

The Next Wave of Solution Focused Practitioners

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Past Inspiration

When were you first inspired about SF? What was happening to inspire you? What else? What else?



Past Inspiration

Who was an individual that particularly inspired your pursuit of the SF approach? What was it about them / their practice that was inspiring? What else? What else?



Past Inspiration

What gave you confidence that you could practice the Solution Focused approach? What else? What else?



Past Inspiration

What has helped you to stay Solution Focused in problem focused environments? What else? What else?



Past Inspiration

How have you managed to maintain your motivation for learning about and practicing SF? How else? How else?



Past Inspiration

What has someone said to you recently that gives you hope for the future of SF? What else? What else?



Looking Forward

If you were carrying on that inspiration from others, making it your own and inspiring others in the process, how would you know?

- ◆ *Who else might notice? What might they notice?*
- ◆ *How might they respond?*
- ◆ *What might you notice about others that told you they were inspired?*
- ◆ *What difference might that make to you? And to them?*
- ◆ *How might that difference show?*