We Are Black History!

SNMA Region 5
The Empire Newsletter
February 2023 Edition

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"Black power is giving power to people who have not had power to determine their destiny."

- Huey P. Newton
Welcome to Region V

Region V is the home of 16 SNMA and 22 MAPS chapters in Indiana, Michigan, and Ohio. Within our region, we uphold the mission of the SNMA to the fullest by supporting current and future underrepresented minority students, addressing the needs of the under-served communities, and increasing the number of clinically excellent, culturally competent and socially conscious physicians.

Our region strives and continues to serve as the leaders within the organization as well as within their respective communities. From advocacy to community service to mentorship, the opportunity to bolster and radiate success is common within our region. Region V is always looking for diligent and innovative student leaders to enhance the goals of the region. If you would like to be involved, please don't hesitate to contact one of our regional board members. They can explain their duties, how you can become more involved with the region, and the benefit of serving the Region and the SNMA.

Yours in SNMA,

Candace Acuff
MD Candidate, 2023
Wayne State University School of Medicine
Region V Director, 2021-2023
Student National Medical Association
Email: region5director@snma.org
Cameron Edwards
Indiana University School of Medicine

**Why did I choose to be a part of SNMA?**

Hello everyone!
I'm Cam, a second-year medical student at IUSM. I chose to become a part of SNMA to find a community. I moved from the south to the Midwest with many skeptical and nervous thoughts about my experience in this new environment. I am a former collegiate athlete and was excited to expand my love in other concentrations outside of the volleyball court. SNMA has given me a sense of direction and responsibility to serve my community. I enjoy advising and helping first-year, and incoming pre-medical students on information that I didn't have coming into this new lifestyle. Because of SNMA I have traveled to cities I never expected to, made wonderful friendships, and have been given a powerful and meaningful title.

**Where do I go to school?**
Indiana University School of Medicine

**Where did I go to undergrad?**
University of the Incarnate Words (UIW)

**Where is my hometown?**
Houston, Texas

**Current career interest?**
Dermatology
Greetings SNMA! My name is Josephine Pyles, and I am Co-President of the Indiana University Chapter of SNMA. I've enjoyed serving my school and community for the past two semesters. I have grown immensely through this leadership role, and I am thankful to Region V and IUSM for their support and guidance.

**WHY DID YOU CHOOSE TO BE A PART OF SNMA?**

The opportunity to earn a higher education, especially a medical education, is an immense privilege that would not have been afforded me without previous Diversity, Equity, Inclusion, and Justice initiatives. The mission of SNMA to recruit, support, and encourage medical students who look like me initially drew me into the organization. The opportunities for personal, professional, and scholarly development on the state, regional, and national levels make SNMA a uniquely powerful organization. Being able to carry out SNMA’s mission of service, justice, and equity through the lens of a future healer has helped equip me with the skills to actively give back to the communities and people that helped shape and uplift me.

**FUN FACT:**

I was a cheerleader from age 5 until my 4th year of college!

**WHERE DO YOU GO TO MEDICAL SCHOOL?**

**INDIANA UNIVERSITY SCHOOL OF MEDICINE**

**WHERE DO YOU ATTEND UNDERGRAD?**

**XAVIER UNIVERSITY CINCINNATI, OH**

**WHERE IS YOUR HOME TOWN?**

**INDIANAPOLIS, IN**

**CURRENT CAREER INTEREST**

**DERMATOLOGY**
Black History Month

WE ARE OUR ANCESTORS' WILDEST DREAMS.
WE ARE BLACK HISTORY!

Wright State University
Boonshoft SOM

This month we are featuring our chapters as they embody Black excellence in the classroom, clinic, community, and everywhere in between. Here we feature two chapters and plan to feature others on our social media pages (Twitter and Instagram).

Wayne State University
SOM

The SNMA Chapter at WSU SOM visited the Dunbar Hospital in Detroit exactly 100 years after the original 1922 photo at historical site. The Dunbar Hospital was Detroit's first hospital for Black residents. Visit the WSU SOM SNMA Instagram page (@wsusombma_snma) to see more pictures.
February is American Heart Month!

This month the Division for Heart Disease and Stroke Prevention is expanding the reach of the Million Hearts® and the CDC Foundation’s “Live to the Beat” campaign, which focuses on encouraging and empowering Black adults ages 35 to 54 to take small steps to reduce their risks for cardiovascular disease (CVD).

Cardiovascular Disease (CVD) and CVD mortality are increasing in working-age adults, and Black adults are among those bearing the highest burden of CVD and the related health consequences, particularly in the United States. Black adults in the United States die from heart disease at a rate two times higher than White adults.

Take note of your modifiable risk factors and come up with a plan to reverse them. Stay active, manage your stress, and eat a balanced diet.

For more information about heart health check out out the CDC’s website.
The COMLEX Level 2–Performance Examination was first implemented by the National Board of Osteopathic Medical Examiners (NBOME) in 2004, after their MD counterpart, the National Board of Medical Examiners (NBME), made the USMLE Step 2 CS mandatory for medical students. The 7-hour exam consisted of 12 standardized patient encounters and cost students a whopping $1295. On top of this cost, students had to travel to one of the only two designated cities, Philadelphia and Chicago, and independently arrange accommodations. Knowing that most, if not all, US-based medical schools offer Objective Structured Clinical Examinations (OSCEs) throughout the medical training, in June 2022, the NBOME decided to discontinue the COMLEX Level 2 PE exam. However, the story does not end there.

The NBOME has bestowed upon each college of osteopathic medicine the responsibility of an in-house clinical competency exam, which has become a graduation requirement for each DO student. The NBOME website explains: “Graduates in the classes of 2024 and 2025 (similar to the classes of 2022 and 2023) will need to have their college of osteopathic medicine (COM) dean provide attestation that the graduate has demonstrated competency in osteopathic clinical skills necessary for graduation.” Despite following specific guidelines, this exam varies widely between different schools in the number of standardized patient encounters and in the set-up of these encounters. For example, at the Michigan State University College of Osteopathic Medicine (MSUCOM), it consists of six patient encounters; at Ohio University Heritage College of Osteopathic Medicine (OUHCOM), it consists of two. Considering that their MD counterparts no longer require any clinical skills testing, it is not impossible that in the near future, the NBOME will decide to abolish standardized performance examinations altogether.
Interested in becoming a part of the 2023-24 Region V Executive Board? Want to learn more about a specific leadership position? Tune into this info session to learn more.

**ANNOUNCEMENT**

Region V Election & Regional Meeting
Wednesday, August 2, 2023

POSTPONED

@snmaregion5
Pre-Medical students, please join us for the final part of our osteopathic series geared toward medical school admissions.

February 16

MARIAN UNIVERSITY
COLLEGE OF OSTEOPATHIC MEDICINE (MU COM)

Thursday, February 16 at 5 pm
with Richard Nussle
Director of Admissions

Join us on Zoom
Meeting ID: 977 1431 7701
Passcode: MUCOM

Join us virtually.
Follow us on Instagram and Twitter for live updates. Contact our Regional Osteopathic Chair, Paola Kamga with questions at region5osteopathic@snma.org.
Pre-Medical students: Check out this virtual event hosted by the University of Michigan MAPS chapters.

Northwestern Feinberg SOM Q&A

Dr. John Franklin

Dr. Franklin is the Associate Dean for Minority and Cultural Affairs at Feinberg School of Medicine and an admissions committee member for the medical school.

Feb 16, 6-7 pm ET

Join us on Zoom! https://umich.zoom.us/j/4445191688
(Passcode: 5x40pA)

Hosted by:
Regional Medical Education Conference (RMEC)

Fall 2023
Hosted by

Boonshoft School of Medicine
Wright State University

in Dayton, Ohio
The SNMA MAPS Power of
SAN
FEB 9, 7:30PM EST
THE POLITICAL DETERMINANTS OF HEALTH
BY DANIEL DAWES, J.D.

KQ
FEB 14, 7:30PM EST
THE FLEXNER REPORT OF 1910: DIVERSITY IN MEDICINE
BY JABBAR BENNETT, PH.D.

FA
FEB 23, 7:30PM EST
THE MATERNAL HEALTH DISPARITIES IN AFRICAN AMERICAN WOMEN
BY MEGAN SIMMONS, MPA, J.D.

Webinar Series: Know Your History
2023 Upcoming National Events

SNMA REGION V

THE SPECIALITY INTEREST GROUPS OF SNMA PRESENT BLACK HISTORY MONTH PROGRAMMING

BLACK HISTORY MONTH
BETTER TOGETHER: ADVANCING MEDICINE THROUGH HEALTH EQUITY

Student National Medical Association

BLACK HISTORY MONTH
SNMA DERMATOLOGY SIG PRESENTS...

Black Skin - White Coat: The Experience in Dermatology

Date: 2/15/2023
Time: 7:00PM EST
Link: Click Here
Meeting ID: 262 369 169 36
Password: KwMsxV

Discussion with black dermatology resident on past experiences, having/getting POC mentors, positive representational impacts for POC patients, advice for POC students interested in dermatology, and more.
2023 Upcoming National Events

SNMA REGION V

THE SPECIALITY INTEREST GROUPS OF SNMA PRESENT
BLACK HISTORY MONTH PROGRAMMING

BLACK HISTORY MONTH

BETTER TOGETHER: ADVANCING MEDICINE THROUGH HEALTH EQUITY

Student National Medical Association

Check your email throughout the week and follow SNMA on Instagram (@snma_official) for links to register for each specific event.
RESEARCH SPEED NETWORKING

JOIN US

February 22nd at 8pm EST
DRC MSTP COMM. X APSA-JEDI

Join us for an hour of individual speed networking for current and future medical, MD-PhD, or DO-PhD students with a passion for research.

1. Download the Lynk app
2. Click on "Business" Tab
3. Use Event Code: SNMAMSTP
Annual Medical Education Conference (AMEC)
April 5-9, 2023
Hosted by SNMA Region 7 in Hartford, Connecticut

Click here for more information!

Registration for the 2023 Annual Medical Education Conference is open! AMEC has continually been a national cornerstone event for minority medical students and professionals. This year’s theme “Brilliance Embodied: Elevating the Mission and Revitalizing our Purpose” reflects what each element of our organization represents, how our initiatives uplift the SNMA’s mission, and the importance of reviving our overarching vision as we fully transition into a post-pandemic space.

Buy your ticket today!
2023 Upcoming National Conferences
SNMA REGION V

Register Today!
Join the Region V Executive Board!

Join the Region V Board

APPLY TODAY!

See details below
Opportunities
SNMA REGION V

It's a MATCH

Calling ALL MS4's!
We want to feature you in our newsletter and on social media.
Tag us in your Match Day posts or email a picture of you and your match results to region5webmaster@snma.org.

#Match2023
Opportunities
SNMA REGION V

Your Story Matters and Grand Rounds!

Share your story today by scanning the QR code on the flyer or by clicking here. Selected submissions will be shared on the national SNMA website.

2023 MEMBERSHIP AWARDS

Awards:
- P.R.I.D.E
- SNMA Member of the Year
- MAPS Member of the Year
- MAPS Chapter of the Year
- SNMA Chapter of the Year
- Hall of Heroes
- Leadership in Institutional Diversity
- Excellence in PreMed Education
- Excellence in Medical Education
- Member Scholarships

https://tinyurl.com/snmaawards
Submission Deadline: February 13th 2023

2023-2024 SNMA-KAISER PERMANENTE FELLOWSHIP

Application Deadline
February 28th @ 11:59pm PST

Email Dr. Amanda Herbert at kaiserfellow@snma.org with any questions!
Apparel
SNMA REGION V

Order your graduation stole today!

Represent our region with a SNMA stole.

$28 + shipping

If ordering more than 1 stole, shipping is flat rate $9.65

Order yours today!

Contact our treasurer, Dami Olufosoye at region5treasurer@snma.org for more information.
SNMA Chapter of the Year Points

Case Western 115
OSU 114
MSUCHM 110
OUHCOM 108
Cincinnati 101
MSUCOM 97
NEOMED 93
Indiana & Toledo 88
Wright State 85
Wayne State 79
CMU 74
U of M 60
Western 53
Marian & Oakland 51
WANT SOMETHING FEATURED IN THE NEWSLETTER?*
*DEADLINE FOR THE NEXT NEWSLETTER IS SUNDAY, AUGUST 28 AT 11:59 PM

Fill out this form

WE CAN ALWAYS BE BETTER. HELP US BY FILLING OUT OUR ANONYMOUS FEEDBACK FORM

If you have any questions or comments about the newsletter, please reach out to the Assistant Regional Director at region5ard@snma.org
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This newsletter was created by the 2022-2023 Region V Technology Director and Assistant Regional Director.