

2016 Outstanding Early Career Achievement Award SPR

Ueli Kramer, PhD

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Dr. Ueli Kramer is Privat-Docent at the University of Lausanne, Switzerland, Adjunct Professor at the University of Windsor, Canada, and is currently working as Research Fellow at the Department of Psychiatry, Harvard Medical School and McLean Hospital in Belmont, MA, USA. He received his Master in Clinical Psychology and Neuroscience in 2003 at the University of Geneva, obtained his PhD in Clinical Psychology in 2008 at the University of Fribourg and his habilitation in 2014 at the University of Lausanne. In addition to being a researcher, he is a licensed psychotherapist and clinical supervisor according to Swiss Federal Law. Dr. Kramer's research interest lies in the domains of process and outcome in psychotherapy. He is particularly interested in understanding the client's change processes, such as emotional and interpersonal change, in personality disorders. He has conducted several psychotherapy trials where he aimed at identifying, describing and testing treatment-underlying generic mechanisms of change in personality disorders. Whereas his research has an integrative focus – by exploring novel questions with a broad range of methodology –, his approach to psychotherapy is best described as research-informed. In 2013-2014, Dr. Kramer held a one-year position as a Visiting Scholar at the Department of Psychology, University of Windsor, Canada. He co-authored the first book on emotion-focused therapy in French and co-authored a book in German on the assessment of clarification processes in psychotherapy. Dr. Kramer's research is recognized with the 2016 Hamburger Award for Research in Personality Disorders, and Dr. Kramer is co-recipient of the 2015 Inger Salling Award for Psychiatry and Psychotherapy. In 2012, Ueli Kramer co-chaired the Annual Conference of the European Association for Behavioral and Cognitive Therapies on the theme of “Psychotherapy and Neuroscience” and currently, 2015-2018, serves as the president of the Swiss Society for Emotion-Focused Therapy.