



DOG ENRICHMENT NEEDS

DAILY Enrichment Needs

- A comfortable resting/sleeping surface inside the animal's enclosure at all times
 - Light and darkness should support the natural (circadian) rhythms of wakefulness and sleep
- Access to a chew item
 - Bully stick, rawhide, tendon, durable chew toy (such as Nylabone®), pig's ear, etc.
- Access to at least one novel toy
 - Stuffie, ball, squeaky, rope, tug, etc.
- Social interaction (minimum of 15 minutes)
- Physical exercise
 - Walk, run, agility work, fetch, flirt pole, swimming etc.
- Rotation of enrichment choices – Pick two from the following list. Choices should rotate daily to avoid habituation which can devalue the benefits of enrichment.

Enrichment List

Auditory

- Music
- Sound machine
- Classical music
- Water fountains
- Music or sound therapy (i.e. *Through a Dog's Ear*)

Olfactory

- Scent tracking (such as Kg Nose Work®)
- Find it games
- Hidden treats
- Tracking

- Pheromones
- Essential oils
- Dry spices
- Synthetic prey scents

Visual

- Hanging mobiles
- Bubbles
- Television
- Access to window

Mental Stimulation

- Digging
- Puzzle Toys
- Operant, positive reinforcement training

WEEKLY Enrichment Needs

- Regular access to novel indoor or safe outdoor areas at least 3 times per week for a minimum of 30 minutes per session
 - Office, play yard, field trip, hike, etc.
- If appropriate, access to other dogs via walks, playgroups or cohousing

Please note special consideration should be given to puppies under the age of 12 weeks.

Please see "Social Interaction" in SAWA Animal Enrichment Best Practice.