PHYSICAL THERAPY:
Keeping Texans Moving



EVERYWHERE YOU NEED US
PTs practice in hospitals, clinics, schools, home health agencies, sports medicine facilities, military settings, and rural communities.

EVERY STAGE OF LIFE
Helping children, adults, and older Texans maintain movement and function so they can live active, healthy, and independent lives.

ECONOMIC VALUE
Evidence-based PT services reduce healthcare costs while improving patient outcomes and supporting a stronger, healthier Texas.

30,000+
Licensed PTs and PTAs

3,500+
PT and PTA Students

2027 Legislative Priority: Physical Therapy Co-Pay Affordability
Improving Access. Lowering Costs. Helping Texans Recover.

The Challenge
Many Texans pay significantly higher co-pays for physical therapy than they do for a physician office visit, even though physical therapy is a routine, medically necessary health care service.

These excessive copays often force patients to:
- Delay treatment
- Attend fewer visits than prescribed
- Stop therapy before recovery
- Forgo care altogether

The result is less effective outcomes and higher long-term health care costs.

The Solution
Affordable co-pay legislation ensures that physical therapy co-pays are no greater than those charged for a physician office visit.

Legislation does *not* create a new insurance benefit. It simply establishes affordable patient cost-sharing for an existing covered service.

Current insurance benefit plans often require Texans to pay significantly more for physical therapy than for other health care services, even when physical therapy is the recommended, lower-cost treatment.

AFFORDABLE CO-PAY LEGISLATION ENSURES:

✓ Fair patient access
✓ Lower out-of-pocket costs
✓ Better adherence to treatment
✓ Reduced long-term health care spending

YOUR CONSTITUENTS BENEFIT
Lower Health Care Costs • Faster Access To Care • Improved Quality of Life • Healthier Texans

THE IMPACT OF PHYSICAL THERAPY

Starting with PT lowers the chance of certain surgeries by up to **53%**

PT can reduce long-term medication use by **55%**

Pre-op PT increases the likelihood of being discharged from the hospital on day 1 by **37.1%.**

Every $1 invested in PT returns a savings of **$4–$6**

TPTA | TEXAS PHYSICAL THERAPY ASSOCIATION

Thank you for advocating for the profession and our patients.