

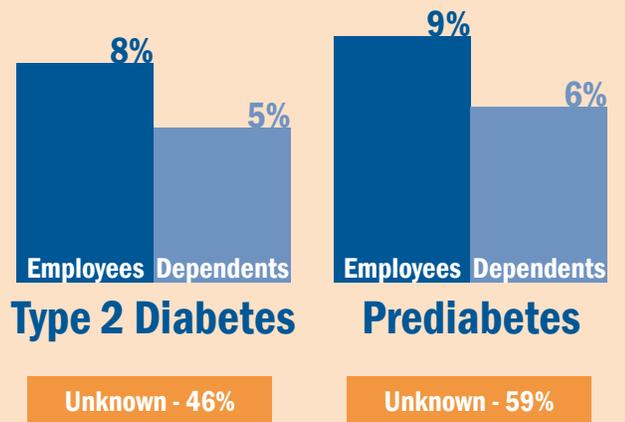


St. Louis Area Business Health Coalition Employer Strategies to Address Diabetes

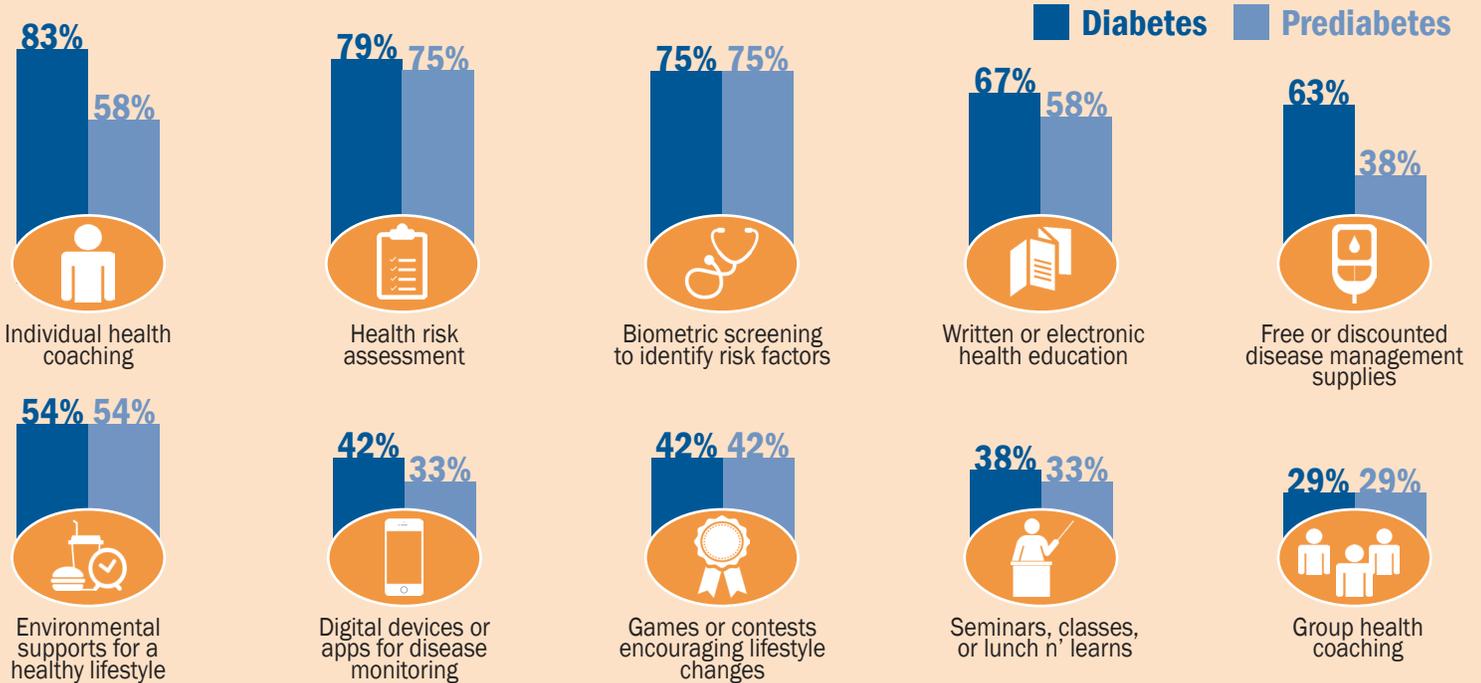
The number of diabetes and prediabetes cases in the United States has reached epic proportions, with over 100 million adults aged 18 years and older impacted by these conditions. Recognizing that employers play a significant role in driving health and well-being in our community, members of the St. Louis Area Business Health Coalition (BHC) are leading the charge to prevent, better manage, and reverse type 2 diabetes through a new initiative called *Defeat Diabetes STL*. To provide a foundation for campaign activities, an electronic survey was conducted in January 2019 to assess current employer strategies to address prediabetes and diabetes in the workplace.

24 Total Employer Responses

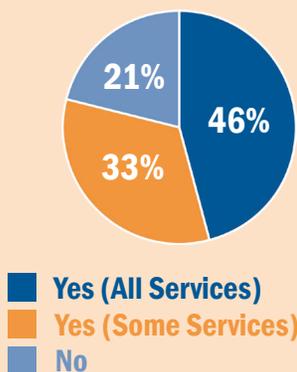
Average Disease Prevalence



Which of the following services does your organization offer to address diabetes and/or prediabetes?



Are family members invited to participate in the diabetes and/or prediabetes services?



Through which setting(s) or channel(s) does your organization offer education or disease management services for diabetes and/or prediabetes?



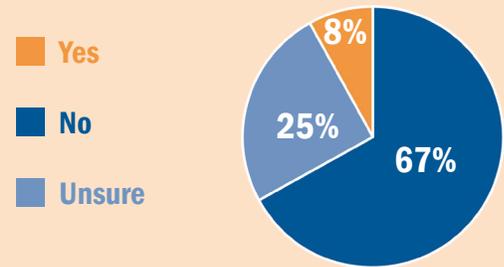
What is High-Quality Diabetes Care?

According to the National Committee for Quality Assurance (NCQA) Diabetes Recognition Program, comprehensive diabetes care can be defined by the following clinical performance measures:

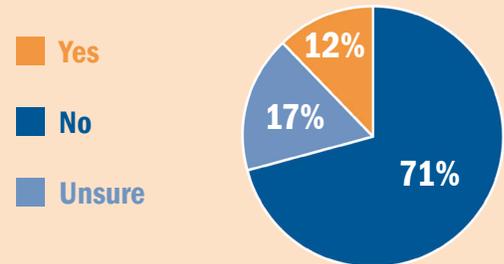
- HbA1c Control
- Blood Pressure Control
- Retinal Screening (Eye Examination)
- Nephropathy Assessment (Kidney Function)
- Foot Examination
- Smoking and Tobacco Use Cessation Assistance

To see the list of NCQA-recognized providers following evidence-based care guidelines for patients with diabetes, please visit www.reportcards.ncqa.org.

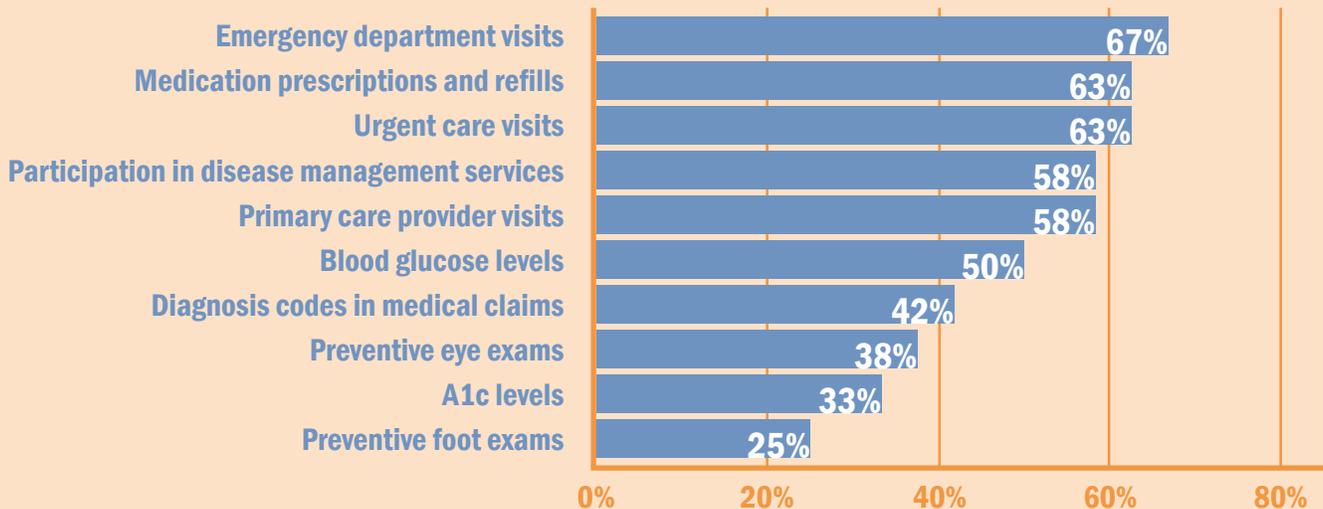
Does your organization have value-based contracts with health plans or providers that measure and incentivize high-quality, comprehensive diabetes care?



Does your organization design health benefit plans that incentivize employees to receive care from providers that are high-performing on diabetes metrics?



Which data metrics is your organization currently tracking for employees that have diabetes and/or prediabetes?



What are the greatest challenges that your organization faces in addressing diabetes and/or prediabetes among employees?

Employee flexibility
Cost Engagement
 Accountability Cafeteria
Competing priorities
 Geography Vending
Limited bandwidth
 Silent symptoms Lack of data

Defeat Diabetes STL Campaign

Led by a collaborative workgroup of health benefits, human resources, and wellness representatives from local employers, the *Defeat Diabetes STL* campaign will explore opportunities to align health care, benefit, and well-being strategies to support employees and family members with prediabetes and diabetes. To stay up-to-date on campaign activities and new resources as they become available, please visit www.stlbhc.org/page/DefeatDiabetesSTL.

The BHC is deeply appreciative of campaign sponsors, Naturally Slim®, Novo Nordisk Inc., and the Missouri Department of Health and Senior Services for their generous support in making these activities possible.