Tissue and Organ Donation Education and Recruitment (T.O.D.E.R.) & Sickle Cell Advocacy
“What we do is more important than what we say or what we say we believe.”

- bell hooks
Welcome to Region V

Region V is the home of 16 SNMA and 22 MAPS chapters in Indiana, Michigan, and Ohio. Within our region, we uphold the mission of the SNMA to the fullest by supporting current and future underrepresented minority students, addressing the needs of the under-served communities, and increasing the number of clinically excellent, culturally competent and socially conscious physicians.

Our region strives and continues to serve as the leaders within the organization as well as within their respective communities. From advocacy to community service to mentorship, the opportunity to bolster and radiate success is common within our region. Region V is always looking for diligent and innovative student leaders to enhance the goals of the region. If you would like to be involved, please don't hesitate to contact one of our regional board members. They can explain their duties, how you can become more involved with the region, and the benefit of serving the Region and the SNMA.

Yours in SNMA,

Candace Acuff
MD Candidate, 2023
Wayne State University School of Medicine
Region V Director, 2021-2023
Student National Medical Association
Email: region5director@snma.org
Meet Princess Ekpo, Regional MAPS Liaison

Why did you choose to be a part of SNMA?

“I chose to be involved in SNMA because I am passionate about diversifying the field of medicine and the promotion of health equity! I hope to ensure that all the MAPS Chapters in Region V are well-supported and grow in this leadership position!”

Where do you go to medical school?

Cleveland Clinic Lerner College of Medicine

Where did you attend undergrad?

Emory University

Current career interest?

Internal Medicine

Women’s Health

Where is your hometown?

Houston, TX

Where can you find me?

Instagram: @PR.INCESSS

Twitter: @PrincessEkpo4

Fun Facts:

I love to cook & try new recipes!

I am Nigerian!

I choreograph West African dances!
Meet Naa Dromo Korley, Pre-Medical Representative

Why did you choose to be a part of SNMA?

"I chose to be involved with SNMA because I wanted to gain leadership experience in a role I would truly give my all to and still enjoy!"

Where can you find me?

Instagram: @korley_naaoo

WHERE DO YOU GO TO MEDICAL SCHOOL?
N/A

WHERE DO YOU ATTEND UNDERGRAD?
THE OHIO STATE UNIVERSITY

CURRENT CAREER INTEREST?
OB, EM, OR PEDIATRIC SURGERY

WHERE IS YOUR HOMETOWN?
COLUMBUS, OHIO

FUN FACTS

01
I LOVE PLAYING BASKETBALL AND VOLLEYBALL.

02
I AM GHANAIAN.

03
I LOVE AVOCADOS.
Meet Paola Kamga,
Regional Osteopathic Chair

Why did you choose to be a part of SNMA?

"As someone who moved to the US 7 years ago, my journey to medical school was particularly arduous. I chose to be involved with SNMA because I know how it feels to be at a disadvantage and I would like to help others who feel the same achieve their goals."

Where do you go to medical school?
Michigan State University College of Osteopathic Medicine

Where did you attend undergrad?
University of Maryland - Baltimore County

Current career interest?
Cardiology & Emergency Medicine

Where is your hometown?
Yaounde, Cameroon

FUN FACT!
I LOVE ANIME!

I VISITED 3 NEW COUNTRIES THIS SUMMER.

I AM PLANNING TO GET MY PILOT’S LICENSE!

Where can you find me?
Linkedin: Paola Kamga
Meet **David Asebiode**, Regional Pipeline Mentorship Liaison

**Why did you choose to be a part of SNMA?**

"I have always had a passion for mentoring youth to pursue greatness academically, athletically, and in their respective communities. SNMA gives me a platform to impact youth in my Region in a positive way."

<table>
<thead>
<tr>
<th>Where do you go to medical school?</th>
<th>Where did you attend undergrad?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wayne State University School of Medicine</td>
<td>University of Calgary</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Current career interest?</th>
<th>Where is your hometown?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anesthesiology</td>
<td>Calgary, Alberta, Canada</td>
</tr>
</tbody>
</table>

**Fun Fact!**

I'm a huge basketball fan.

I have a passion for all things fitness!

I started a youth mentorship program in college that I continue until this day.

Where can you find me?

Instagram: @davidasebiode
Meet Kiara Patton, Regional Technology Director

Why did you choose to be a part of SNMA?

"two of my close friends have been a part of SNMA since they started medical school and are still involved as residents. Their enthusiasm and love for this organization inspired me. When I joined during my first year I felt like I had the sense of community I was missing. I also truly believe This organization is vital for URM students to thrive. the mission of SNMA strongly resonates with me and diversifying the face of medicine is what our communities need in order to get the care they deserve."

Where can you find me?

- linkedin.com/in/kiarampatton
- @SincerelyKiaraMarie
- @StudentDOctorKP

**WHERE DO YOU GO TO MEDICAL SCHOOL?**
Ohio University Heritage College of Osteopathic Medicine

**WHERE DID YOU ATTEND UNDERGRAD?**
University of Michigan

**CURRENT CAREER INTEREST?**
PEDIATRICS, PSYCHIATRY, CHILD & ADOLESCENT PSYCHIATRY

**WHERE IS YOUR HOMETOWN?**
Saginaw, Michigan

**FUN FACTS:**
I am plant based vegan-ish.
Growing up, I was mistaken for Raven Symone while she was on the Cosby Show.
I worked as a 911 operator for 3 years.
Meet Rachael Williams
The Ohio State University College of Medicine

Why did you choose to be a part of SNMA?

"My motivation for a career in medicine is rooted in the desire to help the most vulnerable achieve health equity. SNMA’s mission provides a great avenue for me to address the needs of underserved communities while also increasing the pipeline to create a more diverse healthcare workforce. SNMA has been a home for me and I truly hope we can make it a home for our future students at OSUCOM!"

WHERE DO YOU GO TO MEDICAL SCHOOL?
THE OHIO STATE UNIVERSITY COLLEGE OF MEDICINE

WHERE DID YOU ATTEND UNDERGRAD?
DARTMOUTH UNIVERSITY

CURRENT CAREER INTEREST?
FAMILY MEDICINE

WHERE IS YOUR HOMETOWN?
TACOMA, WASHINGTON

FUN FACTS:
I love playing powder puff football!
I’ve broken my arm 3 times!

WHERE CAN YOU FIND ME?
LINKEDIN.COM/IN/RACHAEL-WILLIAMS24
@REWILLIAMS2011
Our Regional Leadership Institute was jump started by host chapter president, Rachael Williams, Regional Director Candace Acuff, and OSU COM Chief Diversity Officer Dr. Leon McDougle.

Drs. Newkirk, Lartey, and DeCree led a phenomenal workshop that reinforced ways to handle microaggressions, how to be responsibly resilient, and reminded us to take care of ourselves in order to best help others.

Dr. Essandoh spoke with us about the opportunities for graduate medical education offered at tOSU COM including residencies, fellowships, and super fellowships.
RLI Recap

HIGHLIGHTS FROM OUR REGIONAL LEADERSHIP INSTITUTE

Keynote Address

Dr. J. Nwando Olayiwola presented an inspiring keynote address entitled "Transforming Values into Action: Walking the Walk & Talking the Talk for Health Equity & Anti-Racism". Dr. Olayiwola reminded us that we can lead from where we sit and also provided us strategies for anti-racism advocacy.

Chapter Presidents 101

Our chapter presidents (pictured left) were reminded of some of their roles and responsibilities, provided with some essential tools, and given a brief overview of Robert's Rules of Order.

Health Equity & Advocacy

Our dynamic panel shared several gems! One of our favorites was dropped by Dr. Ray Bignall, "Change doesn't happen when you're the loudest one in the room. Change happens when you're prepared."
T.O.D.E.R & SICKLE CELL ADVOCACY

- About 1 in 13 African Americans carry the sickle cell trait, and many do not know they have it.
  - An estimated 100,000 people in the U.S. have SCD.
  - Approximately 2,000 babies are born with SCD annually in the U.S.
    - On average, diagnosis is made at birth.
  - People of many ethnic backgrounds can have SCD.
  - Latinos have the second most common incidence in the U.S.

Check out the Sickle Cell Disease Association of America's website for more information about national events, toolkits, and more.

OCTOBER REGIONAL SERVICE EVENT

October 2-8

Mental Health Awareness
2022 Upcoming Regional Community Service

SNMA REGION V

RMEC COMMUNITY SERVICE OPPORTUNITIES:

- SCHOOL SUPPLIES DRIVE
- HOMELESS SHELTER VOLUNTEERING
- PROJECT SUNSHINE
2022 Upcoming Regional Conferences
SNMA REGION V

EARLY BIRD REGISTRATION PRICING AVAILABLE UNTIL SEPTEMBER 25!

Sept. 30 - Oct. 2
Cleveland, OH

2022 Regional Medical Education Conference
Hosted by Case Western Reserve University School of Medicine

Registration

- Registration cost: $75
- Register on the SNMA website
- Registration includes access to workshops, exhibitor halls, research forum, lunch, and a ticket to the banquet.

Hotel Information

The Tudor Arms Hotel Cleveland: A DoubleTree by Hilton Hotel
10650 Carnegie Ave., Cleveland, OH 44106

Room Rates: $139/night
Single and double bed options available and may be booked online.

Additional Accommodations can be made at the InterContinental Cleveland

Room Rates: $169/night
Call 216-767-4000 to make reservations. Please provide our group code: CSS

More Information:
https://snma.org/regions/region5
https://snma.org/regions/region5
@SNMA-region5
@Region5SNMA
Health Education Campus
9501 Euclid Ave
Cleveland, OH 44106

Contact Us:
SNMA Chapter Presidents
carla.westen@snma.org
Region 5 Regional Director
region5director@snma.org
2022 Upcoming Regional Conferences

SNMA REGION V

Early Bird Registration open until September 25!

Sept. 30 - Oct. 2
Cleveland, OH

2022 Regional Medical Education Conference

Register Today!

Hosted by Case Western Reserve University School of Medicine

Workshops
- Pre-Med, Medical, and GME tracks will be available including
  - Personal Statements
  - Political Action & OpEd Writing
  - Financial Literacy

Keynote Speaker
Dr. Michael Knight MD, MSPH, FACP
Dr. Knight an Assistant Professor of Medicine, Associate Chief Quality and Population Health Officer, and the Patient Safety Officer at The George Washington University Medical Faculty Associates. He is board certified in internal medicine and obesity medicine. Dr. Knight is also chair and alternate delegate of the Minority Affairs Section Governing Council at the American Medical Association.

Research Forum
Awards for the top 3 presentations!

Pre-Med Exhibitors
- AUC and ROSS University SOM Admissions
- University of Toledo College of Medicine Admissions
- Oakland University School of Medicine Diversity, Equity & Inclusion
- Rowan University School of Osteopathic Medicine Admissions
- Michigan State University College of Osteopathic Medicine - Admissions

GME Exhibitors
- University of Toledo Graduate Medical Education
- Summa Akron City & St. Thomas Hospitals - OB/Gyn
- University of Michigan Internal Medicine
- Indiana University SOM Anesthesiology
- Cleveland Clinic
- Multiple Residency Specialties
- MetroHealth
- Multiple Residency Specialties

And More!

More Information:
http://snma.org/page/region5
https://facebook.com/SNMA.Region5
@snma_region5 @Region5SNMA

Health Education Campus
9501 Euclid Ave
Cleveland, OH 44106

Contact Us:
SNMA Chapter Presidents
casewestern@snma.org

Region 5 Regional Director
region5director@snma.org

THE
STUDENT NATIONAL
MEDICAL ASSOCIATION

Region V
2022 Upcoming Regional Conferences
SNMA REGION V

Region V Medical Education Conference Banquet

Saturday, October 1, 2022
6 pm sharp

Join us for our closing ceremony during the regional medical education conference banquet.
Keynote address by
Case Western Reserve University Alumnus,
Dr. Michael Knight.
Admission cost is included in conference registration.

Dress to impress!

THE STUDENT NATIONAL MEDICAL ASSOCIATION

REGION V
The Student National Medical Association (SNMA) was founded in 1964 as a sub-division of the National Medical Association (NMA), largely through the effort and support of W. Montague Cobb, MD, an NMA member (and, later, NMA President), who spearheaded the initiative to include medical students in the association's ranks. NMA recognized the need to give active support to medical students and encourage them in the pursuit of careers as physicians. The SNMA's founding chapters were Meharry Medical College and Howard University College of Medicine.

By 1970, SNMA began to consider becoming an independent organization. Medical students wanted to set a programmatic agenda, legislate and govern funds (obtained through the collection of membership dues and other sources), and determine administrative priorities, which were understandably different from those of the parent organization, whose focus was more aligned to the interests and concerns of practicing medical professionals.

On October 4, 1971, SNMA became an independent corporation, having formed its original Constitution and Bylaws and filing for IRS 501(c)3 non-profit status. SNMA, Inc. was born. Early achievements included the publication of the association's first "signature" publication, "The Black Bag," and the introduction of regular regional conventions. Affirmative Action legislation was in place everywhere, with increased minority enrollments rising at schools throughout the country and on most medical school campuses. The SNMA's network has grown steadily and expanded to include Over 193 SNMA and 206 MAPS chapters across the nation.
September National Leadership Institute (NLI)

September 16-18, 2022
NATIONAL LEADERSHIP INSTITUTE (NLI)
A VIRTUAL EXPERIENCE ON HOPIN

Moving the Mission: Leveraging Internal Strengths, Communication and Partnership for Leadership Success

Check it out!
SNMA MENTORSHIP OPPORTUNITY

From Traditional to non-traditional pre-meds, the medical school admissions process is a learning process and a challenge to navigate without proper guidance. The National MAPS Committee launched the Medical School Admissions Mentorship Match to connect URM medical school applicants with medical student and physician mentors. Mentors can sign up to help applicants with their primary application, secondary application, and/or interviews.

I encourage you to share this mentorship initiative with your chapter members and faculty at your institutions to sign up as mentors. We hope to continue seeing an upward and impactful trend in URM representation for incoming medical school classes.


SNMA GRANTS SUBCOMMITTEE: CALL FOR VOLUNTEERS!

In this subcommittee we work to build institutional partnerships and acquire capacity-building and research-focused grants that further our collective goal of achieving true health equity and improving research and educational access for students of color. Meetings occur every two weeks, with an additional meet with executive leadership once per month.

If you’d be interested in being a part of our subcommittee, please fill out this interest form.
Chapter of the Year Points

Case Western 49
OSU 48
Wayne State 39
CMU, MSUCHM, MSUCOM 38
NEOMED 37
Cincinnati 36
Indiana 34
Wright State 33
Toledo 32
OUHCOM, U of M 30
Marian 28
Western 25
Oakland 23
WANT SOMETHING FEATURED IN THE NEWSLETTER?*

*DEADLINE FOR THE NEXT NEWSLETTER IS SUNDAY, AUGUST 28 AT 11:59 PM

Fill out this form

WE CAN ALWAYS BE BETTER.
HELP US BY FILLING OUT OUR ANONYMOUS FEEDBACK FORM

If you have any questions or comments about the newsletter, please reach out to the Assistant Regional Director at region5ard@snma.org
If you have any questions or comments about the newsletter, please reach out to the Assistant Regional Director at region5ard@snma.org

This newsletter was created by the 2022-2023 Region V Technology Director and Assistant Regional Director.