MAKE AN IMPACT
YOUR VOICE MATTERS

TPTA



YOU CAN MAKE A DIFFERENCE

Legislators listen to their constituents. A phone call, email, or meeting from someone in their district can make a lasting impact.

**Contact your own State Senator and State Representative whenever possible. Legislators give the greatest weight to the voices of their constituents.*

DOWNLOAD THE TEMPLATE LETTERS

Use our ready-to-send letters to contact your legislators about affordable physical therapy co-pays.

TALKING POINTS

Physical Therapy Is A Proven, Cost-Effective Healthcare Service
Physical therapy treats the root cause of pain early. This helps patients avoid expensive alternatives like surgery, emergency visits and tests, and long-term medication. Choosing physical therapy first can lower out-of-pocket costs and reduce the number of doctor visits you need.

Higher Co-pays Reduce Access
Patients often delay, skip, or stop treatment to avoid excessive costs.

Improved Access Leads To Better Outcomes
Patients get care sooner, recover faster and can cut treatment time by up to 30%.

Physical Therapy Is Essential Healthcare
Physical therapy restores movement, reduces pain, and assists long-term mobility.

Affordable Co-pays Help Texas Families
Affordable co-pays ensure physical therapy visits do not exceed standard doctor visits. Families save money, get the treatment they need, and get access to care that improves lives.

MYTH vs. FACT

MYTH Physical therapy is a specialty service.

FACT → PT is an essential service used after surgery, injury, stroke, neurological conditions, chronic pain, and more.

MYTH Higher co-pays reduce unnecessary use.

FACT → High co-pays discourage needed care and increase health care costs.

MYTH Patients can just skip therapy.

FACT → Incomplete PT often leads to more imaging, medications, prolongd care, surgery, and longer recovery.

MYTH This bill creates a new benefit..

FACT → It does not create new coverage. It simply ensures affordable cost-sharing for a covered health care service.

Do Some Research
Know who you're talking to. Learn about your legislator before reaching out.

- Learn about their background and priorities.
- See what committees they serve on.
- Find out if they have supported health care issues in the past.
- Visit their website or social media pages.
- If possible, mention a shared community connection or thank them for previous support.

Personalize Your Story
Legislators remember stories, not statistics.
Tell them:

- Who you are
- Where you live or practice
- Why this issue matters
- How high copays affect you/your patients
- Why you are asking for their support

Be Brief. Be Respectful. Be Positive. Be A Resource.

Visit the TPTA Advocacy Center
www.tpta.org/advocacy

Thank you for advocating for the profession and our patients.