LEGISLATIVE MEETING GUIDE

TPTA



BEFORE THE MEETING

- ✔ Research the legislator.
- ✔ Learn what committees they serve on.
- ✔ Review the bill summary.
- ✔ Practice your personal story.
- ✔ Know the issue.
- ✔ Bring the TPTA one-page leave-behind.

DURING THE MEETING

Start With An Introduction
State your name, where you're from, and your connection to physical therapy.

Explain The Issue
Briefly describe why affordable physical therapy co-pays matter.

Share Your Story
Personal experiences are more persuasive than statistics alone.

Make The Ask
"Will you support legislation to establish affordable physical therapy co-pays?"

Allow Time For Questions

Will this increase premiums?
The bill does not create a new insurance benefit. It simply establishes equitable cost-sharing for services already covered by health plans.

Will utilization increase?
physical therapy often reduces overall health care utilization by preventing unnecessary imaging, injections, surgeries, emergency department visits, and long-term medication use.

Why is this needed?
Patients frequently discontinue medically necessary therapy because high copays make treatment unaffordable. This legislation removes unnecessary financial barriers and increases access for necessary treatment.

AFTER THE MEETING

- ✔ Always thank the legislator or staff member for their time.
- ✔ Ask for a business card.
- ✔ Offer to serve as a resource on future PT issues.
- ✔ Leave behind the one-page summary.
- ✔ Follow up with a thank-you email within 24 hours.

QUICK TIPS

- Stay on message.
- Be factual.
- Keep meetings under 15 minutes.
- Never argue.
- Build relationships, not just support for one bill.

Be Brief. Be Respectful. Be Positive. Be A Resource.

The most effective advocates are trusted resources long after the legislative session ends.

Visit the TPTA Advocacy Center
www.tpta.org/advocacy

Thank you for advocating for the profession and our patients.