

Jeremy D. Safran received his Ph.D. in Clinical Psychology at the University of British Columbia, and completed postdoctoral training in psychoanalysis at the New York University Postdoctoral Program in Psychotherapy & Psychoanalysis. He is Professor of Psychology at the New School for Social Research and former Director of Clinical Training. He is also on faculty at the NYU Postdoctoral Program in Psychotherapy & Psychoanalysis and the Stephen Mitchell Center for Relational Studies. Safran has published and lectured on a number of topics including therapeutic impasses and alliance ruptures, emotion in psychotherapy, psychotherapy integration, psychoanalysis and Buddhism, therapist mindfulness and self-regulation, relational psychoanalysis, and the themes of faith, agency and surrender in the therapeutic process. In addition to his journal articles and chapters he has authored and edited several books, including: *Psychoanalysis and Psychoanalytic Therapies* (APA Books, 2012); *Psychoanalysis & Buddhism: An Unfolding Dialogue* (Wisdom Publications, 2003); *Negotiating the Therapeutic Alliance: A Relational Treatment Guide* (Co-authored with J. Christopher Muran; Guilford Publications, 2000); *The Therapeutic Alliance in Brief Psychotherapy* (Co-editor, J. Christopher Muran; APA Books, 1998); *Widening the Scope of Cognitive Therapy* (Jason Aronson Publications, 1998); *Emotion, Psychotherapy and Change* (Co-edited with Leslie Greenberg; Guilford Press, 1991); *Interpersonal Process in Cognitive Therapy* (Co-authored with Zindel V. Segal; Basic Books Publications, 1990); and *Emotion in Psychotherapy* (co-authored with Leslie Greenberg, Guilford Publications, 1987). In addition he had filmed two psychotherapy training DVDs for The American Psychological Association: 1) *Psychoanalytic Therapy Over Time* (2009); and 2) *Relational Psychotherapy* (2008). Safran's most recent book, *Psychoanalysis and Psychoanalytic Therapies* was the winner of the 2013 Gradiva Award for outstanding contributions to the field of psychoanalysis.