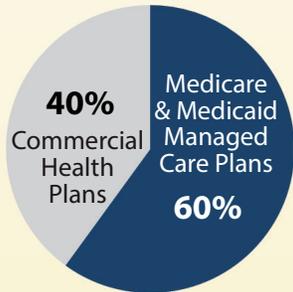


Health Plan Quality and Financial Overview

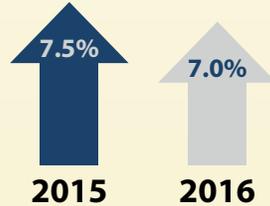
Highlights from the 2018 St. Louis Health Industry Overview, Volume 1

Brought to you by the St. Louis Area Business Health Coalition, Full report may be accessed at stlbhc.org

In 2016, the nation's largest health plans earned more revenue from government plans than commercial products



Commercial insurance industry operating margins decreased in 2016 as medical costs grew faster than revenue.



In 2016, overall U.S. health care costs increased 4.3% while private health benefits costs grew faster at 5.1%. Still, the largest commercial carriers garnered the largest share of industry profits.

Source: The Commonwealth Fund, Centers for Medicare and Medicaid Services, CSI Markets and Deloitte Center for Health Solutions.

The U.S. hit a new low as the percentage of uninsured Americans dropped to 8.8% in 2016 as more people aged into Medicare

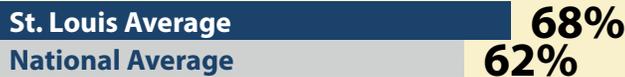
Percentage of uninsured Americans



Source: U.S. Census Bureau

St. Louis plans improved diabetes care for privately insured

Diabetes Control 2016



5 out of 7 local health plans outperformed the national average

A larger percentage of Medicare Advantage patients had diabetes in control, yet the gap in performance compared to commercial plans decreased.

Source: National Committee for Quality Assurance.

Millions more will need to lower blood pressure under new guidelines

The new 140/90 mmHG blood pressure guideline is now...

130/80 mmHG or more

for anyone with heart disease or at risk for heart attacks or strokes

Hypertension Control 2016

Medicare Advantage outpaced commercial plans keeping blood pressure below the former standard of 140/90 mmHG.



Source: American Heart Association, American College Cardiology, Centers for Medicare and Medicaid Services and National Committee for Quality Assurance.

Does lack of affordable health care affect customer experience?

Recent market research finds affordability is a top customer concern and may play a role in lower health plan customer experience scores.

"We joke, but it's not really a joke, that if one of us gets hurt to call an Uber, not an ambulance, because it is too expensive," said a panelist at a recent health insurance discussion with millennials.

Many employers and plans provide transparency tools and are exploring new ways to help enrollees discern those providers offering top quality for a fair price.



¹ B Rosen, "Millennials Throw Shade, Offer Savage Tips for Health Plans," healthsparq.com/blog, October 4, 2017.

