

NASPR Chapter Report
Reporting Period: January 1, 2016 – September 28, 2016

NASPR Steering Committee

The current officers of NASPR (through 2017) include: John Ogrodniczuk (President), Shelley McMain (President-Elect), Michael Constantino (Past-President), and Catherine Eubanks-Carter (Executive Officer).

NASPR Membership

NASPR Membership (as of June 6, 2016) stands at 389 active members [261 regular members, 26 retired members, and 102 student members]. The regional composition is as follows: United States (269), Canada (71), and Mexico (1). Because SPR does not have chapters that cover all regions of the world, those from countries that do not fit into an existing chapter are assigned to the North American chapter. As such, NASPR members also include people from Australia (24), New Zealand (1), Taiwan (5), Japan (9), China/Hong Kong (4), India (1), and Israel (4).

Compared to June 2015, our current membership numbers are fairly similar, with a decrease of only 17 for regular members and a decrease of 2 for retired members. However, there was a large decrease (58) among student members, likely owed to the fact that the 2015 SPR meeting was in North America and the 2016 meeting is in Jerusalem, which comes with significantly increased travel costs and thus out of reach for many students.

There tends to be a high degree of turnover among students, which points to an issue SPR has long faced - retaining student members

NASPR Finances

NASPR's current account balance (as of June 18, 2016) is \$98,326.39, which is divided into a Checking account (\$2,292.52) and a Savings account (\$96,033.87).

2015 Expenses and Income

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|----------|--|--------------------|
| Income | Chapter dues | \$8520 |
| | Interest | \$78.02 |
| | TOTAL INCOME | \$8598.02 |
| Expenses | 3 Science-to-Practice workshops (\$2000 each) | \$6000* |
| | 6 Student travel awards to Philadelphia (\$500 each) | \$3000 |
| | Annual Executive Officer travel reimbursement to SPR meeting | \$1000 |
| | Constant contact | \$479.16 |
| | Legal fees | \$95 |
| | TOTAL EXPENSES | \$10,574.16 |

*Some of the workshops generated revenue, totaling \$2,676.84, which will be reflected as income in the 2016 expense/income report.

Recent uses of NASPR funds and planned initiatives include increased amount for North American student travel to the 2016 Jerusalem meeting (6 awards x \$2,000 each) in order to encourage attendance, as there was concern about possible low attendance by students given the high cost of attending the conference. The previous award amount to attend SPR conference outside of North America was \$1,000. NASPR also committed to 6 student awards of increased amounts (\$800 each) to support student travel to the NASPR chapter meeting in Berkeley (Nov. 17-19, 2016). The previous award amount to attend a NASPR chapter meeting was \$500. NASPR also has created two new post-doc travel awards (\$1,000 each) to support post-doc travel to the NASPR chapter meeting in Berkeley (Nov. 17-19, 2016).

NASPR also wishes to continue sponsoring one-day, low-cost “Science to Practice” workshops that focus on training, methods, &/or mentoring themes in the years between NASPR chapter meetings. Three such workshops were held in the fall of 2015 and were a tremendous success. The steering committee will consider whether it is feasible to continue supporting these worthwhile events.

Fall 2016 NASPR Chapter Meeting

Planning is underway for the next NASPR chapter meeting, which will be held in Berkeley, California, November 17-19, 2016. Aaron Fisher is serving as local host, assisted by Allison Diamond. Shelley McMains is serving as the program chair. The conference theme is *Made-to-Measure: A Personalized Approach to Psychotherapy*. There is expected to be 145 unique participants in the program, involved in 4 Pre-conference Workshops, 18 Posters, 8 Open Discussion groups, 33 Papers, and 18 Panels. Notable for the 2016 NASPR chapter meeting are sponsorships that have been secured from six organizations and businesses to support hosting the chapter meeting. These include:

- ∞ Canadian Group Psychotherapy Foundation
- ∞ Taylor & Francis
- ∞ Mount Sinai Psychotherapy Institute
- ∞ UBC Psychotherapy Program
- ∞ HeadsUpGuys
- ∞ Academic Press/Elsevier

Help Our Chapter Grow

Students are the lifeblood of our organization. To our student members, I can't emphasize strongly enough how valuable you are to our organization - you are the leaders of the future and we need your involvement. Get involved, stay involved, and share with us your talents, enthusiasm, and ideas.

Every NASPR member plays a role in helping our organization grow and remain vibrant. Share with your colleagues the benefits of belonging to NASPR and encourage them to find out what we're about. We all have our special reasons for belonging to NASPR (see the [SPR Community](#)

Board for examples) - share yours with others to pique their interest and invite them into our organization.