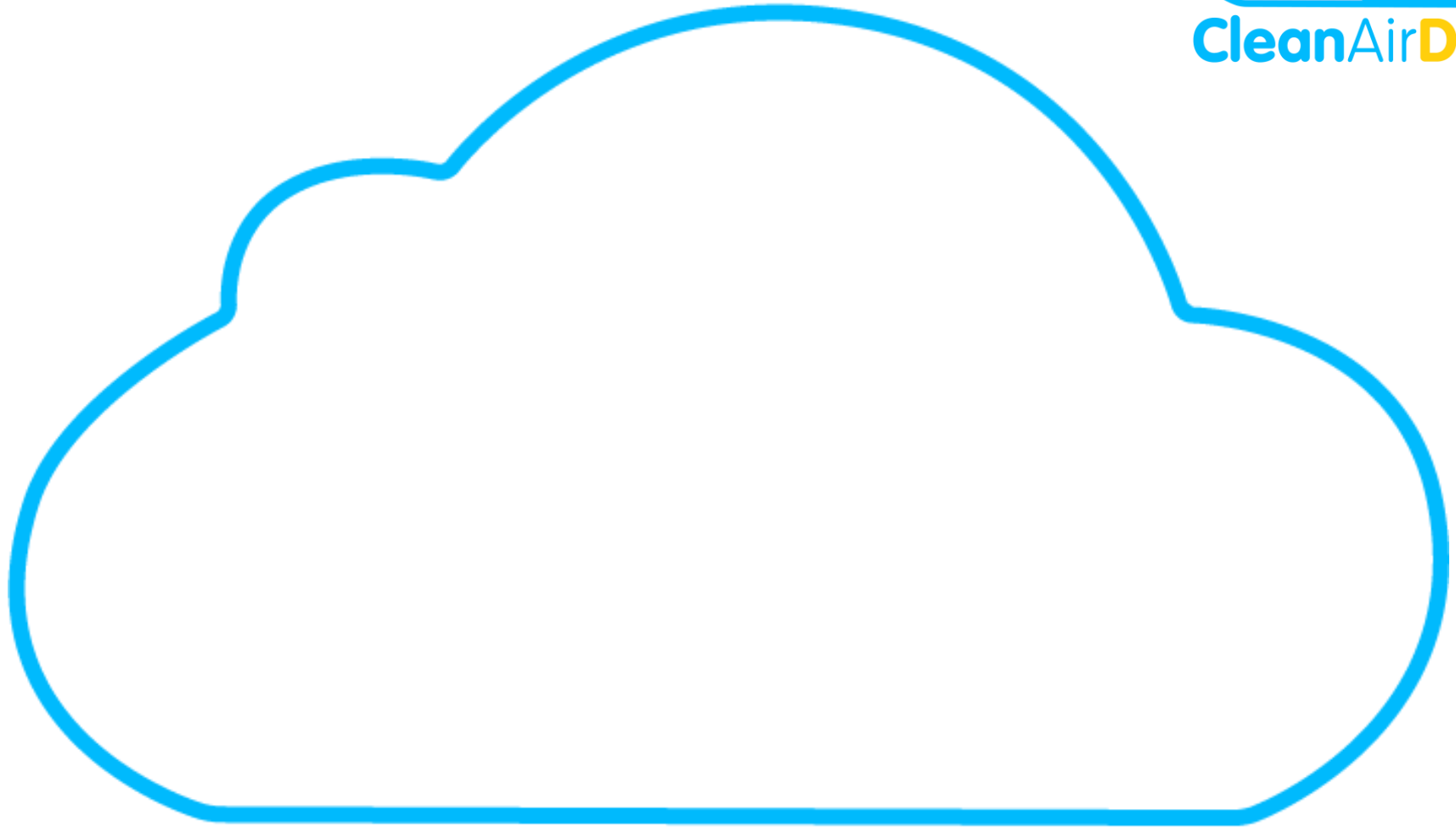


# I pledge to:



#CleanAirDay

**I pledge to:**



**Give the car  
a day off**

**#CleanAirDay**

**I pledge to:**



**Discover the  
side streets**

**#CleanAirDay**

**I pledge to:**



**Walk or cycle  
to work**

**#CleanAirDay**

**I pledge to:**



**Walk or cycle  
to school**

**#CleanAirDay**

**I pledge to:**



**Go electric**

**#CleanAirDay**

**I pledge to:**



**Not idle the  
car engine**

**#CleanAirDay**

**I pledge to:**



**Use fragrance  
free, milder  
cleaning products**

**#CleanAirDay**



# I pledge to:



Only burn dry, well-seasoned wood or smokeless fuel

#CleanAirDay

# I pledge to:



Choose paints  
and varnishes  
labelled low VOC

#CleanAirDay

# I pledge to:



Open windows  
and use extractor  
fans to ventilate

#CleanAirDay