and students feel safer in school.



Increase Test Scores

After switching to universal free school meals, schools saw increases in math and English standardized test scores



Help Families

School Meals 4 all puts up to \$1250 per child back into parents' pockets and nutritious food directly into children's mouths!



Eat Healthy!

School Meals are the healthiest meals kids eat all day! Students participating in the School Lunch Program eat more fruits and vegetables both at home and in school and have a decreased risk of obesity and obesity-related diseases such as Type II Diabetes.

Data provided by



March Menu Madness

Fun and inspiration at the Aquaturf Club on March 15 2023 for March Menu Madness





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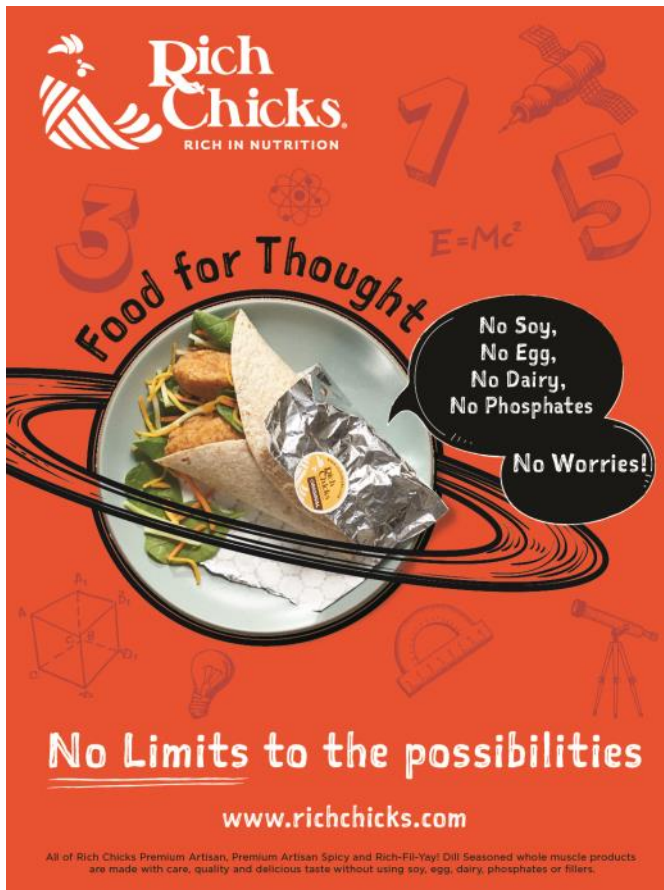
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Lunch PIZZA

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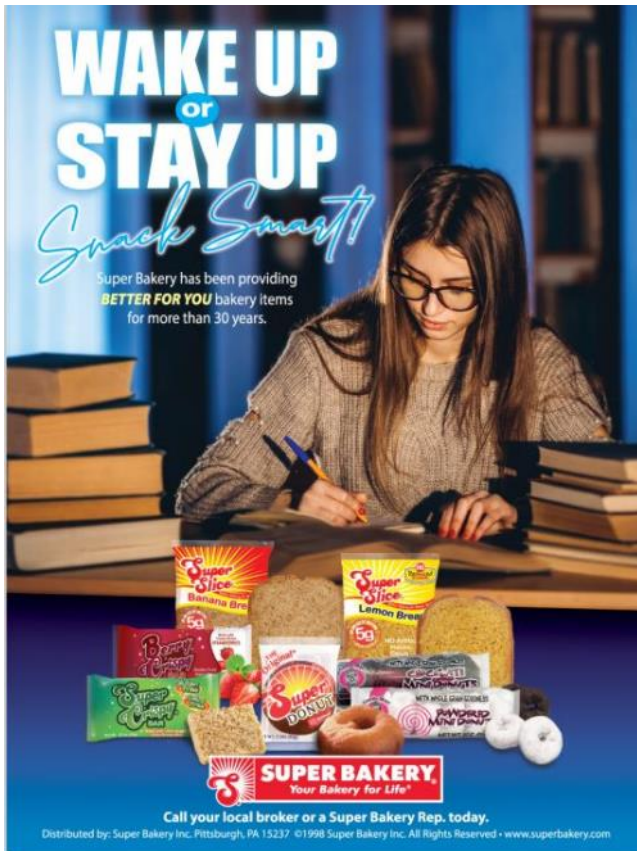
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Thank you to our 2022-2023

Hot Topics for Directors

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Stay connected with SNACT

SNACT has an active social media presence and many of our posts can be shared through your own social media pages to promote school nutrition!

Connect with us on Facebook at SNACT, on Twitter @MySNACT and on Instagram at SNAofCT

SNACT Pack is SNACT's member only Facebook group to share stories, ask questions and provide support as we work collectively to advance healthy nutrition in our schools. You must be a member of SNACT to join SNACT Pack

Focus Fridays are director discussion groups– check your email for zoom links.

SNACT 2023 Conference



Oct 13-14 at Mohegan Sun

With Keynote Speaker Jon Colby!

Jon Colby has been empowering people all over the world with improv for over 24 years. From presenting to performing, his engaging and interactive approach has successfully helped audiences across the world to be better communicators, leaders and teammates!

