



Jan Prins, Ph.D. Editor

www.swimmingbiomechanics.com

Current Position: Associate Professor, University of Hawaii, Manoa
Founder and Director - Aquatic Research Laboratory,
Department of Kinesiology and Rehabilitation Science

Jan Prins was “Doc” Counsilman’s Head Assistant Coach at Indiana University, from 1975 to 1978. During that time he completed his Ph.D. in Human Performance.

In addition to his faculty duties at the University of Hawaii, he served as Head Men’s Swimming Coach from 1978 to 1987. During his tenure his teams placed in the “top 20” at the NCAA “Division I” Championships, and in the “top 10” at the USS Senior Indoor Championships.

Jan was the coach for Sri Lanka in the 1984 Olympics in Los Angeles, and the 1986 Asian Games in Seoul. He was also a member of the United States Paralympic Swimming Coaching Staff at the 1992 Paralympic Games in Barcelona, and 1994 World Championships in Malta.

For the past 30 years his research interests have combined competitive swimming and aquatic rehabilitation. In 1989 he founded “Prins Aquatherapy,” one of the first physical therapy clinics in the U.S. to specialize in aquatic physical therapy.

His current research centers on the use of multiple high-speed cameras in the biomechanical analysis of swimming stroke mechanics.